

NEXT-STEPS EMPLOYMENT CENTRES

Mississauga - Meadowvale

Presents:

LILIANA DELEO

Master Trainer - Living Laughter™

THE POWER OF LAUGHTER



- ◆ **The life-saving health benefits of laughter.**
- ◆ **What does the science say about your laughter?**
- ◆ **Laugh without reason????!!!**
- ◆ **Let's get energized!**

Wednesday, Sept. 16th, 2020 | 11:00 am -12:00 pm

Please email: germona.phelps@tdsb.on.ca to register !

Next-Steps Employment Centres- Mississauga Meadowvale

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