Next-Steps Employment Centre – Riverdale @ Gerrard Square Mall

Re-energize your Job Search with Pranic Healing and Meditation of the Twin Hearts

Frustrated with Your Job Search? Stressed?

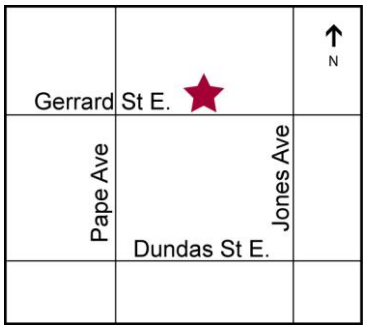
Ease your aggravation of daily life with Pranic Healing and Meditation of the Twin Hearts

This interactive session with a guest speaker from the MCKS Pranic Healing & Wellness Center will include:

- **A video presentation**
- **Group energy exercises**
- **A pranic healing demonstration**
- **A facilitated meditation**

Thursday July 11, 2019
1:30 p.m. – 4:30 p.m.

Next-Steps Employment Centre – Riverdale
1000 Gerrard St. East, 2nd Floor
Toronto, ON M4M 3G6
Phone: 416.396.2313
Fax: 416.396.2308
Open Monday to Friday, 9am - 5pm



To Register Please Contact
Tel: 416-396-2020
www.next-steps.ca

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