

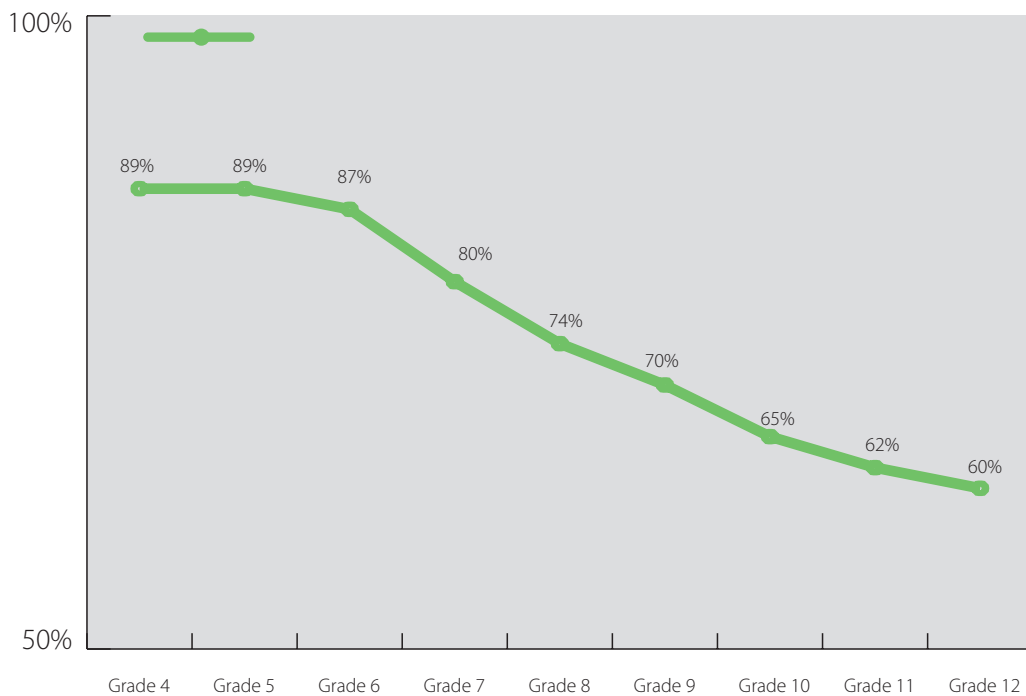
Students' Emotional Well-Being



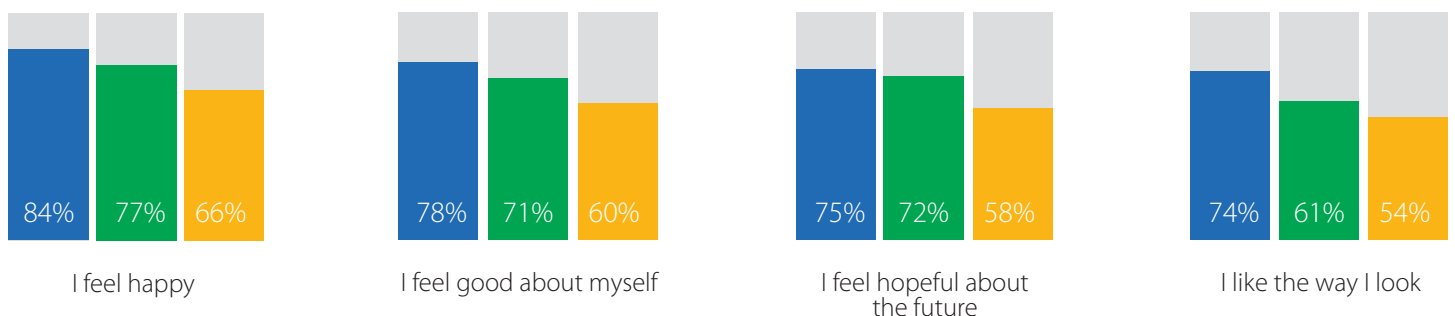
Feeling safe, engaged and included at school all contribute to having a positive sense of well-being. At the TDSB, we promote positive mental health through safe and caring schools, healthy schools and inclusive schools that are responsive to all as we celebrate the diversity in our communities. As part of the 2017 Student Census, the TDSB asked students in Grades 4 to 12 about their overall emotional well-being as it related to school and beyond.

This data is just one piece of information we use to help inform decisions and respond directly to the voices of students and support their achievement and well-being.

Emotional Well-being Index (High/Middle)



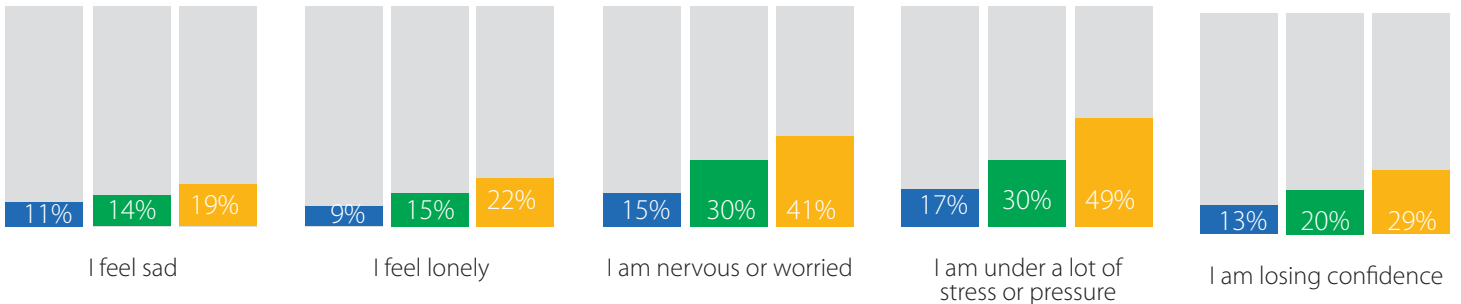
Positive Emotions (All the time/Often)



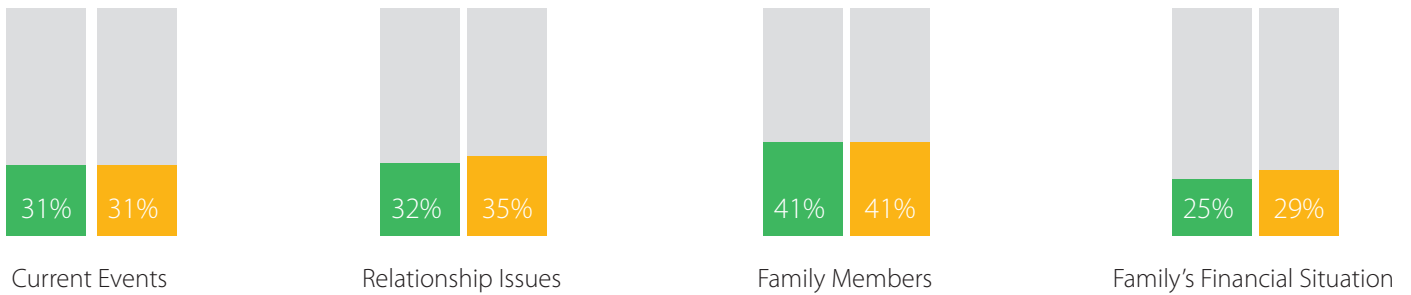
Students' Emotional Well-Being



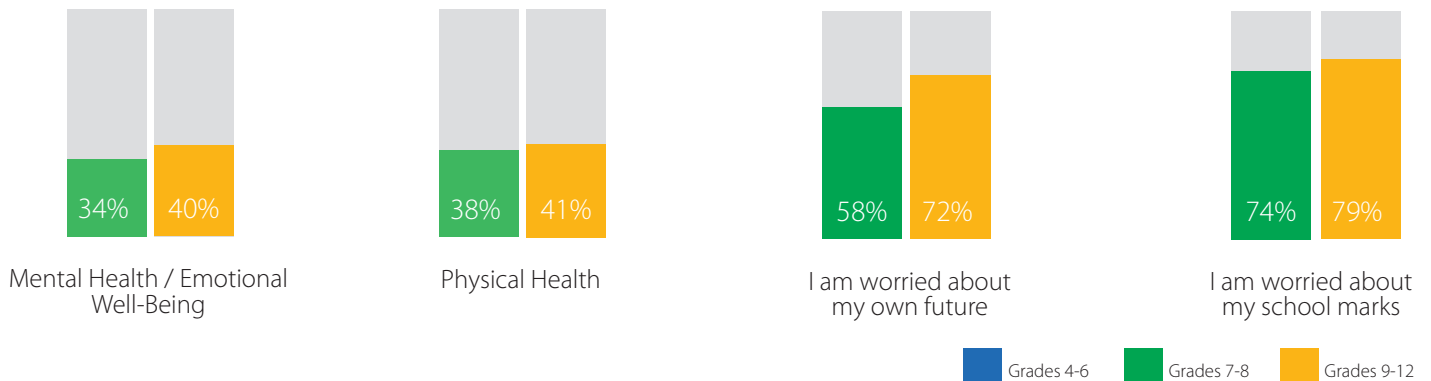
Negative Emotions (All the time/Often)



Worries Related to Others



Worries Related to Self



■ Grades 4-6
 ■ Grades 7-8
 ■ Grades 9-12

Moving Forward

- Enhance the overall school learning environment to ensure students feel that their identities are represented in classroom resources and in all aspects of school activities
- Develop school-specific well-being goals that reflect and resonate with the schools' diverse community. Focus on strengthening relationships between students and school adults, striving to ensure that all students have a caring adult to turn to.
- Align specialized mental health and well-being staff and resources closer to schools in support of students
- Partner with local health organizations to develop actions to enhance students' resilience, coping and help-seeking skills