



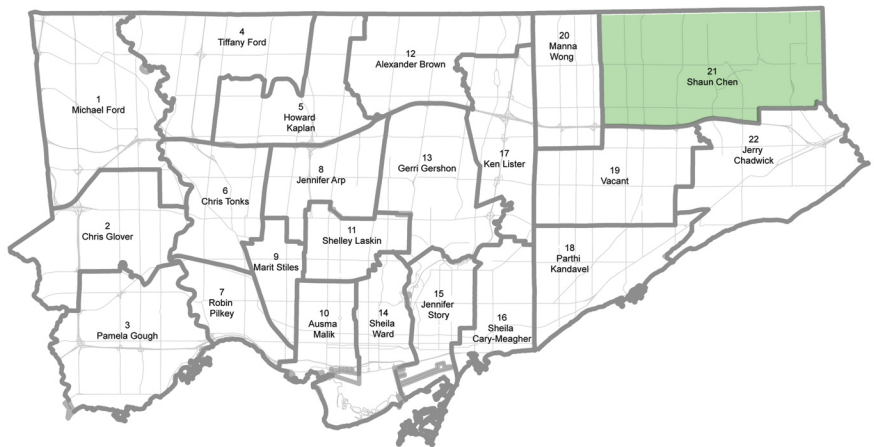
A Guide to Community Resources

in the Greater Toronto Area

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Trustee Shaun Chen



Find more resources online at tdsb.on.ca/modelschools

Social Determinants of Health



Model Schools for Inner Cities



Guide to Community Resources

This guide has been created to provide students, parents/guardians, community members and staff with a list of resources and agencies that address the social determinants of health. The World Health Organization defines social determinants of health as the conditions in which people are born, grow, live, work and age. These conditions have a direct impact on health and can result in health inequities.

The Toronto District School Board's Model Schools for Inner Cities Program is committed to ensuring that every student succeeds. Not every family or community has access to the same opportunities and social supports. Challenges like poverty and language barriers can affect how well students do in school. Model Schools for Inner Cities ensures students in the inner city grow up with all the positive choices and opportunities they need to thrive.

The community resources and agencies listed in this guide provide support services for students, families and communities in Toronto. They have been separated into five categories: Health and Wellness, Housing, Education, Financial Support and New to Canada. Each section contains a list of tools, resources and opportunities that work to create equity in our communities.

For more information please contact the Model Schools for Inner Cities office at 416-395-6742

How does **Model Schools for Inner Cities** work?

Over 150 schools in the MSIC Program are divided into seven Clusters across the city. Each Cluster receives support in the form of staff and resources to carry out the program's Five Essential Components. Cluster committees support the program initiatives and cluster-specific needs. Cluster committees are comprised of Superintendents, Principals, Lead Teachers, Teaching Learning Coaches, Learning Classroom Teachers and Community Support Workers. This group meets regularly to share best practices and learn from each other.

The Five Essential Components of a Model School:

1. Innovation in teaching and learning practice and in school structure
2. Support services to meet social, emotional and physical well-being of students
3. School as the heart of the community
4. Research, review and evaluation of students and programs
5. Commitment to share successful practices

Supporting our School Communities

In 2006, the MSIC Program was launched with three schools. The following year, the program expanded to include four more schools. Currently, over 150 of 588 schools in the TDSB are part of the MSIC Program. The Learning Opportunities Index measures the level of external barriers to student success. The schools in the MSIC Program are among those requiring the most support to close the opportunity gap to achieve equitable outcomes for all. For more information on the Learning Opportunities Index, see www.tdsb.on.ca/loi.



The Goals of Model Schools for Inner Cities

1. Equity: Achieving fairness and equity to ensure the lives and realities of our students are reflected and affirmed. Closing the opportunity gap to support equitable outcomes for all students.

2. Community: Equitable educational opportunities and adequate school resources allow schools to become the heart of their communities and the pillars of their neighbourhoods.

3. Inclusiveness: An inclusive culture that respects and reflects all aspects of the school, its community, students and staff.

4. Expectations: Achievement enhances self-esteem, which in turn fuels achievement. Every child is expected to progress to the highest level of which they are capable, regardless of economic or cultural background.

For more information please contact the Model Schools for Inner Cities office at 416-395-6742



Toronto District School Board

Our mission is to enable all students to reach high levels of achievement and to acquire the knowledge, skills and values they need to become responsible members of a democratic society.

Our Five Strategic Directions for 2011-2015 are:

1. Make every school an effective school
2. Build leadership within a culture of adaptability, openness and resilience
3. Form strong and effective relationships and partnerships
4. Build environmentally sustainable schools that inspire teaching and learning
5. Identify disadvantage and intervene effectively



Disclaimer: This document contains links to community resources that are operated by organizations outside of the Toronto District School Board (TDSB). These organizations are solely responsible for the operation and information found on their sites. Any comments or inquiries regarding the linked web sites should be directed to the organization operating the website.





HEALTH AND WELLNESS

GROUP	ORGANIZATION	PHONE
Early Years	Blind Low Vision Early Intervention Program www.tpsls.on.ca/blv/index.htm	416-338-0025
Early Years	Children's Aid Society of Toronto www.torontocas.ca	416-924-4646
Early Years	Heritage Child Care & Early Learning Centre www.toronto.ca/children/dmc/webreg/gcreg11785.html	647-436-6670
Early Years	Hospital for Sick Children www.sickkids.ca	416-813-1500
Early Years	Infant Hearing Program www.children.gov.on.ca/htdocs/English/topics/earlychildhood/hearing/index.aspx	1-866-821-7770
Early Years	Ontario Foundation for Visually Impaired Children www.ofvic.org	416-925-5141
Early Years	Toronto Preschool Speech and Language Services www.tpsls.on.ca	416-338-8255
Elderly	Circle of Care www.circleofcare.com	416-635-2860
Elderly	Seniors Info www.seniors.gov.on.ca	1-888-910-1999
Elderly	TransCare Community Support Services www.tcare.ca	416-750-9885
Families	2-Spirited People www.2spirits.com	416-944-9300 x222
Families	Access Alliance Multicultural Health & Community Services www.accessalliance.ca	416-760-8677 x351
Families	Assaulted Women's Hotline www.awhl.org	1-866-863-0511
Families	Bob Rumball Centre for the Deaf www.bobrumball.org	416-449-2728

HEALTH AND WELLNESS



HEALTH AND WELLNESS

GROUP	ORGANIZATION	PHONE
Families	Canadian Hearing Society www.chs.ca	416-928-2506
Families	Canadian Red Cross, Toronto Mobile Food Bank www.redcross.ca	416-480-2500
Families	Catholic Children's Aid Society www.torontoccas.org	416-924-4646
Families	Centre for Addiction and Mental Health www.camh.net	416-535-8501
Families	Child Development Institute www.childdevelop.ca	416-603-1827
Families	City of Toronto Services www.toronto.ca	311
Families	Community Living Toronto www.cltoronto.ca	416-236-7621
Families	Epilepsy Toronto www.epilepsytoronto.org	416-964-9095
Families	Geneva Centre for Autism www.autism.net	416-322-7877
Families	Malvern Family Resource Centre www.mfrc.org	416-281-1376
Families	Mental Health Helpline www.mhsio.on.ca	1-866-531-2600
Families	Mothercraft: CityKids www.mothercraft.ca/index.php?q=ei-citykids	416-483-0511
Families	Occupational Therapists www.coto.org	416-214-1177
Families	Ontario Association of Optometrists www.optom.on.ca	905-826-3522

HEALTH AND WELLNESS



HEALTH AND WELLNESS

GROUP	ORGANIZATION	PHONE
Families	Ontario Association of Speech Pathologists www.aslpa.ca	416-920-3676
Families	Park, Forestry and Recreation www.toronto.ca/parks	311
Families	Scarborough Centre for Healthy Communities www.schcontario.ca	416-642-9445
Families	Surrey Place Centre www.surreyplace.on.ca	416-925-5141
Families	Telehealth Ontario www.health.gov.on.ca/en/public/programs/telehealth	1-866-797-0000
Families	Toronto Public Health www.toronto.ca/health	311
Families	Weekend Respite and Zone Summer Camps www.autism.net	416-322-7877 x325
First Nations, Métis and Inuit	Anduhyaun www.anduhyaun.org/	416-243-7669 x226
First Nations, Métis and Inuit	Anishnawbe Health Toronto www.aht.ca	416-920-2605
First Nations, Métis and Inuit	Native Child & Family Services of Toronto www.nativechild.org	416-703-3361
First Nations, Métis and Inuit	Native Women's Resource Centre of Toronto www.nwrct.ca	416-963-9963
First Nations, Métis and Inuit	Nishnawbe-Aski Legal Service Corporation (NALSC) www.nanlegal.on.ca/	1-807-622-1413
First Nations, Métis and Inuit	Southern Aboriginal Diabetes Initiative (SOADI) www.soadi.ca	416-203-0133
First Nations, Métis and Inuit	Toronto Aboriginal Care Team www.torontocareteam.org/index.html	647-258-0336

HEALTH AND WELLNESS



HEALTH AND WELLNESS

GROUP	ORGANIZATION	PHONE
Youth	Aisling Discoveries Child & Family Centre www.aislingdiscoveries.on.ca	416-321-5464
Youth	Big Brothers & Big Sisters of Toronto www.bbbst.com	416-925-8981
Youth	Kids Help Phone www.kidshelpphone.ca	1-800-668-6868
Youth	Project Going Home www.turningpoint.ca/dayprograms.html	416-925-9250
Youth	VOICE for Hearing Impaired Children www.voicefordeafkids.com	1-866-779-5144

HEALTH AND WELLNESS



HOUSING

GROUP	ORGANIZATION	PHONE
Early Years	Ministry of Children & Youth Services www.children.gov.on.ca	1-866-821-7770
Elderly	Hellenic Home for the Aged www.hellenichome.org	416-654-7700
Elderly	LOFT Community Services www.loftcs.org/	416-979-1994
Families	Advocacy Centre for Tenants Ontario www.acto.ca	416-597-5855
Families	Community Living Toronto www.cltoronto.ca	416-968-0650
Families	Co-operative Housing Federation of Canada www.chfc.ca	416-366-1711
Families	Emergency Family Intake www.toronto.ca/housing/needhelp.htm	416-397-5637
Families	Emergency Shelters www.toronto.ca/housing	1-877-338-3398
Families	Federation of Metro Tenants Associations www.torontotenants.org	416-780-1650
Families	Guides to Tenants Rights www.torontotenants.org/resources/guide-to-tenant-rights	416-921-9494
Families	Homes First Society - Vaughan Road Apartments www.homesfirst.on.ca	416-395-0949
Families	Out of the Cold www.ootc.ca	416-699-6682
Families	Scott Mission www.scottmission.com/	416-923-8872
Families	Toronto Community Housing Corporation www.torontohousing.ca	416-981-5500
First Nations, Métis and Inuit	Aboriginal Housing Support Centre www.aboriginalhsc.org	416-260-2057

HOUSING



HOUSING

GROUP	ORGANIZATION	PHONE
First Nations, Métis and Inuit	Métis Nation of Ontario www.metisnation.org	416-977-9881
First Nations, Métis and Inuit	Native Women's Resource Centre of Toronto www.nwrct.ca	416-963-9963
First Nations, Métis and Inuit	Nekenaan Second Stage Housing www.anduhyaun.org/housing	416-243-7669
First Nations, Métis and Inuit	Wigwamen Inc www.wigwamen.com/	416-481-4451
Youth	Central Access n/a	416-338-4766
Youth	Humewood House Association www.humewoodhouse.com	416-651-5657
Youth	Ministry of Health & Long Term Care www.mhp.gov.on.ca	416-314-5518
Youth	Youth Link www.youthlink.ca	416-967-1773

HOUSING



EDUCATION

GROUP	ORGANIZATION	PHONE
Early Years	Centennial Infant and Child Centre www.cicc.ca	416-935-0200 x246
Early Years	Malvern Family Resource Centre, Scarborough-Rouge River Ontario Early Years Centre www.mfrc.org	416-291-7745
Early Years	Ontario Early Years - Willowdale www.oeyc.edu.gov.on.ca/locations/oeyc.aspx?Center=351	416-494-1579 x301
Elderly	Ryerson University 50+ www.ce-online.ryerson.ca	416-979-5035
Families	Aboriginal Legal Services Toronto www.aboriginallegal.ca/	416-408-3967
Families	Adult Education: Essential Skills Upgrading www.tdsb.on.ca/adultlearners/LearnEnglish/EssentialSkillsUpgrading.aspx	416-396-6905
Families	Aisling Discoveries Child & Family Centre www.aislingdiscoveries.on.ca	416-321-5464
Families	Family Services of Toronto - Passport Initiative www.familyservicetoronto.org/programs/passport.html	416-595-9230
Families	Frontier College - Beat the Street www.frontiercollege.ca/english/learn/programs_beat_the_street.html	1-800-555-6523
Families	Hong Fook Mental Health Association www.hongfook.ca	416-493-4242
Families	Independent Learning Centre www.ilc.org	416-484-2704
Families	Learning Disabilities Association of Ontario www.ldac-acta.ca/	416-229-1680
Families	Seneca College - Academic Upgrading/Literacy & Basic Skills www.senecac.on.ca/fulltime/ACADEMIC.html	416-293-3722
Families	Somali Parents Liaison Coalition www.splc4u-on.ca	n/a
Families	TDSB Continuing Education www.tdsb.on.ca/AdultLearners	416-338-4111
Families	Toronto Foundation for Student Success www.tfss.ca	416-394-6880

EDUCATION



EDUCATION

GROUP	ORGANIZATION	PHONE
Families	Toronto Public Library www.torontopubliclibrary.ca/branches	416-393-7131
First Nations, Métis and Inuit	Ontario Federation of Indian Friendship Centres www.ofifc.org	416-956-7575
Youth	Kennedy House Youth Services www.kennedyhouse.org	416-299-3157
Youth	Ontario Ministry of Education www.edu.gov.on.ca/eng	416-325-2929
Youth	Success Beyond Limits www.successsbl.com	416-395-3320 x20215
Youth	Toronto District School Board www.tdsb.on.ca	416-397-3000

EDUCATION



FINANCIAL SUPPORT

GROUP	ORGANIZATION	PHONE
Early Years	Canada Learning Bond www.canlearn.ca	n/a
Early Years	Merry Go Round Children's Foundation www.kidscopscomputers.org/	647-246-1252
Early Years	Toronto Children's Services www.toronto.ca/children	416-392-KIDS (5437)
Elderly	Ontario Ministry of Health and Long-Term Care www.mhp.gov.on.ca	416-642-3038
Families	Access Alliance Multicultural Health & Community Services www.accessalliance.ca	416-760-8677 x351
Families	Agincourt Community Services Association www.agincourtcommunityservices.com	416-321-6912
Families	Canada Benefits www.canadabenefits.gc.ca	1-800-622-6232
Families	Canada Employment Insurance www.servicecanada.gc.ca/eng/sc/ei	1-800-206-7218
Families	Canada Revenue Agency www.cra-arc.gc.ca/bnfts/menu-eng.html	1-800-387-1193
Families	Child Tax Benefit Ontario Disability Support Program www.cra-arc.gc.ca/bnfts/cctb	416-325-5900
Families	Childcare Subsidy - City of Toronto www.toronto.ca/children/subsidy.htm	311
Families	COSTI Immigrant Services www.costi.org	416-658-1600
Families	Legal Clinics www.legalaid.on.ca	1-800-668-8258
Families	Ontario Ministry of Community and Social Services www.mcss.gov.on.ca/en/mcss	416-325-5666
Families	Ontario Benefits Directory www.ontario.ca/benefitsdirectory	1-866-668-8297
Families	Ontario Disability Support Program www.mcss.gov.on.ca/en/mcss/programs/social/odsp	416-327-4954
Families	Ontario Works - Social Services www.toronto.ca/socialservices	416-392-3200

FINANCIAL SUPPORT



FINANCIAL SUPPORT

GROUP	ORGANIZATION	PHONE
Families	The Career Foundation www.careerfoundation.com	416-789-4862
Families	Toronto Children's Services - Fee subsidy application www.toronto.ca/children/subsidy.htm	n/a
Families	Toronto Employment and Social Services www.toronto.ca/socialservices/	416-392-2956
Families	Toronto People with Aids (PWA) Foundation www.pwatoronto.org	416-506-1400
Families	Wellspring Money Matters Resource Centre www.wellspring.ca	416-961-1493
Families	YMCA Employment Services www.ymcagta.org/en/get-a-Job	416-928-9622
Families	Your Legal Rights www.yourlegalrights.on.ca	416-408-4420
First Nations, Métis and Inuit	Aboriginal Affairs and Northern Development Canada www.aadnc-aandc.gc.ca/eng/	416-973-6234
First Nations, Métis and Inuit	Aboriginal Financial Officers Association www.foa.ca	1-866-722-2362
First Nations, Métis and Inuit	Indspire www.indspire.ca	416-926-0775
Youth	Operation Springboard www.operationspringboard.on.ca	416-977-0089
Youth	Project Work www.projectwork.ca	416-481-2211
Youth	Toronto Parks Forestry and Recreation www.toronto.ca/parks	416-338-4386

FINANCIAL SUPPORT



NEW TO CANADA

GROUP	ORGANIZATION	PHONE
Families	Access Alliance Multicultural Health & Community Services www.accessalliance.ca	416-324-8677
Families	Agincourt Community Services Association www.agincourtcommunityservices.com	416-321-6912
Families	Arab Community Centre of Toronto www.arabcommunitycentre.com	416-231-7746 x236
Families	Canadian Tibetan Association of Ontario www.ctao.org	416-410-5606
Families	Catholic Crosscultural Services www.cathcrosscultural.org	416-757-7010
Families	Centre for Information & Community Services www.cicscanada.com	416-940-3334
Families	Citizenship and Immigration Canada www.cic.gc.ca	1-888-242-2100
Families	COSTI Immigrant Services www.costi.org	416-588-2240
Families	Cross-Cultural Community Services Association www.tccsa.on.ca	416-977-4026
Families	Culture Link www.culturelink.ca	416-588-6288
Families	OCASI - Settlement www.ocasi.org	416-322-4950
Families	Scarborough Centre for Healthy Communities www.schontario.ca	416-642-9445
Families	Settlement and Education Partnership in Toronto www.tdsb.on.ca	905-882-2331
Families	Settlement.Org www.settlement.org	n/a
Families	TDSB Newcomer Services for Youth www.tdsb.on.ca/Newcomers/Adults/SettlementServices/NewcomerServices.aspx	416-395-2045
Families	Toronto District School Board - ESL Classes www.tdsb.on.ca/AdultLearners/LearnEnglish/ESLPrograms	416-338-4300
Families	YMCA Newcomer www.ymcagta.org/en/newcomers	416-630-0330