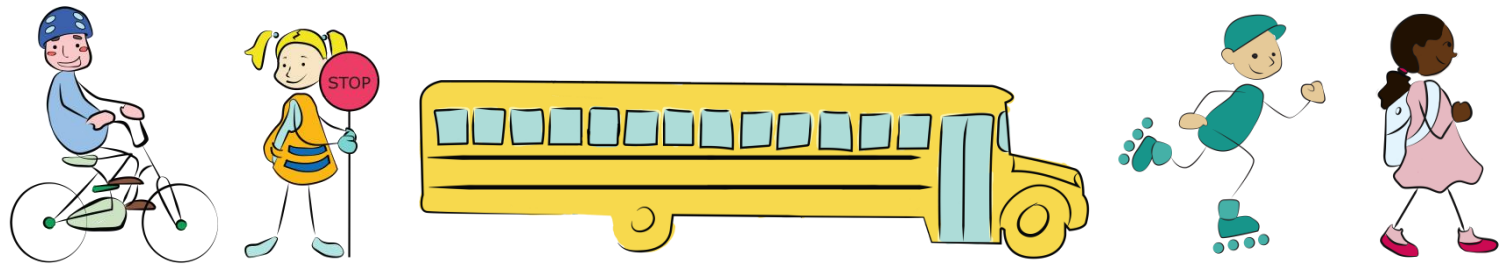


Active, Safe, and Sustainable Transportation in Ward 3



Toronto District School Board



NEW

Cycling Education Programs

Schools can choose from one of the following:

Elementary/Middle School

1. Bike Rodeo
2. Bike Assembly
3. Mechanics workshop
4. Safety & riding skills classroom package

Secondary School

1. Safety & mechanics workshop
2. Club package
3. Mechanics workshop



Application for Cycling Education Programs
Submission deadline: February 28th, 2016

eco SCHOOLS

Application submitted by: _____ Role: Click to enter text. Email: Click here to enter text.
School: Click to enter text.

Name: Click to enter text.

Please check to acknowledge your principal's approval regarding the delivery of a cycling education program at your school in spring 2016.

1. Using the charts below, select the Cycling Education Program* you would like to have delivered at your school in spring 2016. Selected schools will be eligible to receive one Cycling Education Program at no cost.

*For a full description of the Cycling Education Programs available to schools in 2016, visit schools.ca/Programs/Programs/Programs

Elementary and Middle School Programming

Program	Program Length	Audience	Staff/volunteers required
<input type="checkbox"/> A. Bike Rodeo	150 mins.	50 - 120 students	5
<input type="checkbox"/> B. Bike Assembly	30 mins.	Whole school	2
<input type="checkbox"/> C. Mechanics workshop	30 mins.	2 - 6 classes	1
<input type="checkbox"/> D. Safety and riding skills classroom package	30 mins.	2 - 6 classes	2

Elementary and Middle School Programs:

Program Description	Program Length	Audience	Skill/volunteers required
Instructional Day A. Bike Rodeo Outdoor riding skills and safety activity organized in six stations. Two instructors, extra helmets and all storage and station equipment will be provided.	150 mins.	50 - 120 Students	5
B. Bike Assembly Two instructors deliver a cycling-focused assembly. During a half day, two assemblies can be delivered. The school must be able to provide a laptop (with powercord) and a projector with beamer.	2 x 50 mins.	Whole school	2
C. Mechanics workshop A mechanic, accompanied by an assistant, presents a mechanics lesson and provides assistance with repairs during class time and during lunch. All tools and consumables (tubes, cables, etc.) are provided by the program with beamer.	3 x 50 mins.	2 - 6 classes	1
D. Safety and riding skills classroom package Classroom package in a combination of video, safety, extra helmets and riding skills workshop. Two instructors, mechanics, and all signage and equipment are provided to the school.	3 x 50 mins.	2 - 6 classes	2

A. Safety and mechanics workshop
 B. Safety and riding skills classroom package
 C. Mechanics workshop

I, a signed Parent/Guardian/Principal, agree to the responsibility of this program. It is the responsibility of the school.


EcoSchools Bike Rack Program

Ongoing:	Schools can submit an application form
February 28th, 2016:	Deadline to submit application for consideration for fall 2016 installation
March 2016:	Applications are reviewed by EcoSchools staff
April 2016:	Successful applicants are notified
May 2016:	An EcoSchools staff member will conduct site visits at the selected schools to determine bike rack placement. Note: The Principal and Caretaker will need to be available for this meeting.
Fall 2016:	Bike racks will be installed at selected schools









Themed Events

- Themed events (eg. Anything But Car (ABC) Day, Walking/ Wheeling Wednesdays) can help to build a culture of awareness
- Celebrate local/ national/global initiatives




Encouraging Walking and Wheeling to School
2015/2016
SAVE THE DATES!




S E P T E M B E R	 <p>Car Free Day SEPTEMBER 22</p>	<p>Car Free Day encourages road users to rethink their travel modes and use a sustainable mode of transportation to travel to and from school or work.</p>
O C T O B E R	 <p>IWALK Month OCTOBER</p>	<p>IWALK is an annual global event of the Active and Safe Routes to School program, taking place each October. Participate for a day (Oct. 7), a week (Oct. 5-9), or all month long! For more information, visit: http://www.saferoutestoschool.ca/international-walk-school-day-month.</p>
F E B R U A R Y	 <p>Winter Walk Day FEBRUARY 3</p>	<p>It's winter! Rather than hibernate, bundle up, walk to school and celebrate the cooler season! Walk on Winter Walk Day, or any other day in February. For more information, visit: http://www.saferoutestoschool.ca/winter-walk-day</p>
M A R C H	 <p>Spring into Spring MARCH - MAY</p>	<p>As spring arrives, schools can challenge their students to walk, jog, skip, or bike, as often as possible between Earth Week and Clean Air Day. Spring is a great opportunity to promote daily physical activity, a healthier environment, and safer streets! For more information visit: http://www.saferoutestoschool.ca/spring-spring</p>
A P R I L	 <p>Earth Day APRIL 22</p>	<p>Earth Day is a great time to participate in active and sustainable travel! EcoKids offers free educational resources for Canadian teachers, students, parents, and communities to engage in environmental action. For activity ideas and curriculum-linked lesson plans, visit: https://ecokids.ca/take-action</p>

Winter Walk Day – Feb 3, 2016

**Get rid of those winter
blahs and try a
winter walk to school.**



**Wednesday, February 3, 2016
Winter Walk Day**



www.saferoutestoschool.ca
Winter Walk Day is part of Green Communities Canada's Active & Safe Routes to School program.

**Green
Communities**

- Use announcements/bulletin boards/newsletters/student-made posters to promote walking to school
- Organize a school-wide winter walk
- Encourage students to “walk a block”
- Have a friendly challenge between classes or another school
- Create a ‘golden snow boot’ award

www.saferoutestoschool.ca/winter-walk-day

Bike to School Week – *May 30 to June 3, 2016*

A colorful poster for Bike to School Week 2016. The background is green with a large purple circle in the center containing the text "BIKE TO SCHOOL WEEK" and "MAY 30 - JUNE 3, 2016". Surrounding this are various icons in circles: a bicycle, a heart with a pulse line, a tree, a stack of books, a helmet, a backpack, and a bicycle with a basket. The text "BIKE MONTH 2016" is also visible. At the bottom, there is a white banner with the text "LET'S GET ROLLING!" and a paragraph of information. The website "biketoschoolweek.ca" and social media handles "@smartcommute" and "#biketoschool" are listed. Logos for "Smart Commute" and "bike to school" are at the bottom left.

BIKE TO SCHOOL WEEK
MAY 30 - JUNE 3, 2016

BIKE MONTH 2016

LET'S GET ROLLING!

Cycling – it's healthy, green, fast and fun.
Join students and teachers across the
Greater Toronto and Hamilton Area to celebrate
Bike to School Week 2016. Register your school,
become eligible for prizes and incentives, and
find ideas and resources at biketoschoolweek.ca.

biketoschoolweek.ca @smartcommute #biketoschool

Smart Commute
A Program of METROLINK

bike to school

- Use announcements/bulletin boards/newsletters/student-made posters to promote cycling to school
- Host a cycling themed event
- Count and track the number of students biking to school
- Recognize students for their efforts (eg. stickers, healthy snack)

www.biketoschoolweek.ca

WR06 ASST Pilot Program

Islington JMS

Norseman JMS

Twentieth Street JS

Karen Kain SA

Park Lawn JMS

Wedgewood JS

Second Street JMS

- Engaging WR06 teachers in two half-day professional learning sessions focused on active, safe, and sustainable transportation
- Collecting feedback on the feasibility of implementing a revised Section 5 of the EcoSchools program

Schools will receive:

- Up to two teachers released for two half-days
- A Cycling Education Program delivered in spring 2016
- Support to implement lessons and campaigns related to ASST



Thank you!

