



Trustee Yalini Rajakulasingam

Ward 21, Scarborough North

Ward 21 School/Student Councils, Parents/Caregivers,
Community Members, and School Staff

Please join me at my next Virtual Ward Forum:

Understanding Mental Health and Well-Being

Wednesday, February 24th, 2021 at 7:30 p.m.

Guest Speaker: Shameen Sandhu

The meeting will include a presentation on Understanding Mental Health and Well-Being by **Shameen Sandhu**, System Leader of Mental Health and Professional Support Services, and a Q&A session. Please send your questions in advance to Yalini.Rajakulasingam@tdsb.on.ca. You can learn more about TDSB mental health resources at <https://www.tdsb.on.ca/Elementary-School/Supporting-You/Mental-Health-Well-being>

Workshop will take place over Zoom.

Please email me and I will send the link/call in information.

Opportunities for Feedback and Questions | Attend from Wherever You Are!



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