

Trustee Chris Moise
Ward 10 Forum
Mental Health and Wellbeing
Thursday February 13, 2020 6:30-8:30pm
Beverly St. Public School
Minutes

- Meeting called to order at 6:34pm by Ward 10 Chair, Nigel Lawson
- Land Acknowledgement given by Nigel Lawson

- Principal Alana Grossman welcomed everyone to Beverly School. Beverly services children with exceptionalities, developmental, physical and autistic. The school does extensive community outreach to bring inclusive settings into the school.
<https://www.tdsb.on.ca/Find-your/Schools/schno/5313>
 - This year's Dream Serenade <https://dreamserenade.ca/about.html> will be donating money to a respite bursary benefiting Beverly Students.

- Trustee Chris Moise introduced Superintendent Mike Gallagher and Vice Principal of Beverly Danjela Malobabic.

Mental Health and Wellbeing Presentation by Heather Johnson, Mental Health Lead TDSB

- Presentation: [***Breathing In, Breathing Out: Tools for Students Struggling with Anxiety***](#)
- Resources
 - Video: [CAMH Promoting Mental Health, Finding a Shared Language](#)
 - [Anxiety Iceberg](#)
 - [School Mental Health Ontario](#)
 - New study being trialed in 60 TDSB grade 7 classes. Multi-Tiered Approach [Cognitive Behavioral Therapy \(CBT\) Novel Study: Harry Potter and the Prisoner of Azkaban](#). Mark Sinyor - Sunnybrook - using it as guided reading for promoting managing depression and anxiety. Building skills to manage stress, anxiety and depression
 - [Children's Mental Health Ontario](#)
 - [What's Up Walk In](#)
 - [Etobicoke Children's Centre](#)
 - [The George Hull Centre](#)

- Nigel Lawson thanked Heather Johnson for the presentation

- Heather Johnson reminded parents of the [Parents as Partners Conference](#) on Saturday March 28th.

- **Trustee Update/Superintendent Update:**
 - **Trustee Chris Moise**
 - Secondary and Optional Attendance Policy Reviews are now closed
 - At the Governance and Policy Committee Meeting on Monday it was decided to extend the French and Gifted bussing until 2021 at a cost of \$1.9 million.
 - Budget process starting soon. This will be affected by class average changes. If no settlement is reached before the budget is created, it will affect the teacher allocation. The Board will have to go by old collective agreement. May have to cut staff in other areas to keep teacher ratios.
 - There will be a province wide strike on Friday February 21st, all four Unions, ETFO , OSSTF, OECTA and AEFO.
 - The next Ward 10 Forum will be Tuesday April 21st. This will be a joint Ward Forum with Wards 7 & 9. The topic will be Ask Me Anything with Director John Malloy.
 - **Superintendent Mike Gallagher**
 - The TDSB has appointed its first [Indigenous Student Trustee](#), Clarity Smoke.
 - The Superintendents recognize the challenges of the ongoing labour disruption and thank parents and families for their support.
 - The Superintendents are having conversations about what Principals are being asked to do above and beyond during the labour disruptions. Their workload is a becoming and issue.
 - There were questions about planning for Parent Council events in the spring. Mike Gallagher advised that parents continue to plan but make contingency plans for further strike action.

- The meeting was adjourned at 8:27pm