The most important thing families can do to help slow the spread of COVID-19, is to screen their children daily for symptoms of COVID-19 and also follow the circumstances in which they should stay home.

Review this COVID-19 checklist daily with your child. Sign* below each day to confirm that your child, or anyone else in the household, does not have any symptoms or have other exposure to COVID-19. We all have a role in keeping our schools safe and healthy.

Student Name: _____________________________________________________________

Date: __________ Signature: __________________
Date: __________ Signature: __________________
Date: __________ Signature: __________________
Date: __________ Signature: __________________
Date: __________ Signature: __________________
Date: __________ Signature: __________________
Date: __________ Signature: __________________
Date: __________ Signature: __________________

* Parent/Guardian of Kindergarten to Grade 8 students to sign. High school and adult students can sign themselves.
1. Does the student have any of the following new or worsening symptoms?*

- Fever > 37.8°C
- Cough
- Difficulty breathing
- Loss of taste or smell
- Feeling unwell, muscle aches or tired
- Stuffy or runny nose
- Headache
- Sore throat or pain swallowing
- Nausea, vomiting or diarrhea

If “YES” to any symptom: Stay home & self-isolate + Get tested Or Contact a health care provider

2. Does anyone in your household have one or more of the above symptoms?  
   □ Yes □ No

3. Has anyone in your household travelled outside of Canada in the past 14 days?  
   □ Yes □ No

4. Has anyone in your household been notified as a close contact of someone with COVID-19 or been told to stay home and self-isolate?  
   □ Yes □ No

If “YES” to Questions 2,3,or 4: Stay home + Follow Toronto Public Health advice

*Children who have an existing health condition identified by a health care provider that gives them the symptoms should not answer YES, unless the symptom is new, different or getting worse. Look for changes from your child’s normal symptoms.

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