

# TDSB Health Pass

The most important thing we can do to help slow the spread of COVID-19, is to screen daily for symptoms of COVID-19 and also follow the circumstances in which students and staff should stay home. Review this COVID-19 checklist daily. Sign\* below each day to confirm that you, or anyone else in the household, does not have any symptoms or have other exposure to COVID-19. We all have a role in keeping our schools safe and healthy.

Name : \_\_\_\_\_

|             |                  |             |                  |
|-------------|------------------|-------------|------------------|
| Date: _____ | Signature: _____ | Date: _____ | Signature: _____ |
| Date: _____ | Signature: _____ | Date: _____ | Signature: _____ |
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| Date: _____ | Signature: _____ | Date: _____ | Signature: _____ |
| Date: _____ | Signature: _____ | Date: _____ | Signature: _____ |

*\* Parent/Guardian of Kindergarten to Grade 8 students to sign. High school students and adults can sign themselves.*





# COVID-19 Screening for children/students/adults

Please complete before entering the child care/JK-12 school setting. A parent/guardian can complete for their child.

Updated February 11, 2022

Name: \_\_\_\_\_ Date: \_\_\_\_\_ Time: \_\_\_\_\_

## 1. A) Do you or anyone in the household have 1 or more of these new or worsening symptoms, today, or in the last 5 or 10 days\*?



Fever > 37.8°C and/or chills



Cough



Difficulty breathing



Decrease or loss of taste/smell

## B) Do you or anyone in the household have 2 or more of these new or worsening symptoms today, or in the last 5 or 10 days\*?



Sore throat



Headache



Feeling very tired



Runny nose/nasal congestion



Muscle aches/joint pain



Nausea/vomiting/diarrhea

- If the symptom is from a known health condition that gives you the symptom, select "No". If the symptom is new, different or getting worse, select "Yes".
- If there is mild tiredness, sore muscles or joints within 48 hours after a vaccine, select "No".
- Anyone who is sick or has any symptoms of illness, should stay home. Seek assessment from their health provider if needed.



**If "YES": Stay home & self-isolate.**



**Your household must self-isolate\*\*\***



If you have one symptom from Part B, stay home until symptoms improve for at least 24 hours or 48 hours if nausea/vomiting/diarrhea.

## 2. Have you or anyone in the household had a positive COVID-19 test in the last 5 or 10 days\*, or been told to stay home and self-isolate?

Yes   
No

- If you had a positive test or live with someone who is isolating or awaiting test results select "Yes"
- If you had a confirmed COVID-19 infection within 90 days\*\*\* select "No"



**If "YES": Stay home & self-isolate.**

## 3. In the last 5 or 10 days\* have you been notified as a close contact of someone with COVID-19 in the community?

Yes   
No

- If the person is not a household member AND you are fully vaccinated\*\* OR had a confirmed COVID-19 infection within 90 days\*\*\* select "No"
- If the person was in the same classroom/school/child care cohort select "No".



**If "YES": Stay home & self-isolate.**

## 4. In the last 14 days, have you travelled outside of Canada?

Yes   
No



**If "YES": Follow federal quarantine [travel rules](#).**



\*Use 5 days: If the person is fully vaccinated or 11 years or younger. Use 10 days: If they are 12 years or older and not fully vaccinated; or immune compromised.

\*\*Fully vaccinated means 14 days or more after a second dose of a COVID-19 vaccine series, or as defined by the Ontario Ministry of Health.

\*\*\*Confirmed COVID-19 infection within 90 days means: if tested positive within 90 days on a Rapid Antigen, or a PCR test AND completed self-isolation. Then, do not need to self-isolate if someone in the home has symptoms.





# HOW LONG SHOULD YOU SELF-ISOLATE FOR?

## You have symptoms<sup>+</sup> of COVID-19 or tested positive

### If:

- Fully vaccinated<sup>\*\*</sup>, OR
- 11 years or younger, regardless of vaccination status

### Stay home & Self-isolate:

- Must self-isolate for at least 5 days from the day symptoms started and until symptoms have been improving for 24 hours (or 48 hours if nausea/vomiting/diarrhea), whichever is longer
- Use test date if no symptoms
- Wear a mask in public places, including while exercising, and do not visit higher risk settings from days 6 to 10.

### If:

- 12 years of age or older AND not fully vaccinated<sup>\*\*</sup> OR
- Immune compromised

### Stay home & Self-isolate:

- Must self-isolate for 10 days from the day their symptoms started, or longer if symptoms last longer than 10 days
- Use test date if no symptoms

Someone in the household has symptoms<sup>+</sup> of COVID-19 or a positive test AND you did not have a confirmed COVID-19 infection within 90 days<sup>\*\*\*</sup>

- You must self-isolate for the duration of the household member's isolation period

### If the household member is:

- Fully vaccinated<sup>\*\*</sup>, OR
- 11 years or younger, regardless of vaccination status

### Stay home & Self-isolate:

- You must self-isolate for at least 5 days from the day the household member's symptoms started and until their symptoms have been improving for 24 hours (or 48 hours if nausea/vomiting/diarrhea)

- Use test date if no symptoms

### If the household member is:

- 12 years of age or older AND not fully vaccinated<sup>\*\*</sup>, OR
- Immune compromised

### Stay home & Self-isolate:

- You must self-isolate for 10 days from the day the household member's symptoms started

You were notified as a close contact of a positive case in the community

### If:

- Fully vaccinated<sup>\*\*</sup> AND no symptoms, **Do not need to self-isolate**
- Monitor for symptoms for 10 days and self-isolate immediately if symptoms develop
- Wear a mask in public places, including while exercising, and do not visit higher risk settings for 10 days from last exposure.

### If:

- 12+ years AND not fully vaccinated<sup>\*\*</sup> OR
- Immune compromised

### Stay home & Self-isolate:

- Must self-isolate for 10 days from last exposure unless you had a confirmed COVID-19 infection within 90 days<sup>\*\*\*</sup>.

### If:

- 11 years and under AND not fully vaccinated<sup>\*\*</sup>

### Stay home & Self-isolate:

- Must self-isolate for 5 days from last exposure unless you had a confirmed COVID-19 infection within 90 days<sup>\*\*\*</sup>.
- Wear a mask in public places, including while exercising, and do not visit higher risk settings from days 6 to 10.



<sup>+</sup>Symptoms include 1 or more symptom from 1.A or 2 or more symptoms from 1.B on the screening tool

- If you have one symptom from 1.B, other household members do not have to self-isolate.
- If you have one symptom from 1.B AND were a close contact of someone in the community, then self-isolate consistent with a COVID-19 infection.
- If you/your household member's symptoms are improving for 24 hours AND the person with symptoms never had a positive test AND tests negative on a PCR test OR 2 rapid antigen tests taken 24 to 48 hours apart, self-isolation ends.
- When the person with symptoms completes their self-isolation, they do not need to self-isolate again if other household members become ill.
- Clearance testing is not required. A positive test requires completion of the isolation period even if symptoms are improving.
- For counting isolation days: the day symptoms start (or test date if no symptoms) is Day 0.
- Being in the same classroom/school/child care cohort is not considered a close contact because preventive and protective measures are in place.



## If you travelled outside of Canada in the last 14 days:

- Follow federal [requirements](#) for quarantine and testing after returning from international travel.

This tool is consistent with provincial guidance: [COVID-19 School and Childcare Screening](#) and [COVID-19 Integrated Testing & Case, Contact and Outbreak Management Interim Guidance: Omicron Surge \(gov.on.ca\)](#)