



# SCROLLING WITH ANCESTRAL WISDOM: SUPPORTING BLACK YOUTH MENTAL WELLNESS IN THE DIGITAL AGE

**Join us as we explore the evolving intersection of technology, social media, and Black youth mental health within today's digital era!**

This session will emphasize the importance of preserving ancestral wisdom, cultural grounding, and intergenerational connection as young people navigate digital realities. Rather than positioning technology as inherently harmful or focusing on parental control, this discussion will highlight guidance, relationship-building, and culturally informed approaches to supporting Black youth wellness.



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**April 16, 2026**  
**6:00 – 7:30PM**



**Virtual Webinar**  
**Microsoft Teams**

**Register Now**  
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