

# ANTI-OPPRESSION ANTI-RACISM

June  
2021

Pride month is a time for the 2SLGBTQ+ community and allies to come together to celebrate and embrace the diversity of our identities. Unfortunately, many people from the 2SLGBTQ+ community experience higher rates of discrimination. As a result of this discrimination, their mental health and well-being is impacted and they face an increased risk of experiencing mental health issues. The support and acceptance an individual receives with respect to their sexual orientation, gender identity and gender expression directly impacts their mental wellness and personal safety.

Our TDSB community recognizes and celebrates Pride Month and the diversity that exists among all staff and students. We aim to increase awareness that individuals in the 2SLGBTQ+ community face additional barriers to maintaining good mental health. We strive to eliminate stereotyping and discrimination so all members of our community can thrive. Join us in exploring the Pride Month resources to celebrate our diverse community and make the TDSB a safe, equitable, and inclusive place.

[Gender Based Violence  
Prevention Team](#)

[Mental Health & Well-Being  
Committee](#)

## Phone/Text/Web Services

Phone and web counselling & support for youth (20 and under), 24/7. 1-800-668-6868.

Phone and online peer support for LGBTQ youth (26 and under); inc. text, chat, and email support. 416-962-9688 (GTA); 1-800-268-9688 (Ontario).

A free helpline that connects you to community and social services in your area 24 hours a day, 365 days a year, in over 150 languages.

Information about LGBTQ health and links to LGBTQ-friendly physical and mental health services in Ontario.

## In-Person Services

Downtown Toronto's LGBTQ community centre, offering a variety of specialized programs and services. 416-392-6874

Asian Community AIDS Services Workshops, forums, and social events for LGBTQ Asian youth (14-29). 416-963-4300 ext. 229

In downtown Toronto, specialized programming for diverse LGBTQ youth (29 and under). 416-324-5077.

TDSB's alternative school program dedicated exclusively to LGBTQ youth (21 and under). 416-393-8443.

Phone and group-based support for parents, family, and friends of LGBTQ youth. 416-406-6378 (support); 416-406-1727 (general inquiries)

Lumenus provides mental health, developmental and community services to infants, children, youth, individuals and families. (2SLGBTQ+ specific resources: **reachOUT** and **The Studio**)

[Click Here  
to Access Additional  
Supports/Services](#)

**Celebrating Pride Elementary Library**

**Celebrating Pride Teen Library & Resource Lounge**

