



**LIST OF  
SPRING 2020  
COURSES BY SITE**

**Agincourt CI****2621 Midland Avenue**

Title	Day(s)	Time
Ballroom & Latin Dancing-Beginner	W	7-9pm
Building Blogs and Websites with WordPress	W	5:45-7:45pm
Building Blogs and Websites with WordPress Advanced	W	7:45-9:45pm
Cake Decorating-Advanced	W	7-9pm
Culinary Skills	W	6:30-9:30pm
Drawing & Painting-Beginner	W	7-9pm
Estate Planning	W	6:30-8:30pm
Interior Design: Home Decor	W	6-8:30pm
Keyboarding-Beginner	W	6-8pm
Korean-Beginner	W	7-9pm
Make-Up Artistry	W	6-9pm
Make-Up Artistry-Advanced	W	6-9pm
Mandarin Chinese-Beginner	W	6-8pm
Microsoft Office-Intermediate	W	8-9:45pm
Sewing-Beginner	W	7-9:30pm

**Burnhamthorpe CI****500 The East Mall**

Title	Day(s)	Time
4 Step Gut Healing Program	Tu	6-8pm
Administrative Office Assistant	Tu	6-8pm
Afro-Caribbean Cuisine	Th	6-9:30pm
Ballroom Dancing-Beginner	Tu	6-7:30pm
Basketball For Women	Th	8-9:30pm
Building Blogs and Websites with WordPress	Sa	8:30-10:30am
Cake Decorating	Sa	9-11am
Cake Decorating-Advanced	Sa	11am-1pm
Chef on the Run	Sa	11am-1pm
Computer Skills for Workplace Proficiency - Int/Adv	Th	7:30-9pm
Core Interval Training	Th	6-7pm
Drawing & Painting-Beginner	Sa	9:30am-12:30pm
Egyptian Belly Dancing-Beginner	Th	7-8pm
Estate Planning	Sa	9-11am
French-Beginner Level II	Sa	11am-1pm
Full Body Boot Camp	Sa	9:45-10:45am
Full Body Boot Camp	Tu	7-8pm
Gourmet Cooking on a Budget	Sa	8:45-10:45am
Guitar-Beginner	Sa	11am-1pm
Healing Meditation	Sa	11:45am-12:45pm
Holistic Nutrition	Sa	10am-12pm
Income Tax Preparation	Sa	8:30-10:30am
Introduction to Traditional Italian Cooking	Tu	6:30-9:30pm
Line Dancing-Beginner	Tu	6-7:30pm
Make-Up Artistry	Tu	6-8pm
Make-Up Artistry-Advanced	Tu	8-9:30pm
Microsoft Excel Visual Basic for Application (VBA)	Th	5:30-7:30pm
Microsoft Excel-Advanced	Tu	5:30-7:30pm
Microsoft Excel-Beginner	Th	7:30-9:30pm
Microsoft Excel-Intermediate	Sa	10:30am-12:30pm
Mixed Martial Arts (MMA) Self-Defence	Th	6-8pm
Mixed Media: Egg Tempera	Th	6:30-9:30pm
Night Club Dancing: Salsa and More	Tu	7:30-9pm
Oil & Acrylics-All Levels	Tu	6:30-9:30pm

Pilates	Tu	8-9pm
Pilates	Sa	11am-12pm
Signature Salads Workshop	Th	6-8:30pm
Singing for Good Health and Wellness	Sa	9am-12pm
Soccer-Indoor for Men	Tu	7:30-9:30pm
Spanish For Travellers	Sa	9:30-11:30am
Spanish-Beginner	Tu	6:30-8pm
Spanish-Intermediate/Advanced	Th	7-9:30pm
Tai Chi-Beginner	Sa	9-10:30am
Tai Chi-Intermediate	Th	6:30-8pm
Transition to Retirement	Th	6-8pm
Yoga for a Healthier, Slimmer You	Th	6:30-8pm
Yoga: Kundalini-Beginner/Intermediate	Tu	6-7:30pm
Zumba	Th	7:15-8:15pm
Zumba	Sa	8:30-9:30am
Zumba	Tu	6-7pm
Zumba Gold	Sa	11am-12pm
Zumba Gold	Th	6-7pm
Zumba Toning	Sa	9:45-10:45am
Zumba Toning	Th	8:30-9:30pm

**Cecil Community Centre****58 Cecil Street**

Title	Day(s)	Time
Ballroom Dancing for Senior	Th	3:45-5:45pm
Chinese Calligraphy & Poetry for Senior	F	1-3:30pm
Golden Age Yoga for Senior	Tu	2:40-4:10pm
Line Dancing for Senior	W	2:30-4pm

**Cedarbrae CI****550 Markham Road**

Title	Day(s)	Time
Cake Decorating	M	7-9pm
French-Beginner	M	7-9pm
French-Beginner Level II	M	7-9pm
Home & Cottage: Wiring	M	6-9pm
Kickboxing Boot Camp Beginner	M	6:30-8:30pm
Knitting: Working from Basic to Advanced Skills	M	7-9pm
Microsoft Excel-Beginner	M	6-7:45pm
Quick and Easy Lunch Ideas	M	6:30-9:30pm
Sewing for the Home	M	6:30-9:30pm
Spanish-Beginner	M	6-8pm
Travelling the Internet Super Highway	M	6-8pm
Woodworking-Beginner	M	6:30-9:30pm
Yoga-Deep Relaxation & Meditation All Levels	M	8-9pm
Zumba	M	7-8pm

**Central Technical School****725 Bathurst Street**

Title	Day(s)	Time
Abstract Painting	Th	6:30-9:30pm
Acrylic Painting-All Levels	Th	6:30-9:30pm
Adobe Illustrator/PhotoShop	Th	6:30-9:30pm
Afro-Caribbean Cuisine	Tu	6-9:30pm
Auto Mechanics-Advanced	Th	6:30-9:30pm
Auto Mechanics-Beginner	M	6:30-9:30pm
Basic Blues Piano	Th	6:30-8pm
Bicycle Repair	Tu	6:30-9:30pm

Bicycle Repair	W 6:30-9:30pm
Ceramic Art: Ideas & Techniques	Th 6:30-9:30pm
Cinema Studies	W 6:30-9:30pm
Drama-Beginner	Tu 6:30-9pm
Drama-Intermediate	W 6:30-9pm
Drawing & Painting: Landscape Study	W 6:30-9:30pm
Drawing & Painting: Portraits-Advanced	Tu 6:30-9:30pm
Drawing & Painting: Portraits-All Levels	Th 6:30-9:30pm
Figure Drawing & Painting-Advanced	W 6:30-9:30pm
Figure Drawing-Beginner	Tu 6:30-9:30pm
Financial Planning and Investments	Tu 6:30-8:30pm
French-Beginner	M 6:30-8:30pm
French-Beginner	W 6:30-8:30pm
French-Beginner Level II	W 6:30-8:30pm
French-Intermediate	W 6:30-8:30pm
Full Body Boot Camp	Th 8:30-9:30pm
German-Beginner	M 6:30-8:30pm
German-Intermediate	W 6:30-8:30pm
Guitar-Beginner	W 7-9pm
Guitar-Beginner Level II	M 6:30-8:30pm
Guitar-Intermediate	Th 6:30-8:30pm
Hand Embroidery for the Beginner	Tu 6:30-9:30pm
Home & Cottage: Construction	Tu 6:30-9:30pm
Home & Cottage: Construction	W 6:30-9:30pm
Indian Vegetarian Cooking	W 6:30-9:30pm
Indian Vegetarian Cooking	Tu 6:30-9:30pm
Interior Design: Home Decor	Th 6:30-9:30pm
Investing 101 for Millennials	Th 6:30-9pm
Italian-Beginner	W 6:30-8:30pm
Japanese-Level I	W 7-9pm
Japanese-Level II	Tu 7-9pm
Japanese-Level III	Th 7-9pm
Jewellery B	Tu 6:30-9:30pm
Jewellery C	W 6:30-9:30pm
Jewellery E- Hammerforming II	Th 6:30-9:30pm
Korean Cuisine	M 6:30-9:30pm
Mandarin Chinese-Beginner	Tu 6:30-9pm
Mandarin Chinese-Intermediate	Th 6:30-8:30pm
Mixed Martial Arts (MMA) Self-Defence	M 6:30-8:30pm
Online Investing	M 7-9:30pm
Painting-Colour Theory	Tu 6:30-9:30pm
Pattern Drafting & Design Part III	W 6:30-9:30pm
Piano Keyboarding-Beginner Level I	W 6:30-8pm
Piano Keyboarding-Beginner Level II	Tu 6:30-8pm
Piano Keyboarding-Beginner Level III	Th 8-9:30pm
Piano Keyboarding-Beginner Level IV	Tu 8-9:30pm
Piano Keyboarding-Intermediate	W 8-9:30pm
Pilates	W 8:15-9:15pm
Pizza Workshop	Tu 6-9:30pm
Portuguese-Beginner	Tu 6:30-8:30pm
Portuguese-Intermediate	W 6:30-8:30pm
Pottery Beginner: Intro to Handbuilding	Th 6:30-9:30pm
Pottery Beginner: Intro to Handbuilding	Tu 6:30-9:30pm
Pottery-All Levels	W 6:30-9:30pm
Pottery: Beginner Throwing	Tu 6:30-9:30pm
Printmaking-Etching Specialty	W 6:30-9:30pm
Printmaking-Intermediate	Th 6:30-9:30pm

Printmaking-Introduction	Tu 6:30-9:30pm
Reiki Level I	Tu 7-9pm
Reiki Level II	Th 7-9pm
Retirement and Estate Planning	W 6-8pm
Screenplay Writing: Basic Elements	Th 6:30-9:30pm
Sculpture: Clay	Tu 6:30-9:30pm
Sculpture: Clay	W 6:30-9:30pm
Sculpture: Medallion Art	Th 6:30-9:30pm
Sewing for the Home	M 6:30-9:30pm
Sewing-Beginner	Tu 6:30-9:30pm
Sewing-Intermediate	Th 6:30-9:30pm
Spanish Conversation III	Th 6:30-8:30pm
Spanish-Advanced	Tu 6:30-8:30pm
Spanish-Beginner	Tu 6:45-8:45pm
Spanish-Beginner	W 7-9pm
Spanish-Beginner	M 6:30-8:30pm
Spanish-Beginner Level II	Tu 7-9pm
Spanish-Intermediate	M 6:30-8pm
Spanish-Intermediate Level II	W 6:30-8pm
Tai Chi-Advanced	Th 7-9pm
Tai Chi-Beginner	W 7-9pm
Tai Chi-Intermediate	M 7-9pm
Tailoring-Advanced	Tu 6-9pm
Watercolour-All Levels	Tu 6:30-9:30pm
Woodworking-Beginner	Tu 6:30-9:30pm
Woodworking-Beginner/Intermediate	W 6:30-9:30pm
Woodworking-Intermediate	M 6:30-9:30pm
Yoga: Kundalini/Hatha-Beginner/Intermediate	Th 6:30-8:30pm
Zumba	W 6-7pm

**Danforth CTI**

**800 Greenwood Avenue**

Title	Day(s)	Time
Acupressure	Th	6-9pm
Art Metal Shop	W	6-9:30pm
Art Metal Work	Th	6-9:30pm
Auto Mechanics-Advanced	Th	6-9pm
Auto Mechanics-Beginner	W	6-9pm
Ballroom & Latin Dancing-Beginner	Th	7-9pm
Cake Decorating	Th	6-8pm
Cosmetic Acupressure: Look, feel & be your best	Th	6-9pm
Creative Writing	Th	7-9pm
Creative Writing: Memoirs I	Th	6-8pm
French-Beginner	W	7-9pm
French-Beginner Level II	Th	7-9pm
Greek, Modern-Beginner	Th	7-9pm
Hindi-Intermediate	W	8-9:30pm
Microsoft Publisher/PowerPoint Artistic Design	Th	6-9pm
Middle Eastern Geometric Art and Patterns-Beginners	Th	6-9pm
Office Tools to Succeed in the Workplace	W	6-9pm
Printmaking-All Levels	W	6-9pm
Salsa: Beginner	W	6-9pm
Spanish For Travellers	W	8-9:30pm
Spanish-Beginner	Th	7-9pm
Spanish-Beginner Level II	W	6-8pm

Spanish-Intermediate	W	8-9:30pm
Tai Chi-Beginner	W	6-7:30pm
Watercolour-Beginner/Intermediate	W	6-9pm
Yin Restorative Yoga	Th	6-7:15pm
Yoga: Hatha-All Levels	Th	7:30-8:30pm
Zumba Gold	Th	6-7pm

**Dixon Hall 188 Carlton Street**

Title	Day(s)	Time
Calligraphy for Senior	Tu	10am-12pm
Fitness for Senior	F	1:30-2:30pm

**Don Mills CI 15 Donway East**

Title	Day(s)	Time
Better Travel Photography	M	6-8pm
French-Beginner	M	7-9pm
Golf-Beginner	M	6:30-8pm
Golf-Intermediate	M	8-9:30pm
Revealing Secrets of Gem Stones	M	6-8pm
Spanish-Beginner	M	7:30-9:30pm
Spanish-Intermediate	M	5:30-7:30pm

**Don Mills MS 15 Donway East**

Title	Day(s)	Time
Full Body Boot Camp	M	6-7pm
Full Body Sculpt Plus Power Abs Burn	M	7-8:15pm
Yogalates	M	8:15-9:15pm

**Earl Bales CC 4169 Bathurst Street**

Title	Day(s)	Time
Bunka Shishu I & II for Senior	F	12:30-2:30pm
Drawing & Sketching: Landscape Study	W	10am-12:30pm
Oil & Acrylics-Beginner/Intermediate	W	1-3:30pm

**Edithvale CRC 131 Finch Avenue West**

Title	Day(s)	Time
Low Impact Aerobics for Senior	W	9-10am
Low Impact Aerobics for Senior	F	9-10am

**Janet Magee Manor 71 Merton Street**

Title	Day(s)	Time
Fitness for Senior	W	9-10am
Fitness for Senior	F	9-10am

**King Edward PS 112 Lippincott Avenue**

Title	Day(s)	Time
Tennis-Beginner	Tu	6-7:30pm
Tennis-Beginner	W	6-7:30pm
Tennis-Beginner	Th	6-7:30pm
Tennis-Beginner	W	7:30-9pm
Tennis-Intermediate	Tu	7:30-9pm
Tennis-Intermediate	Th	7:30-9pm

**Leaside HS 200 Hanna Road**

Title	Day(s)	Time
Acrylic Painting-Beginner	W	6:30-9:30pm
Ballroom & Latin Dancing-Beginner	M	7-9pm
Bicycle Repair	M	6:30-9:30pm
Bone Fitness	M	6-7pm
Bridge-Convention 101	W	6:30-9pm
Bridge-Intermediate	M	6:30-9pm
Core Yoga	M	7-8pm
Drawing For People Who Can't Draw	M	6:30-9pm
Effective Communication	W	7-9pm
Egyptian Belly Dancing-Beginner	M	6:30-7:45pm
Egyptian Belly Dancing-Intermediate	M	7:45-9pm
Fitness and Strength Training	M	6-7pm
Fitness and Strength Training	M	7-8pm
Fitness and Strength Training	W	6-7pm
Fitness and Strength Training	W	7-8pm
French-Intermediate	M	6:30-8:30pm
Guitar-Beginner	M	7-9pm
Guitar-Beginner Level II	W	7-9pm
Hands-on Floral Design	W	7-9pm
Healing Meditation	W	7-9pm
Home Staging...Accelerate Your Sale	M	6-8pm
Investment Planning	M	6:30-8:30pm
Mindfulness for Stress Reduction	W	7-8:30pm
Photography Beginner Digital SLR	W	6-9pm
Photography-Beginner	M	7-9pm
Socasize	W	8-9pm
Spanish-Beginner	W	6-8pm
Spanish-Beginner Level II	M	6-8pm
Tennis-Beginner	W	7-8:30pm
Wellness Workshop-Detoxification	M	6-8pm
Yin Restorative Yoga	M	8:15-9:15pm
Yoga: Kundalini-Beginner/Intermediate	M	8-9:30pm
Yoga: Kundalini-Beginner/Intermediate	W	6:30-8pm
Yoga: Kundalini-Beginner/Intermediate	W	8-9:30pm
Yoga: Kundalini-Beginner/Intermediate	M	6:30-8pm
Zumba	W	7-8pm

**Mimico AC 255 Royal York Road**

Title	Day(s)	Time
4 Step Gut Healing Program	Tu	6-8pm
Abstract Painting	F	10am-1pm
Aches & Pain - Proactive Self Care	Th	10:45-11:45am
Axiational Alignment	M	6-8pm
Ballroom & Latin Dancing-Beg/Int	W	8-9:30pm
Ballroom & Latin Dancing-Beginner	W	6:30-8pm
Bone Fitness	Th	9:30-10:30am
Bridge-Beginner	M	10am-12pm
Calligraphy for Senior	Th	9:30am-12pm
Calligraphy-Beginner	Th	1-4pm
Computer Applications For Everyday Life	Tu	6-8pm
Creative Therapeutic Journaling	M	7-9pm
Creative Writing: Fiction	W	10am-12pm
Creative Writing: Memoirs I for Senior	W	1-3pm
Drawing & Watercolour-All Levels	Tu	9am-12pm
Fitness	M	11am-12pm

French-Beginner	Tu	6-8pm
Furniture Refinishing	W	9am-12pm
Furniture Refinishing	Th	9am-12pm
Furniture Refinishing	Th	1-4pm
Furniture Refinishing for Senior	Tu	9am-12pm
Furniture Refinishing for Senior	Tu	1-4pm
Furniture Refinishing for Senior	W	1-4pm
Guitar-Beginner	M	6:30-8:30pm
Guitar-Intermediate	W	1-3pm
Home Staging...Accelerate Your Sale	W	7-9:30pm
Interior Design: Home Decor	W	6:30-9:30pm
Investor Boot Camp: Intermediate	M	6:45-9:15pm
Investor Boot Camp: Introduction	M	6:45-9:15pm
It's All About the Bees - A Candle Making Workshop	W	7:30-9:30pm
It's All About the Bees - A Candle Making Workshop	M	7:30-9:30pm
Italian-Beginner	F	9:30-11:30am
Let's Paint Mandalas & Meditate	W	6-7:30pm
Line Dancing-Beginner	F	10am-12pm
Line Dancing-Intermediate	F	12-2pm
Meditation for Beginners	Th	9:30-10:30am
Music Theory, Rudiments for Senior	Tu	11am-12:30pm
Nordic Pole Walking	Tu	12-1pm
Oil & Acrylics-All Levels	M	6:30-9:30pm
Oil & Acrylics-Intermediate	M	1-4pm
Pattern Drafting & Design Part I	W	1-4pm
Piano Keyboarding-Beginner Level II	Tu	9:30-11am
Piano Keyboarding-Intermediate for Senior	Tu	12:30-2:30pm
Pilates	M	9-10:30am
Pilates	W	8-9pm
Pottery-All Levels	Tu	6:15-9:15pm
Pottery-Beginner/Intermediate	M	6:15-9:15pm
Pottery-Beginner/Intermediate	W	6:15-9:15pm
Reiki Level II	W	7:30-9:30pm
Resistance Training Workout	Tu	7:30-9pm
Save your Body with YBR	W	6:30-8:30pm
Self Care for Caregivers	M	7-9pm
Self Care for Caregivers	W	7-9pm
Sewing for the Home	M	12:30-3:30pm
Sewing-Advanced	M	9am-12pm
Sewing-Beginner	M	7-9:30pm
Sewing-Beginner for Senior	Tu	9am-12pm
Sewing-Intermediate for Senior	Tu	12:30-3:30pm
Small Engines	M	7-9pm
Spanish-Beginner	Th	9-11am
Spanish-Beginner	Tu	6-8pm
Spanish-Beginner/Intermediate	Th	1:30-3:30pm
Spanish-Intermediate	Th	11am-1pm
Spine Health - Movement for a Healthy Back	Th	12-1pm
Tai Chi-Beginner	M	6-7:30pm
Tai Chi-Beginner	M	9:30-11am
Tai Chi-Intermediate	M	11am-12pm
Tao Calligraphy	W	7-9pm
Upholstery	M	6-9pm
Upholstery	W	6-9pm
Upholstery	M	1-4pm

Upholstery	W	1-4pm
Vocal Jazz Music	Tu	7-9pm
Watercolour-All Levels	W	7-9:30pm
Weaving: Advanced	M	10am-1pm
Weaving: Fabric & Tapestry-All Levels	W	10am-1pm
Weaving: Fabric & Tapestry-All Levels for Senior	W	1:30-4:30pm
Weaving: Introduction	M	1:30-4:30pm
Weaving: Introduction	W	6-9pm
Wood Carving & Sculpture	M	6-9pm
Wood Carving & Sculpture for Senior	M	9am-12pm
Wood Carving & Sculpture for Senior	M	1-4pm
Wood Carving & Sculpture for Senior	Tu	9am-12pm
Wood Carving & Sculpture for Senior	Tu	1-4pm
YBR - Foot Fitness	W	6:30-8:30pm
YBR - Foot Fitness	W	6:30-8:30pm
Yin Restorative Yoga	F	3:30-4:45pm
Yoga: Hatha-All Levels	M	7:05-8:05pm
Yoga: Hatha-All Levels	M	6-7pm
Yoga: Hatha-All Levels	W	6-7pm
Yoga: Hatha-All Levels	W	10:10-11:10am
Yoga: Hatha-All Levels	Tu	9:30-10:30am
Yoga: Hatha-All Levels for Senior	Th	9-10am
Yoga: Vinyasa Flow	W	7:15-8:30pm
Zumba Gold	Th	12-1pm
Zumba Gold Toning	Th	1-2pm

**Montgomery Place 130 Eglinton Avenue East**

Title	Day(s)	Time
Drawing & Painting for Senior	Tu	1-3:30pm

**Moore Place 801 Mt/ Pleasant Road**

Title	Day(s)	Time
Drawing & Painting for Senior	Tu	9:30am-12pm

**Newtonbrook SS 155 Hilda Avenue**

Title	Day(s)	Time
Badminton	Th	8-9:30pm
Ballroom Dancing-Beginner	Th	7:30-9:30pm
Computer Applications For Everyday Life	Th	8-9:30pm
Computer Skills for Workplace Proficiency	Th	6-8pm
Guitar-Beginner Level II	Th	8-9:30pm
Interior Design: Home Decor	Th	6:30-9pm
Italian-Beginner	Th	6-8pm
Italian-Intermediate	Th	8-10pm
Line Dancing-Beginner	Th	6-7:30pm
Mandarin Chinese-Beginner	Th	6:30-8:30pm
Mediterranean Cooking	Th	6:30-9:30pm
Spanish-Beginner	Th	6-8pm
Woodworking-Beginner	Th	6:30-9:30pm
Zumba Gold	Th	7-8pm

**Northern SS 851 Mt. Pleasant Road**

Title	Day(s)	Time
A Tour through the Wine Regions of the World	M	7-9pm
Acrylic Painting-Beginner/Intermediate	M	6:30-9:30pm

Acrylic Painting-Beginner/Intermediate	Tu	6:30-9:30pm
Adobe Creative Suite: All-in-One	Tu	7:30-9:30pm
Argentine Tango-Beginner	M	8-9:30pm
Badminton	Tu	7-9pm
Ballroom & Latin Dancing-Beginner	Tu	7-8:30pm
Bead Crazy-Advanced	Tu	8-9:30pm
Bead Crazy-Beginner	Tu	6-8pm
Bridge-Beginner Plus	M	6-8:30pm
Bridge-Intermediate	Tu	6-8:30pm
Cantonese-Intermediate	M	7-9pm
Condominium Buying & Investing	M	5:30-7:30pm
French-Beginner	M	7-9pm
French-Beginner Level II	M	5:30-7:30pm
French-Beginner Level III	Tu	7-9pm
Hip Hop Dance	M	6:30-8pm
Let's Sing	Tu	6:30-9:30pm
Oil & Acrylics-Beginner/Intermediate	M	6:30-9:30pm
Painting: Botanical Watercolour	Tu	6:30-9:30pm
Pottery - Slab Work	M	6-9pm
Python	Tu	6-8pm
Real Estate: Investment Property	M	7:30-9:30pm
Sign Language Beginner Level II	M	6-8pm
Sign Language-Beginner	Tu	6-8pm
Spanish-Advanced	Tu	7:30-9:30pm
Swing Dance	M	7-8pm
Tai Chi-Beginner	Tu	6-7:30pm
Tai Chi-Intermediate	Tu	7:30-9pm
Volleyball	M	7-9pm
Watercolour-Intermediate	Tu	6:30-9:30pm

### Northview HTS 550 Finch Avenue West

Title	Day(s)	Time
Accounting & Bookkeeping-Beginner	W	6-8pm
Arabic-Beginner	M	7-9pm
Auto Mechanics-Advanced	M	6:30-9:30pm
Badminton	W	7:40-9:10pm
Ballroom & Latin Dancing-Beg/Int	M	6:30-8pm
Cinnamon Buns Workshop	M	6-9:30pm
Egyptian Belly Dancing-Beginner	M	7:30-9:30pm
Entrepreneurship and Innovation	W	8-10pm
Forro Dance Class Beginner	W	6-7:30pm
French-Beginner Level II	W	7-9pm
Korean-Intermediate	M	7-9pm
Line Dancing-Beginner	W	7:40-9:10pm
Pizza Workshop	M	6-9:30pm
Psychology of Behaviour	W	7-9pm
Public Speaking	M	7-9pm
Quick and Easy Lunch Ideas	M	6:30-9:30pm
Signature Salads Workshop	M	6-9:30pm
Spanish-Beginner	W	7-9pm
Spanish-Beginner Level II	M	7-9pm
Tai Chi-Beginner	W	6-7:30pm

### OFF SITE LOCATION

Title	Day(s)	Time
Birdwatching, Flora and Fauna	Th	10am-1pm
Birdwatching, Flora and Fauna	Tu	10am-1pm

Birdwatching, Flora and Fauna	W	10am-1pm
Birdwatching, Flora and Fauna	M	10am-1pm
Birdwatching, Flora and Fauna	Tu	1-4pm
Birdwatching, Flora and Fauna	F	10am-1pm
Birdwatching, Flora and Fauna	Sa	8-11am

### Overland LC 55 Overland Drive

Title	Day(s)	Time
Accounting & Bookkeeping-Beginner	Sa	8:30-10:30am
Accounting & Bookkeeping-Beginner	Tu	5:30-7:30pm
Accounting: Payroll-Beginner	Tu	7:30-9:30pm
Accounting: Small Business & Tax Issues	Sa	10:30am-12:30pm
Aches & Pain - Proactive Self Care	W	5-6pm
Acupressure	M	6:15-9:15pm
Adobe Creative Suite: All-in-One	Sa	10:30am-12:30pm
Ballroom & Latin Dancing-Beg/Int	Sa	10:30am-12:30pm
Ballroom & Latin Dancing-Beginner	Sa	8:30-10:30am
Ballroom & Latin Dancing-Beginner	Th	1-3pm
Basic Chord Piano II	W	3-4:30pm
Bone Fitness	W	4-5pm
Building and Maintaining Solid Relationships	Sa	8:30-10:30am
Buying Your First Home in The GTA	Sa	8am-12pm
C, C++, C# and Visual Basic	Th	6-8pm
Calligraphy-Beginner	Sa	8:30-10:30am
Computer Applications For Everyday Life for Senior	F	1:30-3:30pm
Computer Skills - Intermediate	W	9-11am
Computer Skills for Workplace Proficiency	Sa	10:30am-12:30pm
Computer Skills for Workplace Proficiency - Int/Adv	Sa	1-3pm
Computer Upgrading/Servicing/Repairing	Th	11am-1pm
Conquering Insomnia	M	6:15-9:15pm
Cool Apps for Smartphones and Tablets	Tu	9-11am
Cosmetic Acupressure: Look, feel & be your best	M	6:15-9:15pm
Creative Writing: Memoirs I for Senior	Tu	2:15-4:15pm
Creative Writing: Memoirs II	M	2-5pm
Crochet & Knitting, Design Your Own Style	W	5-7pm
Drawing & Painting-Beginner	M	6-9pm
Effective Communication	Sa	10:30am-12:30pm
Emerging Market Investing	W	1:15-3:15pm
Entrepreneurship and Innovation	Th	6-8pm
Exchange Traded Funds Investing	W	1:15-3:15pm
Financial Planning and Investments	Tu	7-9pm
French-Beginner	Sa	1-3pm
French-Beginner Level II	Sa	10:30am-12:30pm
French-Intermediate	Sa	1-3pm
French-Intermediate	W	10:20am-12:20pm
French-Intermediate Level II for Senior	W	2-4pm
Gentle Fitness for Senior	M	9:15-10:45am
Gentle Fitness for Senior	W	9:15-10:45am
Go Veggie: The Earth & Body	Th	7:30-9:30pm
Google's Free Tools and Applications	M	9-11am
HTML, CSS & HTML 5	Sa	8:30-10:30am
Hairdressing & Styling-Beginner	M	6:15-9:15pm
Healing Runes	Sa	9am-3pm
How Intuition Works	Sa	9am-3pm

How to Feel Better About Yourself	Tu	6-8pm
How to Remove Unwanted Energy	Sa	9am-3pm
Interior Design: Home Decor	Tu	5:30-7:30pm
Investing 101 Millenials Workshop	F	9am-1pm
Investment Planning	Tu	11am-1pm
Investment Planning	Th	7:30-9:30pm
Italian-Beginner for Senior	Th	2:15-4:15pm
JavaScript & jQuery	Tu	5:30-7:30pm
Line Dancing-Beginner	M	1-2:30pm
Line Dancing-Beginner	Sa	1-3pm
Line Dancing-Intermediate	M	2:30-4pm
Mental and Spiritual Health Resilience	Tu	6-8pm
Microsoft Excel-Advanced	Sa	8:30-10:30am
Microsoft Excel-Intermediate	M	6-8pm
Nutrition for Energy and Wellness	M	6-7:30pm
PC Security, Trojans, Virus	Tu	11:30am-1:30pm
PhotoShop-Beginner	Tu	5:30-7:30pm
PhotoShop-Intermediate	Th	11am-1pm
Photography Beginner Digital SLR	M	6-9pm
Photography-Beginner	Tu	7:30-9:30pm
Photography: Advanced Workshop	Sa	9am-1pm
Piano Keyboarding-Advanced	W	1:30-3pm
Piano Keyboarding-Beginner Level I	Th	1:30-3pm
Piano Keyboarding-Beginner Level II	Th	3-4:30pm
Piano Keyboarding-Beginner Level III	Tu	1:30-3pm
Piano Keyboarding-Beginner Level IV	F	1:30-3pm
Piano Keyboarding-Intermediate	Tu	3-4:30pm
Pilates	F	9:15-10:45am
Portuguese-Beginner	Th	5:30-7:30pm
Promote Yourself to Succeed in Life	Sa	1-3pm
Psychology of Behaviour	Sa	1-3pm
Public Speaking	Sa	9-11am
Python	Sa	10:30am-12:30pm
QuickBooks	W	7:30-9:30pm
QuickBooks - Level II	W	5:30-7:30pm
Sage Accounting Software (also known as Simply Accounting)	Sa	1-3pm
Sewing-Beginner	Sa	12:45-2:45pm
Sewing-Intermediate	Sa	10:30am-12:30pm
Social Media Marketing for Small Businesses	Th	7:30-9:30pm
Spanish Conversation I	W	7:30-9:30pm
Spanish Conversation II	Th	7:30-9:30pm
Spanish-Advanced	Sa	10:30am-12:30pm
Spanish-Advanced	Th	2:15-4:15pm
Spanish-Beginner	M	2:15-4:15pm
Spanish-Beginner	Sa	1-3pm
Spanish-Beginner	W	5:30-7:30pm
Spanish-Beginner Level II	Tu	2:15-4:15pm
Spanish-Intermediate	Sa	8:30-10:30am
Spine Health - Movement for a Healthy Back	W	6-7pm
Stock Market	W	5:30-7:30pm
Strong by Zumba	Th	7:30-8:30pm
Tai Chi Advanced Level II for Senior	Tu	9:15-10:45am
Tai Chi-Advanced	Tu	11am-12:30pm
Tai Chi-Beginner	Tu	2:30-4pm
Tai Chi-Intermediate for Senior	Tu	12:45-2:15pm
Understanding Facebook Security	W	11am-1pm

Watercolour-All Levels	Tu	6-9pm
Watercolour-Intermediate for Senior	Tu	2:15-4:45pm
Web Design-Beginner	Sa	10:30am-12:30pm
Web Design-Beginner	F	11am-1pm
Web Design-Intermediate	Tu	7:30-9:30pm
Will and Power of Attorney Workshop	Sa	9am-1pm
Will and Power of Attorney Workshop	Sa	9am-1pm
Will and Power of Attorney Workshop	Sa	9am-1pm
Will and Power of Attorney Workshop	Sa	9am-1pm
Windows 10 for Senior	F	9-11am
Yin Restorative Yoga	M	5:30-6:30pm
Yoga for Arthritis for Senior	W	1:30-2:30pm
Yoga-Deep Relaxation & Meditation All Levels	W	7-8:30pm
Yoga: Chair	W	12:15-1:15pm
Yoga: Hatha-All Levels	Th	4-5pm
Yoga: Therapeutic Movement and Meditation	W	2:45-3:45pm
Zumba	Tu	5:30-6:30pm
Zumba	M	7:30-8:30pm
Zumba Gold	M	6:30-7:30pm
Zumba Toning	Tu	6:30-7:30pm

**Richview CI 1738 Islington Ave**

Title	Day(s)	Time
Absolute Abs: Lower Body Blast	M	7:30-8:30pm
Ballroom & Latin Dancing-Beginner	M	7-8:30pm
Drawing & Painting-Beginner	M	6:30-9:30pm
French-Beginner	M	7-9pm
French-Intermediate/Advanced	M	7-9pm
Full Body Boot Camp	M	6:30-7:30pm
Italian-Beginner	M	7-9pm
Mediterranean Cooking	M	6:30-9:30pm
Night Club Dancing: Salsa and More	M	8:30-10pm
Pilates	M	7:30-8:30pm
Real Estate: Home Buying and Property Investing	M	7-8:30pm
Real Estate: Investment Property	M	8:30-10pm
Spanish-Beginner	M	6-8pm
Tai Chi-Beginner	M	6-7:30pm
Tai Chi-Intermediate	M	7:30-9pm
Yoga: Kundalini-Beginner/Intermediate	M	6:45-8:15pm
Zumba	M	6:30-7:30pm

**Ryerson CS 96 Denison Avenue**

Title	Day(s)	Time
Tennis-Advanced	Th	7:45-9:15pm
Tennis-Intermediate	Th	6-7:30pm

**Scarborough Village CC 3600 Kingston Road**

Title	Day(s)	Time
Creative Writing: Memoirs I for Senior	F	1:15-3:15pm

**Second Mile Club Kensington Gardens 25 Brunswick Avenue**

Title	Day(s)	Time
Chinese Brush Painting for Senior	F	10am-12:30pm
Chinese Brush Painting-Intermediate for Senior	F	1-3:30pm

Chinese Singing for Senior W 1-2:30pm

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**Second Mile Club Orchard View 174 Orchard View Blvd**

Title	Day(s)	Time
International Folk Dancing for Senior	F	10am-12pm
Painting-Intermediate for Senior	W	1-3:30pm
Painting-Intermediate for Senior	W	10am-12:30pm
Watercolour Painting for Senior	Th	1-3:30pm
Watercolour-Intermediate for Senior	Th	10am-12:30pm

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**St. Stephens Community House 340 College Street**

Title	Day(s)	Time
Asian Cuisine for Senior	W	10am-12pm
Chinese Singing for Senior	F	1:30-3:30pm

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**Thistle town CI 20 Fordwich Crescent**

Title	Day(s)	Time
Absolute Abs: Lower Body Blast	Sa	11:30am-12:30pm
Afro-Caribbean Cuisine	Sa	9am-12:30pm
Badminton	Sa	11:45am-1:45pm
Cinnamon Buns Workshop	Sa	9am-12:30pm
English Grammar & Academic Writing	Sa	9-11am
Full Body Boot Camp	Sa	10:30-11:30am
Make-Up Artistry	Sa	9am-12pm
Make-Up Artistry-Advanced	Sa	9am-12pm
Mixed Martial Arts (MMA) Self-Defence	Sa	8:30-10:30am
Tennis-Beginner	Sa	8:30-10am
Tennis-Intermediate	Sa	10:15-11:45am

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**Western Technical CI 125 Evelyn Crescent**

Title	Day(s)	Time
Accounting & Bookkeeping-Beginner	Th	6:30-9:30pm
Bridge-Beginner	Th	6-8pm
Cooking 101 and Beyond	Th	6:30-9:30pm
Home Maintenance & Renovating-Beginner	Th	6:30-9pm
Interior Design: Home Decor	Th	6:30-9pm
Looking Fit and Feeling Strong	Th	6:30-8pm
Mediterranean Cooking	Th	6:30-9:30pm
Photography: Portraits	Th	7-9pm
Sewing Alterations & Repairs	Th	6:30-9:30pm
Tai Chi-Beginner	Th	6:30-8pm
Woodworking-Beginner	Th	6:30-9:30pm
Yoga: Kundalini-All Levels	Th	6:30-8pm
Yoga: Kundalini-All Levels	Th	8-9:30pm

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