

Meadowvale

# **EVENTS CALENDAR FEBRUARY 2025**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Targeted/Optimized Resumes and AI 09:30-12:00 Register	Powerful Cover Letters and AI 09:30-12:00 Register	Customer Service 101 <u>Register</u> PRE-RECORDED	Career Choices Assessment by Career Cruising 09:30-12:00 Register	
Social Networking w/ LinkedIn 09:30-12:00 Register	Personality Assessment with MBTI (intro) 09:30-12:00 Register	Industry Research (LMI) 09:30-12:00 Register	INFO SESSION: Ready to Start Your Tech Career? npower 1:00-2:00 Register ONLINE	Networking & Cold Calling 09:30-12:00 Register
FAMILY DAY Office Closed	Targeted/Optimized Resumes and Al 09:30-12:00 Register	Powerful Cover Letters and Al 09:30-12:00 Register	Test Your Resume with Al 1:1 online Referred by Your Employment Success Coach	How To Ace Interviews? 09:30-12:00 Register
24 Test Your Resume with AI 1:1 online Referred by Your Employment Success Coach	New to Canada? or Refugee*? How to Navigate the Labour Market? Register PRE-RECORDED	26	Personal Management: Reduce Stress Register PRE-RECORDED	Get a Free Diploma (BJO) 09:30-12:00 Referred by Your Employment Success Coach ONLINE

EVENTS ARE FREE. REGISTRATION REQUIRED.

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**REGISTER:** SCAN QR CODE or

VISIT: www.next-steps.ca













## \*\*\* INFO SESSION WITH GUEST SPEAKER \*\*\*: npower (online/MS Teams)

Read to kickstart your tech career? This program is your first step towards a rewarding tech-enabled job. Come to an informative session to learn and to register for the pre-screening or next intake of this great program that helped so many IT talents to get into the industry.

# WORKSHOP: TARGETED RESUMES & AI (in person)

Are you sending resumes but never get a call back? Is your Resume tailored to each job application you send out? Do you know how to analyze each job posting you apply to? Do you factor in the ATS (applicant tracking system) employers use to find and sort the most relevant candidates? Register & learn how to build an OPTIMIZED RESUME, that can be seen by potential employers!

# WORKSHOP: POWERFUL COVER LETTERS & AI (in person)

What is a Cover Letter? Why do we need one? Join our exciting/interactive workshop that will inspire and empower you to write compelling paragraphs that will make it memorable for the reader. Learn also how ai can help you get inspired!

# 1:1 SESSION: TEST YOUR RESUME with ARTIFICIAL INTELLIGENCE (online/MS Teams)

(30 min. laser coaching session by Referral ONLY through your Employment Success Coach or the Front Desk)

Get your Resume TESTED with a powerful AI tool: JOBSCAN and improve your chances to be seen by employers. Send in your Resume in Word (.doc) along with a chosen JOB POSTING <u>BEFORE THE SESSION</u> and get detailed feedback and improved scores to be in front of employers.

# WORKSHOP: INDUSTRY RESEARCH - (LMI) (in person)

Where is the demand for work within your target industry? What are the top 15 jobs Canadian employers have hard time to fill in 2025? What does supply and demand mean on the Canadian job market? What tools can generate success for you? Register to get into the know NOW!

# WORKSHOP: CAREER CHOICES ASSESSMENT with CAREER CRUISING (in person)

Some of us want change... don't want to work in the same old, same old, right? Or confused at what would be a good career fit for you at this point in your life? Worry no more...stay curious and let Career Cruising assess you and provide you with 40 alternative career choices you can consider. Your follow up 1:1 coaching session will help narrow down and further clarify your best, alternative for your next career move.

#### WORKSHOP: NETWORKING AND COLD CALLING (in person)

Traditional networking and cold calling are not a thing of the past! In fact, it should be an item on your 'integrative job search/self marketing' strategy for powerful results. Come and learn the various ways to put yourself in front of employers!

# WORKSHOP: SOCIAL NETWORKING with LINKEDIN (in person)

Yes, we hear you...you have a LinkedIn account, but it does nothing for you!!! Sure...and what are YOU doing with that account? What content do you build, that attracts employers? How do you engage and network with your industry?? Register to find out and be seen on LinkedIN!

## WORKSHOP: CAREER CHOICES with CAREER CRUISING (in person)

Finding a suitable career/job could be a tough exercise. Let us help you simplify the process of choosing among 40 job recommendations once you complete this FREE assessment. It is fun, educational, and very practical to get you move towards a realistic career goal.

## WORKSHOP: HOW TO ACE AN INTERVIEW? (in person)

What are the top 10 'sticky questions' you always feared during an interview? Let's get real and prepare for the hardest questions you will ever face and be ready to win them over! This workshop is both hands on and theory that will get your empowered.

#### WORKSHOP: PERSONALITY ASSESSMENT with MBTI - Myers Briggs Type Indicator - intro (in person)

Come spend a luxurious half day in exploring your personality and check which careers match to it best where you deliver your best performance! In a highly confidential, inclusive and interactive setting, let's have fun while learning about the most precious: YOU!

## WORKSHOP: GET A FREE DIPLOMA - Better Jobs Ontario (formerly Second Career) (online/MS Teams)

In this workshop, you will learn how to fill out the form necessary to apply for a free, government study grant and reengineer your career in Ontario. (REFERRAL ONLY by your Employment Success Coach)

- 1. Office Etiquette: PLEASE BE ON TIME! Show up at our office at least 5 min. earlier to the workshop to not interrupt and not miss important content
- 2. To register for workshops (both live and pre-recorded/video), simply go to our website: www.next-steps.ca, scroll a bit down, select 'Programs, Events & Updates', then select NSEC Meadowvale, hit the 'Register' button under the date you choose to attend, then fill out the Google form and we shall call you to remind you of your reservation the day before the workshop. (Until further notice, NSEC Dundas-Dixie clients can also Register on the Meadowvale link for ALL of o workshops and get served.)
- 3. PRE-RECORDED Webinars, online links will be sent to you as soon as we receive your online registration. Enjoy at your own time and convenience!

Please note: You have the option to BYOC - Bring your own computer, however our Workshop area is well equipped with computers to aid your learning Online workshops usually best accessed via your computer (however if you don't own a computer, you can also use your phone, although not the most ideal!)

Next-Steps Employment Center – Meadowvale is a safe, inclusive place where we welcome and celebrate diversity, equity and inclusion and treat everyone equally, Please observe general courtesy and professional etiquette when attending our workshops. We strive for excellence, however, should you have a complaint and/or a recommendation on how to improve our services, you can leave your comments in the Comment Box on the wall next to our entrance door as well as contact our Front Desk upon need.

Thank you for your understanding and enjoy our Workshops & coaching sessions/services as we are very happy to have you back IN PERSON at our Center again









