

EVENTS CALENDAR: MAY 2022

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>2</p> <p>Which Resume Fits Best? Register PRE-RECORDED</p>	<p>3</p> <p>Get Prepared To Begin Your Job Search Register PRE-RECORDED</p>	<p>4</p> <p>Dealing With Difficult/Different People Register PRE-RECORDED</p>	<p>5</p> <p>Cover Letter Secrets Revealed Register PRE-RECORDED</p>	<p>6</p> <p>Zoom Interview Tips & Techniques Register PRE-RECORDED</p>
<p>9</p>	<p>Part 1: 10</p> <p>Strengthening Mental Health 1:00 pm-2:30 pm Register LIVE WEBINAR SPECIAL EVENT</p>	<p>Part 2: 11</p> <p>Mental Health Resilience Strategies 1:00 pm-2:30 pm Register LIVE WEBINAR</p>	<p>Part 3: Career 12</p> <p>Development Relationship With Mental Health 1 pm-2:30 pm Register LIVE WEBINAR</p>	<p>13</p> <p>Resume/Interviews One on One Coaching & Prep 10:00 pm-3:30 pm LIVE Session 1 Hour Register</p>
<p>16</p> <p>The 7 Habits of Highly Effective People Register PRE-RECORDED</p>	<p>17</p> <p>Network Your Way to Your Next Job Register PRE-RECORDED</p>	<p>18</p> <p>Sharpen Your LinkedIn Profile Register PRE-RECORDED</p>	<p>19</p> <p>Interview Tips & Preparation Register PRE-RECORDED</p>	<p>20</p> <p>Time Management Essentials Register PRE-RECORDED</p>
<p>23</p> <p>Victoria Day Centre Closed</p>	<p>24</p> <p>Resume, Interviews One on One Coaching & Prep 10:00 pm-3:30 pm 1 Hr Register</p>	<p>25</p> <p>Has Your Job Search Stalled? Register PRE-RECORDED</p>	<p>MOVING FORWARD 26</p> <p>CAREER/JOB FAIR Local Employers YOUTH & Adults 1 pm - 4 pm Register LIVE WEBINAR</p>	<p>27</p>
<p>30</p> <p>SHARPEN Your LinkedIn Profile Register PRE-RECORDED</p>	<p>31</p> <p>Second Career Information 1:00 pm-2:30 pm Register LIVE WEBINAR</p>			

EVENTS ARE FREE. REGISTRATION REQUIRED.

Next-Steps Employment Centre—Downsview
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SPECIAL EVENTS: SPECIAL GUEST SPEAKER EVENTS WILL RETURN JUNE, 2022:

Part 1, 2022, May 5th, 2022 1 pm–2:30 pm: Strengthening Mental Health for Ourselves & Our Families: Because ... We ALL Have Mental Health! Everyone has been impacted by the COVID 19 Pandemic. Change your mindset, bust through stigma and join us for a unique discussion to understand Mental Health from a different perspective.

Part 2, May 6th, 2022, 1 pm–2:30 pm: Self-Awareness Mental Health Coping Strategies: We will also provide techniques and tips to bolster your mood, discover coping strategies and tools to help everyone in the family. Please Join Us!

Part 3, May 7th, 2022, 1 pm–2:30 pm: Career Exploration; Making a Change in Career Decisions: What is the connection between Career Development and your Mental Health?

“ MOVING ON ... is just letting things happen. MOVING FORWARD is Making them Happen!”

CAREER/JOB FAIR: Thursday, May 26th from 1 pm – 3 pm (with a Break) Local Fast-Food Chains, Local Retailers, Toronto Police Services, Canadian Armed Forces, RCMP Recruitment, Public Transportation, City of Toronto, and more. Join Us! REGISTER now! There will be limited numbers.

LIVE AND RECORDED SESSIONS:

NEW The 7 Habits of Highly Effective People (Stephen Covey's 7 Principles) LIVE Hit the “reset” button and “wipe the slate clean” by starting with a change from within. The 7 Habits of Highly Effective People is still considered foundational to leading a life with meaning and purpose. Reflection leads to progression!

“Which Resume Fits Best?” RECORDED Understand the CHANGES in Resume expectations from Employers. Don't ignore ATS' or you will never be contacted. You cannot fly by the seat of your pants in today's market. Update and understand why it is so important to use the posting and Keywords throughout your resume.

Cover Letter Secrets Revealed: LIVE Learn about the importance of an excellent Cover Letter and how to target toward each Employer.

Zoom Interviews Tips & Preparation: RECORDED There are great tips and tricks that are relevant to all and will improve remote and in-person Interviews. Lighting, Camera and Action!

Sharpen Your LinkedIn Profile: RECORDED Change your Strategy and make improvements with these Tips and Profile Techniques.

Second Career; Information Session: LIVE Register with Next-Steps and meet with an Employment Advisor to discuss options and choices for your career future.

Has Your Job Search Stalled? RECORDED Mediocre is not good enough in a highly competitive employment market. Make changes and improve the quality of your self-presentation skills and just how to do just that!

Time Management Essentials, The Pomodoro Method: Learn how to increase your productivity and stay on task with 7 Things to follow.

Dealing with Difficult/Different People in the Workplace: Recorded

Why do we just “click” with some people and “clash” with others! Find out Why?

One on One Assistance: Ann Mossop, Employment Specialist: ann.mossop@tdsb.on.ca