

Learn4Life.ca

General Interest Programs
Adults 18+ and Seniors

WINTER 2027

Registration opens
November 11 at 8:30 am

tdsb
Toronto District School Board

communityprograms@tdsb.on.ca | Phone: 416-338-4111

@TDSB_ConED facebook.com/TDSBLearn4Life @learn4lifetdsb

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PROGRAM INFORMATION

General Interest courses are for adults, 18 years of age and older. Seniors' Daytime courses are for registrants 65 years of age and older. Learners aged 64 and under can refer to the FAQs or call 416-338-4111 for information on registering in a Seniors' Daytime course. Please visit www.learn4life.ca to view the Learn4Life – Frequently Asked Questions.

Important Dates

Registration opens: Wednesday November 11, 2026, at 8:30 am.

Classes begin: Saturday January 9, 2027

Registration Information

There are four easy ways to register: Online, Telephone, Mail and In-person. In-person registration is available at John Polanyi CI, 640 Lawrence Avenue West. There is no access to the Learn4life office from inside the school. If you arrive at the main entrance, please proceed to Entrance 11 on the northeast side of the building, accessible via Varna Drive. If you require accommodation when visiting the office, please contact the office in advance by calling 416-338-4111.

Learners who cannot register online must schedule an appointment for in-person registration. To do so, please call 416-338-4111 or email us at: Communityprograms@tdsb.on.ca, with the subject line: In-person accommodation.

To register by mail please visit the website at www.learn4life.ca for a copy of the registration form.

Social Assistance Document and Registration Form Upload

Learners requesting the subsidized rate must submit supporting documentation. Your eligibility must be verified before your course registration can be completed.

To request the subsidized rate:

1. Log in to your Learn4Life account.
   If you do not have a Learn4Life account, you must create one.

2. **Upload your social assistance documentation and completed registration form** directly to your Lear4life account for review. Please refer to the step-by-step guide on the Learn4Life website for instructions on uploading documents.
3. **Do not register online.** After uploading your documents and registration form, email Learn4Life to let us know that your documents and registration request are ready for review.

Email: Communityprograms@tdsb.on.ca

Subject: Proof of Social Assistance Document and Registration Form Upload

Your documents will be reviewed, if eligible for the subsidized rate, Learn4Life will complete your course registration. Materials fees, if applicable, are extra.

Payment Information

Visit www.learn4life.ca and use your VISA or MasterCard to pay.

*Seniors (65 and over) receive a 20% discount on course fees.
* Subsidy Learners (if eligible) receive an 80% discount on course fees.
*Materials fees are collected centrally at the time of registration. No discounts apply.
*All fees include HST

Although the system will accept a pre-paid credit card, it is not recommended that learners use a pre-paid VISA or MasterCard when registering for a course, as refunds, if requested, may not be successfully returned to the card.

Cancelled Courses

A minimum number of registrants is required for a class to run. The Toronto District School Board (TDSB) has the right to make the final decision to open or close a class, or to revise the fee structure. If a course does not meet the enrolment minimum, and is therefore cancelled, every effort will be made to accommodate you in another course. If there is no other course which is satisfactory to you, you will receive a full refund.

Program Accommodation

The Toronto District School Board (TDSB) strives to meet the accommodation needs of persons with disabilities. Registrants are encouraged to make their needs for accommodation known in advance of commencing a Learn4Life class. If you require accommodation, including arrangements related to a fire safety plan, please contact the TDSB Continuing Education Office at 416-338-4111.

REFUND AND TRANSFER POLICY

Toronto District School Board

Community Programs – Learn4Life
Refund and Transfer Policy

The Toronto District School Board (TDSB) will process a full refund if a written refund request is received at least 48 hours before the course start date.

Requests received less than 48 hours before the course start date will incur a $50.00 administrative fee.

Refunds are processed to the original credit card used for payment. Fees paid by cheque or cash will be refunded by cheque after Continuing Education staff acknowledges clearance of the cheque. Please allow 4-6 weeks for refund processing.

The option to keep funds on the TDSB Learn4Life account is no longer available.

Courses less than five weeks in duration:

- A $50.00 administrative fee will apply to withdrawal requests received less than 48 hours before the course start date.
- No refund or transfer requests will be considered after the class begins.

Courses five weeks or longer:

- A $50.00 administrative fee will apply to withdrawal requests received less than 48 hours before the course start date.
- If you withdraw after the first class, a pro-rated refund will be processed, less a $15.00 administrative fee per course and a portion of the materials fee, if applicable, provided the TDSB receives the request in writing.
- No refunds or transfers will be considered once the second class has started.

Subsidized Courses: A $50.00 administrative fee will apply to withdrawal requests received less than 48 hours before the course start date. No refund or transfer requests will be considered after the class begins.

Summer Refund Policy: A $50.00 administrative fee will apply to withdrawal requests received less than 48 hours before the course start date. No refund or transfer requests will be considered after the class begins.

All refund or transfer requests must be submitted in writing. The effective date of withdrawal is the date the withdrawal notice is received by the TDSB.

There are two ways to submit requests:

- Email: communityprograms@tdsb.on.ca
- On-Line: www.learn4life.ca

ART

Acrylic Painting Beginner

Explore your creative individual expression through an understanding of basic techniques used in acrylic painting. In this course, step by step demonstrations will outline the painting process from start to finish; including preparation of canvas, colour composition and mixing, choosing painting tools, mixing materials into the paint to achieve various effects and sealing your artwork. Learners are required to provide their own materials. A list will be provided during the first class.

Mimico Adult Centre, 255 Royal York Road, Etobicoke
Mon 1:30pm-4:30pm Jan 11, 2027 9wks $405 ($324sr) PR-7905

Acrylic Painting Beginner/Intermediate

An excellent paint to learn with, acrylics are water-based and easy to use. At the first class we'll tell you what supplies you'll need, where to get them and all about the course. Learn to paint with an experienced artist and teacher. No oil paints. Learners are required to provide own materials.

Central Technical School, 725 Bathurst Street, Toronto
Wed 6:30pm-9:30pm Jan 13, 2027 9wks $405 ($324sr) PR-7951

Calligraphy Beginner

Embark on a journey of elegance and precision. This course is designed for beginners who would like to learn the foundational principles of calligraphy. Learn classic scripts and create stunning hand-lettered artwork. You will develop the skill to the art of beautiful writing. You are required to provide your own supplies, for a list of items required, please visit the website.

Overland PS, 55 Overland Drive, North York
Thu 1:30pm-3:30pm Jan 14, 2027 9wks $270 ($216sr) PR-7927

Ceramic Art: Ideas and Techniques

Learn advanced techniques in both decorative and conceptual ceramic art making. You will be encouraged to create unique and original work. We will focus on concepts, creativity and craft. Learners should have intermediate level skills. Final price includes a material fee of $60.00.

Central Technical School, 725 Bathurst Street, Toronto
Thu 6:30pm-9:30pm Jan 14, 2027 9wks $465 ($384sr) PR-7955

Drawing Beginner

Learn the fundamental techniques of basic perspective, depth, tone, line, and shape. Learners must provide own materials.

Central Technical School, 725 Bathurst Street, Toronto
Tue 6:30pm-9:30pm Jan 12, 2027 9wks $405 ($324sr) PR-7949

Drawing and Painting in Mixed Media

Explore the creative possibilities of mixed media through drawing, painting, and experimentation with a variety of artistic materials. Working with watercolour, markers, pens, chalk, ink, acrylic, and collage, you'll learn to use different mediums independently and in combination to create richly textured and layered artworks. Through guided exercises, demonstrations, and individual projects, you'll discover new techniques, explore unexpected combinations, and develop your own unique artistic approach. Open to beginners and experienced artists alike, this course offers an opportunity to build confidence, strengthen existing skills, and experiment with new ways of making art. Participants are also encouraged to bring their own ideas and projects to develop throughout the course. Participants are required to provide their own art materials.

Central Technical School, 725 Bathurst Street, Toronto
Tue 6:30pm-9:30pm Jan 12, 2027 9wks $405 ($324sr) PR-7944

Drawing and Watercolour-All Levels

Learn about the methods and media used to create watercolour. Explore form, colour, and composition. Taught with demonstrations, group and individual instruction.

Mimico Adult Centre, 255 Royal York Road, Etobicoke
Tue 9am-12pm Jan 12, 2027 9wks $405 ($324sr) PR-7909

Expressive Abstract Landscape Painting

This course is designed for all levels and focuses on creating an Abstract Landscape painting. We will explore colour mixing, the use of different techniques and materials, how to find solutions to balance the Abstract composition, and to observe nature in different ways. Learners will share their stories as a group, participate in group feedback, and self-reflection of their pieces. Learners must provide own materials.

Mimico Adult Centre, 255 Royal York Road, Etobicoke
Mon 10am-1pm Jan 11, 2027 9wks $405 ($324sr) PR-7904

Figure Drawing Beginner

Explore traditional and new techniques through a broad choice of media while drawing from live models. Students supply their own materials. Final price includes a model fee of $60.00.

Central Technical School, 725 Bathurst Street, Toronto
Tue 6:30pm-9:30pm Jan 12, 2027 9wks $465 ($384sr) PR-7945

Landscape Painting

Discover the beauty of landscape painting through guided projects designed to inspire creativity and encourage personal expression. Working primarily in watercolour, participants will explore a variety of painting techniques through step-by-step demonstrations, hands-on exercises, and individual projects. Drawing inspiration from the works of established artists, you'll learn to observe and interpret the landscape while developing your own unique artistic approach. Throughout the course, participants will have the opportunity to create several

finished works while building confidence in their painting practice. Open to beginners and experienced painters alike, this class offers a welcoming environment to experiment, learn, and create. Participants are also encouraged to bring their own landscape projects to explore and develop during class. Learners must provide own materials.

Central Technical School, 725 Bathurst Street, Toronto
Wed 6:30pm-9:30pm Jan 13, 2027 9wks $405 ($324sr) PR-7952

Linoleum Block Printing

Discover the bold, graphic art of lino printmaking in this hands-on course designed for beginners and enthusiasts alike. Learn how to design, carve, and print your own unique linoleum block prints using traditional tools and techniques. Explore image transfer, carving methods, ink application, and printing by hand to create beautiful prints on paper. Whether you're interested in fine art, handmade cards, or textile design, this course offers a creative and rewarding experience. Final price includes a material fee of $40.00.

Danforth CTI/Greenwood SS, 800 Greenwood Avenue, Toronto
Thu 6pm-9pm Jan 14, 2027 9wks $445 ($364sr) PR-7992

Oil and Acrylics All Levels

Explore the fundamental techniques of oil and acrylic painting, while refining your own style of expression. Learn to choose your subject, materials, composition, construction and colours to produce stunning results. Learners must provide own materials.

Burnhamthorpe CI, 500 The East Mall, Etobicoke
Thu 6:30pm-9:30pm Jan 14, 2027 9wks $405 ($324sr) PR-8030

Mimico Adult Centre, 255 Royal York Road, Etobicoke
Mon 6:30pm-9:30pm Jan 11, 2027 9wks $405 ($324sr) PR-8000

Oil and Acrylics Beginner

Discover the techniques of painting. Learn about perspective, proportion, line, tone and colour theory. Step-by-step demonstrations will trace the painting process from sketch to under painting in washes through to building up layers of impasto.

Central Technical School, 725 Bathurst Street, Toronto
Tue 6:30pm-9:30pm Jan 12, 2027 9wks $405 ($324sr) PR-7943

Pen and Ink Sketching

Join this course where the simplicity of a pen and the boldness of ink meet to make captivating works of art. Learn the fundamentals of line, shading, and composition as you master the art of creating sketches. This course offers a dynamic exploration of the versatility of the medium of pen and ink.

Central Technical School, 725 Bathurst Street, Toronto
Thu 6:30pm-9:30pm Jan 14, 2027 9wks $405 ($324sr) PR-7956

Pottery All Levels

Learn a timeless art form, build on what you already know or refine your skills. This class is designed for all students interested in pottery. Make, decorate and glaze your own pottery through inspiring handbuilding projects and skill progressing wheel work. Final price includes a material fee of $60.00.

Central Technical School, 725 Bathurst Street, Toronto
Wed 6:30pm-9:30pm Jan 13, 2027 9wks $465 ($384sr) PR-7953

Pottery Beginner: Intro to Handbuilding

Learn to make and glaze your own pottery in this hand building course. Create unique pieces out of clay. Learners will explore the use of clay with various tools and treatments. Final price includes a material fee of $50.00.

Central Technical School, 725 Bathurst Street, Toronto
Tue 6:30pm-9:30pm Jan 12, 2027 9wks $455 ($374sr) PR-7946
Thu 6:30pm-9:30pm Jan 14, 2027 9wks $455 ($374sr) PR-7958

Pottery-Beginner/Intermediate

This class is designed for both the beginner as well as those with some previous experience. Learn or improve your potter's wheel skills and handbuilding techniques. Those new to this art form will learn to make, decorate and glaze their own pottery. Experienced potters will refine their skills. Final price includes material fee of $50.00.

Mimico Adult Centre, 255 Royal York Road, Etobicoke
Mon 6:15pm-9:15pm Jan 11, 2027 9wks $455 ($374sr) PR-8001
Wed 6:15pm-9:15pm Jan 13, 2027 9wks $455 ($374sr) PR-8007

Pottery: Beginner Throwing

Join us and learn how to throw a cylinder, mug, bowl, decorate and glaze your thrown creations. This course is designed for the beginner thrower with no experience. Please note that due to limited number of wheels, learners will need to take turns using them throughout the term. Final price includes a material fee of $60.00.

Central Technical School, 725 Bathurst Street, Toronto
Tue 6:30pm-9:30pm Jan 12, 2027 9wks $465 ($384sr) PR-7947

Printmaking Intermediate: Lino Print and Etching

Elevate your printmaking skills to new heights. Dive deeper into the intricate art of lino printing and etching, exploring intermediate techniques to add depth, texture, and complexity to your prints. This course offers a dynamic and enriching exploration of two timeless printmaking methods. Final price includes a material fee of $60.00.

Central Technical School, 725 Bathurst Street, Toronto
Thu 6:30pm-9:30pm Jan 14, 2027 9wks $465 ($384sr) PR-7957

Printmaking: Silkscreen

Get creative in printmaking. Dive into the process of transforming your designs into prints on various surfaces using silk screens. This course provides an experience to delve into the realm of silk screen printing. Final price includes a material fee of $60.00.

Central Technical School, 725 Bathurst Street, Toronto
Tue 6:30pm-9:30pm Jan 12, 2027 9wks $465 ($384sr) PR-7948

Sculpture: Clay

Learn to manipulate clay through the observation and interpretation of live nude models. Subsequent mold-making and casting are also covered. Final price includes a model fee of $70.00.

Central Technical School, 725 Bathurst Street, Toronto
Wed 6:30pm-9:30pm Jan 13, 2027 9wks $475 ($394sr) PR-7954

Yes, You Can Draw!

Have you ever looked at a scene, flowers, or an interesting building and thought, I wish I could draw that? It may be easier than you think once you understand the basics of shapes, how light falls and how to use simple tools. This course starts at the beginner level and guides students through seeing the forms and shapes of objects, how to render them in 2D and 3D, using various mediums including graphite pencil, charcoal, and watercolour pencils. Learner must provide own materials.

Danforth CTI/Greenwood SS, 800 Greenwood Avenue, Toronto
Thu 6pm-8:30pm Jan 14, 2027 9wks $338 ($270sr) PR-7991

BUSINESS AND FINANCE

Estate Planning

The course helps you consider the unique challenges that adults 50+ face as they consider estate planning. This Estate Planning course is designed specifically to allow you to effectively plan your estate. Learn all about probate, creating a will, and estate taxes. Control your estate for your maximum benefit. Plan for your retirement, plan for your future, and improve your personal lifestyle today.

*Remote Course Offering
Sat 9am-11am Jan 9, 2027 9wks $270 ($216sr) PR-8050

Estate Planning Workshop

In this remote workshop we will provide an overview and structuring of Will and Power of Attorney. Estate Planning is required to ensure that your assets and properties are distributed according to your wishes in a tax efficient manner and not dictated by the law.

*Remote Course Offering
Thu 6pm-8pm Jan 21, 2027 3wks $90 ($72sr) PR-8057

Financial Planning and Investments

This course is for anyone wanting to understand and take control of their finances. You will get an overall financial picture of your assets vs. debt. Everyone can benefit from this course which will cover budgeting, debt management, taxation, investment income, insurance needs, RRSP, RRIF, and retirement planning. This course is a must for anyone wanting to make informed decisions about their personal, secure financial future.

Central Technical School, 725 Bathurst Street, Toronto
Tue 6:30pm-8:30pm Jan 12, 2027 9wks $270 ($216sr) PR-7959

Personal Finance and Investment Basics for Women

In this remote course you will learn all the basics of your personal finances to help you feel more confident with your money. Set goals and create a budget. Discover all the different types of regular and registered bank accounts and how to use them all effectively. Learn about how investments like mutual funds, stocks, and ETFs work. Lastly, you will learn about credit; how to read and understand your credit report, how credit approval decisions are made by institutions, how loans and interest work, and how to calculate if you can afford to take out credit for a large purchase. Men are welcome to join the class.

*Remote Course Offering
Wed 6pm-8pm Jan 13, 2027 9wks $270 ($216sr) PR-8056

Real Estate Development

Have you ever dreamed of investing in Toronto real estate but felt discouraged by the hefty down payment and financing hurdles? You're not alone—and there's exciting news! Toronto is experiencing a major housing transformation. While big developers have traditionally built high-rise condos, recent government initiatives are opening the door for everyday investors like you. The focus is now on creating the "Missing Middle"— multi-unit homes that bridge the gap between single-family houses and towering condos. Join us to learn every step of the development process from a seasoned Toronto expert. Whether you're new to real estate development or have some experience under your belt, you'll gain practical insights that can help you make the most of this unique opportunity.

*Remote Course Offering
Sat 9am-12pm Jan 16, 2027 6wks $270 ($216sr) PR-8053

Will and Power of Attorney Workshop

Whatever your age or financial position, it is a sound idea to plan ahead for eventual situations when you may need to authorize another person to make decisions about your health or to distribute your property according to your wishes. This two day workshop will teach you the step-by-step process for preparation of a valid will and power of attorney in Ontario.

Central Technical School, 725 Bathurst Street, Toronto
Wed 6:30pm-8:30pm Jan 20, 2027 2wks $60 ($48sr) PR-7972

COMPUTERS

AI Tools for Everyday Life

Learners will be able to confidently use free AI tools (such as ChatGPT, Google Translate, Gemini and others) to support everyday tasks like communication, organization, and creativity. Learn how to apply AI tools in your daily life to write emails, set reminders, explore hobbies, manage health routines, and preserve memories through photos. Learn how to use AI safely and responsibly by recognizing trustworthy information, protect your personal details, and avoid common online risks.

*Remote Course Offering
Sat 9am-11am Jan 16, 2027 4wks $120 ($96sr) PR-8052

Computer Upgrading/Servicing/Repairing

Tired of slow computers? Want to be more independent of kids, friends, or strangers for computer help? Build a computer, boot it, and install Windows 11 on it. While learning what each component does, how each affects performance, and how to improve any computer's speed and keep it running efficiently. This course is enjoyable for both beginners and experienced computer users.

Central Technical School, 725 Bathurst Street, Toronto
Mon 7pm-9pm Jan 11, 2027 9wks $270 ($216sr) PR-8041

Getting Started with AI: Simple Tools That Make Life Easier

Curious about Artificial Intelligence, but not sure where to start? This friendly, hands-on beginner class will introduce you to AI in a simple and practical way. You'll explore how to use tools like ChatGPT and more to make everyday life easier; from writing and organizing to travel planning and exploring new ideas. Each session includes easy, guided activities and real-life examples to help you gain confidence using today's smartest tools. Learners need to bring a laptop with them to join the course: Windows laptop or PC, MacBook, or Chromebook.

*Remote Course Offering
Mon 9:30am-11:30am Jan 11, 2027 4wks $120 ($96sr) PR-7928

CRAFTS

Creative Crochet Workshop

Discover the joy of crochet in this fun and relaxing 4-week workshop designed for beginners and creative minds alike. In this hands-on class, you'll learn essential crochet stitches that will set the foundation for your crafting journey. Each week, you'll apply your new skills to create a variety of small, charming projects such as cute animals, playful fruits, simple shapes, and seasonal decorations. Whether you're looking to unwind, explore a new hobby, or make handmade gifts, this class offers a welcoming and supportive environment to get started. No prior experience is needed—just bring your creativity and enthusiasm.

Mimico Adult Centre, 255 Royal York Road, Etobicoke
Mon 7pm-9pm Feb 1, 2027 4wks $120 ($96sr) PR-8004

Floral Design for Beginners

Unlock your creativity and explore the art of floral arrangement in this hands-on introductory course designed for beginners. Whether you're looking to brighten your home, plan your own events, or start a new hobby, Floral Design for Beginners will teach you the fundamental techniques and principles of floral design. Final price includes a material fee of $90.00.

Central Technical School, 725 Bathurst Street, Toronto
Wed 6:30pm-8:30pm Jan 27, 2027 6wks $270 ($234sr) PR-7973

Mimico Adult Centre, 255 Royal York Road, Etobicoke
Wed 10am-12pm Jan 20, 2027 4wks $210 ($186sr) PR-7939

Introduction to Knitting, Knitting with Scraps

Discover the basics of knitting in this beginner-friendly course! Learn the knit and purl stitches, how to read your knitting, and the fundamentals of working with both straight and circular needles. Explore colour theory and creative ways to turn leftover yarn scraps into colourful yarn balls. Put your new skills into practice by creating your own knitted beanie with a gathered top and pompom and a scarf to take home. No prior knitting experience required! Learners must provide their own materials.

Mimico Adult Centre, 255 Royal York Road, Etobicoke
Thu 9am-12pm Jan 21, 2027 5wks $225 ($180sr) PR-7768

It's All About the Bees - A Candle Making Workshop

This 2-night workshop involves the creation of 3 different types of beeswax candles: rolled, dipped and poured mould. As well, learn about the kiss of the bees when we make a beeswax based lip balm. Learn about the life of the honeybee how she makes beeswax and the importance of the amazing healing and therapeutic qualities of beeswax and the symbolic importance of beeswax candles and light. You get to make and keep 4 beeswax candles and 1 beeswax lip balm. Final price includes material fee of $38.00.

Mimico Adult Centre, 255 Royal York Road, Etobicoke
Mon 7pm-9:30pm Feb 1, 2027 2wks $113 ($98sr) PR-8055

Jewellery A - Cast Jewellery Making

Have fun learning how to sculpt wax for lost-wax casting of jewellery items, uniquely designed by you. Waxes may be cast commercially off site. Also learn polishing steps to give your cast jewellery pieces a high shine. Beginners welcome. Final price includes a material fee of $25.00, which covers modelling wax, polishing compounds, and other supplies.

Central Technical School, 725 Bathurst Street, Toronto
Wed 6:30pm-9:30pm Jan 13, 2027 9wks $430 ($349sr) PR-8047

Jewellery C - Colourful Gemstone Bezelsetting

Include colourful gemstones in your jewellery. For learners with some previous basic skills in jewellers' saw cutting, silver soldering, and machine polishing, learn how to make bezel gem settings, design your own gemstone jewellery, texture metal, silver-solder small parts together, polish a setting to a high shine, and set a cabochon stone in it. Final price includes a material fee of $28.00, which covers non-precious metals, polishing compounds and other supplies.

Central Technical School, 725 Bathurst Street, Toronto
Tue 6:30pm-9:30pm Jan 12, 2027 9wks $433 ($352sr) PR-8046

Jewellery D - Creative Metalforming

Watch metal change its shape under your hammer as you explore the fascinating variety of jewellery hammerforming techniques: forging, doming, anticlastic raising, and foldforming. Make samples and pieces of jewellery with each technique. Must be physically able to hammer. Beginners welcome. Final price includes a material fee of $25.00, which covers non-precious metal, polishing compounds, and other supplies.

Central Technical School, 725 Bathurst Street, Toronto
Thu 6:30pm-9:30pm Jan 14, 2027 9wks $430 ($349sr) PR-8048

Jewellery Workshop: Saw-pierced Metal Pendant / Earrings

Create a saw-pierced metal pendant or pair of dangling earrings, based on your own unique design. Essential metal jewellery making skills you will learn include drilling, cutting shapes out of metal sheet with a jeweller's saw, filing, sanding, and polishing your creation to a high professional shine. Enhance your pendant or earrings with details by texturing and flat chasing. Brass and nickelsilver will be included. If learners wish to work in sterling silver, information on where to buy it will be provided in the first class. Beginners welcome! Final price includes materials fee of $15.00 which covers non-precious metal and supplies.

Mimico Adult Centre, 255 Royal York Road, Etobicoke
Thu 10am-1pm Jan 21, 2027 5wks $240 ($195sr) PR-8054

Learn to Make Soap from Scratch!

Two sessions of bubbly fun! Learn to make soap from scratch. From the safe handling of lye to final packaging, you will be the queen (or king) of clean. You will learn how to: safely handle lye and calculate the correct quantity, create a recipe, mix, colour, fragrance, mold, and unmold soap, source ingredients and package your finished products. You will take home a share of the loot at the end of week 2. Please bring rubber gloves. Safety goggles desired but not required. Glasses are good. Final price includes a material fee of $15.00.

Richview Collegiate Institute, 1738 Islington Avenue, Etobicoke
Mon 6:30pm-9:30pm Feb 1, 2027 2wks $105 ($87sr) PR-8059

Weaving: All Levels

Join us for an engaging weaving course designed for students with some prior experience. Weavers will explore new patterns, experiment with techniques, and undertake various projects at their own pace, while completing their project by the end of the term. The instructor will provide personalized guidance for each participant, fostering a collaborative environment where students can share insights and receive constructive feedback from others on their work. All necessary equipment will be available in class, and participants are responsible for purchasing their own materials.

Mimico Adult Centre, 255 Royal York Road, Etobicoke
Mon 10am-1pm Jan 11, 2027 9wks $405 ($324sr) PR-7908

Wed 10am-1pm Jan 13, 2027 9wks $405 ($324sr) PR-7912

Weaving: Introduction

This course will explore weaving as an expressive art. Beginners can explore alternative materials (such as foraged botanicals) and techniques. Beginners can expect to make a table runner, wall hanging or a set of placemats. Interested participants can also learn to make simple small looms and tools. More experienced learners will set their own goals, with input and sharing from other students. A list of suppliers in Ontario will be provided to students. All necessary equipment will be provided in class, and participants are responsible for purchasing their own materials.

Mimico Adult Centre, 255 Royal York Road, Etobicoke
Wed 1:30pm-4:30pm Jan 13, 2027 9wks $405 ($324sr) PR-7913

DANCE

American Tango

Learn the steps of American Tango for the next social setting or big gathering. In this course we will focus on all the patterns of American Tango. Whether you are a beginner or familiar with the dance or love the sound of Tango. Great way to get your feet moving back on the dance floor.

Northern Secondary School, 851 Mount Pleasant Road, Toronto
Mon 7:30pm-9pm Jan 11, 2027 9wks $203 ($162sr) PR-8010

Ballroom and Latin Dancing Beg/Int

Take your Ballroom and Latin dancing to the next level! Build on the skills learned in the beginner and beginner level II class with new steps, patterns, and body movements that will expand your repertoire and enhance your confidence on the dance floor. Please wear comfortable shoes suitable for movement.

Mimico Adult Centre, 255 Royal York Road, Etobicoke
Wed 8pm-9:30pm Jan 13, 2027 9wks $203 ($162sr) PR-8005

Ballroom and Latin Dancing Beginner

Learn the basics of ballroom dancing, including many of the Latin dances. A variety of dances are covered including: Waltz, Foxtrot, Tango, Swing, Cha-Cha, Rumba and more. Build on a good foundation of movement, poise and balance. Wear comfortable shoes.

Overland PS, 55 Overland Drive, North York
Thu 11am-1pm Jan 14, 2027 9wks $270 ($216sr) PR-7919

Richview Collegiate Institute, 1738 Islington Avenue, Etobicoke
Mon 7pm-8:30pm Jan 11, 2027 9wks $203 ($162sr) PR-8021

Line Dancing Beginner

This course will introduce you to basic line dance steps and commonly used cues, as well as to popular line dances that are done in social dance settings.

Overland PS, 55 Overland Drive, North York
Mon 1pm-2:30pm Jan 11, 2027 9wks $203 ($162sr) PR-7920

Line Dancing Intermediate

In this course, learn new steps and more complex patterns to those learned in Line Dance Beginner. Participants must be able to follow cues from the beginner (Level 1) steps. Dances will vary in difficulty from Level 1+ to Level 2+.

Mimico Adult Centre, 255 Royal York Road, Etobicoke
Fri 10am-12pm Jan 15, 2027 9wks $270 ($216sr) PR-7915

Overland PS, 55 Overland Drive, North York
Mon 2:30pm-4pm Jan 11, 2027 9wks $203 ($162sr) PR-7922

Night Club Dancing-Salsa and More

Learn hot Latin dances, 'nightclub style' (non-ballroom) such as Salsa, Merengue, Bachata (or Cha-Cha.) Dancing is an activity that will help you stay in shape and make you feel and look great! Wear comfortable shoes.

Richview Collegiate Institute, 1738 Islington Avenue, Etobicoke
Mon 8:30pm-10pm Jan 11, 2027 9wks $203 ($162sr) PR-8019

FITNESS

Aging Backwards with Yoga

This remote course is designed for all levels, and for people who want a stretching and strengthening workout. If you want to stretch and reboot your muscles and ligaments, and slow down the aging process, this is the class for you. It is a slower paced yoga, based on Hatha and Yin yoga. A yoga mat and a yoga block is encouraged to have.

*Remote Course Offering
Wed 6pm-7:15pm Jan 13, 2027 9wks $169 ($135sr) PR-7942

Mimico Adult Centre, 255 Royal York Road, Etobicoke
Mon 6pm-7:15pm Jan 11, 2027 9wks $169 ($135sr) PR-7999

Bone Fitness

Based on the Osteoporosis Canada BoneFit training program, this class combines posture, balance, walking patterns, cardio, strength training, and specialized spine exercises, to promote and support spinal health. Note that many of the exercises will be performed laying down on an exercise mat. Appropriate for students with diagnosed low bone mass, and for those who just want to learn new techniques. Students should bring an exercise mat, 1-5 pound hand weights, and several small towels to use as padding.

Danforth CTI/Greenwood SS, 800 Greenwood Avenue, Toronto
Thu 6pm-7pm Jan 14, 2027 9wks $135 ($108sr) PR-7996

Mimico Adult Centre, 255 Royal York Road, Etobicoke
Thu 12pm-1pm Jan 14, 2027 9wks $135 ($108sr) PR-7916

Overland PS, 55 Overland Drive, North York
Mon 11:45am-12:45pm Jan 11, 2027 9wks $135 ($108sr) PR-7924

Core Conditioning

This class is dedicated to building core muscle groups while improving posture through performing a variety of exercises that strengthen the abdomen and back muscles, including lower back, glutes and shoulders. Strong core muscles equate with a trimmer appearance, less back injuries and they will keep us in shape. Learners are encouraged to bring a yoga mat, two dumb-bells (1LB to 3LB depending on the preference) and one kettlebell (5LBs) if possible.

Richview Collegiate Institute, 1738 Islington Avenue, Etobicoke
Mon 6:30pm-7:30pm Jan 11, 2027 9wks $135 ($108sr) PR-8022

Core Without the Floor

Want to improve balance and posture and work on your mid-section and pelvic floor, but don't like lying on the floor? No problem! In this class, the floor is brought to you. Participants will do all of this and more, with seated exercises (80%) and standing exercises (20%). With a strong emphasis on the muscles responsible for balance and proper alignment, participants will also restore their range of motion so they can move about with ease, pain-free. It is strongly recommended participants wear anti-slip grip socks, as part of this class is done without shoes. Light hand weights and a band is also recommended.

Thistletown CI, 20 Fordwich Crescent, Etobicoke, Entrance 1
Sat 10:15am-11:15am Jan 9, 2027 9wks $135 ($108sr) PR-8044

Island Sweat Fusion

Island Sweat Fusion is a Caribbean-inspired dance fitness class that blends high-energy soca, dancehall, and reggae rhythms with light strength training. The result is a total-body cardio workout that's low-impact, joyful, and effective — perfect for participants of all levels. This class is more than a workout; it's a celebration of movement, music, and culture.

Central Technical School, 725 Bathurst Street, Toronto
Thu 7:30pm-8:30pm Jan 14, 2027 9wks $135 ($108sr) PR-7983

Low Impact Aerobics (SD)

Slim your body and tone your muscles with safe stretch and strength exercises. These easy aerobic movements will improve your flexibility and cardiovascular endurance. Please note, learners to bring a set of light weights and the pace of the class is at an intermediate level.

Edithvale Community Centre, 131 Finch Avenue West, Toronto
Wed 9am-10am Jan 13, 2027 9wks $135 ($108sr) PR-7933
Fri 9am-10am Jan 15, 2027 9wks $135 ($108sr) PR-7932

Mixed Martial Arts (MMA) Self Defense

Participants in this program will learn defensive striking, kicking and grappling techniques needed to defend themselves from combative situations. Topics to be covered in this course include close quarters combat, striking critical areas of your attacker and defensive take down techniques. Learners will also partake in special 'combat fitness' sessions in which martial art drills and games will be used to help develop personal fitness of participants.

Central Technical School, 725 Bathurst Street, Toronto
Mon 6pm-8pm Jan 11, 2027 9wks $270 ($216sr) PR-7984

Pilates

Strengthen and tone your body with Pilates. Developed by Joseph Pilates in the early 1920's and utilized by fitness and dance instructors worldwide, Pilates focuses on strengthening your core, improving your posture, and enhancing your flexibility. This course offers gentle, low impact, yet challenging exercises that incorporate proper breathing techniques and joint alignment and can help sculpt the body. Recommended equipment: Exercise mat.

*Remote Course Offering
Sat 11am-12pm Jan 9, 2027 9wks $135 ($108sr) PR-8051
Wed 8pm-9pm Jan 13, 2027 9wks $135 ($108sr) PR-8006

Danforth CTI/Greenwood SS, 800 Greenwood Avenue, Toronto
Thu 7:15pm-8:15pm Jan 14, 2027 9wks $135 ($108sr) PR-7994

Strength and Weight Training

There are so many benefits to strength and weight training. Improve the metabolism, achieve a sculpted physique, and reduce stress. Get ready to hit the gym, sculpt your body, and stay fit while building strength, muscle mass, and endurance.

Central Technical School, 725 Bathurst Street, Toronto
Thu 6pm-7:15pm Jan 14, 2027 9wks $169 ($135sr) PR-7982

Richview Collegiate Institute, 1738 Islington Avenue, Etobicoke
Mon 6pm-7:15pm Jan 11, 2027 9wks $169 ($135sr) PR-8024

Tai Chi Beginner

Tai Chi is a gentle, non-aerobic exercise designed to improve health and promote relaxation of body and mind while improving overall strength and flexibility. In this course, you will learn warm-up techniques and practice various forms within a routine. (Yang style).

Burnhamthorpe CI, 500 The East Mall, Etobicoke
Thu 6pm-7:30pm Jan 14, 2027 9wks $203 ($162sr) PR-8034

Mimico Adult Centre, 255 Royal York Road, Etobicoke
Mon 9:30am-11am Jan 11, 2027 9wks $203 ($162sr) PR-7906

Northern Secondary School, 851 Mount Pleasant Road, Toronto
Mon 6pm-7:30pm Jan 11, 2027 9wks $203 ($162sr) PR-8018

Overland PS, 55 Overland Drive, North York
Tue 2:30pm-4pm Jan 12, 2027 9wks $203 ($162sr) PR-7925

Richview Collegiate Institute, 1738 Islington Avenue, Etobicoke
Mon 6pm-7:30pm Jan 11, 2027 9wks $203 ($162sr) PR-8025

Western Tech. & Comm. School, 125 Evelyn Crescent, Toronto
Thu 6:30pm-8pm Jan 14, 2027 9wks $203 ($162sr) PR-8037

Tai Chi Intermediate

This course is a follow-up to the beginner course. Tai Chi is a gentle, non-aerobic exercise designed to improve health and promote relaxation of body and mind while improving overall strength and flexibility. You will learn warm-up techniques and practice various forms within a routine.

Mimico Adult Centre, 255 Royal York Road, Etobicoke
Mon 11am-12pm Jan 11, 2027 9wks $135 ($108sr) PR-7907

Tai Chi Sword

The Yang Tai Chi Sword Form is a way for the continuing study of Tai Chi principles and the expression of moving energy. Tai Chi Sword involves controlling the collapsible toy sword like a warrior, the movements require dexterity, perform like a dancer, with balance and precision to be flawless while appearing effortless to the observer. Based on availability, the collapsible toy sword will be provided by the instructor to use in the class.

Overland PS, 55 Overland Drive, North York
Thu 3:30pm-5pm Jan 14, 2027 9wks $203 ($162sr) PR-7931

Yoga: Chair

Chair Yoga is viable for Seniors and persons with limited mobility. It can support one's body and protect against falls and injury while getting stronger. The poses are modified, and it is low-impact movements with breathing exercises. Chair yoga has shown to help with better balance, lower levels of depression and agitation, and overall improvement in quality of life in persons even in people with dementia. Gentle chair yoga also has health benefits, loosening and stretching painful muscles, reducing stress, and improving circulation. Wear comfortable shoes and clothing.

Mimico Adult Centre, 255 Royal York Road, Etobicoke
Wed 9:45am-10:45am Jan 13, 2027 9wks $135 ($108sr) PR-7914

Yoga: Hatha All Levels

Yoga is an invitation to come home to your heart, a space where you honour your body while gently growing into a healthier, stronger, more flexible version of yourself. Through mindful movement, breath work, strengthening flows, and guided meditation, you harmonize your body and mind and remember that you are already whole. All levels are welcome. Learners should bring a yoga mat to class. A yoga block is recommended as well but not necessary.

Mimico Adult Centre, 255 Royal York Road, Etobicoke
Mon 7:30pm-8:30pm Jan 11, 2027 9wks $135 ($108sr) PR-8003
Wed 11am-12:15pm Jan 13, 2027 9wks $169 ($135sr) PR-7911

Yoga: Kundalini Beginner/Intermediate

Kundalini yoga is based on one of the three original schools of yoga. It includes mental, physical and spiritual aspects of the yoga tradition. Join us to learn the basics needed to get you started or continue on your path to a calm and confident state, harmonizing your body and mind. Please bring a towel and a yoga mat.

Burnhamthorpe CI, 500 The East Mall, Etobicoke
Thu 6:30pm-8pm Jan 14, 2027 9wks $203 ($162sr) PR-8049

Zumba

Learn a new way to work out with easy-to-follow moves and routines. Hypnotic Latin rhythms help create a dynamic fitness program that will energize, inspire and captivate you for life! This course features interval training sessions where fast and slow rhythms and resistance training are combined to tone and sculpt your body.

Burnhamthorpe CI, 500 The East Mall, Etobicoke
Thu 7:15pm-8:15pm Jan 14, 2027 9wks $135 ($108sr) PR-8029

Richview Collegiate Institute, 1738 Islington Avenue, Etobicoke
Mon 6:30pm-7:30pm Jan 11, 2027 9wks $135 ($108sr) PR-8026

Zumba Gold

Zumba Gold is Zumba for baby boomers. It uses traditional Zumba modified to suit the needs of the active older generation. It's also great for those just starting on their journey to a fit and healthy lifestyle. There is no skimping on the traditional party atmosphere and the latin rhythms will move you and groove you to a new tune.

Burnhamthorpe CI, 500 The East Mall, Etobicoke
Thu 6pm-7pm Jan 14, 2027 9wks $135 ($108sr) PR-8028

Overland PS, 55 Overland Drive, North York
Mon 10:30am-11:30am Jan 11, 2027 9wks $135 ($108sr) PR-7926

Zumba Gold Toning

The Zumba Gold-Toning program offers the best of both worlds - the exhilarating experience of a Zumba fitness party with the benefits of safe-and-effective strength training. It's an easy-to-follow, health-boosting dance-fitness program for baby boomers as well as beginners. Through dynamic lightweight resistance training and exciting international rhythms, Zumba Gold-Toning classes help participants build muscle strength, increase bone density, and improve mobility, posture and coordination.

Mimico Adult Centre, 255 Royal York Road, Etobicoke
Thu 1pm-2pm Jan 14, 2027 9wks $135 ($108sr) PR-7917

FOOD (We cannot guarantee a nut free environment)

Beyond Bliss: The Ultimate Chocolate Chip Cookie Workshop

Who doesn't love a delicious chocolate chip cookie? Join us for a fun workshop where we'll dive into the art of making the perfect soft, rich, and gooey chocolate chip cookies! Instead of splurging on store-bought cookies, why not whip up your own at home? Participants will take home a dozen homemade cookies to enjoy at home. Just remember to bring an apron and a container for your sweet treats! If you want to get creative, feel free to bring your favorite chocolate bar for a special twist. And don't worry, we'll have milk ready for you to enjoy! Final price includes a material fee of $25.00.

Burnhamthorpe CI, 500 The East Mall, Etobicoke
Thu 6:30pm-9:30pm Mar 11, 2027 1wks $70 ($61sr) PR-8035

Central Technical School, 725 Bathurst Street, Toronto
Thu 6:30pm-9:30pm Feb 25, 2027 1wks $70 ($61sr) PR-7981

Cake Decorating

Decorate beautiful party cakes for all those special occasions; In this course, you will learn how to prepare and complete a cake, make royal and butter cream icing, colour flow and borders, and so much more. Cake decorating and icing become a breeze with step-by-step instruction and demonstrations!. Learners are responsible for providing their own materials, Instructor will provide a list at the first class. Please note: this is a cake decorating course only. Baking is not part of the course. Learners must bring their own baked cakes and cupcakes to decorate.

Danforth CTI/Greenwood SS, 800 Greenwood Avenue, Toronto
Thu 6pm-8pm Jan 14, 2027 9wks $270 ($216sr) PR-7989

Cooking 101 and Beyond

Want to build your own menu, but don't know where to start? Want to make delicious food and save money on take out? In this course, you will learn proper cooking techniques, knife skills, and menu planning, while making fresh pasta, breads, sauté and roast meats. We will also dive into the world of sushi and seafood. So bring your apron and get ready to join us on an adventure of Cooking 101 and Beyond. Final price includes a material fee of $80.00.

Western Tech. & Comm. School, 125 Evelyn Crescent, Toronto
Thu 6:30pm-9:30pm Jan 14, 2027 9wks $485 ($404sr) PR-8039

Dubai's Kunafa Chocolate Making Class

Dubai Kunafa Chocolate has gone viral, with its creamy yet crunchy pistachio filling it is a treat for any chocolate lover. In this one evening workshop participants will learn how to temper their chocolate, make their very own Kunafa filling, and mold and make their own chocolate bars to bring home. Final price includes a material fee of $45.00.

Richview Collegiate Institute, 1738 Islington Avenue, Etobicoke
Mon 6:30pm-9:30pm Mar 1, 2027 1wks $90 ($81sr) PR-8027

Essential Portuguese Cuisine

Discover the tastes of Portugal and its islands through this introductory culinary course where participants will learn recipes that combine the essence of Mediterranean cuisine with flavors and aromas of the Age of Discovery. Embrace iconic seasonings and spices such as onion, garlic, piri-piri, olive oil, chouriço citrus fruits, paprika on this gastronomic journey. Students will learn how to prepare a complete meal from soup to dessert in this 5-class series. Final price includes a material fee of $100.00 and a guaranteed full tummy.

Central Technical School, 725 Bathurst Street, Toronto
Thu 6:30pm-9:30pm Jan 14, 2027 5wks $325 ($280sr) PR-7980

Korean Cuisine

Join our unique hands-on cooking classes and discover the secrets of Korean's traditional cuisine. In this class, you will learn how to prepare some of the most popular Korean dishes in a fun and easy way while exploring the ingredients and cooking techniques that make Korean food so invigorating and delicious. You will also learn professional tips on how to brighten up your plates with authentic sweet, sour, salty, and hot spicy flavours that you can confidently recreate at home. Vegetarian friendly class. Final price includes a material fee of $80.00.

Central Technical School, 725 Bathurst Street, Toronto
Mon 6:30pm-9:30pm Jan 11, 2027 9wks $485 ($404sr) PR-7988

Savor the Islands: Caribbean Culinary Journey

Discover the vibrant flavors of the Caribbean. You will learn essential cooking techniques, explore traditional ingredients, and prepare authentic dishes from across the islands. Build confidence in the kitchen, expand your cultural knowledge, and create bold, flavorful meals at home. Perfect for beginners and food lovers alike. Bring your apron and come enjoy the vibes! Final price includes a $100.00 material fee.

Central Technical School, 725 Bathurst Street, Toronto
Tue 6:30pm-9:30pm Jan 12, 2027 6wks $370 ($316sr) PR-7965

GAMES AND HOBBIES

Bridge Beginner

This course introduces students to the fundamentals of the game of bridge. Learn 1 No-Trump, Major suit & Minor suit opening bids & responses. Leads & basic card play. Lots of practice deals based on the above openings and a few sessions reserved for revision. Ideal for students who have never played bridge before or have played very little. Learners will also be encouraged to purchase a book that is available through most major bookstores, instructor will provide this information at the first class. Book not required for the first class.

Northern Secondary School, 851 Mount Pleasant Road, Toronto
Mon 6pm-8pm Jan 11, 2027 9wks $270 ($216sr) PR-8017

HANDIWORK

Auto Mechanics Beginner

In this course you will learn about automobile construction, operation, maintenance and basic servicing operations.

Central Technical School, 725 Bathurst Street, Toronto
Thu 6pm-9pm Jan 14, 2027 9wks $405 ($324sr) PR-7976

Bicycle Repair

This course covers all aspects of bicycle repair and maintenance. Learners must bring in their own bike to work on. Tools needed for course are provided in class. Students who have repair kits and they are encouraged to bring them to class. Note: Repairs to eBikes (electronically powered bicycles) will not be covered in this class.

Central Technical School, 725 Bathurst Street, Toronto
Wed 6:30pm-9:30pm Jan 13, 2027 9wks $405 ($324sr) PR-7971

Home Maintenance and Renovating Beginner

This course is designed to teach you the basics of maintaining and improving your home. Learn to do a variety of common repairs. Topics include: essential tools and how to use and maintain them; fix a leaky tap; repair your driveway; install flooring or suspended ceilings; fundamentals of dry-walling; upgrade indoor and outdoor lighting; concrete work and much more. Learn about building codes and which renovations give you the best return for your money. Final price includes material fee of $40.00.

Western Tech. & Comm. School, 125 Evelyn Crescent, Toronto
Thu 6pm-9pm Jan 14, 2027 9wks $445 ($364sr) PR-8038

Upholstery

Bring your own small, manageable piece of furniture and transform it with your own hands. You'll learn the fundamentals of upholstery—from safely stripping down furniture and reinforcing the frame (if needed), to creating patterns, cutting fabric, stitching, and final assembly. You'll need to bring a few basic hand tools such as a staple remover, pliers, and scissors. Larger equipment—including air compressors, staple guns, staples, protective eye goggles, and sewing machines—will be provided in class. Come ready to learn, build confidence, and leave with a piece you'll be proud of.

Mimico Adult Centre, 255 Royal York Road, Etobicoke
Wed 6pm-9pm Jan 13, 2027 9wks $405 ($324sr) PR-8008

Wood Carving and Sculpture

Classes focus on selection, care and safe use of tools, and carving techniques based on European traditions. Projects are developed based on the desires and skill level of the learners from beginner to advanced. Wildlife, numerous decorative styles, portrait carving, carving in relief or in the round are all offered in a friendly learning environment with a master carver. Some tools are provided. Learners supply some of their own materials.

Mimico Adult Centre, 255 Royal York Road, Etobicoke
Mon 6pm-9pm Jan 11, 2027 9wks $405 ($324sr) PR-8002

Wood Carving and Sculpture (SD)

Classes focus on selection, care and safe use of tools, and carving techniques based on European traditions. Projects are developed based on the desires and skill level of the learners from beginner to advanced. Wildlife, numerous decorative styles, portrait carving, carving in relief or in the round are all offered in a friendly learning environment with a master carver. Some tools are provided. Learners supply some of their own materials.

Mimico Adult Centre, 255 Royal York Road, Etobicoke
Mon 9am-12pm Jan 11, 2027 9wks $405 ($324sr) PR-7936
Tue 9am-12pm Jan 12, 2027 9wks $405 ($324sr) PR-7937
Tue 1pm-4pm Jan 12, 2027 9wks $405 ($324sr) PR-7938

Woodworking Beginner

In this beginner course you will learn about wood technology and the setup and safe use of tools and machines. In order to use knowledge and skills acquired in the course, you will have an opportunity to work on a small project in consultation with the course instructor. Learners must bring own materials.

Western Tech. & Comm. School, 125 Evelyn Crescent, Toronto
Thu 6pm-9pm Jan 14, 2027 9wks $405 ($324sr) PR-8040

LANGUAGES

Advanced Spanish Grammar and Conversation

Designed as a continuation for students who have completed Intermediate Level II and are looking to enhance their grammar and conversation skills. The course is structured around discussion topics and activities (including reading and discussion of articles), short literature passages and aspects of daily life.

Central Technical School, 725 Bathurst Street, Toronto
Mon 6:30pm-8:30pm Jan 11, 2027 9wks $270 ($216sr) PR-7987

French Beginner

Bonjour! This interactive language course is designed for beginners with no knowledge of French. It is also an option for those who wish to consolidate prior learning of the basics before moving to the next level. You will learn key vocabulary and essential structures that will allow you to have authentic conversations in everyday situations. You will read and understand basic text by applying simple strategies and your new knowledge. You will enjoy the cultural aspects associated with the study of French. C'est bon, non?

*Remote Course Offering
Wed 7pm-9pm Jan 13, 2027 9wks $270 ($216sr) PR-7940

Northern Secondary School, 851 Mount Pleasant Road, Toronto
Mon 6pm-8pm Jan 11, 2027 9wks $270 ($216sr) PR-8011

French Beginner Level II

Bienvenue! This online interactive language course is designed for those who have completed the Learn4Life French Beginner course, and for those with a knowledge of the basics from elsewhere. You will consolidate your existing skills, and expand your vocabulary and grammar with more challenging dialogues, readings, and written personal responses. Continue to enjoy the cultural aspects associated with the study of French. Votre aventure en français continue!

*Remote Course Offering
Thu 7pm-9pm Jan 14, 2027 9wks $270 ($216sr) PR-8058

French Reading Club

CLUB DE LECTURE EN FRANÇAIS. The goal of this book club will be to further strengthen the students' skills in reading, listening, speaking, and comprehension of text through group conversations. Many opportunities to practice and expand vocabulary will be offered to engage students in different discussion questions relating to a pre-selected book in French. Students must have a good command of the French language and be able to converse freely to share opinions and participate in group discussions. Title of the book that will be discussed is "Last call pour le bonheur" by Melanie Cousineau.

Overland PS, 55 Overland Drive, North York
Wed 10am-12pm Jan 13, 2027 9wks $270 ($216sr) PR-7921

Greek, Modern Beginner

This course is designed for those who wish to carry on basic conversations in Greek. This course will teach you to communicate for the purposes of travel or for speaking with family members and friends. A Greek/English Dictionary may be required.

Danforth CTI/Greenwood SS, 800 Greenwood Avenue, Toronto
Thu 7pm-9pm Jan 14, 2027 9wks $270 ($216sr) PR-7990

Hindi Beginner

In this course, beginner level instruction is offered in reading, understanding, and speaking Hindi. A Hindi/English Dictionary may be required.

Danforth CTI/Greenwood SS, 800 Greenwood Avenue, Toronto
Thu 6pm-8pm Jan 14, 2027 9wks $270 ($216sr) PR-7998

Italian Beginner

Learn basic conversational Italian in everyday situations. Interactive methods are used to develop language skills. This course covers grammar, vocabulary, reading and conversation. An Italian/English dictionary may be required.

Mimico Adult Centre, 255 Royal York Road, Etobicoke
Fri 10am-12pm Jan 15, 2027 9wks $270 ($216sr) PR-7918

Japanese for Travellers

In this course, learn basic conversational Japanese for everyday situations. This course teaches the basics using a combination of grammar, vocabulary, and conversation.

Central Technical School, 725 Bathurst Street, Toronto
Tue 7pm-9pm Jan 12, 2027 9wks $270 ($216sr) PR-7961

Mandarin Chinese Beginner

In this course, you will learn the basic structure of the Chinese language focusing on phonetics and basic conversation. Pin Yin system will be taught. An English/Mandarin Chinese Dictionary may be required.

Central Technical School, 725 Bathurst Street, Toronto
Tue 6:30pm-9pm Jan 12, 2027 9wks $338 ($270sr) PR-7960

Spanish Beginner

In this course, learn basic conversational Spanish for everyday situations. This course offers the basics using a combination of grammar, vocabulary, reading and conversation. Learn and practice the language through various activities in a fun and relaxing environment.

Central Technical School, 725 Bathurst Street, Toronto
Tue 6:45pm-8:45pm Jan 12, 2027 9wks $270 ($216sr) PR-7964
Thu 6:30pm-8:30pm Jan 14, 2027 9wks $270 ($216sr) PR-7975

Danforth CTI/Greenwood SS, 800 Greenwood Avenue, Toronto
Thu 7pm-9pm Jan 14, 2027 9wks $270 ($216sr) PR-7997

Overland PS, 55 Overland Drive, North York
Mon 2:15pm-4:15pm Jan 11, 2027 9wks $270 ($216sr) PR-7929

Richview Collegiate Institute, 1738 Islington Avenue, Etobicoke
Mon 6pm-8pm Jan 11, 2027 9wks $270 ($216sr) PR-8020

Spanish Beginner Level II

This course reviews and expands your previous knowledge of the Spanish language. Your listening comprehension, oral expression, reading and writing skills will be further developed.

Central Technical School, 725 Bathurst Street, Toronto
Tue 6:30pm-8:30pm Jan 12, 2027 9wks $270 ($216sr) PR-7963

Spanish Conversation I

This Remote course is for those who have an understanding and basic skills in Spanish. You will further develop your language skills and increase your vocabulary and pronunciation. Discussion of cultural topics and situations drawn from written and audiovisual sources.

*Remote Course Offering
Wed 7:30pm-9:30pm Jan 13, 2027 9wks $270 ($216sr) PR-7941

Spanish Intermediate Level II

This course is a continuation of Intermediate level. Learners will continue to develop and apply their speaking skills in a variety of contexts and will participate in activities that will improve their reading comprehension and writing skills. Spanish/English Dictionary may be required.

Central Technical School, 725 Bathurst Street, Toronto
Wed 6:30pm-8:30pm Jan 13, 2027 9wks $270 ($216sr) PR-7968

MUSIC

Piano Keyboarding Beginner Level II

This course is designed for students with some previous playing experience. Level II will cover further development of playing hands together, phrasing, pedaling, dynamics and rhythmic concepts with more focus on learning new notes and hand positions. Keyboards are available at Overland; learners may bring their own.

Overland PS, 55 Overland Drive, North York
Thu 3pm-4:30pm Jan 14, 2027 9wks $203 ($162sr) PR-7930

Piano Keyboarding Beginner: Level I

This is a course designed for students with no previous playing experience. Focus will be on the development of playing hands together, phrasing, dynamics and rhythmic concepts. Keyboards are available at Overland; learners may bring their own.

Overland PS, 55 Overland Drive, North York
Thu 1:30pm-3pm Jan 14, 2027 9wks $203 ($162sr) PR-7923

SEWING

Sewing Advanced

This course is for the experienced sewer who wants to further their sewing expertise and give their garments that professional touch. Working with more advanced patterns we will learn how to develop prototypes for fit and sewing techniques including working with sheer fabrics and basic tailoring. Students will require a sewing machine, sewing kit and supplies to complete samples and a personal project.

Mimico Adult Centre, 255 Royal York Road, Etobicoke
Wed 9am-12pm Jan 13, 2027 9wks $405 ($324sr) PR-7910

Sewing Beginner

Become comfortable with the sewing machine! This course is designed for the beginner with little or no sewing experience. A variety of techniques and their applications will be covered. When the course is finished you should be comfortable with using the sewing machine and following basic patterns. Learners must have their own sewing machine. Central Tech location sewing machines are available.

Central Technical School, 725 Bathurst Street, Toronto
Tue 6:30pm-9:30pm Jan 12, 2027 9wks $405 ($324sr) PR-7962

Sewing Beginner (SD)

Become comfortable with the sewing machine! This course is designed for the beginner with little or no sewing experience. A variety of techniques and their applications will be covered. Learn pattern layout, cross-stitch and more. When the course is finished you should be comfortable with using the sewing machine and following basic patterns. Learners must have their own sewing machine.

Mimico Adult Centre, 255 Royal York Road, Etobicoke
Tue 9am-12pm Jan 12, 2027 9wks $405 ($324sr) PR-7934

Sewing Beginner Level II

Beginner Sewing Level II is for the sewist that has some knowledge of sewing, can operate a sewing machine, and is a next step for students that have taken Beginner Sewing. Students will learn how to adjust patterns for personal fit, work with a commercial pattern to sew a full-sized shirt and learn the correct techniques for sewing collars, sleeves, facings and applying finishing techniques to create professional looking garments. Central Tech location: sewing machines available.

Central Technical School, 725 Bathurst Street, Toronto
Wed 6:30pm-9:30pm Jan 13, 2027 9wks $405 ($324sr) PR-7974

Danforth CTI/Greenwood SS, 800 Greenwood Avenue, Toronto
Thu 6pm-9pm Jan 14, 2027 9wks $405 ($324sr) PR-7995

Sewing Intermediate

This course is for students who have learned the basics skills of sewing and are familiar with using commercial patterns. We will learn how to adjust commercial patterns for correct fit and learn the sewing techniques to make your garment look and fit great. Students will require a sewing kit and supplies to complete samples and a personal project.

Central Technical School, 725 Bathurst Street, Toronto
Thu 6:30pm-9:30pm Jan 14, 2027 9wks $405 ($324sr) PR-7977

Sewing Intermediate (SD)

This course is for students who have learned the basic skills of sewing and who want a more detailed study of garment making. Create projects you'll be proud to wear. Learners must have their own sewing machine.

Mimico Adult Centre, 255 Royal York Road, Etobicoke
Tue 12:30pm-3:30pm Jan 12, 2027 9wks $405 ($324sr) PR-7935

SPORTS

Basketball for Women

Join us for Recreational Instructional Basketball. Come out and develop or improve your passing, shooting, ball handing and game strategy skills in a friendly competitive atmosphere.

Burnhamthorpe CI, 500 The East Mall, Etobicoke
Thu 8pm-9:30pm Jan 14, 2027 9wks $203 ($162sr) PR-8033

Golf Beginner

New to golf? Learn the fundamentals of the game, including grip, stance, swing techniques, putting, and basic golf etiquette. Build confidence, develop your skills, and enjoy learning this rewarding sport in a supportive environment. Please bring your Pitching Wedge and Putter to class. No prior experience required!

Mimico Adult Centre, 255 Royal York Road, Etobicoke
Tue 12pm-1:30pm Jan 12, 2027 9wks $203 ($162sr) PR-8036

Pickleball Beginner

In this introductory pickleball course, students will learn the fundamentals of the game including rules, proper stroke and grip technique, and basic strategies. This class is suitable for individuals of all skill levels who are looking to learn or improve their pickleball skills. Whether you are a complete beginner or have some experience, you will be guided through the basics to develop your game. Participants should bring their own pickleball paddle and comfortable athletic clothing and footwear.

Burnhamthorpe CI, 500 The East Mall, Etobicoke
Thu 8pm-9:30pm Jan 14, 2027 9wks $203 ($162sr) PR-8032

Central Technical School, 725 Bathurst Street, Toronto
Mon 6pm-7:30pm Jan 11, 2027 9wks $203 ($162sr) PR-7985
Mon 7:30pm-9pm Jan 11, 2027 9wks $203 ($162sr) PR-7986

Danforth CTI/Greenwood SS, 800 Greenwood Avenue, Toronto
Thu 6pm-7:30pm Jan 14, 2027 9wks $203 ($162sr) PR-7993

Mimico Adult Centre, 255 Royal York Road, Etobicoke
Wed 6:30pm-8pm Jan 13, 2027 9wks $203 ($162sr) PR-8009

Northern Secondary School, 851 Mount Pleasant Road, Toronto
Mon 7pm-8:30pm Jan 11, 2027 9wks $203 ($162sr) PR-8013

Richview Collegiate Institute, 1738 Islington Avenue, Etobicoke
Mon 8:30pm-10pm Jan 11, 2027 9wks $203 ($162sr) PR-8023

Thistletown CI, 20 Fordwich Crescent, Etobicoke, Entrance 1
Sat 8:30am-10am Jan 9, 2027 9wks $203 ($162sr) PR-8045

Pickleball Low Intermediate

This course is designed for players with some basic pickleball experience, aiming to bridge the gap between beginner and intermediate skill levels. Some drills might require adjustments to accommodate everyone within the time limit.

Northern Secondary School, 851 Mount Pleasant Road, Toronto
Mon 8:30pm-10pm Jan 11, 2027 9wks $203 ($162sr) PR-8014

Pickleball Power Hour: Smash and Drive Mastery

Dive into a fun and skillful one-hour session focused on refining your pickleball precision. This course caters to players across all levels, providing a lively environment to enhance your control and accuracy of serves, swings, and footwork. Engage in spirited drills to refine your finesse and elevate your game to new heights.

Northern Secondary School, 851 Mount Pleasant Road, Toronto
Mon 6pm-7pm Jan 11, 2027 9wks $135 ($108sr) PR-8012

Tennis Beginner

This program is for those with little or no previous tennis experience. Instruction will include grips, backhand, footwork and more. This course will be taught in an indoor gymnasium. Please bring your own tennis racket to class.

Burnhamthorpe CI, 500 The East Mall, Etobicoke
Thu 6:30pm-8pm Jan 14, 2027 9wks $203 ($162sr) PR-8031

Central Technical School, 725 Bathurst Street, Toronto
Tue 6pm-7:30pm Jan 12, 2027 9wks $203 ($162sr) PR-7966
Tue 7:30pm-9pm Jan 12, 2027 9wks $203 ($162sr) PR-7967
Wed 6pm-7:30pm Jan 13, 2027 9wks $203 ($162sr) PR-7969
Wed 7:30pm-9pm Jan 13, 2027 9wks $203 ($162sr) PR-7970
Thu 6pm-7:30pm Jan 14, 2027 9wks $203 ($162sr) PR-7978
Thu 7:30pm-9pm Jan 14, 2027 9wks $203 ($162sr) PR-7979

Northern Secondary School, 851 Mount Pleasant Road, Toronto
Mon 7:30pm-9pm Jan 11, 2027 9wks $203 ($162sr) PR-8016

Thistletown CI, 20 Fordwich Crescent, Etobicoke, Entrance 1
Sat 8:30am-10am Jan 9, 2027 9wks $203 ($162sr) PR-8042

Tennis Intermediate

Individual instruction and practice are provided for students with some tennis experience. Large classes will be divided into groups. This course will be taught in an indoor gymnasium. Please bring your own tennis racket to class. Learners are strongly encouraged to have taken the beginner level before advancing into intermediate.

Northern Secondary School, 851 Mount Pleasant Road, Toronto
Mon 6pm-7:30pm Jan 11, 2027 9wks $203 ($162sr) PR-8015

Thistletown CI, 20 Fordwich Crescent, Etobicoke, Entrance 1
Sat 10:15am-11:45am Jan 9, 2027 9wks $203 ($162sr) PR-8043

THEATRE, FILM & TV

Cinema Studies

Explore new ways of experiencing film! Cinema can certainly be entertaining, but it can also be instructive, thought-provoking, and illuminating. This course provides you with the basic tools to analyze and interpret film, guiding you towards a richer appreciation of the medium. Topics covered include cinematography, genre, narrative theory, critical perspectives on sound and visual editing, documentary and experimental approaches to film, and much more.

Central Technical School, 725 Bathurst Street, Toronto
Wed 6:30pm-9:30pm Jan 13, 2027 9wks $405 ($324sr) PR-7950