



Guidance, Career Development & Student Well-Being

PLAR APPLICATION FORM

(please complete and save this fillable form - pages 1 to 6)

EMAIL THIS COMPLETE PACKAGE TO YOUR GUIDANCE COUNSELLOR BY **FEB. 26, 2026 at 4:00pm**

Surname		Given Names		
TDSB Student No.		Ministry OEN #		
Home Address		Apt./Unit	City	Postal Code
Phone:	Grade	Day School		School Telephone
Date of Birth (day/month/year)	Gender	IEP (Individual Education Plan) Yes	No	E.L.L. (English Language Learner) Yes

I wish to challenge for credit for the following course:

Course Title	Course Code (5 digits)

I have previously challenged for course credit through PLAR:

Yes No

Direction to Student – please include the following components in the application PACKAGE:

- PLAR Application Form and Checklist (Page 1, Page 2)
- Ontario Student Transcript (most recent)
- Knowledge and Skills Profile:* a) References (Page 3) b) Evidence (Page 4) c) Samples of Work (Page 5)
- I.E.P. (if applicable)
- Student paragraph (100-200 words) stating why you want to challenge for credit for this course, indicating educational goals and special interests and skills related to the course (Page 6)

I am aware:

- That a failing mark resulting from a challenge for credit for a Grade 11 or 12 course will be entered on my Ontario Student Transcript unless I withdraw from the challenge process **by Friday, May 1st, 2026.**
- That a passing or failing mark or a withdrawal resulting from a challenge for credit for any Grade 10, 11 or 12 course will be entered on my PLAR tracking record and maintained in my Ontario Student Record.
- That the PLAR challenge process will include formal tests (balanced between written work and demonstration, as appropriate for the subject) worth 70% of the final mark, and other types of assessments worth 30% of the final mark.
- That my skills and knowledge will be evaluated against the expectations outlined in the appropriate provincial curriculum policy document.
- That a maximum of four credits may be granted through the challenge process for courses in Grades 10 to 12, with no more than two in any one discipline.
- That I must meet the prerequisite for this course.
- That I can not re-submit an application.
- That I can not submit additional documentation during an appeal process. The appeal process will review the submitted documentation in the initial application before rendering a decision.

Student's Signature

By typing your name above, you are agreeing that your typed signature is the legal equivalent of your manual signature for this application.

Date

Parent/Guardian Signature

By typing your name above, you are agreeing that your typed signature is the legal equivalent of your manual signature for this application.

Date



Guidance, Career Development & Student Well-Being

CHECKLIST OF SUBMITTED REQUIREMENTS

Student Name: _____ School: _____

Guidance Contact: _____ Phone: _____ Ext. _____

Student: Please use this form to check that you have submitted the required documents

Guidance Counsellor: Please use this form to confirm that the student has submitted the required documents

ITEMS TO BE SUBMITTED	STUDENT (please check✓)	SCHOOL (please check✓)
<p>Knowledge and Skills of Student Profile:</p> <p>(Related to MOE curriculum document for subject expectations and strands www.edu.gov.on.ca)</p> <p>a) Two (2) References (written in English) <input type="checkbox"/> <input type="checkbox"/></p> <p>b) Evidence of relevant learning <input type="checkbox"/> <input type="checkbox"/></p> <p>c) Multiple samples of student's work <input type="checkbox"/> <input type="checkbox"/></p> <p>d) Student paragraph (100 – 200 words) <input type="checkbox"/> <input type="checkbox"/></p>		
<p>1) Ontario Student Transcript <input type="checkbox"/> <input type="checkbox"/></p> <p>2) Prerequisite completed <input type="checkbox"/> <input type="checkbox"/></p> <p>3) Prerequisite in progress <input type="checkbox"/> <input type="checkbox"/></p> <p>4) I.E.P. (if applicable) <input type="checkbox"/> <input type="checkbox"/></p> <p>5) PLAR: Cumulative Tracking Record Entered <i>(applicable to previously successful PLAR candidates only)</i> <input type="checkbox"/> <input type="checkbox"/></p> <p>6) All Signatures on Form <input type="checkbox"/> <input type="checkbox"/></p>		



Please [click here](#) to download the [Reference Letter Form](#). This form should be emailed to your referee for completion. The referee must email the completed [Reference Letter Form](#) back to you, the applicant.

You must include two (2) completed [Reference Letter Forms](#) with your PLAR Application.

NOTE: A parent/guardian is not considered an appropriate reference for a PLAR challenge.



Guidance, Career Development & Student Well-Being

KNOWLEDGE AND SKILLS PROFILE - EVIDENCE OF RELEVANT LEARNING

(Programs, Courses or Experiences)

Name of Candidate: _____ Student No: _____

Course Challenged: _____

PLEASE LIST PROGRAMS, COURSES OR EXPERIENCES THAT YOU ARE SUBMITTING AS EVIDENCE IN YOUR PORTFOLIO:

Note: MULTIPLE courses/programs/experiences are required to meet curriculum expectations using the template below.

1. Course / Program / Experience: _____

Dates: _____

Contact Person: _____
(i.e. Instructor, Leader, Reference)

Describe your knowledge and/or skills that support your application for a PLAR challenge.

Space has been provided for one course/program/experience on this page. Duplicate pages have been provided to submit additional courses/programs/experiences, if applicable.



Guidance, Career Development & Student Well-Being

KNOWLEDGE AND SKILLS PROFILE - EVIDENCE OF RELEVANT LEARNING

(Programs, Courses or Experiences)

Name of Candidate: _____ Student No: _____

Course Challenged: _____

PLEASE LIST PROGRAMS, COURSES OR EXPERIENCES THAT YOU ARE SUBMITTING AS EVIDENCE IN YOUR PORTFOLIO:

Note: MULTIPLE courses/programs/experiences are required to meet curriculum expectations using the template below.

2. Course / Program / Experience: _____

Dates: _____

Contact Person: _____
(i.e. Instructor, Leader, Reference)

Describe your knowledge and/or skills that support your application for a PLAR challenge.

Space has been provided for one course/program/experience on this page. Duplicate pages have been provided to submit additional courses/programs/experiences, if applicable.



Guidance, Career Development & Student Well-Being

KNOWLEDGE AND SKILLS PROFILE - EVIDENCE OF RELEVANT LEARNING

(Programs, Courses or Experiences)

Name of Candidate: _____ Student No: _____

Course Challenged: _____

PLEASE LIST PROGRAMS, COURSES OR EXPERIENCES THAT YOU ARE SUBMITTING AS EVIDENCE IN YOUR PORTFOLIO:

Note: MULTIPLE courses/programs/experiences are required to meet curriculum expectations using the template below.

3. Course / Program / Experience: _____

Dates: _____

Contact Person: _____
(i.e. Instructor, Leader, Reference)

Describe your knowledge and/or skills that support your application for a PLAR challenge.

Space has been provided for one course/program/experience on this page. Duplicate pages have been provided to submit additional courses/programs/experiences, if applicable.



Guidance, Career Development & Student Well-Being

KNOWLEDGE AND SKILLS PROFILE - EVIDENCE OF RELEVANT LEARNING

(Programs, Courses or Experiences)

Name of Candidate: _____ Student No: _____

Course Challenged: _____

PLEASE LIST PROGRAMS, COURSES OR EXPERIENCES THAT YOU ARE SUBMITTING AS EVIDENCE IN YOUR PORTFOLIO:

Note: MULTIPLE courses/programs/experiences are required to meet curriculum expectations using the template below.

4. Course / Program / Experience: _____

Dates: _____

Contact Person: _____
(i.e. Instructor, Leader, Reference)

Describe your knowledge and/or skills that support your application for a PLAR challenge.

Space has been provided for one course/program/experience on this page. Duplicate pages have been provided to submit additional courses/programs/experiences, if applicable.



Guidance, Career Development & Student Well-Being

KNOWLEDGE AND SKILLS PROFILE - EVIDENCE OF RELEVANT LEARNING

(Programs, Courses or Experiences)

Name of Candidate: _____ Student No: _____

Course Challenged: _____

PLEASE LIST PROGRAMS, COURSES OR EXPERIENCES THAT YOU ARE SUBMITTING AS EVIDENCE IN YOUR PORTFOLIO:

Note: MULTIPLE courses/programs/experiences are required to meet curriculum expectations using the template below.

5. Course / Program / Experience: _____

Dates: _____

Contact Person: _____
(i.e. Instructor, Leader, Reference)

Describe your knowledge and/or skills that support your application for a PLAR challenge.

Space has been provided for one course/program/experience on this page. Duplicate pages have been provided to submit additional courses/programs/experiences, if applicable.



Guidance, Career Development & Student Well-Being

KNOWLEDGE AND SKILLS PROFILE - SAMPLES OF STUDENT'S WORK

(if applicable)

Name of Candidate: _____ Student No: _____

Course Challenged: _____

LIST AND EXPLAIN THE SIGNIFICANCE OF EACH SAMPLE OF WORK SUBMITTED.

Samples of work may include video (.mp4), audio (.mp3), images (.jpg or .png), or writing (.doc, .pdf) samples. Samples must be submitted as shared files (hyperlinks) from the student's TDSB Google Drive. Please set the sharing permission to 'TDSB - Anyone in this group with this link can view.'

Please use the template below to add samples as required. Duplicate pages have been provided for additional samples to be submitted. Please copy pages, if needed. There is no minimum or maximum number of samples required. Students must be able to demonstrate that all curriculum expectations have been covered in the submitted evidence.

Sample and Google Drive link	Type of Evidence (e.g. Journal, essay, podcast, performance, report, analysis, performance log, etc.)	Curriculum Expectations Satisfied/Covered (please refer to Ontario Curriculum documents at http://www.edu.gov.on.ca/eng/curriculum/secondary/ for overall expectations)
1 Google Drive Link:		
Description of how this sample demonstrates knowledge and/or skills		
2 Google Drive Link:		
Description of how this sample demonstrates knowledge and/or skills		

Space has been provided for two samples on this page. Duplicate pages have been provided to submit additional samples, if applicable.



Guidance, Career Development & Student Well-Being

KNOWLEDGE AND SKILLS PROFILE - SAMPLES OF STUDENT'S WORK

(if applicable)

Name of Candidate: _____ Student No: _____

Course Challenged: _____

LIST AND EXPLAIN THE SIGNIFICANCE OF EACH SAMPLE OF WORK SUBMITTED.

Samples of work may include video (.mp4), audio (.mp3), images (.jpg or .png), or writing (.doc, .pdf) samples. Samples must be submitted as shared files (hyperlinks) from the student's TDSB Google Drive. Please set the sharing permission to 'TDSB - Anyone in this group with this link can view.'

Please use the template below to add samples as required. Duplicate pages have been provided for additional samples to be submitted. Please copy pages, if needed. There is no minimum or maximum number of samples required. Students must be able to demonstrate that all curriculum expectations have been covered in the submitted evidence.

Sample and Google Drive link	Type of Evidence (e.g. Journal, essay, podcast, performance, report, analysis, performance log, etc.)	Curriculum Expectations Satisfied/Covered (please refer to Ontario Curriculum documents at http://www.edu.gov.on.ca/eng/curriculum/secondary/ for overall expectations)
3 Google Drive Link:		
Description of how this sample demonstrates knowledge and/or skills		
4 Google Drive Link:		
Description of how this sample demonstrates knowledge and/or skills		

Space has been provided for two samples on this page. Duplicate pages have been provided to submit additional samples, if applicable.



Guidance, Career Development & Student Well-Being

KNOWLEDGE AND SKILLS PROFILE - SAMPLES OF STUDENT'S WORK

(if applicable)

Name of Candidate: _____ Student No: _____

Course Challenged: _____

LIST AND EXPLAIN THE SIGNIFICANCE OF EACH SAMPLE OF WORK SUBMITTED.

Samples of work may include video (.mp4), audio (.mp3), images (.jpg or .png), or writing (.doc, .pdf) samples. Samples must be submitted as shared files (hyperlinks) from the student's TDSB Google Drive. Please set the sharing permission to 'TDSB - Anyone in this group with this link can view.'

Please use the template below to add samples as required. Duplicate pages have been provided for additional samples to be submitted. Please copy pages, if needed. There is no minimum or maximum number of samples required. Students must be able to demonstrate that all curriculum expectations have been covered in the submitted evidence.

Sample and Google Drive link	Type of Evidence (e.g. Journal, essay, podcast, performance, report, analysis, performance log, etc.)	Curriculum Expectations Satisfied/Covered (please refer to Ontario Curriculum documents at http://www.edu.gov.on.ca/eng/curriculum/secondary/ for overall expectations)
5 Google Drive Link:		
Description of how this sample demonstrates knowledge and/or skills		
6 Google Drive Link:		
Description of how this sample demonstrates knowledge and/or skills		

Space has been provided for two samples on this page. Duplicate pages have been provided to submit additional samples, if applicable.



Guidance, Career Development & Student Well-Being

KNOWLEDGE AND SKILLS PROFILE - SAMPLES OF STUDENT'S WORK

(if applicable)

Name of Candidate: _____ Student No: _____

Course Challenged: _____

LIST AND EXPLAIN THE SIGNIFICANCE OF EACH SAMPLE OF WORK SUBMITTED.

Samples of work may include video (.mp4), audio (.mp3), images (.jpg or .png), or writing (.doc, .pdf) samples. Samples must be submitted as shared files (hyperlinks) from the student's TDSB Google Drive. Please set the sharing permission to 'TDSB - Anyone in this group with this link can view.'

Please use the template below to add samples as required. Duplicate pages have been provided for additional samples to be submitted. Please copy pages, if needed. There is no minimum or maximum number of samples required. Students must be able to demonstrate that all curriculum expectations have been covered in the submitted evidence.

Sample and Google Drive link	Type of Evidence (e.g. Journal, essay, podcast, performance, report, analysis, performance log, etc.)	Curriculum Expectations Satisfied/Covered (please refer to Ontario Curriculum documents at http://www.edu.gov.on.ca/eng/curriculum/secondary/ for overall expectations)
7 Google Drive Link:		
Description of how this sample demonstrates knowledge and/or skills		
8 Google Drive Link:		
Description of how this sample demonstrates knowledge and/or skills		

Space has been provided for two samples on this page. Duplicate pages have been provided to submit additional samples, if applicable.



Guidance, Career Development & Student Well-Being

KNOWLEDGE AND SKILLS PROFILE - SAMPLES OF STUDENT'S WORK

(if applicable)

Name of Candidate: _____ Student No: _____

Course Challenged: _____

LIST AND EXPLAIN THE SIGNIFICANCE OF EACH SAMPLE OF WORK SUBMITTED.

Samples of work may include video (.mp4), audio (.mp3), images (.jpg or .png), or writing (.doc, .pdf) samples. Samples must be submitted as shared files (hyperlinks) from the student's TDSB Google Drive. Please set the sharing permission to 'TDSB - Anyone in this group with this link can view.'

Please use the template below to add samples as required. Duplicate pages have been provided for additional samples to be submitted. Please copy pages, if needed. There is no minimum or maximum number of samples required. Students must be able to demonstrate that all curriculum expectations have been covered in the submitted evidence.

Sample and Google Drive link	Type of Evidence (e.g. Journal, essay, podcast, performance, report, analysis, performance log, etc.)	Curriculum Expectations Satisfied/Covered (please refer to Ontario Curriculum documents at http://www.edu.gov.on.ca/eng/curriculum/secondary/ for overall expectations)
9 Google Drive Link:		
Description of how this sample demonstrates knowledge and/or skills		
10 Google Drive Link:		
Description of how this sample demonstrates knowledge and/or skills		

Space has been provided for two samples on this page. Duplicate pages have been provided to submit additional samples, if applicable.



Name of Candidate: _____ Student No: _____

Course Challenged: _____

**IN 100-200 WORDS, STATE WHY YOU WANT TO CHALLENGE FOR CREDIT FOR THIS COURSE,
INDICATING EDUCATIONAL GOALS, SPECIAL INTERESTS AND SKILLS RELATED TO THE COURSE**