

Local School Student Nutrition Advisory Committee

One of the criteria for government funding requires each school to develop a local Student Nutrition Advisory committee whose main function is to oversee the operation of the nutrition program in consultation with the Principal or designate and the Student Nutrition Lead. Volunteer members may be recruited locally from parents, school staff, public health professionals, local businesses, interfaith groups and students. Membership of this committee should reflect the demographics of the school/student population.

The Student Nutrition Advisory committee can operate as part of the School Council if that is the best option for your school. By meeting at least twice per year or as often as needed to make decisions, the nutrition committee develops an action plan to implement a nutrition program that includes:

- A safe, clean comfortable food preparation area within the school that meets Public Health regulations regarding food safety, fire regulations and room capacity restrictions.
- The type of meal required: Breakfast, Morning Meal, Lunch or any combination.
- The funding opportunities and the required budget to provide nutritious food to students.
- The implementation of collection of parental contributions.
- The best ways to communicate to parents/guardians/supporters (school council, newsletters, website, emails, etc.).
- Support to the Principal or designate in the hiring of student nutrition lead to prepare food.
- Liaison with the Student Nutrition Toronto partnership to support the nutrition program.

