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For registration form and information, see pages 2-3.
Registration Information

General Interest courses are for adults, 18 years of age and older. Seniors’ Daytime courses are for registrants 64 years of age and older. (There are limited spaces for non-seniors, please call to register.) These programs offer non-credit and non-certificate courses only.

Important dates!

Spring 2016 (9 week term)
Registration opens
Wednesday, February 17, 2016
Classes begin
Saturday, April 9, 2016

Summer 2016
Registration opens
Wednesday, May 18, 2016
Classes begin
Monday, July 4, 2016

Fall 2016
Registration opens
Wednesday, August 17, 2016
Classes begin
Saturday, September 17, 2016

Five easy ways to register!

Online
Visit www.learn4life.ca and use your VISA or MasterCard to pay.

By phone
Call 416.338.4111 and register with an agent. Have your VISA or MasterCard ready.

Visit us
Come to the Continuing and International Education Office at 2 Trethewey Drive, 3rd Floor, Toronto, M6M 4A8. Payment can be made by credit card, cash, cheque or money order.

By fax
Fax completed registration form (on page 3) to 416.394.3877. Remember to include your VISA or MasterCard number and the expiry date.

By mail
Mail your registration form (on page 3), along with full payment using VISA, MasterCard cheque or money order to: Continuing and International Education Office at 2 Trethewey Drive, 3rd Floor, Toronto, ON M6M 4A8.

We hope you’ll join us!

Fees paid by cheque (certified or personal) or money order should be made payable to “Toronto District School Board” and dated at the time of registration. Post-dated cheques will not be accepted. There is an NSF cheque charge of $15. Fees paid by credit card (VISA or MasterCard) must include the credit card expiry date. Cash payment is only accepted at the Continuing and International Education Office.

A GAINS certificate, or Social Assistance document is required to qualify for the reduced rate of $10 per course. A copy must be submitted with the application form to support this request. This reduced rate applies to course fees only and is limited to one course per term. Seniors (64 years plus) receive a 40% discount on course fees. All fees include HST.

Withdrawals, refunds and credits

All requests for refunds or credits must be made in writing and sent by email, mail or fax. See map for contact information.

A $15 administrative fee per course will be applied to all refund requests unless otherwise stated. This administrative fee will be waived if you accept a credit on your TDSB Community Programs account.

Fees paid by cheques or cash will be refunded by cheque after Continuing and International Education staff acknowledges clearance of the cheque. Allow 3-6 weeks. Fees paid by credit card will be refunded to that credit card.

For all courses:
TDSB will provide a full refund if we cancel a course or if we receive your written request for withdrawal before the first class.

For courses under five weeks in duration:
A refund will be issued if we receive your refund request in writing before the first class. No refunds or credits will be considered after the first class.

For courses five weeks or longer:
A refund will be issued if we receive your refund request in writing after the second class. A pro-rated refund will be issued if we receive your request for the refund after the second class, but before the third class of the course. No refunds or credits will be considered after the third class of a course.

For subsidized $10 courses:
There are no refunds. A credit is issued if the TDSB cancels the course.

Changes: Additional fees

For your convenience, as of November 18, 2015, we will be collecting material fees centrally at time of registration. No discounts apply. We make every effort to publish these amounts, when known at the time of publication. In some courses, that require the use of speciality rooms and shops, a portion of the fee may go to the school for use of supplies and equipment.

Cancelled courses

A minimum number of registrants is required for a class to run. The Toronto District School Board (TDSB) has the right to make the final decision to open or close a class, or to revise the fee structure.

If a course does not meet the enrollment minimum, and is therefore cancelled, every effort will be made to accommodate you in another course. If there is no other course which is satisfactory to you, you will receive a full refund.

Program accommodation

If you require a physical accommodation, are using a wheelchair and/or are accompanied by a support person, Advanced notice is necessary so that arrangements can be made to ensure a safe, modified program is available to you. Please contact the Continuing and International Education office at 416.338.4111 to obtain an accommodation form. All registrations are processed on a first-come, first-served basis and may be subject to space restrictions.
Registration Form

Mail or drop off Registration Form to: Continuing & International Education 2 Trethewey Drive, 3rd Floor Toronto, ON M6M 4A8

For faxed applications payment must be made by VISA or MasterCard.

Date: ____________________

Last Name ___________________ First Name ___________________ M/F ___________________ Date of Birth ___/___/_____

Client Number ___________ PIN Number ___________ Apt. No _______ Street No. _______ Street Name _______________ City _______________

Postal Code ___________ Home Telephone No. ________________ Business Telephone No. ________________ Mobile Telephone No. ________________ Email Address ________________

Selection No. 1

Course Code ___________________ Course Title ___________________ Course Location ___________________ Day of Week ___________________

Time ___________________ Start Date ___________________ Course Fee $___________________

Selection No. 2

Course Code ___________________ Course Title ___________________ Course Location ___________________ Day of Week ___________________

Time ___________________ Start Date ___________________ Course Fee $___________________

Payment Information

Card Number ___________________ Expiry ________ Cash* □ Cheque □ Money Order □ VISA □ MasterCard

Registrar ___________________ Date ___________________ Total Amount Received $___________________

If appropriate, material costs are included. Please note that H.S.T. is included where applicable. Make cheque or money order payable to Toronto District School Board. Please bring your receipt to the first class.

Stay in touch! To receive information about Learn4Life and other Toronto District School Board programs by email, please check off the box below. This provides us with your consent to receive promotional information electronically. You can choose to unsubscribe any time by emailing us at communityprograms@tdsb.on.ca.

Yes, please send me program and promotional information by email.

Email address: ___________________________________________ ___________________________________________________

Program Accommodation: If you require a physical accommodation, are using a wheelchair and/or are accompanied by a support person, advanced notice is required so that arrangements can be made to ensure a safe, modified program is available to you. Please contact the Continuing and International Education office at 416.338.4111 to obtain an accommodation form. All registrations are processed on a first-come, first-served basis and may be subject to space restrictions.

Notice of Collection: The information you have provided is collected in compliance with the Municipal Freedom of Information and Protection of Privacy Act. If you have any questions, please contact: Program Manager of Community Programs, Continuing and International Education, Toronto District School Board at 416.338.4111. Revised February 2016.
Art

Abstract Painting
Learn to create abstract paintings. Projects follow the evolution of abstract art over the last century. Explore Abstract Expressionism through colour-field and geometric painting. Students will look at historic and contemporary artists from Picasso to Pollock to Mehretu. Students are responsible for materials - acrylic, oil, or watercolour. No solvents - only Taltine. Final price includes material fee of $10.00.

Central Technical 725 Bathurst Street
Thu 6:30-9:30pm Apr 14 9wks $192 ($115sr) 78345
Wed 6:30-9:30pm Apr 13 9wks $202 ($125sr) 78328

Acrylic Painting-All Levels
Explore the full range of what you can achieve with these durable, inexpensive, easy-to-use, water-based and fast-drying paints. Compose, glaze and mix colour. Experiment with the use of collage. You may be required to purchase your own materials. Final price includes material fee of $5.00.

Central Technical 725 Bathurst Street
Tue 6:30-9:30pm Apr 12 9wks $197 ($120sr) 78347
Thu 6:30-9:30pm Apr 14 9wks $197 ($120sr) 78348

Acrylic Painting-Beginner/Intermediate
An excellent paint to learn with, acrylics are water-based and easy to use. At the first class we'll tell you what supplies you'll need, where to get them and all about the course. Learn to paint with an experienced artist and teacher. No oil paints. Final price includes material fee of $15.00.

Northern SS 851 Mount Pleasant Road
Mon 6:30-9:30pm Apr 11 9wks $207 ($130sr) 78817
Tue 6:30-9:30pm Apr 12 9wks $207 ($130sr) 78818

Art History: Modern
Survey the key movements of modern art from 1850 to the present. Discover how modern art went from landscape painting, to abstraction, to seeing urinals in art galleries. We discuss important artists and movements such as Impressionism, Cubism, Dada, Surrealism, Abstract Expressionism, Pop, Conceptual, Post-Modernism and Contemporary Art. Final price includes material fee of $10.00.

Central Technical 725 Bathurst Street
Tue 6:30-9:30pm Apr 12 9wks $202 ($125sr) 78351

Art Meditation
Learn the art techniques of expression using organic art materials such as bamboo brushes, ink and natural colour pigment. Enjoy the flow of ideas. Focus on yourself to reach the deep inner balance through art. Detailed instruction and demonstration is provided. No experience required.

Central Technical 725 Bathurst Street
Thu 6:30-9:30pm Apr 14 9wks $192 ($115sr) 78352

Art Metal Shop
This is a course for an art metal worker who has completed at least two terms of Art Metal Work. You decide and work on your own projects with instructor assistance. Final price includes material fee of $55.00.

Danforth C & T 800 Greenwood Avenue
Wed 6-9:30pm Apr 13 9wks $279 ($189sr) 79102

Art in Mixed Media
Explore traditional to contemporary techniques through a broad choice of media while working on your projects. Experiment from paper, canvas to woodblock; from drawing, painting, collage to printmaking to. No previous experience required. Detail instruction and hands on demonstration is offered.

Cecil CC 58 Cecil Street
Wed 9am-12pm Apr 13 9wks $192 ($115sr) 79222

Art-Multi Media
A course for students of all levels working on their choice of subject matter, media and techniques ie realism, non-objective, abstract, expressionism, collage, etc., taking place in a friendly supervised open studio concept. You can participate in the group critiques and ‘artist’ of the week discussions that will begin each class followed by open time to create at your own pace.

Mimico Adult Centre 255 Royal York Road
Tue 1-4pm Apr 12 9wks $192 ($115sr) 78752

Calligraphy ★
Learn the art of beautiful writing. You will begin with basic strokes and letterforms then progress to explore various alphabets. Projects include bookmarks, cards, envelopes and simple books. You are required to provide your own materials. Final price includes material fee of $3.00

Dixon Hall/188 Carlton Site 188 Carlton Street
Tue 10am-12pm Apr 12 9wks $131 ($80sr) 78255
Mimico Adult Centre 255 Royal York Road
Thu 9:30am-12pm Apr 14 9wks $163 ($99sr) 78256

Calligraphy-Intermediate
Design your own cards, bookmarks, invitations, and certificates. Students may be required to supply their own materials. Please indicate whether you are right or left-handed at the time of registration. Final price includes material fee of $3.00.

Mimico Adult Centre 255 Royal York Road
Thu 1-4pm Apr 14 9wks $195 ($118sr) 78757

Ceramic Art: Ideas & Techniques
Learn advanced techniques in both decorative and conceptual ceramic art making. You will be encouraged to create unique and original work. We will focus on concepts, creativity and craft. Final price includes a material fee of $50.00.

Central Technical 725 Bathurst Street
Thu 6:30-9:30pm Apr 14 9wks $242 ($165sr) 78353

Chinese Brush Painting ★
Learn Chinese brush techniques in a ‘free-hand’ style on a wide range of subjects, including line-drawing, wash-and-ink, wash-and-colour and special effects. Understand Chinese painting using a synthesis of art, culture, theory and philosophy. Detailed instruction and demonstration is provided. You will be able to start creative works in your own way. No experience required.

Second Mile/Kensington Gdn 25 Brunswick Avenue
Fri 9-11:30am Apr 15 9wks $160 ($96sr) 78258

Chinese Brush Painting-Intermediate
Learn and develop techniques and skills based on your existing level. Explore Chinese art including Chinese brush painting, calligraphy, seals, history and philosophy, mounting and framing, etc. Enhance your aesthetic knowledge and gain more ability to appreciate Chinese art and create your own artwork. Detailed lectures, hands-on instruction and demonstration provided. Prerequisite: Beginner Level

Leaside HS 200 Hanna Road
Wed 6:30-9:30pm Apr 13 9wks $192 ($115sr) 78623

Chinese Brush Painting-Intermediate ★
Learn and develop techniques and skills based on your existing level. Explore Chinese art including Chinese brush painting, calligraphy, seals, history and philosophy, mounting and framing, etc.
Enhance your aesthetic knowledge and gain more ability to appreciate Chinese art and create your own artwork. Detailed lectures, hands-on instruction and demonstrations provided. Prerequisite: Beginner Level

Second Mile/Kensington Gdn 25 Brunswick Avenue
Fri 1:30-3:30pm Apr 15 9wks $160 ($96sr) 78259

Chinese Calligraphy & Poetry ★
Chinese Poetry & Literature is conventionally divided into four classes: Poetry (lu shi), Ci, Song (ge), Fu. This course covers the history of Chinese Poetry & Literature. Students will learn different forms of poetry, parallel couplets, rhyming schemes and patterns through poetry appreciation. Also, learn to write poetry by actively participating in group composition of parallel couplets. This course is taught in Cantonese.

Cecil CC 58 Cecil Street
Fri 1:30-3:30pm Apr 15 9wks $160 ($96sr) 78260

Drawing & Painting ★
Studies form, composition and introduces drawing while learning and experimenting with materials used in drawing and painting. We will explore proportion, depth and colour. Students may be required to provide own supplies.

Montgomery Place 130 Eglinton Ave East
Tue 1:30-3:30pm Apr 12 9wks $160 ($96sr) 78275

Moore Place 801 Mt. Pleasant Road
Tue 9:30am-12pm Apr 12 9wks $160 ($96sr) 78272

Sunshine Centre for Seniors 117 Bloor Street East
Wed 1:30pm Apr 13 9wks $128 ($77sr) 78273
Mon 1:30pm Apr 11 9wks $128 ($77sr) 78274

Drawing & Painting-Beginner
Using a variety of drawing materials, you will explore form and composition and learn about proportion, depth and colour. You will be required to provide your own materials.

Agincourt CI 2621 Midland Avenue
Wed 7-9pm Apr 13 9wks $128 ($77sr) 78335

Overland Learning Centre SS 55 Overland Drive
Mon 6:30-9:30pm Apr 11 9wks $192 ($115sr) $170 ($106sr) 79219

Drawing & Painting: Landscape Study
Learn the fundamentals of painting a landscape. Media: Acrylic. Final price includes material fee of $5.00.

Central Technical 725 Bathurst Street
Wed 6:30-9:30pm Apr 13 9wks $242 ($165sr) 78332

Drawing & Painting: Portraits-Advanced
In addition to working with the fundamental structures, practices and techniques of portraiture, this course covers psychological aspects, mood, environment, atmosphere and costume. A wide range of media will be demonstrated, life models will be used at all times. Prerequisite: Any beginner course in drawing and painting. Students supply their own materials. Final price includes material fee of $40.00.

Central Technical 725 Bathurst Street
Wed 6:30-9:30pm Apr 12 9wks $232 ($155sr) 78354

Drawing & Watercolour-All Levels
Learn the methods and media used to create watercolour. Explore form, colour, and composition. Taught with demonstrations, group and individual instruction.

Mimico Adult Centre 255 Royal York Road
Tue 9-12pm Apr 12 9wks $192 ($115sr) 78761

Drawing for People Who Can’t Draw
We will focus on looking, seeing, design, shading, perspective and texture, using pencil, charcoal, conte, pen and ink and coloured pencils. Final price includes material fee of $3.00.

Overland Learning Centre 55 Overland Drive
Mon 2:15-4:45pm Apr 11 9wks $163 ($99sr) 78675

Chinese Poetry & Literature
Chinese Calligraphy & Poetry ★
Chinese Poetry & Literature is conventionally divided into four classes: Poetry (lu shi), Ci, Song (ge), Fu. This course covers the history of Chinese Poetry & Literature. Students will learn different forms of poetry, parallel couplets, rhyming schemes and patterns through poetry appreciation. Also, learn to write poetry by actively participating in group composition of parallel couplets. This course is taught in Cantonese.

Cecil CC 58 Cecil Street
Fri 1:30-3:30pm Apr 15 9wks $160 ($96sr) 78260

Drawing & Painting ★
Studies form, composition and introduces drawing while learning and experimenting with materials used in drawing and painting. We will explore proportion, depth and colour. Students may be required to provide own supplies.

Montgomery Place 130 Eglinton Ave East
Tue 1:30-3:30pm Apr 12 9wks $160 ($96sr) 78275

Moore Place 801 Mt. Pleasant Road
Tue 9:30am-12pm Apr 12 9wks $160 ($96sr) 78272

Sunshine Centre for Seniors 117 Bloor Street East
Wed 1:30pm Apr 13 9wks $128 ($77sr) 78273
Mon 1:30pm Apr 11 9wks $128 ($77sr) 78274

Drawing & Painting-Beginner
Using a variety of drawing materials, you will explore form and composition and learn about proportion, depth and colour. You will be required to provide your own materials.

Agincourt CI 2621 Midland Avenue
Wed 7-9pm Apr 13 9wks $128 ($77sr) 78335

Overland Learning Centre SS 55 Overland Drive
Mon 6:30-9:30pm Apr 11 9wks $192 ($115sr) $170 ($106sr) 79219

Drawing & Painting: Landscape Study
Learn the fundamentals of painting a landscape. Media: Acrylic. Final price includes material fee of $5.00.

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Drawing & Painting: Portraits-Advanced
In addition to working with the fundamental structures, practices and techniques of portraiture, this course covers psychological aspects, mood, environment, atmosphere and costume. A wide range of media will be demonstrated, life models will be used at all times. Prerequisite: Any beginner course in drawing and painting. Students supply their own materials. Final price includes material fee of $40.00.

Central Technical 725 Bathurst Street
Wed 6:30-9:30pm Apr 12 9wks $232 ($155sr) 78354

Drawing & Painting: Portraits-All Levels
Through the use of various media, learn the methods and techniques of composition, texture, anatomy, proportion, form, value and colour. Students supply their own materials. Final price includes material fee of $40.00.

Central Technical 725 Bathurst Street
Thu 6:30-9:30pm Apr 14 9wks $232 ($155sr) 78355

Drawing & Sketching: Landscape Study
Let nature inspire you as you improve your technique, design and composition skills, and understanding of perspective and lighting. Work with pastel, charcoal, watercolour and ink on different papers. There will be some outdoor sketching. Final price includes material fee of $10.

Central Technical 725 Bathurst Street
Wed 6:30-9:30pm Apr 13 9wks $232 ($155sr) 78354

Figure Drawing & Painting-Advanced
This course is for those who wish to study the human figure in depth and learn more about anatomy and composition. Live models will be present for each class. Students supply their own materials. Final price includes material fee of $40.00.

Central Technical 725 Bathurst Street
Wed 6:30-9:30pm Apr 13 9wks $232 ($155sr) 78335

Figure Drawing & Painting-Advanced
This course is for those who wish to study the human figure in depth and learn more about anatomy and composition. Live models will be present for each class. Students supply their own materials. Final price includes material fee of $40.00.

Central Technical 725 Bathurst Street
Wed 6:30-9:30pm Apr 13 9wks $232 ($155sr) 78335

Figure Drawing-Beginner
Explore traditional and new techniques through a broad choice of media while drawing from live nude models. Students supply their own materials. Final price includes material fee of $40.00.

Central Technical 725 Bathurst Street
Wed 6:30-9:30pm Apr 13 9wks $232 ($155sr) 78335

Mixed Media: Egg Tempera
Egg tempera is one of the oldest painting techniques used by Egyptians, Greeks and Romans. Learn techniques and icon painting (traditional and new),
and explore colours, composition, shapes and form. Individual attention is given to each student working from still life and portrait landscape. No previous experience is necessary. Bring a pencil to the first night of class. Students will purchase own supplies.

**Burnhamthorpe CALC 500 The East Mall**

Thu 6:30-9:30pm Apr 14 9wks $192 ($115sr) 79038

**Non-Traditional Silkscreen and Mixed Media**

This open level course offers a dynamic selection of silkscreen based projects combined with non-traditional mixed media. Projects include, relief silkscreen, glass etching, polyester plate lithography, and photo-transfers onto a variety of materials. Recycle your old clothes, fabric, non-tempered glassware and windows into new artistic creations. Experiment with new techniques in a relaxed stress free environment. Easy to understand demonstrations and activities, an experienced instructor and well-equipped printmaking studio will allow you to set the pace of your experience. Final price includes material fee of $40.00.

**Central Technical 725 Bathurst Street**

Wed 6:30-9:30pm Apr 13 9wks $232 ($155sr)78337

**Oil & Acrylics-All Levels**

Explore the fundamental techniques of oil and acrylic painting. You will be given individual attention and also work as a group to develop or refine your own style of expression. Learn to choose your subject, materials, composition, construction and colours to produce stunning results.

**Burnhamthorpe CALC 500 The East Mall**

Tue 6:30-9:30pm Apr 12 9wks $202($125sr) 79040

**Mimico Adult Centre 255 Royal York Road**

Mon 6:30-9:30pm Apr 11 9wks $202($125sr)78851

**Oil & Acrylics-Beginner/Intermediate**

Explore your individual creative expression through an understanding of basic techniques used in acrylic and oil painting. Learn about basic drawing techniques, colour strategies and material information. Familiarize yourself with technical terms and skills that will simplify your approach to painting. Students supply their own materials. Final price includes material fee of $10.00.

**Northern SS 851 Mount Pleasant Road**

Mon 6:30-9:30pm Apr 11 9wks $202($125sr)78851

**Painting-Intermediate ★**

Learn various painting techniques in acrylic or oil, using still life and/or subjects of interest. Examples will be presented for group critiques. We will explore what it takes to produce successful paintings. Emphasis is placed on working from nature and developing a better understanding of professional art practices.

**Second Mile/Orchard View 174 Orchard View Blvd**

Wed 1-3:30pm Apr 13 9wks $160($96sr)78294

Wed 10am-12:30pm Apr 13 9wks $160($96sr)78295

**Painting: Botanical Watercolour**

Learn to draw and paint plants and flowers meticulously using graphite pencil and/or watercolours. No previous experience is necessary. Students supply some of their own materials. Final price includes material fee of $5.00.

**Northern SS 851 Mount Pleasant Road**

Wed 6:30-9:30pm Apr 12 9wks $197($120sr) 78852

**Pottery ★**

Make, decorate, and glaze pottery and other creations from clay. Hand building only. (material costs: extra)

**Second Mile/Kensington Gdn 25 Brunswick Avenue**

Tue 9:15-11:45am Apr 12 9wks $160($96sr)78297

**Pottery - Handbuilding & Wheel Throwing**

Create a range of functional and decorative objects using various building methods. The course will be divided so that students experience both hand building and wheel throwing techniques. Students will be encouraged to explore surface decoration with the use of various tools and treatments to make unique handmade objects. The course is open to beginners as well as advanced students. Final price includes material fee of $50.00.

**Northern SS 851 Mount Pleasant Road**

Mon 6-9pm Apr 11 9wks $242($165sr)78853

**Pottery-All Levels**

Learn a timeless art form, build on what you already know or refine your skills! This class is designed for all students interested in pottery. Make, decorate and glaze your own pottery. Final price includes material fee of $50.00.

**Central Technical 725 Bathurst Street**

Wed 6:30-9:30pm Apr 13 9wks $242($165sr)78340

**Pottery-Beginner**

Pottery is an ancient and respected art form. Join us and learn how to make, decorate and glaze your own pottery. Experience the time-honoured satisfaction of creating your own unique work of art from a simple clump of clay! Final price includes material fee of $50.

**Central Technical 725 Bathurst Street**

Thu 6:30-9:30pm Apr 12 9wks $242($165sr)78360

**Pottery-Beginner/Intermediate**

This class is designed for both the beginner as well as those with some previous experience. Learn or improve your potter's wheel skills and handbuilding techniques. Those new to this art form will learn to make, decorate and glaze their own pottery! Experienced potters will refine their skills! Final price includes material fee of $40.00.

**Danforth C & TI 800 Greenwood Avenue**

Wed 6-9pm Apr 13 9wks $232 ($155sr)79124

**Mimico Adult Centre 255 Royal York Road**

Mon 6:15-9:15pm Apr 11 9wks $232 ($155sr)79171

Wed 6:15-9:15pm Apr 13 9wks $232 ($155sr)79172

**Printmaking-Intermediate**

Building on skills learned in the intro course, explore the world of etching using Zinc plate, Chine Colle and various grounds. Learn how to set up a screenprinting studio in your own apartment. Expand your lino skills using the press. Use free print time to finish printing your editions. Curriculum changes slightly each term to accommodate repeat learners. Prerequisite: Printmaking - Introduction or Printmaking- All Levels. Final price includes material fee of $40.00.

**Central Technical 725 Bathurst Street**

Thu 6:30-9:30pm Apr 14 9wks $232 ($155sr)78361
Printmaking-Introduction
Get the complete printmaking atelier (artist studio or workshop) experience! Students will undertake exercises in relief techniques (cutting and printing lino block), intaglio (drypoint) and screeningprint (creating unique images through screen for paper and fabric). Come and experience the magical world of printing on paper. Final price includes material fee of $40.00.

Central Technical 725 Bathurst Street
Tue 6:30-9:30pm Apr 12 9wks $232 ($155sr) 78341

Sculpture: Clay
Learn to manipulate clay through the observation and interpretation of live nude models. Subsequent mold-making and casting are also covered. Final price includes material fee of $60.00.

Central Technical 725 Bathurst Street
Wed 6:30-9:30pm Apr 13 9wks $252 ($175sr) 78343

Sculpture: Medallic Art
Explore the creative, ancient, and exciting world of medallic art, by making your own double sided, hand held sculptural medal cast in bronze. Execute the fundamental stages of the classic ‘lost wax’ metal process while learning about the history of classical to contemporary medals...This is a very hands on intensive technical course, and is the only general interest bronze foundry program operating in Toronto. Final price includes material fee of $50.00.

Central Technical 725 Bathurst Street
Thu 6:30-9:30pm Apr 14 9wks $252 ($175sr) 78345

Watercolour-Painting ★
Enjoy the magic of watercolour. Learn or further develop painting skills at your own pace and allow your creativity to blossom. Explore colour, shape and the illusion of form.
Second Mile/Orchard View 174 Orchard View Blvd
Thu 1-3:30pm Apr 14 9wks $160 ($96sr) 78304

Watercolour: Fundamentals
This course introduces the novice painter to transparent watercolour painting. The intent is to guide you in your exploration as you gain an understanding of the materials and its unique properties. The basic building blocks of painting are explained and demonstrated. Learn to better express your own individual artistic vision. Final price includes material fee of $10.00.
Northern SS 851 Mount Pleasant Road
Mon 6:30-9:30pm Apr 11 9wks $202 ($125sr) 78866

Business and Finance
Accounting & Bookkeeping-
Beginner
This is an introduction to basic accounting and bookkeeping processes and procedures for entry level positions e.g. accounts receivable/payable, personal or small business needs. It includes instruction on double-entry journaling, general ledger, posting accruals, deferrals, closing entries and more. Final price includes material fee of $3.00.
Burnhamthorpe CALC 500 The East Mall
Sat 10:30am-12:30pm Apr 9 $131 ($80sr) 78562

Overland Learning Centre 55 Overland Drive
Sat 8:30-10:30am Apr 9 $131 ($80sr) 78915
Sat 10:30am-12:30pm Apr 12 $131 ($80sr) 78880

Accounting: Payroll-Beginner
You will learn how to enter new employees, process payments, remit deductions, report journal entries, complete payroll deductions and Records of Employment (ROE). You will use Simply Accounting computer software as your processing system. Final price includes material fee of $3.00.
Overland Learning Centre 55 Overland Drive
Thu 7:30-9:30pm Apr 12 $131.64 ($80sr) 78881

Accounting: Small Business & Tax Issues
You will be provided with a variety of information to help you manage the operations of your business. Topics include setting up a simple records keeping system, understanding and using of financial statements, Canadian payroll and statutory deductions. Capital cost and capital cost allowance as well
as types of vehicle and allowable motor vehicle expenses, attribution rule and income splitting techniques will be covered along with much more! Ideal for new and existing businesses. Final price includes material fee of $3.00.
Overland Learning Centre 55 Overland Drive
Sat 10:30am-12:30pm Apr 09 9wks $131 ($80sr) 78920

Bank Teller Training
Learn how a bank operates. Explore banking procedures, deposits, withdrawals, cheque verification, forgery, money orders and traveller’s cheques. This is not a certificate granting course. Final price includes material fee of $3.00.
Overland Learning Centre 55 Overland Drive
Sat 12:45-2:45pm Apr 09 9wks $131 ($80sr) 78920

Estate Planning
The course helps you consider the unique challenges that adults 50+ face as they consider estate planning. This Estate Planning course is designed specifically to allow you to effectively plan your estate. Learn all about probate, creating a will, and estate taxes. Control your estate for your maximum benefit. Plan for your retirement, plan for your future, and improve your personal lifestyle today.
Agincourt CI 2621 Midland Avenue
Wed 6:30-8:30pm Apr 13 9wks $128 ($77sr) 78539

Estate Planning - Workshop
Estate Planning is required to ensure that your assets and properties are distributed according to your wishes in a tax efficient manner and not dictated by the law. In this workshop we will provide an overview and structuring of Will and Power of Attorney. Final price includes material fee of $3.00.
Overland Learning Centre 55 Overland Drive
Thu 5:30-7:30pm Apr 14 3wks $46 ($29sr) 78897
Thu 5:30-7:30pm May 05 3wks $46 ($29sr) 78898

Income Tax Preparation
Tax shelters and tax loopholes can save you thousands of dollars every year! Topics covered include RRSP’s, tax shelters, rental income, home-based businesses, capital gains and losses, interest rates, life insurance and wills/estate planning. All facets of personal income tax preparation for single people and families will be covered. Final price includes material fee of $3.00.
Burnhamthorpe CALC 500 The East Mall
Thu 7-9:30pm Apr 14 9wks $163 ($99sr) 79034

Central Technical 725 Bathurst Street
Tue 7-9:30pm Apr 12 9wks $163 ($99sr) 78389

Investment Planning
Learn how to take control of your money and build your personal wealth in this introduction to personal finance and investing. The course delivers valuable, practical information in plain language that everyone can understand. Topics discussed include: create your own personal wealth-building plan, choose the right financial advisor, pick the best stocks, bonds, mutual funds and exchange-traded funds, RRSP’s and retirement planning, Tax Free Savings Accounts, reduce the tax you pay and much more.
Agincourt CI 2621 Midland Avenue
Wed 7:30-9:30pm Apr 13 9wks $131 ($80sr) 78545

Investor Boot Camp: Intermediate
Students are required to have previously taken an Investor Boot Camp course. Advance your knowledge of market analysis and how it connects to the portfolio with strategy and execution tactics. Key information for managing stocks will be explored in depth. This course is for investors willing to do some study.
Mimico Adult Centre 255 Royal York Road
Wed 6:45-9:15pm May 11 3wks $53 ($32sr) 79166

Investor Boot Camp: Introduction
Get the basic information for successful investing. Explore the myths of the financial markets and discover how to analyze markets and stocks using key indicators for security selection and timing.
Mimico Adult Centre 255 Royal York Road
Wed 6:45-9:15pm Apr 27 2wks $36 ($21sr) 79167

Personal Financial Planning and Management
This course is for anyone wanting to understand and take control of their finances. You will get an overall financial picture of your assets vs. debt. Young and old can benefit from this course which will cover budgeting, debt management, taxation, investment income, insurance needs, RRSP, RRIF, and retirement planning. This course is a must for anyone wanting to make informed decisions about their personal, secure financial future. Final price includes material fee of $3.00.
Burnhamthorpe CALC 500 The East Mall
Thu 7-9am Apr 14 9wks $131 ($80sr) 79042

Central Technical 725 Bathurst Street
Tue 6:30-8:30pm Apr 12 9wks $131 ($80sr) 78409

QuickBooks
QuickBooks has everything you need to manage your business more effectively. It’s as simple as filling in familiar cheques, invoices and forms onscreen. QuickBooks gives you instant access to your business’ financial information with over 100 reports. Prerequisite: Some basic accounting knowledge. Final price includes material fee of $3.00.
Overland Learning Centre 55 Overland Drive
Sat 1-3pm Apr 09 9wks $131 ($80sr) 78943
Mon 7:30-9:30pm Apr 11 9wks $131 ($80sr) 78907

QuickBooks - Level II
Learn how to set up payroll, pay employees, pay payroll liabilities, process payroll forms and run payroll reports. Also learn additional QuickBooks features such as entering, opening trial balance, customer and vendor balances, sales and purchase orders and NSF cheques. Prerequisite: Basic accounting knowledge. Final price includes material fee of $3.00.
Overland Learning Centre 55 Overland Drive
Thu 7:30-9:30pm Apr 14 9wks $131 ($80sr) 78908

Real Estate: Home Buying and Property Investing
Thinking of buying or selling your home? Or have dreams of investing in real estate? Learn the critical elements of buying and selling real estate that will make the transaction a success and keep you out of trouble. Determine where and what property to buy, how to finance and negotiate the transaction, and who are the critical people you need to hire as part of your team in helping you throughout the process. The topics and detail covered will appeal whether you are a first-time buyer or an experienced investor.
Richview CI 1738 Islington Avenue
Mon,Sat 7-8:30pm Apr 11 9wks $96 ($57sr) 78517

Real Estate: Investment Property
Real estate is a great way to create wealth. Learn the math that will keep you out of the red! Learn how to recognize under-valued properties, the many options available in financing, improvements that yield the biggest returns, property management, how
CRA applies taxation to profits, HST implications, to incorporate or not? Learn how to flip homes successfully or buy and hold profitably. If you have thought to start investing or are experienced, this course is for you! **Northern SS 851 Mount Pleasant Road**

Mon 7:30-9:30pm Apr 11 9wks $128 ($77sr) 78855

Richview CI 1738 Islington Avenue

Mon 8:30-10pm Apr 11 9wks $96 ($57sr) 78518

Self-Employment, Market Research & The Business Plan

Come out and explore your entrepreneurial potential! You will start drafting your business plan. Topics include understanding challenges to business start up, introduction to market research, starting the business plan, business registrations, types of business ownership, six key factors to consider before starting your business. Final price includes material fee of $20.00.

**Overland Learning Centre 55 Overland Drive**

Mon 5:30-8:30pm Apr 11 4wks $105 ($71sr) 79004

Start Your Own Business - Workshop

Are you an entrepreneur? This interactive course will assist you in making your decision to pursue self-employment. Topics include: assessing your entrepreneurial potential; analyzing the viability of your business idea; understanding the importance and the components of a business plan; introduction to market research, promotion and marketing. Business registration and types of ownerships will be discussed as well as common challenges and problem solving solutions to move your business towards the start-up phase. Final price includes material fee of $3.00.

**Overland Learning Centre 55 Overland Drive**

Sat 9am-1pm Apr 09 9wks $131 ($80sr) 78575

Central Technical 725 Bathurst Street

Tue 6:30-9pm Apr 12 9wks $163 ($99sr) 78369

Danforth C & TI 800 Greenwood Avenue

Wed 7-9pm Apr 13 9wks $131 ($80sr) 79111

Creative Writing

Learn to craft characters, create mood and structure your work while letting your language flow. Exercises focus on the creation of character through which plot is explored. You will work toward creating a strong story. Teacher editorials and controlled workshop approaches are used to develop strategies for enhancing each individual story. Final price includes material fee of $3.00.

**Burnhamthorpe CALC 500 The East Mall**

Sat 11am-1pm Apr 09 9wks $131 ($80sr) 78575

**Mimico Adult Centre 255 Royal York Road**

Wed 10am-12pm Apr 13 9wks $131 ($80sr) 78760

Creative Writing: Fiction

Participants will be encouraged to write brief weekly assignments in order to learn how to craft a story using character development, dialogue, setting, pacing, and plotting. Whether you're attempting picture books, short stories, or novels, teacher editorials and controlled workshop will illustrate ways in which your story can be strengthened. Final price includes material fee of $3.00.

**Mimico Adult Centre 255 Royal York Road**

Wed 1-3pm Apr 11 9wks $131 ($80sr) 78269

Creative Writing: Memoirs I ★

Learn the craft of memoir writing and write your personal life story that your peers, children or grandchildren have been asking for. You will have the opportunity to submit several pieces of work for class discussion and critique. Discussions about contemporary memoirs will illustrate a variety of approaches to memoir writing. Final price includes material fee of $3.00.

**Mimico Adult Centre 255 Royal York Road**

Wed 1-3pm Apr 11 9wks $131 ($80sr) 78270

**Overland Learning Centre 55 Overland Drive**

Tue 2:15-4:15pm Apr 12 9wks $131 ($80sr) 78268

Scarborough Village CC 3600 Kingston Road

Fri 1:15-3:15pm Apr 15 9wks $131 ($80sr) 78269

Communications

Creative Writing

Learn to craft characters, create mood and structure your work while letting your language flow. Exercises focus on the creation of character through which plot is explored. You will work toward creating a strong story. Teacher editorials and controlled workshop approaches are used to develop strategies for enhancing each individual story. Final price includes material fee of $3.00.

**Overland Learning Centre 55 Overland Drive**

Thu 7:30-9:30pm Apr 14 9wks $131 ($80sr) 78910

The Art of Speech and Argument

In this course we will examine how speech is indicative of your personality, and the impression it makes on other people. We will also begin to delve into the areas of public speaking, how to respond in unexpected scenarios, how to formulate speeches, presentation techniques and basic debate skills. This class is designed for people who are uncomfortable speaking in front of groups or have trouble remaining calm when in group situations. Final price includes material fee of $3.00.

**Danforth C & TI 800 Greenwood Avenue**

Wed 6-9pm Apr 13 9wks $195 ($118sr) 79136

Psychology of Behaviour

Psychology is the scientific study of human behaviour and thought processes. In this course you will learn the basic principles of psychology and develop your critical thinking skills. Learn to evaluate information, apply psychological theories to everyday facts, question commonly held assumptions and ask challenging questions. The study of psychology has many applications for everyday life. Final price includes material fee of $3.00.

**Overland Learning Centre 55 Overland Drive**

Sat 1:30pm Apr 09 9wks $131 ($80sr) 78941

Public Speaking-Beginner

Whether speaking to a small informal group, a business meeting, or a political gathering, stage fright can be a very real and debilitating feeling. This course will help you overcome some of your fears and give you the tools to improve your public speaking. Final price includes material fee of $3.00.

**Don Mills CI 15 The Donway East**

Mon 7-9pm Apr 11 9wks $131 ($80sr) 78321

Computers

Adobe Creative Suite: All-in-One

This intense course introduces you
Adobe Creative Suite as a package. Six programs are covered: Photoshop (photo editing and painting), Bridge (photos/videos organizing), Illustrator (drawing and design), Dreamweaver (Web Pages creating), Flash (Animations) and Premiere (Movie-making). Final price includes material fee of $3.00.

Northern SS 851 Mount Pleasant Road
Tue 7:30-9:30pm Apr 12 9wks $131 ($80sr) 78818

Adobe Illustrator/PhotoShop
Learn to use the computer applications employed in the arts and graphics industry and to create digital art.

Macintosh computers are used. Final price includes material fee of $10.00.

Central Technical 725 Bathurst Street
Thu 6:30-9:30pm Apr 14 9wks $202 ($125sr) 78349
Tue 6:30-9:30pm Apr 12 9wks $202 ($125sr) 78350

Building Blogs and Websites with Word Press
You will learn how to build blogs and websites with the free, web-based WordPress software. Build attractive, professional looking sites that incorporate text, graphics and video. Learn to quickly and easily add new blog posts or webpages as well as how to use themes to change the look of your site and plugins to add functionality to your site. Final price includes material fee of $3.00.

Burnhamthorpe CALC 500 The East Mall
Thu 7:30-9:30pm Apr 14 9wks $131 ($80sr) 79015
Thu 5:30-7:30pm Apr 14 9wks $131 ($80sr) 79016

C, C++, C# and Visual Basic
This comprehensive course would be valuable not only for high school, college and university students but also for anybody interested in modern software development. We will start from the ‘classic’ or ‘procedural’ programming, covering variables, arrays, control statements, loops and functions. The next step is going to be ‘OOP’ - Object Oriented Programming (classes, encapsulation, inheritance and polymorphism). A special part of course is devoted to the essential Windows programming concepts: events, messages, graphics, and resources. Visual Studio 2013 is used. Final price includes material fee of $3.00.

Overland Learning Centre 55 Overland Drive
Thu 7:30-9:30pm Apr 14 9wks $131 ($80sr) 78891

Computer Applications For Everyday Life ★
Learn computer skills that can be used in everyday life, e.g. Internet banking, searching information online and the basics of using e-mail. Start with the basics of some Microsoft Office applications (Word and Excel). Explore Internet usage, e.g., booking movie tickets, e-mailing or shopping online. Higher level use of the Microsoft Office programs (Word, Excel and Power Point) will be introduced according to the students’ level. Final price includes material fee of $3.00.

Burnhamthorpe CALC 500 The East Mall
Sat 10:30am-12:30pm Apr 9 9wks $131 ($80sr) 78571

Mimico Adult Centre 255 Royal York Road
Tue 2:30-4:30pm Apr 12 9wks $131 ($80sr) 78758

Computer Applications For Everyday Life
Learn computer skills that can be used in everyday life, e.g. Internet banking, searching information online and the basics of using e-mail. Start with the basics of some Microsoft Office applications (Word and Excel). Explore Internet usage, e.g., booking movie tickets, e-mailing or shopping online. Higher level use of the Microsoft Office programs (Word, Excel and Power Point) will be introduced according to the students’ level. Final price includes material fee of $3.00.

Burnhamthorpe CALC 500 The East Mall
Sat 10:30am-12:30pm Apr 9 9wks $131 ($80sr) 78662

Northern SS 851 Mount Pleasant Road
Thu 7:30-9:30pm Apr 12 9wks $131 ($80sr) 78831

Computer Skills for Workplace Proficiency - Int/Adv
This course will further advance your computer skills for the workplace or your small business. We will cover Word (advanced); Publisher (leaflets and newsletters); Power Point presentations; Excel at the intermediate level (charts and spreadsheets) and Access (advanced queries). Prerequisite: experience in Microsoft Office is an asset. Final price includes material fee of $3.00.

Northern SS 851 Mount Pleasant Road
Mon 7-9pm Apr 11 9wks $131 ($80sr) 78832

Overland Learning Centre 55 Overland Drive
Sat 1-3pm Apr 9 9wks $131 ($80sr) 78922

Computer Skills - Intermediate
Students will learn to store, organize, move, delete, rename, create shortcuts, and copy files/folders within their computer and find ‘lost files/folders’. Explore the Internet and its functions, use webmail to communicate with your loved ones. Protect your computer from viruses, Malware and Spyware. We will cover popular applications such as notepad, PDF, paint, media player. Final price includes material fee of $3.00.

Mimico Adult Centre 255 Royal York Road
Fri 1:30-4:30pm Apr 15 9wks $131 ($80sr) 78264
Mon 2:15-4:15pm Apr 11 9wks $131 ($80sr) 78265

Computer Training/Trouble Shooting/Viruses and Websites
This course is for beginner and advanced learners. The following topics will be covered: software tools, computer part specifications, basic applications, how to run a computer faster, deleting viruses and setting up network routers. Learners will also explore free websites that offer photography/video services and tips on using MS Office. Final price includes material fee of $3.00.

Northern SS 851 Mount Pleasant Road
Mon 7-9pm Apr 11 9wks $131 ($80sr) 78833

Computer Upgrading/Servicing/ Repairing
Learn how to build, upgrade and repair personal computers (both Pentium and Athlon Systems). This course is valuable for both novices and experienced computer users. Topics include: troubleshooting hardware and software problems; installing and replacing processors, memory modules, hard
drives, CD ROM/DVD and expansion cards; formatting Hard Disks, Windows installation tips and tricks, small network setup; Internet connectivity and security. Students please bring a screwdriver to class. Final price includes material fee of $3.00.

Overland Learning Centre 55 Overland Drive
Thu 11am-1pm Apr 14 9wks $131 ($80sr) 78669

Computer, Internet & E-Mail ★
This course is designed for beginners interested in using the computer for home, school or business purposes. Learn the basics of hardware, software, memory and disks; how to search for information on the internet; send e-mails and attach a file. You will also learn the basics of Microsoft Word. Final price includes material fee of $3.00.

Mimico Adult Centre 255 Royal York Road
Wed 2:45-4:45pm Apr 13 9wks $131 ($80sr) 78267

Overland Learning Centre 55 Overland Drive
Thu 1:30-3:30pm Apr 14 9wks $131 ($80sr) 78266

Cool Apps for Smartphones and Tablets
Join this course to find your favorite app that fits your life style. This course is designed for both iOS & android devices. Bring your Smart Phone or Tablet and learn how to use some useful free apps on the market. Start using your favorite apps and add new features & tools to your android or iOS devices. This course will cover a wide range of free apps including but not limited to communication, organization, picture optimization, social media and much more. Participants are required to bring in their own personal devices and use their own data plan. Basic knowledge of how to use smartphone and or tablet is helpful but not required. Final price includes material fee of $3.00.

Overland Learning Centre 55 Overland Drive
Wed 11am-1pm Apr 13 9wks $131 ($80sr) 78670

Creating Android Apps
This course teaches Android application development. You will learn through simple, clearly explained, step-by-step examples how to get your mobile apps up and running as soon as possible. Previous programming experience would be an asset but not required. Final price includes material fee of $3.00.

Overland Learning Centre 55 Overland Drive
Mon 8-9:30pm Apr 11 9wks $99 ($60sr) 78874

Digital Photo Album
Join us and learn how to turn your pictures into an album everyone will admire! Find out how to copy pictures from your camera to your computer, search through them, organize them to create an album or a slide show. You will also learn how to use web sites to create photo memories to share with family and friends all over the world. Please bring your digital camera with photos to class. Final price includes material fee of $3.00.

Overland Learning Centre 55 Overland Drive
Mon 11am-1pm Apr 11 9wks $131 ($80sr) 78673

Digital Photo Album ★
Join us and learn how to turn your pictures into an album everyone will admire! Find out how to copy pictures from your camera to your computer, search through them, organize them to create an album or a slide show. You will also learn how to use web sites to create photo memories to share with family and friends all over the world. Final price includes material fee of $3.00.

Overland Learning Centre 55 Overland Drive
Wed 1:15-3:15pm Apr 14 9wks $131 ($80sr) 78681

JavaScript & jQuery
JavaScript knowledge is essential for any Web developer nowadays. Any Web browser has built-in JavaScript engine. Using JavaScript you can embed into the Web pages small pieces of software the Web browser can interpret on the fly. This way you make dynamic Web pages that handle user's interactions and change in front of the user’s eyes. jQuery - is free and the most popular library of prewritten JavaScript functions. jQuery lets you create amazing visual effects and animations in the Web page. Final price includes material fee of $3.00.

Overland Learning Centre 55 Overland Drive
Thu 2:15-4:15pm Apr 14 9wks $131 ($80sr) 78682

InDesign
Learn how to use and organize texts, graphics and images created in Adobe Illustrator and Photoshop to create and develop magazine layouts, brochures, flyers and other professional marketing material. Final price includes material fee of $3.00.

Overland Learning Centre 55 Overland Drive
Sat 8:30-10:30am Apr 09 9wks $131 ($80sr) 78928

Java Programming
In the beginning of 21st century Java platform took the world-wide programmers community by storm and it is still extremely popular. Using Java you can create versatile Desktop, Web and Data Base applications. Final price includes material fee of $3.00.

Overland Learning Centre 55 Overland Drive
Thu 1:30-3:30pm Apr 14 9wks $131 ($80sr) 78266

Latest Microsoft Office & Social Media
This course is designed for beginners to more advanced and teaches how to use all Microsoft Office Applications (MS Word, Excel, Outlook Express, PowerPoint, Office Web Apps, Publisher, Access. Students will also

HTML, CSS & HTML 5
HTML & CSS are the heart and soul of any Web site. HTML defines the Web page content (text, hyperlinks, images, divisions, interactive forms); it is about what you represent. CSS is basically about how you represent (colours, backgrounds, fonts, alignments, layouts). This course gives you a solid HTML & CSS background you need in order to plan, develop or maintain Web sites. HTML & CSS understanding is also vital for those who try to master Dreamweaver or Content Management Systems - WordPress, Joomla! and Drupal. The last sessions are devoted to the Internet future - HTML5. Final price includes material fee of $3.00.

Overland Learning Centre 55 Overland Drive
Sat 10:30am-12:30pm Apr 09 9wks $131 ($80sr) 78931

This symbol ★ indicates Seniors’ Daytime classes.
Microsoft Excel-Beginner/Intermediate
This is a combination course of beginner and intermediate levels. The first five weeks will be spent covering the basic Excel functions of creating, entering, saving, copying and moving data as well as inputting formulas and chart preparation. The last six weeks students will further develop Excel knowledge by consolidating and analyzing sets of data, create charts and pivot tables, repeat tasks with macros, use advanced filters and database statistics. Final price includes material fee of $3.00.

Microsoft Excel-Beginner
You will learn to enter and manipulate text, use toolbars, set tabs and margins, create headers and footers and check spelling. You will also learn how to build and format worksheets, create interactive spreadsheets, charts and more. Final price includes material fee of $3.00.

Microsoft Word/Excel-Beginner
This is a course for those who would like to learn the most popular integrated software package, Microsoft Office. This package includes Word (word processing), Excel (spreadsheets), Access (database software) and PowerPoint (presentations). Overland LC and Richview CI only: Office 2013/365 users please bring your laptops. Final price includes material fee of $3.00.

Microsoft Word/Excel-Intermediate
Expand your knowledge of MS Excel & Word. In Excel you will develop new ‘what-if’ analysis using conditional logic, consolidating and analyzing sets of data, creating charts and pivot tables, repeating tasks with macros, formatting data; using advanced filter and database statistics. In Word you will learn how to create tables and columns (newsprint); use clip and picture art, mail and document merge, and much more. Final price includes material fee of $3.00.

Microsoft Office-Beginner
This is a course for those who would like to learn the most popular integrated software package, Microsoft Office. This package includes Word (word processing), Excel (spreadsheets), Access (database software) and PowerPoint (presentations). Overland LC and Richview CI only: Office 2013/365 users please bring your laptops. Final price includes material fee of $3.00.

Microsoft Office-Intermediate
Expand your knowledge of the popular MS Excel program by developing a ‘what-if’ analysis using conditional logic; consolidating and analyzing sets of data; creating charts and pivot tables; repeating tasks with macros; formatting data; using advanced filter and database statistics. Final price includes material fee of $3.00.

PC Security, Trojans, Virus
Designed for individuals who care about computer security and personal data privacy while online. Students will learn to take computer security measures including understanding viruses, spam, spyware, firewalls, trojans, rootkit and worms; security tips essential for online banking; password protection and links to free detection and protection tools. Final price includes material fee of $3.00.

PHP and My SQL-Server Side Scripting
PHP is one of the most popular web-programming languages nowadays. It interacts with web servers and allows you to generate dynamic web content, process forms, backend databases and much more! Final price includes material fee of $3.00.

PhotoShop-Beginner
This is an ideal course for beginners who want to learn the concepts and techniques of photo editing, using the industry standard Adobe Photoshop. Using step-by-step, project-based lessons, this course covers the principles and concepts of Photoshop’s environment, resolution issues, sizing and cropping images, selecting image areas, use of the layers to combine different images, image colour modes, colour & painting tools, adding text, cloning, layer effects and filters, adjusting image colour, and saving completed images. No prerequisites. Adobe CS5 at Overland only. Final price includes material fee of $3.00.

Smart Phones & Tablet Security
Keep your Android phone or tablet safe and your personal data secure with smart and easy tips, techniques and settings. This course covers common security risks and solutions, helping Android users to know what to do when their device is lost or stolen, how to access and even erase your data remotely on your lost device, how to protect passwords and how to protect devices from malware. Participants are required to bring in their Android devices and use their own data plan. Final price includes material fee of $3.00.

Social Media Marketing for Small Businesses
Learn effective strategies of Social Media Marketing. This class is designed as a basic introduction on how to use Social Media to increase consumer reach. We
will explore successful past Social Media campaigns and examine the factors leading to their success. Topics covered will include Search Engine Optimization, Meta Tags, effective use of hashtags and how to set up your business page. Forms of Social Media covered include the following: Facebook, Twitter, Pinterest, Instagram, Youtube, LinkedIn, Blogs & Forums. Final price includes material fee of $3.00.

Overland Learning Centre 55 Overland Drive
Thu 7:30-9:30pm Apr 14 9wks $131 ($80sr) 78909
Sat 1-3pm Apr 09 9wks $131 ($80sr) 78946

Top Networking Websites: Facebook, Twitter & LinkedIn
Learn about the world’s most popular online networking services - Facebook, Twitter & Skype. Gain practical tips and learn to use different features that will allow you to share video, images, stories and even watch your friends and grandchildren smile in real time. It’s appropriate for beginners and anyone else who’d like to get a sense of what you can do on various social networks. Final price includes material fee of $3.00.

Overland Learning Centre 55 Overland Drive
Mon 9-11am Apr 11 9wks $131 ($80sr) 78702

Web Design-Beginner
For those new to web design, this course teaches the planning and development of well-designed web sites combining effective navigation with appropriate use of graphics, images, type/text, and colour. Web Design Beginner focuses on the correct use of HTML and DHTML elements, site navigation, and page design and layout. This course introduces basic Photoshop features needed for web publishing and Adobe Dreamweaver to quickly develop web applications while maintaining control over the HTML. No prerequisites. Adobe CS5 at Overland only. Final price includes material fee of $3.00.

Overland Learning Centre 55 Overland Drive
Sat 10:30am-12:30pm Apr 09 9wks $131 ($80sr) 78951
Fri 11am-1pm Apr 15 9wks $131 ($80sr) 78703

Web Design-Intermediate
Explore the world of web design and learn to make a fully functional professional site using advanced layouts. This course covers HTML, Dynamic HTML, CSS, content creation and search engine optimization. Create a web site that allows your visitors to contact you via a contact form or a Google map. This course focuses on Dreamweaver’s website design tools and the advanced features of Photoshop’s tools to create and enhance images for web publication. Basic web design experience recommended. Adobe CS5 at Overland only. Final price includes material fee of $3.00.

Burnhamthorpe CALC 500 The East Mall
Thu 7:30-9:30pm Apr 14 9wks $131 ($80sr) 79057

Overland Learning Centre 55 Overland Drive
Tue 7:30-9:30pm Apr 12 9wks $131 ($80sr) 78952

Windows 7/8 &10 ★
Learn how to: manage your desktop, organize personal data in files, folders and libraries, enjoy your photo, music and video collections, and use the Internet. Windows 8 and 10 users, please bring your laptop to class. Final price includes material fee of $3.00.

Overland Learning Centre 55 Overland Drive
Fri 9-11am Apr 15 9wks $131 ($80sr) 78308

Crafts
Bead Crazy Advanced
Expanding on the skills acquired in the first two courses, we’ll tackle more elaborate and challenging projects. During each class you will create a stunning piece that you keep. Students must supply their own tools. Final price includes material fee of $25.00.

Northern SS 851 Mount Pleasant Road
Tue 8-9:30pm Apr 12 9wks $121 ($82sr) 78823

Bead Crazy Beginner
Bead crazy beginner takes learners of all levels on a rich and satisfying beading adventure. Going beyond tools and techniques, we will delve into the elements of design - colour, balance, texture and spacing. We will also explore different ways that beads can be used in jewellery and other projects. Learn seed bead stitches, wire wrapping, and more. You will take home nine original pieces and a solid understanding of design principles. Students must supply their own tools. A list will be provided the first class. Final price includes material fee of $15.00.

Danforth C & TI 800 Greenwood Avenue
Wed 6-8pm Apr 13 9wks $143 ($92sr) 79108

Northern SS 851 Mount Pleasant Road
Tue 6-8pm Apr 12 9wks $143 ($92sr) 78824

Bunka Shishu I & II ★
Learn the basic techniques used in this ancient form of Japanese embroidery. A punch needle and a very versatile rayon thread are used to create beautiful works of art. A sampler will be stitched in class. New students must purchase a kit, approximately $40.00.

Earl Bales CL 4169 Bathurst Street
Fri 12:30-2:30pm Apr 15 9wks $128 ($77sr) 78254

Fabric Art-All Levels
Learn the basics of fabric dyeing and surface design to create one-of-a-kind cloth. Students will have the opportunity to explore a variety of mediums and processes. Techniques such as: shibori dyeing, photo transfer, discharging, small format silk screen printing and other fun methods of surface design. Colour and design elements will also be taught. Students will finish the course with beautiful fabric and the confidence to continue creating fabric art on their own. Fabric costs extra. Final price includes material fee of $20.00.

Central Technical 725 Bathurst Street
Tue 6:30-9:30pm Apr 12 9wks $212 ($135sr) 79216

Hands-on Floral Design
This is an exciting hands-on course that will teach you the basics of floral design. Learn how to make floral arrangements, centrepieces and wearable flowers. Learn the technical aspects of floral design and arrangement including proper floral composition and decorative elements. Ribbon making, wiring, taping and basic floral care will be covered. Students provide own flowers - fresh or dry. Final price includes material fee of $3.00.

Agincourt CI 2621 Midland Avenue
Wed 7-9pm Apr 13 9wks $131 ($80sr) 78637

Leaside HS 200 Hanna Road
Wed 7-9pm Apr 13 9wks $131 ($80sr) 78637

Jewellery B
Create a silver ring while learning jewellery skills in saw piercing, bending, silver soldering and polishing. Design your second project after watching demonstrations of riveting, fusing, chasing, rolling mill texturing and patination. Silver is available at a cost from the instructor. Beginners welcome. Final price includes material fee of $22.00.

Central Technical 725 Bathurst Street
Tue 6:30-9:30pm Apr 12 9wks $214 ($137sr) 78813
Crafts & Dance

Jewellery C
Learn the techniques of silver soldering, bezel stonesetting, box construction, doming, tapered tubes, chainmaking, and tubular wire knitting. Design your own jewellery projects. Beginners welcome. Final price includes material fee of $22.00.

Central Technical 725 Bathurst Street
Wed 6:30-9:30pm Apr 13 9wks $214 ($137sr) 78401

Jewellery E-Hammerforming II
By hammering a folded piece of metal for a few minutes, then opening up the fold, you can create surprisingly beautiful, three-dimensional pieces of jewellery or small sculptures. Along with this foldforming technique, sawing, doming, and tapered tube making will be taught. Beginners welcome. Must be able to hammer. Materials fee covers copper, polishing supplies, etc. Final price includes material fee of 28.00.

Central Technical 725 Bathurst Street
Thu 6:30-9:30pm Apr 14 9wks $220 ($143sr) 78814

Jewellery Making Fundamentals
This course is designed for a beginner or novice jeweller with some previous instruction in jewellery making. It will provide you with some practical experience in jewellery making, particularly with wire work, bead stringing, bead weaving and pearl knotting techniques. Participants will learn about jewellery design and experiment with construction techniques using various tools, jewellery findings and materials, symmetry and texture. Attendees will have the opportunity to create nine distinctive jewellery projects. Jewellery tools are provided. Students supply their own materials.

Richview CI 1738 Islington Avenue
Mon 6-8pm Apr 11 9wks $128 ($77sr) 78513

Stained Glass
Why not beautify your home with stained glass lamps or stained glass windows? Stained glass sun catchers make the perfect gift for any occasion. You will learn the fundamentals of copper foiling and create several projects! Beginner as well as those with some experience are welcome. Students must provide their own tools. Final price includes material fee of $30.00.

Central Technical 725 Bathurst Street
Mon 6-9pm Apr 11 9wks $222 ($145sr) 78432

Weaving: Fabric & Tapestry-All Levels
Create a sampling of patterns to use for projects such as place mats, scarves, rugs, fabrics and wall hangings. Once the sampler is completed, all projects are self-determined. All equipment and supplies are available from the instructor. (material costs: $25 for new students, $5 for repeat registrants)

Mimico Adult Centre 255 Royal York Road
Mon 6-9pm Apr 11 9wks $192 ($115sr) 79182
Wed 10am-1pm Apr 13 9wks $192 ($115sr) 78785
Mon 1:30-4:30pm Apr 11 9wks $192 ($115sr) 78786
Mon 10am-1pm Apr 11 9wks $192 ($115sr) 78787
Wed 6-9pm Apr 13 9wks $192 ($115sr) 79183

Weaving: Fabric & Tapestry-All Levels ★
Create a sampling of patterns to use for projects such as place mats, scarves, rugs, fabric and wall hangings. Once the sampler is completed, all projects are self-determined. All equipment and supplies are available from the instructor. (material costs: $25 for new students, $5 for repeat registrants)

Mimico Adult Centre 255 Royal York Road
Wed 1:30-4:30pm Apr 13 9wks $192 ($115sr) 78307

Wood Carving & Sculpture
Classes focus on selection, care and safe use of tools, and carving techniques based on European traditions. Projects are developed based on the desires and skill level of the learners from beginner to advanced. Wildlife, numerous decorative styles, portrait carving, carving in relief or in the round are all offered in a friendly learning environment with a master carver. Some tools are provided. Students supply some of their own materials. Final price includes material fee of $5.

Mimico Adult Centre 255 Royal York Road
Mon 9am-12pm Apr 11 9wks $197 ($120sr) 78309
Mon 1-4pm Apr 11 9wks $197 ($120sr) 78310
Tue 9am-12pm Apr 12 9wks $197 ($120sr) 78311
Tue 1-4pm Apr 12 9wks $197 ($120sr) 78312

Dance

Argentine Tango-Beginner
Learn to dance the steps and experience the feelings of the world’s most exciting and mysterious dance - the Argentine Tango. Join us and learn how to move your body to passionate music. Become the dance partner you’ve always wanted to be!
Northern SS 851 Mount Pleasant Road
Mon 8-9:30pm Apr 11 9wks $96 ($57sr) 78819

Ballroom & Latin Dancing-Beg/Int
This continuation of the beginner course will add new steps and body movements to your repertoire. Prerequisite: Ballroom and Latin Dancing-Beginner. Singles are welcome at Mimico and Northview. American style taught at Northview.
Mimico Adult Centre 255 Royal York Road
Wed 8-9:30pm Apr 13 8wks $96 ($57sr) 79154
Mon 6:30-8pm Apr 11 8wks $85 ($51sr) 79193

Northview Heights SS 550 Finch Avenue West
Mon 7-9:30pm Apr 11 9wks $96 ($57sr) 78796

Overland Learning Centre 55 Overland Drive
Sat 8:30-10:30am Apr 09 9wks $128 ($77sr) 78917
Sat 1-3pm Apr 09 9wks $128 ($77sr) 78918

Ballroom & Latin Dancing-Beg
Learn the basics of ballroom dancing, including many of the Latin dances. A variety of dances are covered including: Waltz, Foxtrot, Tango, Swing, Cha-Cha, Rumba and more. Build on a good foundation of movement, poise and balance. Wear comfortable shoes. Singles are welcome. Partner required at Leaside.
Agnicourt CI 2621 Midland Avenue
Wed 7-9pm Apr 13 9wks $128 ($77sr) 78529

Danforth C & TI 800 Greenwood Avenue
Wed 7-9pm Apr 13 9wks $128 ($77sr) 79106

Leaside HS 200 Hanna Road
Mon 7-9pm Apr 11 9wks $128 ($77sr) 78618

Mimico Adult Centre 255 Royal York Road
Mon 8-9:30pm Apr 11 8wks $96 ($57sr) 79155

www.learn4life.ca
Hip Hop Dance
This beginner/intermediate class is a fun way of learning creative and ‘funky’ dance moves. We will focus on basic and advanced level body movements with emphasis placed on choreographed music video dance. Running shoes and comfortable clothing should be worn.

Northern SS 851 Mount Pleasant Road
Mon 7-8pm Apr 11 9wks $128 ($77sr) 78643

Latin, Swing & Hustle-Beginner
Join us for a fun night of rhythm dances. Learn dance basics to the hot Latin beats of Salsa, Merengue, Bachata and Cha Cha. You will also dance East and West Coast Swing, and the Hustle, to the rhythms of Blues, Funk, Soul, Motown, Big Band and Disco. A great way to stay fit and learn new dances in a relaxed environment. A partner is required.

Burnhamthorpe CALC 500 The East Mall
Sat 9:30-11:30am Apr 09 9wks $128 ($77sr) 78590

Line Dancing-Beginner
This course will introduce you to basic line dance steps and commonly used cues, as well as to popular line dances that are done in social dance settings.

Richview CI 1738 Islington Avenue
Mon 7-9pm Apr 11 9wks $128 ($77sr) 78643

Line Dancing-Beginner
This course will introduce you to basic line dance steps and commonly used cues, as well as to popular line dances that are done in social dance settings.

Mimico Adult Centre 255 Royal York Road
Sat 11:30-1pm Apr 09 9wks $128 ($77sr) 78772

Discover the Outdoors
Birdwatching, Flora and Fauna
Learn to identify common and not so common bird species by their appearance, song and habitat. We will visit various Toronto area sites to find and observe birds in the wild. We will also explore interesting facts about various shrubs, plants and trees we encounter along the way. Binoculars, bottled water and good walking shoes are required. First meeting will be at: Humber Bay East Park, Etobicoke.

Burnhamthorpe CALC 500 The East Mall
Fri 10am-1pm Apr 15 9wks $192 ($115sr) 79010
Mon 10am-1pm Apr 11 9wks $192 ($115sr) 79011
Sat 8-11am Apr 16 9wks $192 ($115sr) 79012
Thu 10am-1pm Apr 21 8wks $170 ($102sr) 79013
Tue 10am-1pm Apr 12 9wks $192 ($115sr) 79014
Fitness and Wellness

Absolute Abs: Lower Body Blast
Work your abs, buttocks and thighs like never before! Not only will you work towards building that six pack, but more importantly, you will strengthen your lower abs, to give you strength and stability in your pelvis, hips and lower back. Please bring a mat and light weights 1 or 2 lbs.

Leaside HS 200 Hanna Road
Mon 7-8pm Apr 11 9wks $64 ($38sr) 78617

Aquatics/Aquafit-Shallow Water
Join us for aerobic exercise done in the pool to fun music. It’s a great workout for your entire body, improving muscle, tone, endurance, and strength.

Northview Heights SS 55 550 Finch Avenue West
Mon 11:30am-12:30pm Apr 11 9wks $64 ($38sr) 78252

Axialtonal Alignment
Originating with the Kabbalah and Sacred Geometry, it is more than a healing modality; it opens and aligns your meridians, balances your chakras and both sides of your brain. Centers & focuses your mind. Facilitates relaxation, improves physical mobility and mental alertness. Powerfully boots the effects of other therapies. It releases physical, emotional and spiritual limitations. A practitioner certificate will be issued after completion of the workshop.

Mimico Adult Centre 255 Royal York Road
Wed 6-7pm Apr 13 9wks $64 ($38sr) 79153

Bone Fitness
Improve bone and muscle strength in a fitness class filled with variety. Exercises include weight bearing, balance, strength training and proper posture. This class follows the new guidelines of Osteoporosis Canada for exercising to improve bone density and prevent bone loss.

Leaside HS 200 Hanna Road
Mon 6-7pm Apr 11 9wks $64 ($38sr) 78620

Mimico Adult Centre 255 Royal York Road
Tue 10:15-11:30am Apr 12 9wks $80 ($48sr) 78754
Thu 12-1:15pm Apr 14 9wks $80 ($48sr) 78755

Overland Learning Centre 55 Overland Drive
Wed 4-5pm Apr 13 9wks $64 ($38sr) 78666

Conquering Insomnia
40% of adults report suffering from insomnia on a regular basis. However, despite its prevalence, there is almost no funding for insomnia research and little is taught in medical schools about how to treat it. As a result, Western medicine typically sees only two ways to deal with the issue—sleeping pills or living with it. But there is more that can be done. This class explores behavioural modification techniques and alternatives such as acupressure, ear seeds, and breathing techniques to conquer insomnia and change your life. Final price includes material fee of $20.00.

Overland Learning Centre 55 Overland Drive
Mon 6:15-9:15pm May 02 2wks $63 ($46sr) 78872

Core Interval Training
This exercise program which targets your abdominal core muscles ‘mixes up’ repeated bouts of intense exercises with short rests. Core Interval Training is great for any age group and has proven to increases muscle oxidation and endurance capacity. It is a great cardiovascular exercise tool that will build lean muscle and give you that ‘toned’ shape. Participants are requested to bring a yoga mat (or beach towel) and a set of 1 or 2 lbs. weights.

Burnhamthorpe CALC 500 The East Mall
Thu 6-7pm Apr 14 9wks $64 ($38sr) 79024

Fitness ★
Can’t get motivated on your own? Come to our fitness class and increase your energy and well-being in a relaxed and social atmosphere! Exercises are designed to improve flexibility, joint mobility, cardiovascular endurance and muscular strength.

Mimico Adult Centre 255 Royal York Road
Mon 6:45am-12:45pm Apr 11 9wks $64 ($38sr) 78762

Full Body Boot Camp
Full Body boot camp is a challenging and effective full body work out designed to sculpt and tone your body and push you to your limits. Come prepared to do high impact cardio which includes running, jumping, burpees, skipping, plyometric drills, strength training, abs and mat/ floor work. At Overland and Don Mills, please bring a set of 2 to 5 pound dumbbells to every class along with a yoga mat, towel and a skipping rope is optional.

Burnhamthorpe CALC 500 The East Mall
Tue 7-8pm Apr 12 9wks $64 ($38sr) 79069
Sat 9:45-10:45am Apr 09 9wks $64 ($38sr) 78581

Central Technical 725 Bathurst Street
Thu 8:30-9:30pm Apr 14 9wks $64 ($38sr) 78380

Don Mills MS 17 The Donway East
Mon 6-7pm Apr 11 9wks $64 ($38sr) 78325

Overland Learning Centre 55 Overland Drive
Thu 6:30-7:30pm Apr 14 9wks $64 ($38sr) 78899
Thu 7:30-8:30pm Apr 14 9wks $64 ($38sr) 79070

Richview CI 1738 Islington Avenue
Mon 6:30-7:30pm Apr 11 9wks $64 ($38sr) 78510

Gentle Fitness ★
Enjoy a workout that includes stretching, muscle toning exercises and variety of low impact aerobic exercises. Bring your own towel and weights. Exercise tubes and mats are provided.

Overland Learning Centre 55 Overland Drive
Mon 9:15-10:45am Apr 11 9wks $96 ($57sr) 78286
Wed 9:15-10:45am Apr 13 9wks $96 ($57sr) 78287

Golden Age Yoga ★
This holistic course incorporates an exercise routine which helps alleviate muscular and skeletal disorder, hypertension, vision and cardiac complications. You will learn new skills.
in managing depression, loneliness and memory loss. Please bring your own yoga material.

**Cecil CC 58 Cecil Street**
Tue 1:30-3pm Apr 12 9wks $96 ($57sr) 78288

**Healing Meditation**
Healing occurs on the physical, emotional, mental and spiritual levels. You will learn how meditation aimed at balancing energy systems can aid in the healing process and increase self-awareness and self-worth. Explore the Seven Spiritual Laws which bring peace, harmony and success to your life. Final price includes material fee of $3.00.

**Leaside HS 200 Hanna Road**
Wed 7-9pm Apr 13 6wks $88 ($54sr) 78661

**Richview CI 1738 Islington Avenue**
Mon 8:30-9:30pm Apr 11 9wks $67 ($41sr) 78511

**Healing Runes**
Tired of paying $20 to $40 for an inaccurate psychic reading. Empower yourself; learn to do your own readings and get answers to questions that have eluded you. Learn the basics of how to do a reading using healing runes. A tool that can help kick start your healing and show you the next step or direction you need to head in. Sometimes it is as simple as getting validation that we have taken the right path.

**Overland Learning Centre 55 Overland Drive**
Sat 9am-12pm May 07 1wks $21 ($13sr)78929

**Looking Fit and Feeling Strong**
What happens to our bodies as we age and how do we take control of the aging process? This course will cover what we need to do to improve our posture, body composition, muscle strength, bone density and state of mind. Mini-seminars with specific health strategies followed by a weight training workout using machines and dumbbells.

**Western Tech 125 Evelyn Crescent**
Thu 6:30-8pm Apr 14 9wks $96 ($57sr) 79204

**Low Impact Aerobics ★**
Slim your body and tone your muscles with safe stretch and strength exercises. These easy aerobic movements will improve your flexibility and cardiovascular endurance.

**Edithvale CC 131 Finch Avenue W**
Wed 9-10am Apr 13 9wks $64 ($38sr) 78291
Fri 9-10am Apr 15 9wks $64 ($38sr) 78292

**Lower Body Sculpt Plus Power Abs Burn**
Tone and sculpt the legs, glutes, and abs by focusing half an hour on just lower body conditioning exercises to shape the legs and bottom, and half an hour on abdominal core work to tighten and tone the tummy. Participants are required to bring a mat, and light hand weights (2-5 lbs dumbbells) are optional.

**Don Mills MS 17 The Donway East**
Mon 7-8pm Apr 11 9wks $64 ($38sr) 78326

**Mind Sharp!**
In this interactive and informative course, you will learn how to sharpen your mind. There will be mini lectures on research findings about how to keep your mind active while aging gracefully. Participate in fun and stimulating mental exercises and activities. Topics include how to sharpen concentration, focus and memory. Look forward to improving your enjoyment of daily conversations, learning through reading or courses, and feeling greater confidence and life satisfaction. Maybe it’s true; if we don’t use it, we lose it! Final price includes material fee of $3.00.

**Don Mills CI 15 The Donway East**
Mon 6:30-9pm Apr 11 9wks $163 ($99sr) 78320

**Mimico Adult Centre 255 Royal York Road**
Wed 10am-12pm Apr 13 9wks $131 ($80sr) 78774

**Mixed Martial Arts (MMA) Self-Defense**
Students in this program will learn defensive striking, kicking and grappling techniques needed to defend themselves from combative situations. Topics to be covered in this course include close quarters combat, striking critical areas of your attacker and defensive take down techniques. Students will also partake in special ‘combat fitness’ sessions in which martial art drills and games will be used to help develop personal fitness of students.

**Central Technical 725 Bathurst Street**
Mon 6:30-8pm Apr 11 9wks $96 ($57sr) 78405

**Nordic Pole Walking**
Nordic Pole Walking is a low-impact exercise that provides the highest benefits for health, wellness and fitness. Anyone who suffers from diabetes, who is overweight or has high blood pressure and has been encouraged by their physician to exercise, this is the activity for you. Normal walking utilizes muscles in the lower half of the body while pole walking adds the use of your upper body muscles, your arms, back, shoulders and neck. Pole walking turns your walk into a whole-body activity. Bring good walking shoes, comfortable clothing and nordic-type poles.

**Burnhamthorpe CALC 500 The East Mall**
Sat 9-10am Apr 09 9wks $64 ($38sr) 78595

**Mimico Adult Centre 255 Royal York Road**
Wed 12-1pm Apr 12 9wks $64 ($38sr) 78775

**Overland Learning Centre 55 Overland Drive**
Fri 9:30-10:30am Apr 15 9wks $64 ($38sr)79142

**On The Ball**
These classes provide you with a full body workout. We will focus on core and muscular strength, balance and flexibility with mixed with bursts of cardio. Exercises can be done at home. Please bring your own stability ball and a yoga mat or large towel to class.

**Burnhamthorpe CALC 500 The East Mall**
Thu 8-9pm Apr 14 9wks $64 ($38sr) 79041

**Pilates**
Strengthen and tone your body with pilates. Developed by Joseph Pilates in the early 1920’s and utilized by fitness and dance instructors worldwide, pilates focuses on strength, control, flexibility, fluidity and balance. This gentle yet challenging exercise can help sculpt the body through proper breathing and concentration techniques. Please bring your own exercise mat.

**Burnhamthorpe CALC 500 The East Mall**
Tue 8-9pm Apr 12 9wks $64 ($38sr) 79043
Sat 11am-12pm Apr 09 9wks $64 ($38sr) 78596

**Don Mills MS 17 The Donway East**
Mon 8-9pm Apr 11 9wks $64 ($38sr) 78327

**Mimico Adult Centre 255 Royal York Road**
Fri 1-2:30pm Apr 15 9wks $96 ($57sr) 78778
Wed 8-9pm Apr 13 9wks $64 ($38sr) 79170

**Northview Heights SS 550 Finch Avenue West**
Wed 6-7:30pm Apr 13 9wks $96 ($57sr) 78870

**Overland Learning Centre 55 Overland Drive**
Fri 9:15-10:45am Apr 15 9wks $96 ($57sr) 78695

**Piloxing**
Piloxing uniquely mixes Pilates and boxing moves into a fat torching, muscle sculpting, core-centric interval workout, guaranteed to whip you into shape, using a class format that’s both fun and challenging.

**Burnhamthorpe CALC 500 The East Mall**
Thu 7-8pm Apr 14 9wks $64 ($38sr) 79044

**Central Technical 725 Bathurst Street**
Wed 7:15-8:15pm Apr 13 9wks $64 ($38sr) 78415
Reiki Level I
Reiki is a holistic self-help technique for directing natural life energy for on-the-spot stress release, pain relief and quick energy. The first level is a permanent attunement to the Reiki light and the foundation of all three levels. By following steps taught by a trained Reiki Master/Teacher, anyone is able to direct the ‘light energy’ to meet individual needs.

Mimico Adult Centre 255 Royal York Road
Mon 7:30-9:30pm Apr 11 9wks $128 ($77sr) 79174

Reiki Level III
This level is intended for teacher’s candidates and Reiki practitioners who want to deepen an understanding of Reiki and develop an inner growth. Students will be initiated into the Reiki Master Symbol, which consciously connects us to the Divine, supreme ‘knowledge & wisdom’. Students will also learn a powerful technique called ‘the Violet Breath’, which later will guide them in how to perform the initiations when becoming Master/teachers. A validated Reiki certificate is issued after completion of the course. Prerequisite: Reiki Level I & II.

Mimico Adult Centre 255 Royal York Road
Wed 7-9pm Apr 13 9wks $128 ($77sr) 79175

Smudging 101
Do you spring clean your house? Have you ever cleaned the energy in your house? Is there negative, chaotic energy in your home? Learn to protect your home, work, cottage, and body from unwanted energy. You will be taught how to smudge your home to remove unwanted energy and to create an energetic barrier to protect you and your family.

Overland Learning Centre 55 Overland Drive
Sat 9am-3pm Apr 23 1wks $39 ($23sr) 78945

Tai Chi Advanced
Study the Yang style which consists of a sequence of slow continuous movement. In this class you will use a sword.

Overland Learning Centre 55 Overland Drive
Tue 11am-12:30pm Apr 12 9wks $96 ($57sr) 78700

Tai Chi-Intermediate
This course is a follow-up to the beginner course. You will learn new techniques and further your practice. All schools instruct Yang style.

Danforth C & T 11800 Greenwood Avenue
Wed 6-7:30pm Apr 13 9wks $96 ($57sr) 79134

Richview CI 1738 Islington Avenue
Mon 6-7:30pm Apr 11 9wks($57sr) 78520

Wellness Workshop-Detoxification
Learn about foods that have medicinal values and help to cleanse the body. Learn how nutritious foods and natural dietary approaches can help manage and ease ailments.

Leaside HS 200 Hanna Road
Mon 6-8pm Apr 11 6wks $128 ($77sr) 79002

YBR - Foot Fitness
Are your feet stiff and sore from standing all day or from wearing high-heeled shoes? Do you suffer with Plantar Fasciitis, hammertoes or bunions? Learn about the foot in detail and common foot problems. Using Yamuna Foot Savers and Foot Wakers you will increase foot flexibility and range of motion, improve gait and alignment, strengthen arches, and increase circulation.

Mimico Adult Centre 255 Royal York Road
Wed 6:30-8:30pm May 18 1wks $14 ($9sr) 79186

Yoga for a Healthier, Slimmer You
Learn to use Hatha and Kundalini exercises to aid in digestion, reboot your metabolism, release tension, de-stress and deal with cravings. Get in tune with your body as you tone it! Open and accessible to all fitness levels.

Burnhamthorpe CALC 500 The East Mall
Thu 7:30-9pm Apr 14 9wks $96 ($57sr) 79058

Yoga: Chair ★
Chair yoga, Hatha style, is designed for people who may have limited mobility. The warm-up consists of breathing, stretching and twisting while seated in a chair. Standing and balancing positions follow and may include floor exercises according to your ability. A guided relaxation concludes our practice. The benefits include improved circulation, range of motion and an increased sense of well-being.

Sunshine Centre for Seniors 117 Bloor Street East
Thu 1-2pm Apr 14 9wks $64 ($38sr) 78313

Yoga: Hatha-All Levels
Yoga can be adapted to suit individual levels of flexibility, endurance and strength. Gain calm and confidence as you learn to harmonize the body and the mind. Please bring a yoga mat to class.

Mimico Adult Centre 255 Royal York Road
Mon 7:05-8:05pm Apr 11 9wks $64 ($38sr) 79189
Mon 6-7pm Apr 11 9wks $64 ($38sr) 79190
Wed 6-7pm Apr 13 9wks $64 ($38sr) 79191
Wed 10:10-11:10am Apr 13 9wks $64 ($38sr) 78788
Yoga: Hatha-All Levels
Yoga can be adapted to suit individual levels of flexibility, endurance and strength. Gain calm and confidence as you learn to harmonize the body and the mind. Please bring a yoga mat to class.

Mimico Adult Centre 255 Royal York Road
Thu 9-10am Apr 14 9wks $64 ($38sr) 78314

Yoga: Kundalini-All Levels
Kundalini yoga is based on one of the three original schools of yoga. It includes mental, physical and spiritual aspects of the yoga tradition. Achieve your personal best by way of active yoga sets that combine postures, breath work, meditation, and deep relaxation. Includes exercises that promote breast health for prevention and recovery.

Western Tech 125 Evelyn Crescent
Thu 6:30-8pm Apr 14 9wks $96 ($57sr) 79213
Thu 8-9:30pm Apr 14 9wks $96 ($57sr) 79214

Yoga: Vinyasa Flow-Intermediate
Vinyasa Flow yoga links breath, movement and mental focus through a balanced sequence of postures. With lots of attention to detail this class offers students the opportunity to gain understanding of the basic yoga positions while building strength and increasing overall health. This truly balanced practice brings deliberate intention as we release tension, de-stress and connect to positive energy. Please bring a mat and blanket to class.

Burnhamthorpe CALC 500 The East Mall
Thu 8-9:30pm Apr 14 9wks $96 ($57sr) 79061

Zumba
Learn a new way to work out with easy-to-follow moves and routines. Hypnotic Latin rhythms help create a dynamic fitness program that will energize, inspire and captivate you for life! This course features interval training sessions where fast and slow rhythms and resistance training are combined to tone and sculpt your body.

Agincourt CI 2621 Midland Avenue
Wed 8-9pm Apr 13 9wks $64 ($38sr) 78559

Zumba Gold Toning
The Zumba Gold-Toning program offers the best of both worlds - the exhilarating experience of a Zumba fitness party with the benefits of safe-and-effective strength training. It’s an easy-to-follow, health-boosting dance-fitness program for baby boomers as well as beginners. Through dynamic lightweight resistance training and exciting international rhythms, Zumba Gold-Toning classes help participants build muscle strength, increase bone density, and improve mobility, posture and coordination.

Mimico Adult Centre 255 Royal York Road
Thu 9:15-10:15am Apr 14 9wks $64 ($38sr) 78790

Overland Learning Centre 55 Overland Drive
Mon 6:30-7:30pm Apr 11 9wks $64 ($38sr) 78879

Zumba Toning
It’s Zumba taken to the next level. Now that you’ve worked the lower body rhythm, it’s time to perfect the upper body. Zumba Toning is an innovative muscle training program with the addition of light weight toning sticks. In a relatively short period of time, this challenging workout helps to build coordination and muscle endurance. This class is open to everyone, no previous dance or Zumba class experience necessary. Participants are requested to bring 1lb. weights to class.

Burnhamthorpe CALC 500 The East Mall
Sat 9:45-10:45am Apr 9 9wks $64 ($38sr) 78616
Thu 8:30-9:30pm Apr 14 9wks $64 ($38sr) 79065

Richview CI 1738 Islington Avenue
Mon 7:30-8:30pm Apr 9 9wks $64 ($38sr) 78878

Food
Baking Skills
Learn how to bake a variety of baked goods through demonstrations and hands-on practice. Products include quick breads, bread, coffeecakes,
cookies, cakes, pastries and more. Students will also learn basic piping and
masking skills to help them finish a cake. Take home your creations.
Burnhamthorpe CALC 500 The East Mall
Thu 6-9pm Apr 14 9wks $262 ($185sr) 79008

Cake Decorating: Wilton Method
Learn to decorate beautiful party cakes for all those special occasions with step-by-step instruction and
demonstrations! You will learn how to prepare and
come a taste, make royal and butter cream icing, colour
and borders, and so much more.
All students completing the course will
receive a certificate of completion issued
by Wilton. Learners must provide own
materials.
Burnhamthorpe CALC 500 The East Mall
Sat 9-11am Apr 09 9wks $128 ($77sr) 78568

Cake Decorating: Wilton Method-Advanced
Discover how easy it is to create elegant
tier cakes covered with fondant and
stunning gum paste flowers. Make your
next special occasion truly unique. This course includes demonstrations as well as
hand-on activities. Participants must
have completed Cake Decorating: Wilton Method. All students completing the
course will receive a certificate issued
by Wilton. Learners must provide own
materials.
Burnhamthorpe CALC 500 The East Mall
Sat 11am-1pm Apr 09 9wks $128 ($77sr) 78569

Chef on the Run
Pressed for time? This hands-on course is
organized for the time-crunched cook who believes that fresh home cooked
food beats take-out food any day of the
week. Have a wholesome delicious meal
on your plate in 30 minutes. Quick-to-
fix breakfast ideas, lunch treats, healthy
dinners which will satisfy the family, yet
are fancy enough for company. Create
delicious menus, which incorporate fresh and
wholesome seasonal ingredients.
Final price includes materials fee of
$70.00.
Burnhamthorpe CALC 500 The East Mall
Sat 11am-1pm Apr 09 9wks $198 ($147sr) 78570
Tue 6-9pm Apr 12 9wks $262 ($185sr) 79017

Chinese Cooking
(in Cantonese) ★
(*Language of instruction is Cantonese).
Explore the delightful flavours, texture,
colours and aromas that have infused
Chinese cooking for centuries. Also learn
some modern recipes that employ the
fascinating flavours of the Orient. We
will examine different ingredients and
regional techniques. (material costs: $2
per person per class, payable in class)
St Stephen’s Community House 340 College
Street, Unit 360
Mon 10:30am-12:30pm Apr 11 9wks $128($77sr)78261

Culinary Skills
This class incorporates cooking and
baking skills. Whether you are a novice
or intermediate cook/baker, through
demonstrations and hands-on practice,
learn how to make a variety of dishes and
baked goods including breakfast/quick
breads, cake, and pastries.
Create dishes that reflect the cultural
diversity of Canada. Pasta, stir-fry,
curries, Mediterranean, Caribbean, and
North American flavours that are easy,
tasty, and suitable for the family and
for entertaining. Final price includes
material fee of $70.00
Agincourt CI 2621 Midland Avenue
Wed 6:30-9:30pm Apr 13 9wks $262 ($185sr) 78535
Northview Heights SS 550 Finch Avenue West
Mon 6:30-9:30pm Apr 11 9wks $262 ($185sr) 78799

Cupcake Making
Celebrating a special occasion? Hosting
a party? Impress your guests with
homemade cupcakes! Learn step-by-step instruction for baking and
decorating delicious cupcakes of all
sizes. No baking experience required.
Final price includes a material fee of
$50.00.
Central Technical 725 Bathurst Street
Mon 6:30-9:30pm Apr 11 9wks $242 ($165sr) 78370

Mediterranean Cooking
Studies consistently rate the
Mediterranean diet among the
healthiest in the world. Learn about the
flavours and ingredients of this delicious and
nutritious cuisine. We will prepare
classic dishes, appetizers and desserts.
Simple modifications can make many
dishes vegetarian and/or gluten free.
You will leave each class pleasantly full
and extremely entertained. Final price
includes material fee of $50.00.
Northview Heights SS 550 Finch Avenue West
Wed 6:30-9:30pm Apr 13 9wks $267 ($190sr) 78390
Tue 6:30-9:30pm Apr 12 9wks $267 ($190sr) 78392

Richview CI 1738 Islington Avenue
Mon 6:30-9:30pm Apr 11 9wks $242 ($165sr) 78808
Western Tech 125 Evelyn Crescent
Thu 6:30-9:30pm Apr 14 9wks $242 ($165sr) 79206

Fruit Carving - Intermediate
Build on your fruit carving skills. Tackle
more complex and intricate displays;
grace your tabletop with the healthful and
beautiful results. Prerequisite:
Fruit Carving-Beginner. (Students will
purchase own materials.)
Overland Learning Centre 55 Overland Drive
Fri 2:15-4:15pm Apr 15 9wks $128 ($77sr) 79141

Go Veggie: The Earth & Body
Learn the benefits of a whole
plant based diet. The health and
environmental benefits of eating a
plant based diet is huge and science is
confirming that we can save the planet
and - our health - by going vegetarian.
Learn the science behind the benefits
of a vegetarian diet in preventing
and reversing heart disease, diabetes,
and cancer. In this workshop you will
receive nutritional advice on the best
ways of becoming a healthy vegetarian/
vegan and tips for adopting a meat-free lifestyle. You will receive vegetarian,
vegan and gluten-free friendly recipes, a
custom made vegetarian starter kit, and
a meal planning food guide. Final price
includes material fee of $3.00.
Overland Learning Centre 55 Overland Drive
Sat 1-3pm Apr 09 9wks $131 ($80sr) 78927

Indian Vegetarian Cooking
Learn how to make rice, breads, dhals,
vegetables and pakora. Discover the
many spices used in this delicious and
healthy way of cooking. Final price
includes material fee of $75.00.
Central Technical 725 Bathurst Street
Wed 6:30-9:30pm Apr 13 9wks $267 ($190sr) 78390
Tue 6:30-9:30pm Apr 12 9wks $267 ($190sr) 78392

www.learn4life.ca
will be covered: nutrient-dense foods, what to avoid, antioxidants, how to detox, digestion, healthy meal planning, traveling and eating out, shopping and supplements. Students will engage in practical exercises designed to help with meal planning.

Mimico Adult Centre 255 Royal York Road
Fri 11:10am-1:10pm Apr 15 12wks $71 ($43sr) 79067

Wedding Cakes & Pastries
Learn how to bake and decorate speciality cakes and pastries for all occasions. Sponge cakes, moulding cakes and doughs will be explored. Make chocolate sweets and roses out of royal icing, gum paste or roll fondant.

This course includes demonstrations and hands-on activities. Final price includes material fee of $70.00.

Central Technical 725 Bathurst Street
Wed 6:30-9:30pm Apr 14 9wks $262 ($185sr) 78443

Games and Hobbies

Bridge-Beginner
Learn the fundamentals of bridge. Each week new lessons taught are followed by playing the game in a friendly environment. Audrey Grant’s Bridge Basics I Beginner is highly recommended. Final price includes material fee of $5.00.

Mimico Adult Centre 255 Royal York Road
Mon 10am-12pm Apr 11 9wks $133 ($82sr) 78756

Western Tech 125 Evelyn Crescent
Thu 6-8pm Apr 14 9wks $133 ($82sr) 79197

Bridge-Convention 101
You’ve learned basic bidding, now the fun begins. Go to the next level with conventions such as Drury, Unusual 2NT, Michael’s Cuebid, Slam bidding and Cappelletti. Learn to play them and learn to defend against them. Final price includes material fee of $5.00.

Leaside HS 200 Hanna Road
Wed 6:30-9:30pm Apr 13 9wks $165 ($101sr) 78622

Northern SS 851 Mount Pleasant Road
Tue 6:30-9pm Apr 12 9wks $165 ($101sr) 78826

Bridge-Intermediate
Successful bidding and playing techniques will be covered in this course. Each session includes instruction followed by supervised play. Duplicate scoring. Audrey Grant’s Bridge Basics 2 Intermediate is highly recommended. Final price includes material fee of $5.00.

Leaside HS 200 Hanna Road
Mon 6:30-9pm Apr 11 9wks $165 ($101sr) 78660

Northern SS 851 Mount Pleasant Road
Mon 6-8:30pm Apr 11 9wks $165 ($101sr) 79218

Everything You Want to Know About Ghosts but Afraid to Ask
Think your house is haunted? Felt a cold shiver? Get your questions answered. Find out how to clean and protect your house, work, cottage and body from unwanted spirits. Learn how to identify what is real and when it is just your imagination. Fun exercises, learning hand-outs and more!

Overland Learning Centre 55 Overland Drive
Sat 9am-12pm June 4 1wks $21 ($13sr) 78924

Genealogy - Intermediate
Ready for the next step? If you have taken a genealogy course and have the basics under your belt, step up your research skills in this intermediate level course. Special studies on researching European roots and resources available online and in the GTA for all countries will be covered in depth. You know how to cite your sources, now set your sights on deeper levels of research! Final price includes material fee of $3.00.

Overland Learning Centre 55 Overland Drive
Thu 1:30-3:30pm Apr 14 9wks $131 ($80sr) 78679

Indoor and Outdoor Gardening-Beginner
Learn to plan, prepare, and maintain your outdoor garden. We will look at soil types, amending soil, fertilizers, pruning, dividing plants and seed starting. We will cover maintenance of indoor flowering plants and pest control. We will also study different herbs, their propagation and uses.

Central Technical 725 Bathurst Street
Mon 7-9pm Apr 11 9wks $128 ($77sr) 78393

Leaside HS 200 Hanna Road
Wed 7-9pm Apr 13 9wks $128 ($77sr) 79005

Photography Beginner Digital SLR
Develop an expertise in the use of a digital SLR camera and its accessories. Topics include: camera and the lens operation; depth of field, exposure, lens and camera types, the use of flash and the history of photography. We will explore the creative compositional side of picture-taking. This course is taught through lectures, discussions, field trips and assignments. Not suitable for point and shoot cameras. Final price includes material fee of $45.00.

Central Technical 725 Bathurst Street
Wed 6:30-9pm Apr 12 9wks $205 ($141sr) 78410

Overland Learning Centre 55 Overland Drive
Sat 1-3pm Apr 09 9wks $173 ($122sr) 78936

Photography: Advanced Workshop
In a series of eight half-day workshops you will learn advanced techniques to take your photography to the next level. We will cover portraits and landscapes in natural lighting, special effects using filters, lenses and lighting tricks. Note: First class is held in a classroom, subsequent classes are on location across the city. You must be familiar with your camera and understand basic exposure controls.

Overland Learning Centre 55 Overland Drive
Sat 9am-1pm Apr 16 8wks $227 ($136sr) 78937

Photography: Portraits
Working with live models, you will learn how best to use your 35mm or digital camera when photographing portraits. We will explore the collaboration of photographer and subject. You will learn about posing, camera techniques, exposure and various lighting techniques. Time will be allotted for student critiques. Final price includes material fee of $10.00.

Leaside HS 200 Hanna Road
Mon 6:30-9:30pm Apr 11 9wks $202 ($125sr) 78647

Photography: Seeing and Creating
Learn how to take better pictures. Topics include: looking for moments, composition, lighting, camera operation, lens choice, taking great family pictures, sports photography, portraiture. Each week we will review your photographs, look at images used in the media and practice taking images with your digital camera. This course is appropriate for beginners and intermediate photographers. You will learn the basic tools of the program Photoshop. Digital camera required. Final price includes material fee of $15.00.

Central Technical 725 Bathurst Street
Wed 6:30-9pm Apr 13 9wks $175 ($111sr) 78412

Don Mills CI 15 The Donway East
Mon 6-8pm Apr 11 9wks $143 ($92sr) 78456
Handiwork
Auto Mechanics-Advanced
Learn about all aspects of the automobile. You will receive advanced instruction on brakes, tune-ups, transmissions and auto-electrical systems and will learn to trouble-shoot all parts of the automobile. Please note that this is an instructional course and not a self-directed use of a shop. There is no guarantee of project completion. Continuing Education is limited to use of equipment that is available at the time of instruction.
Northview Heights SS 550 Finch Avenue West
Mon 6:30-9:30pm Apr 11 9wks $192 ($115sr) 78795

Auto Mechanics-Beginner
In this course you will learn about automobile construction, operation, maintenance and basic servicing operations.
Central Technical 725 Bathurst Street
Mon 6:30-9:30pm Apr 11 9wks $192 ($115sr) 78366
Danforth C & TI 800 Greenwood Avenue
Wed 6-9pm Apr 13 9wks $192 ($115sr) 79105

Bicycle Repair
This course covers all aspects of bicycle repair and maintenance. Work on your own bike or a demonstration bike. Tools needed for course are provided in class. Students who have repair kits are encouraged to bring them. Final price includes material fee of $12.00. Central Technical 725 Bathurst Street
Wed 6:30-9:30pm Apr 13 9wks 204 ($127sr) 78368
Leaside HS 200 Hanna Road
Mon 6:30-9:30pm Apr 11 9wks $204 ($127sr) 78619

Furniture Refinishing
Don’t know what to do with that old chair, desk or table? Don’t throw it out, join our class and refinish it! You will learn refinishing techniques and how to use tools and materials for stripping old finishes and making minor repairs. Please bring your project to the first class, along with paint remover, rubber gloves, safety glasses, paint brush and scraper. Wear old, comfortable clothing. Final price includes material fee of $10.00
Mimico Adult Centre 255 Royal York Road
Tue 9am-12pm Apr 12 9wks $202 ($125sr) 78283
Wed 1-4pm Apr 13 9wks $202 ($125sr) 78284

Home & Cottage: Construction
Learn how to build a home, cottage or addition. Understand blueprints, building permits and methods of constructing footings, foundations, flooring, walls, and roofs. Final price includes material fee of $35.00.
Central Technical 725 Bathurst Street
Tue 6:30-9:30pm Apr 12 9wks $227 ($150sr) 78386
Wed 6:30-9:30pm Apr 13 9wks $227 ($150sr) 78387

Home Maintenance & Renovating-Beginner
This course is designed to teach you the basics of maintaining and improving your home. Learn to do a variety of common repairs. Topics include: essential tools and how to use and maintain them; fix a leaky tap; repair your driveway; install flooring or suspended ceilings; fundamentals of dry-walling; upgrade indoor and outdoor lighting; concrete work and much more. Learn about building codes and which renovations give you the best return for your money. Final price includes material fee of $40.00.
Western Tech 125 Evelyn Crescent
Thu 6:30-9pm Apr 14 9wks $200 ($136sr) 79202

Furniture Refinishing ★
Don’t know what to do with that old chair, desk or table? Don’t throw it out, join our class and refinish it! You will learn refinishing techniques and how to use tools and materials for stripping old finishes and making minor repairs. Please bring your project to the first class, along with paint remover, rubber gloves, safety glasses, paint brush and scraper. Wear old, comfortable clothing. Final price includes material fee of $10.00
Mimico Adult Centre 255 Royal York Road
Wed 9am-12pm Apr 12 9wks $202 ($125sr) 78283
Thu 1-4pm Apr 13 9wks $202 ($125sr) 78284

Home Renovating for Profit
Have you thought about purchasing and renovating a property to sell for profit, but are afraid of taking the leap? Not sure of what you’re getting into? Learn from an experienced renovator the common mistakes and the tips and tricks to give you a definite advantage in turning a profit.
Burnhamthorpe CALC 500 The East Mall
Tue 7-9pm Apr 12 9wks $128 ($77sr) 79033

Motorcycle Basic Maintenance
This course is for the novice or experienced biker. We will identify all major systems and their operation, looking more closely at the systems that require the most maintenance and review ways to minimize damage caused by storing your bike over the winter months. Basic service work can be done on your own bike during the class. You do not need to bring or even own a bike. There will be a demonstration bike. Note: There is no storage for any motorcycles to be left in the shop from week to week. Final price includes material fee of $20.00.
Western Tech 125 Evelyn Crescent
Thu 7-9:30pm Apr 14 9wks $180 ($116sr) 79207

Plumbing Installation-Beginner
We will study the installation, function and operation of the various plumbing components. Drains, traps, vents and water systems will be studied. You will work on full-scale installation. Final price includes material fee of $35.00.
Central Technical 725 Bathurst Street
Thu 6:30-9:30pm Apr 14 9wks $227 ($150sr) 78416

Raising the Roof: New Home Building
Need more space and want to raise the roof or extend the wall? Curious about what’s involved in building a new home? Learn about the pros/cons, potential pitfalls and the questions you need to ask to build with a full realization of what’s involved. Understand the overall process including budgeting (time and costs). Evaluate the parts that you can/want to do and those you should hire out.
Northern SS 851 Mount Pleasant Road
Thu 7:30-9:30pm Apr 12 9wks $128 ($77sr) 78854

Small Engines
This course provides you with practical hands-on experience working with small engines. You will learn how to repair and maintain two and four cycle engines such as lawn mowers and chainsaws. Instruction is done mostly through demonstration. However, students are encouraged to bring their small engines to class for repair. Final price includes material fee of $5.00.
Mimico Adult Centre 255 Royal York Road
Mon 7-9pm Apr 11 9wks $133 ($82sr) 791178
Wed 7-9pm Apr 13 9wks $133 ($82sr) 79217
Upholstery
Do you have a chair that needs new life or a footstool that needs uplifting? Bring them to the upholstery course. A Master Upholsterer will teach you the basics that will enable you to complete a project in class or in your own home. Topics include stripping furniture, reinforcing frame work, cutting, sewing, laying fabric and foam. Also, bring tools such as nail/staple remover, hammer, pliers, scissors and protective eye goggles. Wear comfortable work clothes and closed shoes. Learners will buy own supplies, bring small project to class (maximum size - small armchair).
Burnhamthorpe CALC 500 The East Mall
Sat 9am-12pm Apr 09 9wks $192 ($115sr) 78664
Thu 6:30-9:30pm Apr 14 9wks $192 ($115sr) 79054

Woodworking-Beginner/Intermediate
This course is designed for beginners and those with some previous instruction in basic woodworking. Projects will vary from school to school. Work on a small project in consultation with the instructor. Final price includes material fee of $40.00.
Central Technical 725 Bathurst Street
Wed 6:30-9:30pm Apr 13 9wks $232 ($155sr) 78448

Woodworking-Beginner
In this beginner course you will learn about wood technology and the setup and safe use of tools and machines. In order to use knowledge and skills acquired in the course, you will have an opportunity to work on a small project in consultation with the course instructor. Final price includes material fee of $40.00.
Central Technical 725 Bathurst Street
Tue 6:30-9:30pm Apr 12 9wks $232 ($155sr) 78449

Western Tech 125 Evelyn Crescent
Thu 6:30-9:30pm Apr 14 9wks $232 ($155sr) 79212

Woodworking-Intermediate
This course is designed for those with previous instruction in basic woodworking. Projects will vary from school to school. Work on a small project in consultation with the instructor. Final price includes material fee of $40.00.
Central Technical 725 Bathurst Street
Mon 6:30-9:30pm Apr 11 9wks $232 ($155sr) 78450

Interior Design
Home Staging...Accelerate Your Sale
The process of preparing your home for sale should start long before the ‘For Sale’ sign goes on the lawn. This class will lead you through the steps to take to present your property at it’s very best and to sell faster for top dollar. You will learn simple staging techniques, how to highlight the home’s best features, updates that will add equity immediately, importance of curb appeal and much more.
Leaside HS 200 Hanna Road
Mon 7-9pm Apr 11 9wks $128 ($77sr) 78638

Mimico Adult Centre 255 Royal York Road
Wed 7-9:30pm Apr 13 6wks $160 ($96sr) 79163

Interior Design: Home Decor
Whether you live in a house or an apartment, in the city the suburbs, a large or a very small space, make it your home! You will learn all you need to know including principles of design, choosing colour schemes, lighting and textures, fabrics, furnishings, floor covering, space planning and decorating ideas. Get ideas, inspiration and guidance and then let your imagination guide you in creating the home of your dreams! Final price includes material fee of $10.00.
Agincourt CI 2621 Midland Avenue
Wed 6-9:30pm Apr 13 9wks $170 ($106sr) 78544

Central Technical 725 Bathurst Street
Thu 6:30-9:30pm Apr 14 9wks $202 ($125sr) 78359

Mimico Adult Centre 255 Royal York Road
Wed 6-9:30pm Apr 13 6wks $202 ($125sr) 79165

Overland Learning Centre 55 Overland Drive
Tue 7-9pm Apr 12 9wks $138 ($87sr) 78885

Languages
Arabic-Beginner
Learn Arabic for basic conversation in everyday situations. You will be introduced to the Arabic alphabet and the basic structure of the language using a combination of grammar, vocabulary, reading and conversation. Short sentences and dialogue will build vocabulary and pronunciation. Final price includes material fee of $3.00.
Agincourt CI 2621 Midland Avenue
Wed 7-9pm Apr 13 9wks $131 ($80sr) 78540

Burnhamthorpe CALC 500 The East Mall
Tue 7-9pm Apr 12 9wks $131 ($80sr) 79068
Sat 9-11am Apr 09 9wks $131 ($80sr) 78577

Arabic-Intermediate
This course is the continuation of Arabic-Beginner course for those who want to maintain and expand their understanding of the language. It will provide students with Arabic language skills that will enable them to communicate with native Arabic speakers. Emphasis will be placed on reading and conversation. Final price includes material fee of $3.00.
Northview Heights SS 550 Finch Avenue West
Wed 7-9pm Apr 13 9wks $131 ($80sr) 78794

Cantonese-Beginner
The basics of the Cantonese language will be taught using a combination of grammar, vocabulary, reading and conversation. You will learn and practice the language through various activities in a fun and relaxing environment. Final price includes material fee of $3.00.
Northern SS 851 Mount Pleasant Road
Mon 7-9pm Apr 11 9wks $131 ($80sr) 78827

Cantonese-Intermediate
Further develop your skills in speaking, listening, and reading Cantonese. Students must have a basic knowledge of spoken Cantonese. This is a continuation of the beginner course. A Cantonese/English dictionary is required. Emphasis will be placed on reading and conversation. Final price includes material fee of $3.00.
Northern SS 851 Mount Pleasant Road
Tue 7-9pm Apr 12 9wks $131 ($80sr) 78828

French-Beginner
Learn the basics of French for use in everyday situations. This course covers the basics using a combination of grammar, vocabulary, reading and conversation. The purchase of a textbook may be required at some schools. A French/English dictionary may be required. Final price includes material fee of $3.00.
Agincourt CI 2621 Midland Avenue
Wed 7-9pm Apr 13 9wks $131 ($80sr) 78540

Burnhamthorpe CALC 500 The East Mall
Tue 7-9pm Apr 12 9wks $131 ($80sr) 79068
Sat 9-11am Apr 09 9wks $131 ($80sr) 78577

Handiwork . Interior Design . Languages
Cedarbrook CC 91 East Park Blvd
Thu 10am-12pm Apr 14 9wks $131 ($80sr) 79221

Central Technical 725 Bathurst Street
Wed 6:30-8:30pm Apr 13 9wks $131 ($80sr) 78376
Tue 6:30-8:30pm Apr 12 9wks $131 ($80sr) 78377

Danforth C & TI 800 Greenwood Avenue
Wed 7-9pm Apr 13 9wks ($80sr) 79113

Don Mills CI 15 The Donway East
Mon 7-9pm Apr 11 9wks $131 ($80sr) 78316

Mimico Adult Centre 255 Royal York Road
Mon 6:30-8:30pm Apr 11 9wks $131 ($80sr) 79194
Tue 12:30-2:30pm Apr 12 9wks $131 ($80sr) 78764

Northern SS 851 Mount Pleasant Road
Tue 7-9pm Apr 12 9wks $131 ($80sr) 78839

Northview Heights SS 550 Finch Avenue West
Wed 7-9pm Apr 13 9wks ($80sr) 78801

Overland Learning Centre 55 Overland Drive
Thu 2:15-4:15pm Apr 14 9wks $131 ($80sr) 78676
Sat 1-3pm Apr 9 9wks $131 ($80sr) 78925

Richview CI 1738 Islington Avenue
Mon 7-9pm Apr 11 9wks $131 ($80sr) 78578

French-Beginner Level II
This is a continuation of the beginner course for those who would like more of the basics before moving on to the Intermediate level. Further develop your skills in speaking, listening and reading French. You must have a basic knowledge of French vocabulary and grammar. Emphasis will be placed on reading and conversation. A French/English dictionary may be required. Final price includes material fee of $3.00.
Central Technical 725 Bathurst Street
Wed 6:30-8:30pm Apr 13 9wks $131 ($80sr) 78377

French-Beginner Level III
This is a continuation of the Level II course for those who would like more of the basics before moving on to the Intermediate level. Additional emphasis will be placed on speaking, listening and reading French. French/English dictionary may be required. Prerequisites: French - Beginner Level II. Final price includes material fee of $3.00.
Northern SS 851 Mount Pleasant Road
Mon 5:30-7:30pm Apr 11 9wks $131 ($80sr) 78840

French-Beginner/Intermediate
Further develop your skills in speaking, listening and reading. You must have a basic knowledge of spoken and written French. The purchase of a textbook or tape may be required. Final price includes material fee of $3.00.

Mimico Adult Centre 255 Royal York Road
Wed 9:30-11:30am Apr 13 9wks $131 ($80sr) 78765

French-Intermediate
You must have a basic knowledge of French vocabulary and grammar. This is a continuation of the beginner course and focuses on reading and conversation. The purchase of a textbook may be required at some schools. A French/English dictionary may be required. Final price includes material fee of $3.00.
Burnhamthorpe CALC 500 The East Mall
Thu 7-9pm Apr 14 9wks $131 ($80sr) 79028

Central Technical 725 Bathurst Street
Wed 6:30-8:30pm Apr 13 9wks ($80sr) 78379

Leaside HS 200 Hanna Road
Mon 6:30-8:30pm Apr 11 9wks $131 ($80sr) 78633

Mimico Adult Centre 255 Royal York Road
Tue 9:30-11:30am Apr 12 9wks $131 ($80sr) 78766

Northern SS 851 Mount Pleasant Road
Mon 7:30-9:30pm Apr 11 9wks $131 ($80sr) 78842

Overland Learning Centre 55 Overland Drive
Wed 9:20-11:20am Apr 13 9wks $131 ($80sr) 78677

French-Beginner Level II ★
This is the perfect course for those who want to improve or maintain their knowledge of French. More emphasis will be placed on reading and conversation. A French/English dictionary may be required. Final price includes material fee of $3.00.

Overland Learning Centre 55 Overland Drive
Wed 2:15-4:15pm Apr 13 9wks $131 ($80sr) 78282

French-Intermediate/Advanced
This course is designed for those with some knowledge of French. More emphasis will be placed on reading and conversation. This is the perfect course for those who want to improve or maintain their knowledge of French. French/English Dictionary may be required. Final price includes material fee of $3.00.

Richview CI 1738 Islington Avenue
Mon 7-9pm Apr 11 9wks $131 ($80sr) 78509

German-Beginner
Learn the basics of conversational German for use in everyday situations. Interactive methods are used to develop language skills. This course teaches the basics using a combination of grammar, vocabulary, reading, writing and conversation. The purchase of a textbook may be required at some schools. German/English dictionary may be required. Final price includes material fee of $3.00.

Central Technical 725 Bathurst Street
Wed 6:30-8:30pm Apr 13 9wks $131 ($80sr) 78381

Northern SS 851 Mount Pleasant Road
Tue 7-9pm Apr 12 9wks $131 ($80sr) 78843

German-Intermediate
Further develop your skills in speaking, listening and reading German. You must have a basic knowledge of spoken and written German. This is a continuation of the beginner course. German/English dictionary may be required. Final price includes material fee of $3.00.

Central Technical 725 Bathurst Street
Wed 6:30-8:30pm Apr 13 9wks $131 ($80sr) 78382

Northern SS 851 Mount Pleasant Road
Mon 7-9pm Apr 11 9wks $131 ($80sr) 78844

Hebrew - Level I
Learn basic conversational Hebrew. You will be introduced to the Hebrew alphabet and the basic structure of the language using a combination of grammar, vocabulary, reading and conversation. Learn basic Hebrew in an easy and fun way. Final price includes material fee of $3.00.
Northview Heights SS 550 Finch Avenue West
Wed 7-9pm Apr 13 9wks $131 ($80sr) 78802

Hebrew-Beginner Level III
Learn basic Hebrew in an easy and fun way! You will continue to learn the basic structure of the language using a combination of grammar, vocabulary, reading and conversation. Prerequisite: some reading, writing and conversation skills in Hebrew. Final price includes material fee of $3.00.
Northview Heights SS 550 Finch Avenue West
Mon 7-9pm Apr 11 9wks $131 ($80sr) 78803

Hindi-Beginner
Beginner level instruction is offered in reading, understanding, and speaking Hindi. Final price includes material fee of $3.00.
Danforth C & TI 800 Greenwood Avenue
Wed 6-8pm Apr 13 9wks $131 ($80sr) 79117

Italian-Beginner
Learn basic conversational Italian in everyday situations. Interactive methods are used to develop language skills. This course covers grammar, vocabulary, reading and conversation. The purchase of a textbook may be required at some schools. An Italian/English dictionary is required. Final price includes material fee of $3.00.

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Central Technical 725 Bathurst Street
Tue 6:30-8:30pm Apr 12 9wks $131 ($80sr) 78394

Leaside HS 200 Hanna Road
Mon 7-9pm Apr 11 9wks $131 ($80sr) 78663

Richview CI 1738 Islington Avenue
Mon 7-9pm Apr 11 9wks $131 ($80sr) 78512

Italian-Beginner Level II
This course reviews and expands the knowledge gained in Italian Beginner. Your listening comprehension, oral expression, reading and writing skills will be further developed. Final price includes material fee of $3.00.
Central Technical 725 Bathurst Street
Thu 6:30-8:30pm Apr 14 9wks $131 ($80sr) 78129

Japanese-Level I
Learn conversational modern Japanese. Simple grammar and essential vocabulary focusing on daily conversation will be taught. Final price includes material fee of $3.00.
Central Technical 725 Bathurst Street
Thu 6:45-8:45pm Apr 14 9wks $131 ($80sr) 78289

Japanese-Level II
This course is for those who have the knowledge of Hiragana. You will develop listening, speaking and writing skills. Katakana will be taught. Learn to express yourself in Japanese. Prerequisite: Level I or equivalent. Final price includes material fee of $3.00.
Central Technical 725 Bathurst Street
Tue 6:45-8:45pm Apr 12 9wks $131 ($80sr) 78397

Mandarin Chinese-Beginner
The basic structure of the Chinese language and culture will be taught focusing on phonetics and basic conversation. At some schools a refundable deposit may be required for the textbook. Pin Yin system will be taught. Final price includes material fee of $3.00.
Agincourt CI 2621 Midland Avenue
Wed 6-8pm Apr 13 9wks $131 ($80sr) 78551

Cecil CC 58 Cecil Street
Thu 6:15-8:15pm Apr 14 9wks $131 ($80sr) 79223
Mon 1-3pm Apr 11 9wks $131 ($80sr) 79224
Central Technical 725 Bathurst Street
Thu 6:30-9pm Apr 12 9wks $163 ($99sr) 78403

Mandarin Chinese-Intermediate
Improve conversational skills and develop an appreciation of Chinese culture. Pin Yin is a must for the Central Tech course. Final price includes material fee of $3.00.
Central Technical 725 Bathurst Street
Thu 6:45-8:45pm Apr 14 9wks $131 ($80sr) 78404
Don Mills CI 15 The Donway East
Mon 6:30-8:30pm Apr 11 9wks $131 ($80sr) 78455

Mandarin Chinese-Intermediate
Improve conversational skills and develop an appreciation of Chinese culture. Pin Yin is a must for the Central Tech course. Final price includes material fee of $3.00.
Central Technical 725 Bathurst Street
Thu 6:45-8:45pm Apr 14 9wks $131 ($80sr) 78404
Don Mills CI 15 The Donway East
Mon 6:30-8:30pm Apr 11 9wks $131 ($80sr) 78455

Portuguese-Beginner
This course begins with the basics using a combination of grammar, vocabulary, reading and conversation. Participants will learn and practice the language through various activities in a fun and relaxing environment. Short sentences and dialogue will build vocabulary and teach pronunciation. Purchase of a textbook may be required. A Portuguese/English dictionary may be required. Final price includes material fee of $3.00.
Central Technical 725 Bathurst Street
Thu 6:30-8:30pm Apr 12 9wks $131 ($80sr) 78129

Portuguese Intermediate
Further develop your skills in speaking, listening and reading Portuguese. More emphasis will be placed on reading and conversation. You must have a basic knowledge of spoken and written Portuguese. Improve conversational skills and develop an appreciation of Portuguese culture. Continuation of the beginner course. A Portuguese/English dictionary may be required. Final price includes material fee of $3.00.
Central Technical 725 Bathurst Street
Wed 6:30-8:30pm Apr 13 9wks $131 ($80sr) 78417

Spanish For Travellers
This beginner level course is perfect if you are planning a trip to a Spanish-speaking destination! Learn about the culture and develop the rudiments of Spanish to enhance your vacation experience. We will cover language to help you when at the airport, hotel, shopping or ordering food. Final price includes material fee of $3.00.
Burnhamthorpe CALC 500 The East Mall
Sat 9:30-11:30am Apr 9 9wks $131 ($80sr) 78602
Danforth C & T I 800 Greenwood Avenue
Wed 8-9:30pm Apr 13 9wks $99 ($60sr) 79129

Spanish-Advanced
This course is for those with considerable background in Spanish who want to maintain their knowledge of the language. The purchase of a textbook or tape may be required. A Spanish/English dictionary may be required. Prerequisite: Spanish Intermediate. Final price includes a material fee of $3.00.
Central Technical 725 Bathurst Street
Tue 6:30-8:30pm Apr 12 9wks $131 ($80sr) 78422
Northern SS 851 Mount Pleasant Road
Tue 7:45-9:45pm Apr 12 9wks $131 ($80sr) 78857
Overland Learning Centre 55 Overland Drive
Sat 10:30am-12:30pm Apr 9 9wks $131 ($80sr) 78947

Spanish-Beginner
Learn basic conversational Spanish for everyday situations. This course offers the basics using a combination of grammar, vocabulary, reading and conversation. Learn and practice the language through various activities in a fun and relaxing environment. The purchase of a textbook may be required at some schools. Final price includes material fee of $3.00.
Burnhamthorpe CALC 500 The East Mall
Tue 6:30-8pm Apr 12 9wks $99 ($60sr) 79047

Central Technical 725 Bathurst Street
Tue 6:45-8:45pm Apr 12 9wks $131 ($80sr) 78423
Wed 6:30-8:30pm Apr 13 9wks $131 ($80sr) 78424
Mon 6:45-8:45pm Apr 11 9wks $131 ($80sr) 78425
Thu 6:30-8:30pm Apr 14 9wks $131 ($80sr) 78426

Danforth C & T I 800 Greenwood Avenue
Wed 8-9:30pm Apr 13 9wks $131 ($80sr) 79130
Wed 7-9pm Apr 13 9wks $131 ($80sr) 79131
Don Mills CI 15 The Donway East
Mon 5:30-7:30pm Apr 11 9wks $131 ($80sr) 78322

Leaside HS 200 Hanna Road
Wed 6-8pm Apr 13 9wks $131 ($80sr) 78652
Mimico Adult Centre 255 Royal York Road
Thu 9-11am Apr 14 9wks $131 ($80sr) 78781

This symbol ★ indicates Seniors’ Daytime classes.
Spanish-Beginner Level II
This course reviews and expands your previous knowledge of the Spanish language. Your listening comprehension, oral expression, reading and writing skills will be further developed. Final price includes material fee of $3.00.

Burnhamthorpe CALC 500 The East Mall
Tue 8:30-9:30pm Apr 12 9wks $99 ($60sr) 79049

Central Technical 725 Bathurst Street
Tue 6:30-8:30pm Apr 12 9wks $131 ($80sr) 78428

Danforth C & TI 800 Greenwood Avenue
Wed 6-8pm Apr 13 9wks $131 ($80sr) 79132

Don Mills CI 15 The Donway East
Mon 7:30-9:30pm Apr 11 9wks $131 ($80sr) 78427

Leaside HS 200 Hanna Road
Mon 6-8pm Apr 11 9wks $131 ($80sr) 78653

Spanish-Beginner/Intermediate
Beginner students do not need any knowledge of Spanish. For intermediate students, some previous knowledge of Spanish is required. Purchase of a textbook or tape may be required. Final price includes material fee of $3.00.

Mimico Adult Centre 255 Royal York Road
Thu 2-4pm Apr 14 9wks $131 ($80sr) 78782

Spanish-Intermediate
Further develop your skills in speaking, listening and reading Spanish. More emphasis will be placed on reading and conversation. Students must have a basic knowledge of spoken and written Spanish. This is a continuation of the beginner course. Spanish/English dictionary may be required. Final price includes material fee of $3.00.

Central Technical 725 Bathurst Street
Wed 6:30-8pm Apr 13 9wks $99 ($60sr) 78429

Mimico Adult Centre 255 Royal York Road
Thu 11am-1pm Apr 14 9wks $131 ($80sr) 78783

Overland Learning Centre 55 Overland Drive
Tue 2:15-4:15pm Apr 12 9wks $131 ($80sr) 78698
Sat 8:30-10:30am Apr 9 9wks $131 ($80sr) 78949

Spanish-Intermediate II
A continuation of intermediate. Students will continue to develop and apply their speaking skills in a variety of contexts and will participate in activities that will improve their reading comprehension and writing skills. Final price includes material fee of $3.00.

Central Technical 725 Bathurst Street
Wed 8-9:30pm Apr 13 9wks $99 ($60sr) 78431

Spanish-Intermediate/Advanced
This course is designed for those with some knowledge of Spanish. More emphasis will be placed on reading and conversation. This is the perfect course for those who want to improve or maintain their knowledge of Spanish. Spanish/English dictionary may be required. Final price includes material fee of $3.00.

Burnhamthorpe CALC 500 The East Mall
Thu 7-9:30pm Apr 14 9wks $163 ($99sr) 79050

Music

Chinese Singing ★
Through patient guidance and practice you will find ease and pleasure in singing. Mandarin/Cantonese popular and folk songs are taught.

Second Mile/Kensington Gdn 25 Brunswick Avenue
Wed 1:20pm Apr 13 9wks $96 ($57sr) 78263

St Stephen's Community House 340 College Street, Unit 360
Fri 1:30-3:30pm Apr 15 9wks $128 ($77sr) 78262

Guitar-Beginner Level II
Guitar Beginner Level II is a course designed for those who already know some guitar chords and songs and want to continue learning but do not want to consider themselves to be an ‘intermediate’ guitar player. Learn new theory, chords, repertoire andlicks. Move at your own pace and have some fun with the group too. Some basic knowledge of guitar is required. Final price includes material fee of $3.00.

Central Technical 725 Bathurst Street
Mon 6:30-8:30pm Apr 11 9wks $131 ($80sr) 78384

Guitar-Intermediate
You should be able to play basic open chords and have some experience playing notation. The course will introduce you to more advanced open chords and bar chords as well as more difficult melody lines and rhythms. A wide range of music will be explored reflecting student interest. You are required to bring your own guitar. Some guitars are available for use. Final price includes material fee of $3.00.

Central Technical 725 Bathurst Street
Thu 6:30-8:30pm Apr 14 9wks $131 ($80sr) 78385

Leaside HS 200 Hanna Road
Wed 7-9pm Apr 13 9wks $131 ($80sr) 78636

Harmonica Workshop: Blues
Here's a great opportunity to learn how to play blues on the harmonica. The classes will cover some blues harmonica history, listening to important harmonica players and their styles, as well as a huge dose of hands-on learning. Participants require their own 10 hole diatonic harmonica in the key of ‘C’.

Central Technical 725 Bathurst Street
Mon 7-9pm Apr 11 9wks $128 ($77sr) 78792

Let's Sing
Music is fun and soothing to the soul. It's an emotional outlet, a stress reliever and an energy booster. Come and find your singing voice and learn the fundamentals of singing. Learn about exercises, breathing, placement, support, production, vowels, consonants, some notation, theory and phrasing, and warm ups. Practice vocal health and maintenance. Come join the fun and make music with us. Final price includes material fee of $3.00.

Agincourt CI 2621 Midland Avenue
Wed 6-7:30pm Apr 13 9wks $99 ($60sr) 78548

Toronto District School Board
www.learn4life.ca
Piano Keyboarding-Beginner: Level I
This is a course designed for students with no previous playing experience. Focus will be on the development of playing hands together, phrasing, dynamics and rhythmic concepts. Please bring your own keyboard for Leaside and Agincourt. Final price includes material fee of $3.00.
Agincourt CI 2621 Midland Avenue
Wed 8-9:45pm Apr 13 9 wks $115 ($70sr) 78554
Leaside HS 200 Hanna Road
Mon 6:30-8:30pm Apr 11 9 wks $131 ($80sr) 78648

Piano Keyboarding-Beginner: Level II
This is a course designed for students with some previous playing experience. Further development of playing hands together, phrasing, dynamics and rhythmic concepts are explored. Students must bring their own keyboard & headsets to class. Final price includes material fees of $3.00
Leaside HS 200 Hanna Road
Wed 6:30-8:30pm Apr 13 9 wks $131 ($80sr) 78649

Piano Keyboarding-Intermediate
Designed for students with some previous playing experience. Further development of playing hands together, phrasing, dynamics and rhythmic concepts are explored. Keyboards are available.
Overland Learning Centre 55 Overland Drive
Wed 3-4:30pm Apr 12 9 wks $99 ($60sr) 78690

Piano Keyboarding-Advanced
Designed for students with previous playing experience and would now like to take their playing up to the next level. Further development of playing hands together, phrasing, dynamics, and rhythmic concepts such as 32nd notes are explored. Special musical ornaments such as trills and tremolos will be explored. Keys of E, A, and A flat major plus B, C, C# and F# minor will be explored. Well known classics and additional popular selections will also be covered. Final price includes material fee of $3.00.
Overland Learning Centre 55 Overland Drive
Wed 3:30-4:30pm Apr 12 9 wks $99 ($60sr) 78691

Music Theory, Rudiments ★
This course is designed to teach you the basics of music theory. Basic knowledge of key signatures, major and minor scales and intervals. Final price includes material fee of $3.00.
Mimico Adult Centre 255 Royal York Road
Tue 10-11:30am Apr 12 9 wks $99 ($56sr) 78293

Music Theory: Basic Rudiments
This course is designed to teach you the basics of music theory. Students will learn, practice and review key signatures, major and minor scales, intervals, time signatures, musical terms, basic and chord formations. At Central Tech, some keyboards are available, but students may bring their own. Final price includes material fee of $3.00.
Central Technical 725 Bathurst Street
Wed 6:30-8pm Apr 12 9 wks $99 ($60sr) 78406

De-Cluttering Your Life
Is all the clutter in your life or your space getting you down? Do you have a hard time getting started? Well it’s time to turn the tide, make a choice to de-clutter your life and space to free you up and move you into action. Start the process now!
Mimico Adult Centre 255 Royal York Road
Wed 7-9:30pm Apr 13 9 wks $160 ($96sr) 79158

Discovering Your Natural Talents and Gifts
The workshop is designed to help individuals become their very best. In a warm, non-judgmental and meditative classroom environment, students are invited to reflect on their life, to recognize their talents and gifts, and to trust in their own resources to effect positive and lasting change.
Overland Learning Centre 55 Overland Drive
Sat 9am-3pm May 28 1 wks $36 ($21sr) 78923

Integrative Body Works
Learn how to improve your energy levels, your moods, health, and ultimately your life. This course will focus on a variety of natural healing techniques that work to shift both your physical body and your energetic field into balance. We will cover the following topics: Protection, Crystal & Colour therapy, Visualization & Imagery, Chakra balancing, energy work, meditation, dowsing, smudging, affirmations, chanting, spirit guides, and karma.
Overland Learning Centre 55 Overland Drive
Sat 9am-3pm May 28 1 wks $36 ($21sr) 78923

Self Development
Cosmetic Acupressure: Look, feel & be your best
Learn a facial regime based on the principles of Traditional Chinese Medicine (TCM) and aromatherapy. The regime would consist of a quick-and-easy acupressure massage to be performed daily with the aim of reducing the signs of stress and aging. The massage uses custom-blended and problem-specific facial oils made in class. Additional recipes allow for the creation of a complete skin-care program. As well, learn about TCM, nutrition, stress reduction and other lifestyle choices to help you achieve total health. Final price includes material fee of $10.00.
Overland Learning Centre 55 Overland Drive
Mon 6:15-9:15pm Apr 11 3 wks $74 ($48sr) 78873

Make-Up Artistry
Learn the basics of make-up application,
Mindfulness for Stress Reduction
This course will help you deal with stress in everyday situations using natural and time-honored methods. Practical advice on stress-management techniques will be provided. Students will learn coping skills, visualization and the relaxation response. The course will include lectures, interactive activities, group discussions and meditation. Each class will end with a relaxation exercise. Please wear comfortable clothes and bring a yoga mat and a bottle of water to each class. Those who are unable to use a yoga mat may sit in a chair for relaxation. Suitable for all ages. The instructor is a Reiki practitioner and has completed studies in mindfulness meditation. Final price includes material fee of $3.00.

Promote Yourself to Succeed in Life
Personal branding is not about building a special image for the outside world. It is about understanding and showing what is truly unique about you - your strengths, skills, values and passions. Learn to use them to differentiate yourself and guide your career, professional and private life decisions. Learn how you can positively influence the environment around you and attract the attention you need to achieve your goals and to be successful.

Sewing Pattern Drafting & Design Part III
Create your own sewing patterns for fashion apparel through flat-pattern drafting. This course focuses on jacket drafting and related fashion design techniques. Students will create a personal jacket/coat sloper, as well as a two-piece sleeve block, to go with outerwear creations. Various design techniques such as revers/lapels, collars, and linings will be explored. Students are to supply their own tools. Basic sewing skills are an asset. Final price includes material fee of $10.00.

Sewing for the Home
This course will focus on learning how to sew by sewing machine and by hand. You will become familiar with how to use and maintain a sewing machine, learn several hand-stitches, determine appropriate fabrics, colours and designs and production-sewing techniques. Using these skills, you will design and make items for your home such as cushions, several window treatments including roman shades and different styles of curtains, wall hangings, table covers and just about anything that can be sewn to enhance your home. Final price includes material fee of $5.00.

Sewing Advanced
This course is for the advanced student and topics include tailoring for suits and evening dresses. You will be able to work on your own projects. Final price includes material fee of $5.00.

Sewing-Intermediate
This course is for students who have learned the basic skills of sewing and who want a more detailed study of garment making. Create projects you will be proud to wear. Basic sewing skills required. Please bring sewing kit, fabric and pattern to the first class so the learning can begin right away! Final price includes material fee of $12.00.
Sewing-Intermediate ★ This course is for students who have learned the basic skills of sewing and who want a more detailed study of garment making. Create projects you’ll be proud to wear. Final price includes material fee of $5.00.

Mimico Adult Centre 255 Royal York Road
Mon 12:30-3:30pm Apr 12 9wks $197 ($120sr) 78301

Tailoring Advanced
This course covers tailoring techniques such as felt collars, welt pockets, pad stitching on lapels and mens or ladies wear. Prerequisite: Sewing-Intermediate or equivalent experience. Final price includes material fee of $10.00.

Central Technical 725 Bathurst Street
Tue 6-9pm Apr 12 9wks $202 ($125sr) 78436

Sports

Badminton
Here is the perfect opportunity to develop your badminton skills through play! You will be taught individual and team techniques and basic skills through instruction and round-robin play. Students must provide own racquets. Final price includes material fee of $5.00.

Northern SS 851 Mount Pleasant Road
Tue 7-9pm Apr 12 9wks $133 ($82sr) 78820

Golf-Beginner
Basic fundamentals of the golf swing will be covered, along with other topics. Final price includes material fee of $5.00.

Don Mills CI 15 The Donway East
Mon 6:30-8pm Apr 11 9wks $101 ($62sr) 78317

Golf-Beginner/Intermediate
Come out and improve your short game technique by practising your chipping, pitching and putting. Final price includes material fee of $5.00.

Leaside HS 200 Hanna Road
Wed 7-9pm Apr 11 9wks $133 ($82sr) 78634

Golf-Intermediate
The fundamentals of the golf swing and putting will be reviewed. Final price includes material fee of $5.00.

Don Mills CI 15 The Donway East
Mon 8-9:30pm Apr 11 9wks $101 ($62sr) 78318

Golf: Back To Basics
This course is a must for any beginning golfer or experienced golfer who has developed bad habits. Back to Basics focuses on the fundamentals that dictate the success of any golf swing. Set-up, swing mechanics and short game (chipping, pitching, putting) will be covered. A putter and wedge will be required. Final price includes material fee of $5.00.

Mimico Adult Centre 255 Royal York Road
Mon 6:30-8pm Apr 11 9wks $101 ($62sr) 79160
Mon 8-9:30pm Apr 11 9wks $101 ($62sr) 79161

Soccer-Indoor for Men
This course is organized for soccer players with three or more years experience. It gives the seasoned player a chance to refine their skills, keep fit and have fun during the off season.

Burnhamthorpe CALC 500 The East Mall
Tue 7:30-9:30pm Apr 12 9wks $128 ($77sr) 79045

Tennis-Beginner
This program is for those with little or no previous tennis experience. Instruction will include grips, backhand, footwork and more. This course will be taught in an indoor gymnasium.

Central Technical 725 Bathurst Street
Tue 6:30-8pm Apr 12 9wks $96 ($57sr) 78437
Wed 6:30-8pm Apr 13 9wks $96 ($57sr) 78438
Thu 6:30-8pm Apr 14 9wks $96 ($57sr) 78439
Wed 8-9:30pm Apr 13 9wks $96 ($57sr) 78440

Tennis-Intermediate
Individual instruction and practice are provided for students with some tennis experience. Large classes will be divided into groups. This course will be taught in an indoor gymnasium.

Central Technical 725 Bathurst Street
Tue 8-9:30pm Apr 12 9wks $96 ($57sr) 78441
Thu 8-9:30pm Apr 14 9wks $96 ($57sr) 78442

Volleyball
Come and play the sport that is becoming more and more popular and get a great workout at the same time. This recreational co-ed course will develop your interest in physical activity and promote your well-being. Final price includes material fee of $5.00.

Northern SS 851 Mount Pleasant Road
Mon 7-9pm Apr 11 9wks $133 ($82sr) 78864

Theatre, Film & TV

Cinema Studies
Explore new ways of experiencing film! Cinema can certainly be entertaining, but it can also be instructive, thought-provoking, and illuminating. This course provides you with the basic tools to analyze and interpret film, guiding you towards a richer appreciation of the medium. Topics covered include cinematography, genre, narrative theory, critical perspectives on sound and visual editing, documentary and experimental approaches to film, and much more. Final price includes material fee of $10.00.

Central Technical 725 Bathurst Street
Wed 6:30-9:30pm Apr 13 9wks $202 ($125sr) 78331

Cinematography
Cinematography and videography, analog and digital, are explored in-depth in this theoretical course. Starting from the basics, these classes will take you deeper in the realm of professional cinematography by teaching you techniques used all around the world by the professionals of the craft. Lenses, lights, color, recording systems, formats, standards, frame composition, indoor, outdoor and more. Learn all the tools you will need to operate any film or video camera and light your shots like a pro.

Danforth C & TI 800 Greenwood Avenue
Wed 7:30-9:30pm Apr 13 9wks $131 ($80sr) 79110

Drama-Beginner/Intermediate
Do you like to act? Do you want to improve your public speaking or communication skills? Do you want to improve your self-confidence? Or do you just want to have some creative fun? In an enjoyable and mutually supportive atmosphere, these classes will help you develop the skills necessary to reach your goals. Final price includes material fee of $3.00.

Central Technical 725 Bathurst Street
Wed 6:30-9pm Apr 12 9wks $163 ($99sr) 78371

Screenplay Writing: Basic Elements
This creative writing course covers the tools of storytelling in screenplay form including character and dialogue development and narrative theory and structure. These tools can be applied to various forms of screenplays - dramatic, documentary and experimental. Bring a writing notebook. Final price includes material fee of $10.00.

Central Technical 725 Bathurst Street
Thu 6:30-9:30pm Apr 14 9wks $202 ($125sr) 78363
### Agincourt CI  2621 Midland Avenue

<table>
<thead>
<tr>
<th>Title</th>
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<tbody>
<tr>
<td>Ballroom &amp; Latin Dancing-Beginner</td>
<td>W</td>
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<td>Culinary Skills</td>
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<td>Drawing &amp; Painting-Beginner</td>
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<td>Estate Planning</td>
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<td>French-Beginner</td>
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<td>Hands-on Floral Design</td>
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<td>Interior Design: Home Decor</td>
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<td>Investment Planning</td>
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<td>Let's Sing</td>
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<td>6-7:30pm</td>
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<tr>
<td>Mandarin Chinese-Beginner</td>
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<tr>
<td>Piano Keyboarding-Beginner: Level I</td>
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<td>Sewing-Beginner</td>
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<td>Zumba</td>
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<tr>
<td>Zumba Gold</td>
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### Burnhamthorpe CALC  500 The East Mall

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<tbody>
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<td>Baking Skills</td>
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<tr>
<td>Ballroom Dancing-Beginner</td>
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<td>6-7:30pm</td>
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<tr>
<td>Birdwatching, Flora and Fauna</td>
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<td>Birdwatching, Flora and Fauna</td>
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<td>Computer Applications For Everyday Life</td>
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<td>Computer Skills for Workplace Proficiency</td>
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<td>Core Interval Training</td>
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<td>Creative Writing</td>
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<td>French-Intermediate</td>
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<td>Full Body Boot Camp</td>
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<td>Income Tax Preparation</td>
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<tr>
<td>Latin, Swing &amp; Hustle-Beginner</td>
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<td>Make-Up Artistry</td>
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<td>Night Club Dancing: Salsa and More</td>
<td>Tu</td>
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<tr>
<td>Nordic Pole Walking</td>
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### Central Technical  725 Bathurst Street

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**Danforth CTI 800 Greenwood Avenues**

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<td>Mandarin Chinese-Intermediate</td>
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<td>Mind Sharp!</td>
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<td>Public Speaking-Beginner</td>
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<td>Lower Body Sculpt Plus Power Abs Burn</td>
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<td>Piano Keyboarding-Beginner: Level II</td>
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<td>Spanish-Beginner</td>
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<td>Wellness Workshop-Detoxification</td>
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<tr>
<td>Yoga: Kundalini-Beginner/Intermediate</td>
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</tr>
<tr>
<td>Art-Multi Media</td>
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<tr>
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<td>F</td>
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<tr>
<td>Bone Fitness</td>
<td>Tu10:15-11:30am</td>
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<td>Title</td>
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<tr>
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<tr>
<td>Bridge-Beginner</td>
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<tr>
<td>Calligraphy</td>
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<td>Calligraphy-Beginner</td>
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<tr>
<td>Computer Applications For Everyday Life</td>
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<tr>
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<td>F</td>
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<tr>
<td>Computer, Internet &amp; E-Mail</td>
<td>W</td>
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<tr>
<td>Creative Writing: Fiction</td>
<td>W</td>
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<tr>
<td>Creative Writing: Memoirs I</td>
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<td>De-Cluttering Your Life</td>
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<td>Digital Photo Album</td>
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<tr>
<td>Drawing &amp; Watercolour-All Levels</td>
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<tr>
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<td>Fruit Carving</td>
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<tr>
<td>Furniture Refinishing</td>
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<td>Guitar-Beginner</td>
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<td>Integrative Body Works</td>
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<td>Interior Design: Home Decor</td>
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<td>Investor Boot Camp: Intermediate</td>
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<td>Investor Boot Camp: Introduction</td>
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<td>Line Dancing-Beginner</td>
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<td>Microsoft Office-Beginner</td>
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<tr>
<td>Mind Sharp!</td>
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<tr>
<td>Music Theory, Rudiments</td>
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<td>Nutrition for Energy and Wellness</td>
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<td>Oil &amp; Acrylics-All Levels</td>
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<tr>
<td>Pottery-Beginner/Intermediate</td>
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<tr>
<td>Reiki Level I</td>
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<td>Sewing for the Home</td>
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**Montgomery Place** 130 Eglinton Avenue East

<table>
<thead>
<tr>
<th>Title</th>
<th>Day(s)</th>
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<tbody>
<tr>
<td>Drawing &amp; Painting</td>
<td>Tu</td>
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**Moore Place** 801 Mt. Pleasant Road

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<tr>
<td>Drawing &amp; Painting</td>
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**Northern SS** 851 Mt. Pleasant Road

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<th>Title</th>
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<tbody>
<tr>
<td>Acrylic Painting-Beg/Int</td>
<td>M</td>
<td>6:30-9:30pm</td>
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<tr>
<td>Acrylic Painting-Beg/Int</td>
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<td>6:30-9:30pm</td>
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<tr>
<td>Adobe Creative Suite: All in One</td>
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<td>7:30-9:30pm</td>
</tr>
<tr>
<td>Argentine Tango-Beg/Int</td>
<td>M</td>
<td>8-9:30pm</td>
</tr>
<tr>
<td>Badminton</td>
<td>Tu</td>
<td>7-9pm</td>
</tr>
<tr>
<td>Ballroom &amp; Latin Dancing-Beg/Int</td>
<td>Tu</td>
<td>7-8:30pm</td>
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<tr>
<td>Bead Crazy Advanced</td>
<td>Tu</td>
<td>8-9:30pm</td>
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<tr>
<td>Bead Crazy Beg/Int</td>
<td>Tu</td>
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<tr>
<td>Bridge-Convention 101</td>
<td>Tu</td>
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<td>Bridge-Beg/Int</td>
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<tr>
<td>Cantonese-Beg/Int</td>
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<td>Tu</td>
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<tr>
<td>Computer Applications For Everyday Life</td>
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<td>7:30-9:30pm</td>
</tr>
<tr>
<td>Computer Skills for Workplace Proficiency</td>
<td>Tu</td>
<td>7-9pm</td>
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<tr>
<td>Computer Skills for Workplace Prof. - Int/Adv</td>
<td>M</td>
<td>7-9pm</td>
</tr>
<tr>
<td>Computer Training/Trouble Shooting/Viruses</td>
<td>M</td>
<td>7-9pm</td>
</tr>
<tr>
<td>Drawing-Beg/Int</td>
<td>Tu</td>
<td>6:30-9:30pm</td>
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<tr>
<td>Title</td>
<td>Day(s)</td>
<td>Time</td>
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</tr>
<tr>
<td>French-Beginner</td>
<td>Tu</td>
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<tr>
<td>French-Beginner Level II</td>
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<td>French-Beginner Level III</td>
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<td>French-Intermediate</td>
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<tr>
<td>German-Beginner</td>
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<td>German-Intermediate</td>
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<tr>
<td>Hip Hop Dance</td>
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<tr>
<td>Latest Microsoft Office &amp; Social Media</td>
<td>Tu</td>
<td>7-9pm</td>
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<tr>
<td>Let’s Sing</td>
<td>Tu</td>
<td>6:30-9:30pm</td>
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<tr>
<td>Oil &amp; Acrylics-Beginner/Intermediate</td>
<td>M</td>
<td>6:30-9:30pm</td>
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<tr>
<td>Painting: Botanical Watercolour</td>
<td>Tu</td>
<td>6-9:30pm</td>
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<tr>
<td>Pottery - Handbuilding &amp; Wheel Throwing</td>
<td>M</td>
<td>6-9pm</td>
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<tr>
<td>Raising the Roof: New Home Building</td>
<td>Tu</td>
<td>7:30-9:30pm</td>
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<tr>
<td>Real Estate: Investment Property</td>
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<td>7:30-9:30pm</td>
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<tr>
<td>Sign Language Beginner</td>
<td>Tu</td>
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<tr>
<td>Spanish-Advanced</td>
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<td>Spanish-Beginner</td>
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<td>5:45-7:45pm</td>
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<tr>
<td>Swing Dance</td>
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<td>7-8pm</td>
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<tr>
<td>Tai Chi-Beginner</td>
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<td>Tai Chi-Intermediate</td>
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<td>7:30-9pm</td>
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<td>Tennis</td>
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<tr>
<td>Watercolour: Fundamentals</td>
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**Northview HTS  550 Finch Avenue West**

<table>
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<tr>
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<tbody>
<tr>
<td>Aquabics/Aquafit-Shallow Water</td>
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<td>Arabic-Beginner</td>
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<td>Arabic-Intermediate</td>
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<td>7-9pm</td>
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<tr>
<td>Auto Mechanics-Advanced</td>
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<td>6:30-9:30pm</td>
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<td>Badminton</td>
<td>W</td>
<td>7:45-9:15pm</td>
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<td>Culinary Skills</td>
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<tr>
<td>Egyptian Belly Dancing-Beginner</td>
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<tr>
<td>French-Beginner</td>
<td>W</td>
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<tr>
<td>Hebrew - Level I</td>
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<tr>
<td>Hebrew-Beginner Level III</td>
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<td>Line Dancing-Beginner</td>
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<td>Mediterranean Cooking</td>
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<td>Pilates</td>
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<tr>
<td>Spanish-Beginner</td>
<td>W</td>
<td>7-9pm</td>
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<tr>
<td>Tai Chi-Beginner</td>
<td>W</td>
<td>6-7:30pm</td>
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<tr>
<td>Yoga: Kundalini-Beginner/Intermediate</td>
<td>W</td>
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**Overland LC  55 Overland Drive**

<table>
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<tbody>
<tr>
<td>Accounting &amp; Bookkeeping-Beginner</td>
<td>Sa</td>
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<td>Accounting &amp; Bookkeeping-Beginner</td>
<td>Tu</td>
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<tr>
<td>Accounting: Payroll-Beginner</td>
<td>Tu</td>
<td>7:30-9:30pm</td>
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<td>Accounting: Small Business &amp; Tax Issues</td>
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<tr>
<td>Ballroom &amp; Latin Dancing-Beg/Int</td>
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<td>8:30-10:30am</td>
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<tr>
<td>Ballroom &amp; Latin Dancing-Beg/Int</td>
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<td>1-3pm</td>
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<tr>
<td>Ballroom &amp; Latin Dancing-Beginner</td>
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<tr>
<td>Ballroom &amp; Latin Dancing-Beginner</td>
<td>Th</td>
<td>1-3pm</td>
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</table>

- **Bank Teller Training** | **Sa** | 12:45-2:45pm  |
- **Bone Fitness**         | **W**  | 4-5pm          |
- **C, C++, C# and Visual Basic** | **Th** | 7:30-9:30pm |
- **Computer Applications For Everyday Life** | **F** | 1-3pm |
- **Computer Applications For Everyday Life** | **M** | 2:15-4:15pm |
- **Computer Skills - Intermediate** | **W** | 9-11am |
- **Computer Skills for Workplace Proficiency** | **Sa** | 10:30am-12:30pm |
- **Computer Skills for Workplace Prof. - Int/Adv** | **Sa** | 1-3pm |
- **Computer Upgrading/Servicing/Repairing** | **Th** | 11am-1pm |
- **Computer, Internet & E-Mail** | **Th** | 1:30-3:30pm |
- **Conquering Insomnia**    | **M**  | 6:15-9:15pm    |
- **Cool Apps for Smartphones and Tablets** | **W** | 11am-1pm |
- **Cosmetic Acupressure: Look, feel** | **M** | 6:15-9:15pm |
- **Creating Android Apps**  | **M**  | 8-9:30pm       |
- **Creative Writing: Memoirs I** | **Tu** | 2:15-4:15pm |
- **Creative Writing: Memoirs II** | **M** | 2-5pm |
- **Digital Photo Album**     | **M**  | 11am-1pm       |
- **Discovering Your Natural Talents and Gifts** | **Sa** | 9am-3pm |
- **Drawing & Painting-Beginner** | **M** | 6:30-9:30pm |
- **Drawing & Painting: Landscape Study** | **Tu** | 6:30-9:30pm |
- **Drawing For People Who Can't Draw** | **M** | 2:15-4:45pm |
- **Estate Planning - Workshop** | **Th** | 5:30-7:30pm |
- **Estate Planning - Workshop** | **Th** | 5:30-7:30pm |
- **Everything You Want to Know About Ghosts** | **Sa** | 9am-12pm |
- **French-Beginner**         | **Th** | 2:15-4:15pm |
- **French-Beginner**         | **Sa** | 1-3pm |
- **French-Intermediate**     | **W**  | 9:20-11:20am   |
- **French-Intermediate Level II** | **W** | 2:15-4:15pm |
- **Fruit Carving**           | **Th** | 2:15-4:15pm    |
- **Fruit Carving - Intermediate** | **F** | 2:15-4:15pm |
- **Full Body Boot Camp**     | **Th** | 6:30-7:30pm    |
- **Full Body Boot Camp**     | **Th** | 7:30-8:30pm    |
- **Genealogy - Intermediate** | **Th** | 1:30-3:30pm    |
- **Gentle Fitness**          | **M**  | 9:15-10:45am   |
- **Gentle Fitness**          | **W**  | 9:15-10:45am   |
- **Getting to know your Tablet** | **Tu** | 3:30-5pm       |
- **Go Veggie: The Earth & Body** | **Sa** | 1-3pm |
- **HTML, CSS & HTML 5**      | **Sa** | 8:30-10:30am   |
- **Healing Runes**           | **Sa** | 9am-12pm       |
- **InDesign**                | **W**  | 1:15-3:15pm    |
- **Interior Design: Home Decor** | **Tu** | 7-9pm |
- **Italian-Beginner**        | **Th** | 2:15-4:15pm    |
- **Java Programming**        | **Th** | 2:15-4:15pm    |
- **JavaScript & jQuery**     | **Sa** | 10:30am-12:30pm|
- **Line Dancing-Beginner**   | **M**  | 1-2:30pm       |
- **Line Dancing-Intermediate** | **M** | 2:30-4pm       |
- **Microsoft Excel-Intermediate** | **M** | 7:30-9:30pm |
- **Microsoft Excel/Access-Beginner** | **Sa** | 8:30-10:30am |
- **Microsoft Office-Beginner** | **F** | 11am-1pm       |
- **Music Theory: Basic Rudiments** | **Tu** | 3-4:30pm |
- **Nordic Pole Walking**     | **F**  | 9:30-10:30am   |
- **PC Security, Trojans, Virus** | **Tu** | 11:30am-1:30pm|
- **PHP and My SQL-Server Side Scripting** | **Sa** | 1-3pm |
- **PhotoShop-Beginner**      | **Th** | 11am-1pm       |
### Richview CI  1738 Islington Avenue

<table>
<thead>
<tr>
<th>Title</th>
<th>Day(s)</th>
<th>Time</th>
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</thead>
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<tr>
<td>Ballroom &amp; Latin Dancing-Beginner</td>
<td>M</td>
<td>7-8:30pm</td>
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<tr>
<td>French-Beginner</td>
<td>M</td>
<td>7-9pm</td>
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<tr>
<td>French-Intermediate/Advanced</td>
<td>M</td>
<td>7-9pm</td>
</tr>
<tr>
<td>Full Body Boot Camp</td>
<td>M</td>
<td>6:30-7:30pm</td>
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<tr>
<td>Healing Meditation</td>
<td>M</td>
<td>8:30-9:30pm</td>
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<tr>
<td>Italian-Beginner</td>
<td>M</td>
<td>7-9pm</td>
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<tr>
<td>Jewellery Making Fundamentals</td>
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### Scarborough Village CC  ★  3600 Kingston Road

<table>
<thead>
<tr>
<th>Title</th>
<th>Day(s)</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>Creative Writing: Memoirs I ★</td>
<td>F</td>
<td>1-15-3:15pm</td>
</tr>
</tbody>
</table>

### Second Mile Club - Kensington Gardens  25 Brunswick Avenue

<table>
<thead>
<tr>
<th>Title</th>
<th>Day(s)</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>Chinese Brush Painting ★</td>
<td>F</td>
<td>9-11:30am</td>
</tr>
<tr>
<td>Chinese Brush Painting-Intermediate ★</td>
<td>F</td>
<td>1-3:30pm</td>
</tr>
<tr>
<td>Chinese Singing ★</td>
<td>W</td>
<td>1-2:30pm</td>
</tr>
<tr>
<td>Pottery ★</td>
<td>Tu</td>
<td>9:15-11:45am</td>
</tr>
</tbody>
</table>

### Second Mile Club/Orchard View  ★  174 Orchard View Blvd.

<table>
<thead>
<tr>
<th>Title</th>
<th>Day(s)</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>Folk Dancing ★</td>
<td>F</td>
<td>10am-12pm</td>
</tr>
<tr>
<td>Painting-Intermediate ★</td>
<td>W</td>
<td>1-3:30pm</td>
</tr>
<tr>
<td>Painting-Intermediate ★</td>
<td>W10am</td>
<td>12:30pm</td>
</tr>
<tr>
<td>Watercolour Painting ★</td>
<td>Th</td>
<td>1-3:30pm</td>
</tr>
<tr>
<td>Watercolour-Intermediate ★</td>
<td>Th10am</td>
<td>12:30pm</td>
</tr>
</tbody>
</table>

### St. Stephen’s Community House

<table>
<thead>
<tr>
<th>Title</th>
<th>Day(s)</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>Chinese Cooking (in Cantonese*) ★</td>
<td>M10:30am</td>
<td>12:30pm</td>
</tr>
<tr>
<td>Chinese Singing ★</td>
<td>F</td>
<td>1-3:30pm</td>
</tr>
</tbody>
</table>

### Sunshine Seniors Centre  ★  117 Bloor Street East

<table>
<thead>
<tr>
<th>Title</th>
<th>Day(s)</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>Drawing &amp; Painting ★</td>
<td>W</td>
<td>1-3pm</td>
</tr>
<tr>
<td>Drawing &amp; Painting ★</td>
<td>M</td>
<td>1-3pm</td>
</tr>
<tr>
<td>Fitness ★</td>
<td>M</td>
<td>11am-12pm</td>
</tr>
<tr>
<td>Yoga: Chair ★</td>
<td>Th</td>
<td>1-2pm</td>
</tr>
</tbody>
</table>

### Western Technical CI  125 Evelyn Crescent

<table>
<thead>
<tr>
<th>Title</th>
<th>Day(s)</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>Mediterranean Cooking</td>
<td>M</td>
<td>6:30-9:30pm</td>
</tr>
<tr>
<td>Night Club Dancing: Salsa and More</td>
<td>M</td>
<td>8:30-10pm</td>
</tr>
<tr>
<td>Real Estate: Home Buying and Property</td>
<td>M</td>
<td>7-8:30pm</td>
</tr>
<tr>
<td>Real Estate: Investment Property</td>
<td>M</td>
<td>8:30-10pm</td>
</tr>
<tr>
<td>Spanish-Beginner</td>
<td>M</td>
<td>6-8pm</td>
</tr>
<tr>
<td>Tai Chi-Beginner</td>
<td>M</td>
<td>6-7:30pm</td>
</tr>
<tr>
<td>Tai Chi-Intermediate</td>
<td>M</td>
<td>7-8:30pm</td>
</tr>
<tr>
<td>The Basics of Henna</td>
<td>M</td>
<td>6:30-9:30pm</td>
</tr>
<tr>
<td>The Basics of Henna</td>
<td>M</td>
<td>6:30-9:30pm</td>
</tr>
<tr>
<td>Yoga: Kundalini-Beginner/Intermediate</td>
<td>M</td>
<td>6:45-8:15pm</td>
</tr>
<tr>
<td>Zumba</td>
<td>M</td>
<td>7:30-8:30pm</td>
</tr>
</tbody>
</table>

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This symbol ★ indicates Seniors’ Daytime classes.
<table>
<thead>
<tr>
<th>Title</th>
<th>Day(s)</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>Bridge-Beginner</td>
<td>Th</td>
<td>6-8pm</td>
</tr>
<tr>
<td>Home Maintenance &amp; Renovating-Beginner</td>
<td>Th</td>
<td>6:30-9pm</td>
</tr>
<tr>
<td>Looking Fit and Feeling Strong</td>
<td>Th</td>
<td>6:30-8pm</td>
</tr>
<tr>
<td>Mediterranean Cooking</td>
<td>Th</td>
<td>6:30-9:30pm</td>
</tr>
<tr>
<td>Motorcycle Basic Maintenance</td>
<td>Th</td>
<td>7-9:30pm</td>
</tr>
<tr>
<td>Sewing-Beginner</td>
<td>Th</td>
<td>7:30-9:30pm</td>
</tr>
<tr>
<td>Woodworking-Beginner</td>
<td>Th</td>
<td>6:30-9:30pm</td>
</tr>
<tr>
<td>Yoga: Kundalini-All Levels</td>
<td>Th</td>
<td>6:30-8pm</td>
</tr>
<tr>
<td>Yoga: Kundalini-All Levels</td>
<td>Th</td>
<td>8-9:30pm</td>
</tr>
</tbody>
</table>
Kindergarten Registration begins in February

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