

Toronto West Region Meet - 5/10/2010 to 5/11/2010

Track and Field

Etobicoke Centennial Stadium

Results

Women 100 Meter Dash Midget

| LaneName | Team | Prelims | |
|----------------------|---------------------|---------|---------|
| Preliminaries | | | |
| 1 | Jemeika Jackson | TWVR | 12.84 Q |
| 2 | Kadijha Lawrence | TWVR | 13.43 Q |
| 3 | Kemesha O'Connor | TWWE | 13.90 Q |
| 4 | Andreene Lewis | TWYM | 14.32 Q |
| 5 | Mariama Sere Kaba | TWVG | 13.73 q |
| 6 | Sophie Lea | TWES | 14.02 q |
| 7 | Tilia Bailey | TWVR | 14.45 q |
| 8 | Jennell Burrell | TWTH | 14.50 q |
| 9 | Dorris Choi | TWVG | 14.61 |
| 10 | Tempest Hope | TWWH | 14.83 |
| 11 | Fatouma Dukuray | TWYM | 15.00 |
| 12 | Melissa Wilkinson | TWVG | 15.01 |
| 13 | Marie Jean | TWNA | 15.07 |
| 14 | Patricia Eugene | TWYM | 15.33 |
| 15 | Julia Liu | TWES | 15.38 |
| 16 | Joskarn Bajwa | TWTH | 15.47 |
| 17 | Arthel Black | TWWH | 15.54 |
| 18 | Pravina Rajendran | TWYM | 15.62 |
| 19 | Jacqueline Glover | TWES | 15.67 |
| 20 | Sabrina Curtis | TWSH | 15.84 |
| 21 | Alteena Anderson | TWSH | 16.24 |
| 22 | Danielle Villalo | TWES | 16.27 |
| 23 | Michelle Pervin | TWES | 16.36 |
| 24 | Brytanne Chambers-C | TWTH | 16.76 |
| 25 | Cantle Dale-Guillen | TWYM | 16.87 |
| 26 | Amoona Mayany | TWYM | 17.14 |
| 27 | Hani Ahmed | TWYM | 19.12 |
| --- | Fatima Yaffa | TWYM | NT |
| --- | Breanna Tavemer | TWVG | NT |
| --- | Shaliza Khan | TWYM | NT |

Women 100 Meter Dash Midget

| Name | Team | Finals |
|---------------|-------------------|------------|
| Finals | | |
| 1 | Jemeika Jackson | TWVR 12.96 |
| 2 | Kadijha Lawrence | TWVR 13.39 |
| 3 | Kemesha O'Connor | TWWE 13.65 |
| 4 | Mariama Sere Kaba | TWVG 13.74 |
| 5 | Sophie Lea | TWES 14.13 |
| 6 | Andreene Lewis | TWYM 14.38 |
| 7 | Tilia Bailey | TWVR 14.41 |
| 8 | Jennell Burrell | TWTH 14.89 |

Women 200 Meter Dash Midget

| LaneName | Team | Finals |
|---------------|-------------------|------------|
| Finals | | |
| 1 | Jemeika Jackson | TWVR 26.44 |
| 2 | Arthel Black | TWWH 28.51 |
| 3 | Tempest Hope | TWWH 30.88 |
| 4 | Mariama Sere Kaba | TWVG 31.32 |
| 5 | Tilia Bailey | TWVR 31.76 |
| 6 | Latisha Day | TWVR 32.84 |
| 7 | Natalie Wong | TWSI 33.07 |
| 8 | Jacqueline Glover | TWES 33.55 |
| 9 | Danielle Villalo | TWES 35.23 |
| 10 | Amoona Mayany | TWYM 37.91 |
| --- | Christina Isedawo | TWTH NT |

| | | | |
|-----|---------------------|------|----|
| --- | Shenice Richards | TWWE | NT |
| --- | Pravina Rajendran | TWYM | NT |
| --- | Sabrina Curtis | TWSH | NT |
| --- | Alteena Anderson | TWSH | NT |
| --- | Brytanne Chambers-C | TWTH | NT |
| --- | Stephanie Dinucci | TWRI | NT |

Women 400 Meter Dash Midget

| Name | Team | Finals |
|---------------|-------------------|--------------|
| Finals | | |
| 1 | Revee Schultz | TWVR 1:06.90 |
| 2 | Cecilly Jones | TWET 1:12.55 |
| 3 | Natalie Wong | TWSI 1:14.31 |
| 4 | Rachel McTier | TWRI 1:14.53 |
| 5 | Melissa Wilkinson | TWVG 1:16.80 |
| 6 | Stephanie Dinucci | TWRI 1:26.77 |
| --- | Pravina Rajendran | TWYM NT |
| --- | Rachel Metier | TWSH NT |

Women 800 Meter Run Midget

| Name | Team | Finals |
|---------------|---------------------|--------------|
| Finals | | |
| 1 | Alessia Stefanatti | TWRI 2:47.29 |
| 2 | Rachel McTier | TWRI 2:49.71 |
| 3 | Natalie Wong | TWSI 3:02.75 |
| 4 | Cecilly Jones | TWET 3:06.43 |
| 5 | Seung Min Kong | TWSI 3:20.53 |
| 6 | Stephanie Dinucci | TWRI 3:41.43 |
| --- | Rebecca Dias | TWLA NT |
| --- | Tricia Kirk | TWLA NT |
| --- | Rachel Metier | TWSH NT |
| --- | Tara O'Keefe | TWVR NT |
| --- | Katrina Balazsovits | TWVR NT |

Women 1500 Meter Run Midget

| Name | Team | Finals |
|---------------|---------------------|--------------|
| Finals | | |
| 1 | Alessia Stefanatti | TWRI 5:45.55 |
| 2 | Rachel McTier | TWRI 5:57.78 |
| 3 | Cecilly Jones | TWET 6:22.82 |
| 4 | Cecilia Divito | TWES 6:33.61 |
| 5 | Nikeisha Edwards | TWKI 8:25.92 |
| --- | Tara O'Keefe | TWVR NT |
| --- | Katrina Balazsovits | TWVR NT |
| --- | Rachel Metier | TWSH NT |

Women 3000 Meter Run Midget

| Name | Team | Finals |
|---------------|---------------------|---------------|
| Finals | | |
| 1 | Alessia Stefanatti | TWRI 12:45.85 |
| --- | Meghan Magee | TWLA NT |
| --- | Katrina Balazsovits | TWVR NT |
| --- | Tara O'Keefe | TWVR NT |

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Results

Women 80 Meter Hurdles Midget

| Name | Team | Finals |
|-------------------------|------|--------|
| Finals | | |
| 1 Kadijha Lawrence | TWVR | 13.81 |
| 2 Sophie Lea | TWES | 14.15 |
| 3 Jordan Bates | TWRI | 14.18 |
| --- Cantle Dale-Guillen | TWYM | NT |
| --- Hani Ahmed | TWYM | NT |
| --- Milijana Ratlkovic | TWES | NT |

Women 4x100 Meter Relay Midget

| Team | Relay | Finals |
|---------------------------|-------|---------|
| Finals | | |
| 1 Vaughan Road C I - t | A | 58.21 |
| 2 Etobicoke S of the Art | A | 59.10 |
| 3 York Memorial C I - | A | 1:01.31 |
| 4 Thistletown C I - twth | A | 1:02.33 |
| --- Martingrove C I - twm | A | NT |
| --- Weston C I - twwe | A | NT |

Women High Jump Midget

| Name | Team | Finals |
|----------------------|------|--------|
| Finals | | |
| 1 Reveen Schultz | TWVR | 1.25m |
| 2 Atena Brown | TWVR | 1.10m |
| --- Nikeisha Edwards | TWKI | NH |

Women Long Jump Midget

| Name | Team | Finals |
|------------------------|------|--------|
| Finals | | |
| 1 Jordan Bates | TWRI | 4.35m |
| 2 Jemeika Jackson | TWVR | 4.25m |
| 3 Dorris Choi | TWVG | 4.06m |
| 4 Reveen Schultz | TWVR | 4.01m |
| 5 Mariama Sere Kaba | TWVG | 3.99m |
| 6 Patricia Eugene | TWYM | 3.87m |
| 7 Marie Jean | TWNA | 3.75m |
| 8 Dana Romeo | TWWE | 3.48m |
| 9 Jacqueline Glover | TWES | 3.41m |
| 10 Brytanne Chambers-C | TWTH | 3.38m |
| 11 Atena Brown | TWVR | 3.27m |
| 12 Amoona Mayany | TWYM | 2.99m |
| 13 Michelle Pervin | TWES | 2.59m |
| 14 Fatouma Dukuray | TWYM | 2.53m |
| 15 Hani Ahmed | TWYM | 2.42m |
| --- Kemesha O'Connor | TWWE | ND |
| --- Sophie Lea | TWES | ND |
| --- Seung Min Kong | TWSI | ND |
| --- Florence Valcy | TWWE | ND |
| --- Shaliza Khan | TWYM | ND |

Women Triple Jump Midget

| Name | Team | Finals |
|----------------------|------|--------|
| Finals | | |
| 1 Jordan Bates | TWRI | 9.98m |
| 2 Dorris Choi | TWVG | 8.70m |
| 3 Melissa Wilkinson | TWVG | 7.60m |
| --- Dana Romeo | TWWE | ND |
| --- Florence Valcy | TWWE | ND |
| --- Shenice Richards | TWWE | ND |
| --- Atena Brown | TWVR | ND |
| --- Marie Jean | TWNA | ND |

Women Shot Put Midget

| Name | Team | Finals |
|----------------------|------|--------|
| Finals | | |
| 1 Astoria Dawson | TWWE | 8.66m |
| 2 Sulangh Johnes | TWVR | 7.78m |
| 3 Patricia Eugene | TWYM | 6.70m |
| 3 Latisha Day | TWVR | 6.70m |
| 5 Beatrice McDonagh- | TWET | 5.53m |
| --- Zaria Cornwall | TWVR | ND |
| --- Andreene Lewis | TWYM | ND |

Women Discus Throw Midget

| Name | Team | Finals |
|----------------------|------|--------|
| Finals | | |
| 1 Latisha Day | TWVR | 16.05m |
| 2 Sulangh Johnes | TWVR | 15.78m |
| 3 Beatrice McDonagh- | TWET | 13.65m |
| --- Astoria Dawson | TWWE | ND |
| --- Zaria Cornwall | TWVR | ND |

Women Javelin Throw Midget

| Name | Team | Finals |
|------------------------|------|--------|
| Finals | | |
| 1 Kadijha Lawrence | TWVR | 17.23m |
| 2 Sulangh Johnes | TWVR | 8.25m |
| --- Beatrice McDonagh- | TWET | ND |
| --- Astoria Dawson | TWWE | ND |
| --- Zaria Cornwall | TWVR | ND |

Women 100 Meter Dash Junior

| Lane | Name | Team | Prelims |
|----------------------|----------------|------|---------|
| Preliminaries | | | |
| 1 | Sandra Amoah | TWVR | 12.83 |
| 2 | Alesia Duncan | TWWE | 13.39 |
| 3 | Reyan Fleming | TWVR | 13.12 |
| 4 | Adenla Adenji | TWRI | 13.61 |
| 5 | Senya Layne | TWWH | 13.42 |
| 6 | Danielle Dwyer | TWRU | 13.84 |
| 7 | Martica Mattis | TWWE | 14.03 |
| 8 | Holden Marczak | TWET | 14.16 |
| 9 | Miia Stancic | TWRI | 14.37 |
| 10 | Ashante Fray | TWWE | 14.56 |
| 11 | Ebony Allen | TWKI | 14.59 |

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| | | | |
|-----|-------------------|------|-------|
| 12 | Christina Bent | TWWE | 14.78 |
| 13 | Natasha Parchment | TWWH | 15.70 |
| --- | Kenesha Pike | TWSH | NT |
| --- | Alexus Nagent | TWWE | NT |
| --- | Javel Watson | TWWE | NT |

| | | | |
|-----|----------------|------|----|
| --- | Jenny Williams | TWVG | NT |
| --- | April Qu | TWVG | NT |
| --- | Halina Abukar | TWSH | NT |
| --- | Anisa Hussein | TWSH | NT |

Women 100 Meter Dash Junior

| Name | Team | Finals | |
|---------------|----------------|--------|-------|
| Finals | | | |
| 1 | Sandra Amoah | TWVR | 12.86 |
| 2 | Reyan Fleming | TWVR | 12.93 |
| 3 | Alesia Duncan | TWWE | 13.20 |
| 4 | Adenla Adenji | TWRI | 13.22 |
| 5 | Danielle Dwyer | TWRU | 13.70 |
| 6 | Senya Layne | TWWH | 13.80 |
| 7 | Holden Marczak | TWET | 14.23 |
| 8 | Martica Mattis | TWWE | 14.27 |

Women 1500 Meter Run Junior

| Name | Team | Finals | |
|---------------|--------------------|--------|---------|
| Finals | | | |
| 1 | Maddie Benjamin | TWRI | 4:58.58 |
| 2 | Oksana Zvarych | TWET | 5:51.70 |
| 3 | Kelly McKinnon | TWET | 5:58.25 |
| 4 | Inna Crocetti Klos | TWES | 6:08.63 |
| --- | Carly Caissie | TWLA | NT |
| --- | Brooke McClelland | TWET | NT |
| --- | Amelia Howell | TWTH | NT |
| --- | Irina Shatakova | TWLA | NT |
| --- | Jenny Williams | TWVG | NT |
| --- | April Qu | TWVG | NT |
| --- | Ikran Hassan | TWSH | NT |
| --- | Anisa Hussein | TWSH | NT |

Women 200 Meter Dash Junior

| LaneName | Team | Finals | |
|---------------|-------------------|--------|-------|
| Finals | | | |
| 1 | Alesia Duncan | TWWE | 28.18 |
| 2 | Reyan Fleming | TWVR | 28.35 |
| 3 | Marta Canneri | TWVR | 28.47 |
| 4 | Danielle Dwyer | TWRU | 29.00 |
| 5 | May Momodu | TWRI | 30.84 |
| 6 | Miia Stancic | TWRI | 31.06 |
| 7 | Christina Bent | TWWE | 31.61 |
| 8 | Kenesha Pike | TWSH | 32.16 |
| 9 | Ashante Fray | TWWE | 32.32 |
| --- | Javel Watson | TWWE | NT |
| --- | Alexus Nagent | TWWE | NT |
| --- | Natasha Parchment | TWWH | NT |
| --- | Senya Layne | TWWH | NT |
| --- | Halina Abukar | TWSH | NT |

Women 3000 Meter Run Junior

| Name | Team | Finals | |
|---------------|--------------------|--------|----------|
| Finals | | | |
| 1 | Maddie Benjamin | TWRI | 10:54.02 |
| 2 | Kelly McKinnon | TWET | 13:03.74 |
| --- | Inna Crocetti Klos | TWES | NT |
| --- | Irina Shatakova | TWLA | NT |
| --- | Brooke McClelland | TWET | NT |

Women 80 Meter Hurdles Junior

| Name | Team | Finals | |
|---------------|---------------|--------|-------|
| Finals | | | |
| 1 | Taylor Adams | TWET | 14.48 |
| 2 | Miia Stancic | TWRI | 16.08 |
| 3 | Emma Malfara | TWET | 16.32 |
| 4 | April Anolin | TWVR | 16.63 |
| 5 | Vanessa Torio | TWVR | 16.81 |
| 6 | Ebony Allen | TWKI | 17.40 |
| 7 | An Quach | TWVR | 17.85 |

Women 400 Meter Dash Junior

| Name | Team | Finals | |
|---------------|----------------|--------|---------|
| Finals | | | |
| 1 | Danielle Dwyer | TWRU | 1:05.60 |
| 2 | Marta Canneri | TWVR | 1:07.20 |
| 3 | Alesia Duncan | TWWE | 1:10.64 |
| 4 | Holden Marczak | TWET | 1:10.76 |
| 5 | Senya Layne | TWWH | 1:12.04 |
| 6 | Oksana Zvarych | TWET | 1:15.93 |
| --- | Lisa Huynh | TWWE | NT |
| --- | Anisa Hussein | TWSH | NT |

Women 300 Meter Hurdles Junior

| Name | Team | Finals | |
|---------------|---------------|--------|---------|
| Finals | | | |
| 1 | Emma Malfara | TWET | 58.00 |
| 2 | Vanessa Torio | TWVR | 58.90 |
| 3 | Kenesha Pike | TWSH | 59.02 |
| 4 | An Quach | TWVR | 59.70 |
| 5 | April Anolin | TWVR | 1:00.03 |
| --- | Emma Parry | TWET | NT |
| --- | Ikran Hassan | TWSH | NT |

Women 800 Meter Run Junior

| Name | Team | Finals | |
|---------------|--------------------|--------|---------|
| Finals | | | |
| 1 | Maddie Benjamin | TWRI | 2:24.45 |
| 2 | Oksana Zvarych | TWET | 2:53.20 |
| 3 | Holden Marczak | TWET | 2:53.91 |
| --- | Carly Caissie | TWLA | NT |
| --- | Inna Crocetti Klos | TWES | NT |
| --- | Lisa Huynh | TWWE | NT |
| --- | Amelia Howell | TWTH | NT |

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Results

Women 4x100 Meter Relay Junior

| Lane | Team | Relay | Finals |
|---------------|------------------------|-------|---------|
| Finals | | | |
| 1 | Vaughan Road C I - t | A | 51.48 |
| 2 | Etobicoke C I - twet | A | 56.03 |
| 3 | Richview C I - twri | A | 57.41 |
| 4 | Vaughan Road C I - t | B | 1:00.18 |
| 5 | Scarlett Hts Entrepr - | A | 1:00.86 |
| --- | Thistletown C I - twth | A | NT |
| --- | Weston C I - twwe | B | NT |
| --- | Martingrove C I - twm | A | NT |
| --- | West Humber C I - t | A | NT |
| --- | Weston C I - twwe | A | DQ |

Women High Jump Junior

| Name | Team | Finals |
|-------------------|------|--------|
| Finals | | |
| 1 An Quach | TWVR | 1.20m |
| --- Adenla Adenji | TWRI | NH |
| --- Amelia Howell | TWTH | NH |
| --- Vanessa Torio | TWVR | NH |
| --- Jelena Mitic | TWMG | NH |

Women Pole Vault Junior

| Name | Team | Finals |
|------------------|------|--------|
| Finals | | |
| 1 Marta Canneri | TWVR | 2.50m |
| 2 April Anolin | TWVR | 1.60m |
| 2 Dylan Underman | TWVR | 1.60m |

Women Long Jump Junior

| Name | Team | Finals |
|---------------------|------|--------|
| Finals | | |
| 1 Adenla Adenji | TWRI | 4.82m |
| 2 Sandra Amoah | TWVR | 4.54m |
| 3 Reyana Fleming | TWVR | 3.92m |
| 4 May Momodu | TWRI | 3.61m |
| 5 Tracey Kyei | TWRI | 3.21m |
| 6 Ashante Fray | TWWE | 3.01m |
| --- Taylor Adams | TWET | ND |
| --- Halina Abukar | TWSH | ND |
| --- Radesha Taylor | TWWE | ND |
| --- Chanel Ricketts | TWWE | ND |
| --- Jelena Mitic | TWMG | ND |
| --- Ikran Hassan | TWSH | ND |
| --- Yusran Haji-Ali | TWWH | ND |
| --- Keyannah Downs | TWWH | ND |
| --- Jenny Williams | TWMG | ND |

Women Triple Jump Junior

| Name | Team | Finals |
|--------------------|------|--------|
| Finals | | |
| --- Radesha Taylor | TWWE | ND |

Women Shot Put Junior

| Name | Team | Finals |
|---------------------|------|--------|
| Finals | | |
| 1 Aliyah Murray | TWRI | 8.45m |
| 2 Deshawna Kitson | TWRI | 6.92m |
| 3 Leslie McKinnon | TWET | 6.65m |
| 4 Merany Ganesan | TWVR | 6.08m |
| 5 Stephanie Gordon | TWVR | 5.82m |
| --- Sidonae Bartley | TWWH | ND |
| --- Pauline Nguyen | TWVR | ND |

Women Discus Throw Junior

| Name | Team | Finals |
|--------------------|------|--------|
| Finals | | |
| 1 Aliyah Murray | TWRI | 24.95m |
| 2 Sandra Amoah | TWVR | 23.27m |
| 3 Leslie McKinnon | TWET | 21.40m |
| 4 Taylor Adams | TWET | 21.14m |
| 5 Merany Ganesan | TWVR | 19.41m |
| 6 Stephanie Gordon | TWVR | 15.03m |
| 7 Lilian Gordon | TWVR | 14.80m |
| --- Nizanna Adams | TWWE | ND |
| --- Pauline Nguyen | TWVR | ND |

Women Javelin Throw Junior

| Name | Team | Finals |
|--------------------|------|--------|
| Finals | | |
| 1 Aliyah Murray | TWRI | 19.82m |
| 2 Deshawna Kitson | TWRI | 15.93m |
| 3 Merany Ganesan | TWVR | 14.64m |
| 4 Lilian Gordon | TWVR | 13.64m |
| 5 Stephanie Gordon | TWVR | 10.46m |
| --- Pauline Nguyen | TWVR | ND |

Women 100 Meter Dash Senior

| Lane | Name | Team | Prelims |
|----------------------|-----------------------|------|---------|
| Preliminaries | | | |
| 1 | Crystal Emmanuel | TWVR | 12.14 Q |
| 2 | Alexus Nagent | TWWE | 12.84 Q |
| 3 | Zakiya Hutchinson | TWVR | 13.52 Q |
| 4 | Lisa Steele-Gray | TWRI | 13.35 Q |
| 5 | Abigail Adjei | TWNA | 14.28 Q |
| 6 | Cassandra O'Gilvie | TWWE | 14.89 Q |
| 7 | Jessica Venuto | TWET | 13.97 q |
| 8 | Brittany Kiana Mills | TWES | 14.94 q |
| 9 | Natalie Bailly | TWES | 15.46 |
| 10 | Rochelle Hayden | TWSH | 16.02 |
| 11 | Stacey Thomas | TWRU | 16.21 |
| 12 | Krystal Cozier-Ballon | TWTH | 16.27 |
| 13 | Sophia Parchment | TWWH | 17.06 |
| 14 | Yanique Jones | TWTH | 17.33 |
| --- | Felicia Douglas | TWYM | NT |
| --- | Kimberlin Lavia | TWYM | NT |
| --- | Nyasha Brammer-Tho | TWWE | NT |
| --- | Jamelia Frater | TWVR | NT |
| --- | Sonya Neverson | TWWE | NT |
| --- | Ashley Hutson | TWRI | NT |
| --- | Jheanelle Blagrove | TWRI | NT |
| --- | Joy Ann Approo | TWWH | NT |

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Results

| | | | |
|-----|-------------------|------|----|
| --- | Antonette Hylton | TWSH | NT |
| --- | Shanice Alexander | TWYM | NT |

Women 100 Meter Dash Senior

| Name | Team | Finals |
|---------------|----------------------|------------|
| Finals | | |
| 1 | Crystal Emmanuel | TWVR 11.79 |
| 2 | Alexus Nagent | TWWE 12.76 |
| 3 | Lisa Steele-Gray | TWRI 13.27 |
| 4 | Zakiya Hutchinson | TWVR 13.35 |
| 5 | Abigail Adjei | TWNA 14.09 |
| 6 | Jessica Venuto | TWET 14.16 |
| 7 | Cassandra O'Gilvie | TWWE 15.12 |
| 8 | Brittany Kiana Mills | TWES 15.43 |

Women 200 Meter Dash Senior

| LaneName | Team | Finals |
|---------------|-------------------|------------|
| Finals | | |
| 1 | Crystal Emmanuel | TWVR 24.80 |
| 2 | Alexus Nagent | TWWE 27.26 |
| 3 | Lisa Steele-Gray | TWRI 28.38 |
| 4 | Jasmine Black | TWTH 29.80 |
| 5 | Jessica Venuto | TWET 30.49 |
| 6 | Kathy Castro | TWRU 32.20 |
| 7 | Samanpreet Brar | TWWH 33.42 |
| --- | Yanique Jones | TWTH NT |
| --- | Shanice Alexander | TWYM NT |
| --- | Joy Ann Approo | TWWH NT |
| --- | Antonette Hylton | TWSH NT |
| --- | Jamelia Frater | TWVR NT |
| --- | Elizabeth Maloney | TWET NT |
| --- | Teja Watson | TWVR NT |
| --- | Rochelle Hayden | TWSH DNF |

Women 400 Meter Dash Senior

| LaneName | Team | Finals |
|---------------|-------------------|--------------|
| Finals | | |
| 1 | Shannon Kennedy | TWMG 1:01.29 |
| 2 | Crystal Emmanuel | TWVR 1:02.69 |
| 3 | Estelle Preiano | TWVR 1:06.43 |
| 4 | Jessica Venuto | TWET 1:08.18 |
| 5 | Jasmine Black | TWTH 1:09.66 |
| 6 | Elizabeth Maloney | TWET 1:09.95 |
| 7 | Kathy Castro | TWRU 1:16.17 |
| 8 | Samanpreet Brar | TWWH 1:17.14 |
| 9 | Joy Ann Approo | TWWH 1:26.68 |
| 10 | Stacey Thomas | TWRU 1:28.63 |
| --- | Felicia Douglas | TWYM NT |
| --- | Sophie Qu | TWMG NT |
| --- | Jadean Sylvester | TWYM NT |

Women 800 Meter Run Senior

| Name | Team | Finals |
|---------------|-----------------|--------------|
| Finals | | |
| 1 | Shannon Kennedy | TWMG 2:22.40 |
| 2 | Ramanpreet Brar | TWWH 2:56.03 |
| 3 | Emma Stengs | TWES 3:05.69 |
| 4 | Shannon Peters | TWSI 3:08.90 |

| | | |
|-----|------------------|--------------|
| 5 | Linda Mensah | TWWE 3:13.74 |
| 6 | Lauren Harris | TWSI 3:16.77 |
| 7 | Michelle McNabb | TWSH 3:18.14 |
| 8 | Gurpreet Flora | TWKI 3:22.54 |
| --- | Amy Young | TWWE NT |
| --- | Alicia Pokhoy | TWWE NT |
| --- | Laura Crack | TWVR NT |
| --- | Kamilla Swiatek | TWVR NT |
| --- | Emma Dictropaolo | TWSI NT |
| --- | Lindsay Cronkite | TWSI NT |

Women 1500 Meter Run Senior

| Name | Team | Finals |
|---------------|------------------|--------------|
| Finals | | |
| 1 | Lauren Kanko | TWMG 5:45.13 |
| 2 | Brynn Huyer | TWET 5:46.92 |
| 3 | Tricia Kirk | TWLA 5:47.46 |
| 4 | Laura Crack | TWVR 5:52.60 |
| 5 | Rebecca Dias | TWLA 6:00.36 |
| 6 | Sophie Qu | TWMG 6:12.37 |
| 7 | Ramanpreet Brar | TWWH 6:18.06 |
| 8 | Alicia Pokhoy | TWWE 6:28.62 |
| 9 | Hayley Coulman | TWRI 6:35.89 |
| 10 | Meghan Magee | TWLA 6:37.37 |
| 11 | Michelle McNabb | TWSH 6:38.94 |
| 12 | Gurpreet Flora | TWKI 6:43.72 |
| 13 | Sara Qinami | TWET 6:47.47 |
| --- | Lindsay Cronkite | TWSI NT |
| --- | Amy Young | TWWE NT |
| --- | Rachel Brown | TWMG NT |
| --- | Shannon Kennedy | TWMG NT |
| --- | Shannon Peters | TWSI NT |
| --- | Stefany Galko | TWES NT |
| --- | Lauren Harris | TWSI NT |
| --- | Sivar Rajab Khan | TWYM NT |
| --- | Alena Sokhan | TWES NT |

Women 3000 Meter Run Senior

| Name | Team | Finals |
|---------------|------------------|---------------|
| Finals | | |
| 1 | Lauren Kanko | TWMG 11:51.23 |
| 2 | Brynn Huyer | TWET 12:26.95 |
| 3 | Meghan Magee | TWLA 14:45.92 |
| 4 | Jeanna Chow | TWKI 14:57.12 |
| --- | Alena Sokhan | TWES NT |
| --- | Sivar Rajab Khan | TWYM NT |
| --- | Ramanpreet Brar | TWWH NT |
| --- | Rachel Brown | TWMG NT |
| --- | Kamilla Swiatek | TWVR NT |

Women 100 Meter Hurdles Senior

| Name | Team | Finals |
|---------------|------------------|------------|
| Finals | | |
| 1 | Christine King | TWMG 15.47 |
| 2 | Megan Roth | TWET 20.37 |
| 3 | Ivanna Franko | TWMG 20.45 |
| --- | Antonette Hylton | TWSH NT |
| --- | Jadean Sylvester | TWYM NT |
| --- | Ashley Hutson | TWRI NT |

Women 400 Meter Hurdles Senior

Toronto West Region Meet - 5/10/2010 to 5/11/2010

Track and Field

Etobicoke Centennial Stadium

Results

| Name | Team | Finals |
|---------------------|------|---------|
| Finals | | |
| 1 Shannon Peters | TWSI | 1:25.83 |
| 2 Ivanna Franko | TWMG | 1:29.12 |
| 3 Emma Dictropaolo | TWSI | 1:36.26 |
| 4 Rebecca Koroll | TWSI | 1:39.05 |
| --- Rochelle Hayden | TWSH | NT |
| --- Teja Watson | TWVR | NT |

Women 4x100 Meter Relay Senior

| Lane Team | Relay | Finals |
|----------------------------|-------|---------|
| Finals | | |
| 1 Vaughan Road C I - t | A | 54.10 |
| 2 Kipling C I - twki | A | 1:01.99 |
| --- Etobicoke S of the Art | A | NT |
| --- Richview C I - twri | A | NT |
| --- Silverthorn C I - twsi | A | NT |
| --- West Humber C I - t | A | NT |
| --- Martingrove C I - twm | A | NT |
| --- Vaughan Road C I - t | B | NT |
| --- Thistletown C I - twth | A | DQ |

Women High Jump Senior

| Name | Team | Finals |
|--------------------|------|--------|
| Finals | | |
| 1 Sukai Jeng | TWTH | 1.25m |
| 2 Teja Watson | TWVR | 1.15m |
| --- Rebecca Koroll | TWSI | NH |
| --- Teneisha Clark | TWVR | NH |

Women Pole Vault Senior

| Name | Team | Finals |
|-------------------|------|--------|
| Finals | | |
| 1 Christine King | TWMG | 2.80m |
| 2 Michelle Kiocho | TWVR | 1.80m |
| 2 Estelle Preiano | TWVR | 1.80m |

Women Long Jump Senior

| Name | Team | Finals |
|-----------------------|------|--------|
| Finals | | |
| 1 Sonya Neverson | TWWE | 4.38m |
| 2 Zakiya Hutchinson | TWVR | 4.35m |
| 3 Bukun Adegbenbo | TWWE | 4.31m |
| 4 Abigail Adjei | TWNA | 4.25m |
| 5 Jessica Venuto | TWET | 3.75m |
| 6 Cassandra O'Gilvie | TWWE | 3.71m |
| 7 Linda Mensah | TWWE | 3.66m |
| 8 Rebecca Koroll | TWSI | 3.30m |
| 9 Ivanna Franko | TWMG | 2.69m |
| --- Kimberlin Lavia | TWYM | ND |
| --- Felicia Douglas | TWYM | ND |
| --- Jamelia Frater | TWVR | ND |
| --- Teneisha Clark | TWVR | ND |
| --- Jeanna Chow | TWKI | ND |
| --- Shanice Alexander | TWYM | ND |
| --- Stacey Thomas | TWRU | ND |

Women Triple Jump Senior

| Name | Team | Finals |
|------------------------|------|--------|
| Finals | | |
| 1 Christine King | TWMG | 9.72m |
| 2 Eureka Choi | TWMG | 8.84m |
| --- Nyesha Brammer-Tho | TWWE | ND |
| --- Teneisha Clark | TWVR | ND |

Women Shot Put Senior

| Name | Team | Finals |
|-----------------------|------|--------|
| Finals | | |
| 1 Saudia Rahamat | TWRU | 8.80m |
| 2 Ashley Hutson | TWRI | 8.65m |
| 3 Zakiya Hutchinson | TWVR | 8.42m |
| 4 Teneisha Noble | TWRU | 8.16m |
| 5 Sukai Jeng | TWTH | 7.82m |
| 6 Ashlee Benoit | TWVR | 7.19m |
| 7 Sarah Coons | TWSI | 6.82m |
| 8 Leanna Sinclair | TWRU | 6.65m |
| 9 Megan Roth | TWET | 6.36m |
| 10 Carina Rodrigues | TWRU | 5.69m |
| 11 Larissa Sparks | TWWE | 5.60m |
| 12 Laurencia Okantah | TWKI | 5.38m |
| 13 Eureka Choi | TWMG | 4.76m |
| --- Teneisha Clark | TWVR | ND |
| --- Sherine Alexander | TWYM | ND |

Women Discus Throw Senior

| Name | Team | Finals |
|------------------------|------|--------|
| Finals | | |
| 1 Milijana Ratkovic | TWES | 25.80m |
| 2 Saudia Rahamat | TWRU | 24.66m |
| 3 Leanna Sinclair | TWRU | 21.77m |
| 4 Teneisha Noble | TWRU | 18.90m |
| 5 Michelle Kiocho | TWVR | 18.58m |
| 6 Brittany Kiana Mills | TWES | 16.94m |
| 7 Carina Rodrigues | TWRU | 15.75m |
| --- Sherine Alexander | TWYM | ND |
| --- Ashlee Benoit | TWVR | ND |

Women Javelin Throw Senior

| Name | Team | Finals |
|-------------------------|------|--------|
| Finals | | |
| 1 Saudia Rahamat | TWRU | 29.52m |
| 2 Nadine Galambosy | TWMG | 27.52m |
| 3 Estelle Preiano | TWVR | 23.74m |
| 4 Ashlee Benoit | TWVR | 21.00m |
| 5 Michelle Kiocho | TWVR | 20.27m |
| 6 Ahser McKenzie | TWWE | 18.56m |
| 7 Krystina Koltisopolou | TWKI | 17.66m |
| 8 Carina Rodrigues | TWRU | 17.50m |
| 9 Eureka Choi | TWMG | 12.80m |
| 10 Monique Anderson | TWWE | 11.54m |
| --- Jadean Sylvester | TWYM | ND |
| --- Larissa Sparks | TWWE | ND |
| --- Laurencia Okantah | TWKI | ND |
| --- Joanne Graves | TWKI | ND |

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Results

--- Leanna Sinclair TWRU ND
 --- Teneisha Noble TWRU ND

Men 200 Meter Dash Midget

Women 1500 Meter Steeplechase Open

| Name | Team | Finals |
|----------------------|------|---------|
| Finals | | |
| 1 Lauren Kanko | TWMG | 6:09.61 |
| 2 Brynn Huyer | TWET | 6:14.48 |
| 3 Laura Crack | TWVR | 6:27.61 |
| 4 Kelly McKinnon | TWET | 6:43.05 |
| 5 Hayley Coulman | TWRI | 7:19.50 |
| --- Sivar Rajab Khan | TWYM | NT |

| Lane | Name | Team | Finals |
|---------------|----------------------|------|--------|
| Finals | | | |
| 1 | Duvontae Spencer | TWVR | 24.67 |
| 2 | Javaun Beckles Lewis | TWVR | 25.31 |
| 3 | Nick Parsons | TWSI | 26.30 |
| 4 | Ricardo Welch | TWRU | 26.95 |
| 5 | Lance Rodrigues | TWVR | 27.44 |
| 6 | Darian Chattergoom | TWET | 27.60 |
| 7 | Eric Tollis | TWRI | 27.81 |
| 8 | Patrick Plamenco | TWSI | 27.85 |
| 9 | Graham Singer | TWMG | 28.16 |
| 10 | Casey Yu | TWSI | 29.01 |
| 11 | Dhvant Deai | TWNA | 29.51 |
| 12 | Khani James | TWRI | 31.20 |
| --- | Kevin Phan | TWYM | NT |
| --- | Saajon Palel | TWNA | NT |
| --- | Miguel Paulino | TWWE | NT |
| --- | Aquila Akingbade | TWMG | NT |
| --- | Andre Diodati | TWRI | NT |
| --- | Johal Harkirat | TWNA | NT |

Women 4x400 Meter Relay Open

| Team | Relay | Finals |
|---------------------------|-------|---------|
| Finals | | |
| 1 Etobicoke C I - t w e t | A | 5:02.32 |
| 2 Vaughan Road C I - t | A | 5:16.92 |

Men 100 Meter Dash Midget

| Lane | Name | Team | Prelims |
|----------------------|----------------------|------|---------|
| Preliminaries | | | |
| 1 | Duvontae Spencer | TWVR | 12.02 Q |
| 2 | Saajon Palel | TWNA | 12.23 Q |
| 3 | Andre Diodati | TWRI | 12.52 Q |
| 4 | Javaun Beckles Lewis | TWVR | 12.49 Q |
| 5 | Ricardo Welch | TWRU | 12.78 Q |
| 6 | Johal Harkirat | TWNA | 13.39 Q |
| 7 | Stephan Nash | TWWH | 12.82 q |
| 8 | Jemar Jones | TWSI | 13.04 q |
| 9 | Luca Cazzin | TWVR | 13.22 |
| 10 | Eric Tollis | TWRI | 13.29 |
| 11 | Miguel Paulino | TWWE | 13.43 |
| 12 | Darian Chattergoom | TWET | 13.47 |
| 13 | Aquila Akingbade | TWMG | 13.56 |
| 14 | Graham Singer | TWMG | 13.69 |
| 15 | Casey Yu | TWSI | 13.75 |
| 16 | Malcolme Heptbourn | TWWH | 13.86 |
| 17 | Khani James | TWRI | 14.01 |
| 18 | Peter Khuu | TWYM | 14.18 |
| 19 | Wilson Valle | TWTH | 14.49 |
| --- | Mairaj Hyder | TWYM | NT |
| --- | Kevin Phan | TWYM | NT |
| --- | Connor Humphries | TWMG | NT |
| --- | Tafari Gerson | TWVR | NT |
| --- | Nelson Blanco | TWTH | NT |

Men 400 Meter Dash Midget

| Lane | Name | Team | Finals |
|---------------|--------------------|------|---------|
| Finals | | | |
| 1 | Danill Vasilyev | TWMG | 57.56 |
| 2 | Leonard Dziemianko | TWRI | 57.88 |
| 3 | Stephan Nash | TWWH | 57.99 |
| 4 | Nick Parsons | TWSI | 1:00.17 |
| 5 | Aquila Akingbade | TWMG | 1:01.01 |
| 6 | Kieran McQuattie | TWMG | 1:02.61 |
| 7 | Dhvant Deai | TWNA | 1:04.79 |
| 8 | Graham Singer | TWMG | 1:07.69 |
| 9 | Wilson Valle | TWTH | 1:07.80 |
| 10 | Simranjit Sanghera | TWWH | 1:11.63 |
| --- | Ricardo Welch | TWRU | NT |
| --- | Selwayne Mentore | TWKI | NT |
| --- | Connor Humphries | TWMG | NT |
| --- | Adeel Shah | TWSI | NT |

Men 100 Meter Dash Midget

| Name | Team | Finals |
|------------------------|------|--------|
| Finals | | |
| 1 Duvontae Spencer | TWVR | 11.55 |
| 2 Javaun Beckles Lewis | TWVR | 12.13 |
| 3 Ricardo Welch | TWRU | 12.78 |
| 4 Andre Diodati | TWRI | 12.79 |
| 5 Stephan Nash | TWWH | 12.83 |
| 6 Jemar Jones | TWSI | 13.14 |
| 7 Saajon Palel | TWNA | 13.40 |
| 8 Johal Harkirat | TWNA | 13.51 |

Men 800 Meter Run Midget

| Name | Team | Finals | |
|-------------------------|-------------------|---------|----|
| Finals | | | |
| 1 Shane Favit | TWRI | 2:07.36 | |
| 2 Leonard Dziemianko | TWRI | 2:18.21 | |
| 3 Danill Vasilyev | TWMG | 2:28.93 | |
| 4 Stephan Nash | TWWH | 2:29.90 | |
| 5 David Jinkinson | TWET | 2:31.64 | |
| 6 Richard Laki | TWMG | 2:36.51 | |
| 7 Wilson Valle | TWTH | 2:36.90 | |
| 8 Alexander Momchilov | TWMG | 2:43.73 | |
| 9 Feisal Shariff | TWWH | 2:43.80 | |
| 10 Vikrant Jaswal | TWWH | 2:49.77 | |
| 11 Simranjit Sanghera | TWWH | 2:55.26 | |
| 12 Jean Claude Suesscun | TWSH | 3:20.55 | |
| 13 Kirujan Namasivayam | TWMG | 3:27.24 | |
| --- | Kamalpreet Cheema | TWWH | NT |
| --- | Charlie Huang | TWVR | NT |
| --- | Clarck Persez | TWVR | NT |
| --- | Connor Humphries | TWMG | NT |

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Results

| | | | Team | Relay | Finals |
|---|-------------|---------------|------|-------|--------|
| Men 1500 Meter Run Midget | | | | | |
| Name | Team | Finals | | | |
| Finals | | | | | |
| 1 Shane Favit | TWRI | 4:32.35 | | | |
| 2 Leonard Dziemianko | TWRI | 4:48.69 | | | |
| 3 Austin Cronkite | TWMG | 5:00.71 | | | |
| 4 David Jinkinson | TWET | 5:05.81 | | | |
| 5 Scott Buck | TWRU | 5:06.39 | | | |
| 6 Kieran McQuattie | TWMG | 5:09.28 | | | |
| 7 Nathan McCoy | TWES | 5:17.78 | | | |
| 8 Joseph Roh | TWSI | 5:26.10 | | | |
| 9 Richard Laki | TWMG | 5:29.88 | | | |
| 10 Feisal Shariff | TWWH | 5:34.79 | | | |
| 11 Alexander Momchilov | TWMG | 5:36.67 | | | |
| 12 Bogdan Zadorozhny | TWMG | 5:38.35 | | | |
| 13 Simranjit Sanghera | TWWH | 5:56.18 | | | |
| 14 Vikrant Jaswal | TWWH | 6:13.76 | | | |
| --- Jean Claude Suesscun | TWSH | NT | | | |
| --- Christopher Wenkoff | TWES | NT | | | |
| Finals | | | | | |
| 1 Vaughan Road C I - t | | | A | | 48.17 |
| 2 Martingrove C I - twm | | | A | | 54.11 |
| 3 West Humber C I - t | | | A | | 56.27 |
| 4 Richview C I - twri | | | A | | 56.48 |
| --- Silverthorn C I - tswi | | | A | | NT |
| --- Martingrove C I - twm | | | B | | NT |
| --- York Memorial C I - | | | A | | DQ |
| Men High Jump Midget | | | | | |
| Name | Team | Finals | | | |
| Finals | | | | | |
| 1 Nick Parsons | TWSI | 1.55m | | | |
| 2 Adeel Shah | TWSI | 1.40m | | | |
| 3 Charlie Huang | TWVR | 1.30m | | | |
| 3 Julian Parrault | TWVR | 1.30m | | | |
| 3 Sam Noto | TWRI | 1.30m | | | |
| --- Mairaj Hyderey | TWYM | NH | | | |
| --- Kevin Tran | TWYM | NH | | | |
| Men 3000 Meter Run Midget | | | | | |
| Name | Team | Finals | | | |
| Finals | | | | | |
| 1 Austin Cronkite | TWMG | 11:03.43 | | | |
| 2 David Jinkinson | TWET | 11:15.63 | | | |
| 3 Nathan McCoy | TWES | 11:27.63 | | | |
| 4 Chris Aspros | TWMG | 11:50.42 | | | |
| 5 Joseph Roh | TWSI | 11:52.42 | | | |
| 6 Bogdan Zadorozhny | TWMG | 12:02.68 | | | |
| 7 Alexander Momchilov | TWMG | 12:11.18 | | | |
| Finals ... (Men 3000 Meter Run Midget) | | | | | |
| 8 Vikrant Jaswal | TWWH | 13:09.40 | | | |
| --- Christopher Wenkoff | TWES | NT | | | |
| --- Scott Buck | TWRU | NT | | | |
| --- Shane Favit | TWRI | NT | | | |
| Men 100 Meter Hurdles Midget | | | | | |
| Name | Team | Finals | | | |
| Finals | | | | | |
| 1 Jemar Jones | TWSI | 23.53 | | | |
| Men 300 Meter Hurdles Midget | | | | | |
| Name | Team | Finals | | | |
| Finals | | | | | |
| 1 Kieran McQuattie | TWMG | 51.23 | | | |
| 2 Jean Claude Suesscun | TWSH | 1:03.99 | | | |
| Men 4x100 Meter Relay Midget | | | | | |
| Finals | | | | | |
| 1 Lance Rodriques | TWVR | 8.73m | | | |
| --- Roymen Malabog | TWYM | ND | | | |
| --- Kevin Phan | TWYM | ND | | | |
| --- Andrew Anrui Chen | TWMG | ND | | | |
| --- Julian Parrault | TWVR | ND | | | |

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Men Shot Put Midget

| Name | Team | Finals |
|--------------------------|------|--------|
| Finals | | |
| 1 Julian Carusone | TWVR | 10.83m |
| 2 Andrew Anrui Chen | TWMG | 9.64m |
| 3 Aquila Akingbade | TWMG | 9.11m |
| --- Adeel Shah | TWSI | ND |
| --- Henry Melville | TWET | ND |
| --- Michael Grace-Decost | TWWE | ND |
| --- Anthony Tran | TWVR | ND |
| --- Luca Cazzin | TWVR | ND |
| --- Lei Weng | TWVR | ND |

Men Discus Throw Midget

| Name | Team | Finals |
|-------------------|------|--------|
| Finals | | |
| 1 Julian Carusone | TWVR | 27.25m |
| 2 Lei Weng | TWVR | 26.10m |
| 3 Cole Singleton | TWVR | 25.99m |
| --- Anthony Tran | TWVR | ND |

Men Javelin Throw Midget

| Name | Team | Finals |
|--------------------|------|--------|
| Finals | | |
| 1 Sam Noto | TWRI | 28.55m |
| 2 Joel Hannan | TWRI | 24.25m |
| 3 Cole Singleton | TWVR | 23.60m |
| 4 Clarck Persez | TWVR | 19.48m |
| --- Henry Melville | TWET | ND |
| --- Lei Weng | TWVR | ND |
| --- Anthony Tran | TWVR | ND |

Men 100 Meter Dash Junior

| LaneName | Team | Prelims |
|-------------------------|------|---------|
| Preliminaries | | |
| 1 Shayne Dalmage | TWWE | 11.84 Q |
| 2 Nathaniel Pinto | TWWE | 11.92 Q |
| 3 Charles Darkwa | TWET | 12.38 Q |
| 4 Abdul Raheem | TWMG | 11.97 Q |
| 5 Shaquille Munroe | TWET | 12.46 Q |
| 6 Michael Grace-Decost | TWWE | 12.64 Q |
| 7 Viyaj Bowen | TWSI | 12.05 q |
| 8 Mithvlan Pararajasin | TWWE | 12.60 q |
| 9 Devante Douglas | TWWE | 12.70 |
| 10 Matthew Melville | TWWH | 12.93 |
| 11 Daniel Beard | TWTH | 13.00 |
| 12 Grant Landman | TWES | 13.11 |
| 13 Tiffane Mameri | TWET | 13.25 |
| 14 Jason Abrias | TWMG | 13.32 |
| 15 Troy Elleston | TWRU | 13.73 |
| 16 N'Dere Headley-Linds | TWES | 14.14 |
| 17 Jonathan Liang | TWMG | 15.27 |
| --- Jaimie Herrod | TWET | NT |
| --- Devon Jarrett | TWLA | NT |
| --- Hershel Blatt | TWES | NT |
| --- Anthony Smith | TWTH | NT |
| --- Alberto Corcha | TWTH | NT |

Men 100 Meter Dash Junior

| Name | Team | Finals |
|------------------------|------|--------|
| Finals | | |
| 1 Shayne Dalmage | TWWE | 11.35 |
| 2 Nathaniel Pinto | TWWE | 11.96 |
| 3 Abdul Raheem | TWMG | 11.99 |
| 4 Viyaj Bowen | TWSI | 12.14 |
| 5 Shaquille Munroe | TWET | 12.47 |
| 6 Charles Darkwa | TWET | 12.58 |
| 7 Mithvlan Pararajasin | TWWE | 12.66 |
| 8 Michael Grace-Decost | TWWE | 12.91 |

Men 200 Meter Dash Junior

| LaneName | Team | Finals |
|---|------|--------|
| Finals | | |
| 1 Shayne Dalmage | TWWE | 22.88 |
| 2 Nathaniel Pinto | TWWE | 24.06 |
| 3 Devante Douglas | TWWE | 25.19 |
| 4 Charles Darkwa | TWET | 26.26 |
| 5 Troy Elleston | TWRU | 26.51 |
| 5 Devon Jarrett | TWLA | 26.51 |
| 7 Tiffane Mameri | TWET | 26.79 |
| 8 Shaquille Munroe | TWET | 26.91 |
| 9 Matthew Melville | TWWH | 26.96 |
| 10 Jack Roy | TWET | 27.56 |
| 11 Simon souralaysak | TWVR | 28.60 |
| 12 Jason Abrias | TWMG | 30.06 |
| --- Mithvlan Pararajasin | TWWE | NT |
| --- Abdul Raheem | TWMG | NT |
| Finals ... (Men 200 Meter Dash Junior) | | |
| --- Jaimie Herrod | TWET | NT |
| --- Stefonne Rose | TWRI | NT |
| --- Alberto Corcha | TWTH | NT |

Men 400 Meter Dash Junior

| LaneName | Team | Finals |
|--------------------------|------|---------|
| Finals | | |
| 1 Mohammed Mohamm | TWSI | 53.39 |
| 2 Sam Venis | TWVR | 55.06 |
| 3 Devante Douglas | TWWE | 59.21 |
| 4 Jacob Wojnas | TWVR | 1:00.49 |
| 5 Jack Roy | TWET | 1:01.42 |
| 6 Thonh Nghiem | TWSI | 1:02.99 |
| 7 Tiffane Mameri | TWET | 1:03.28 |
| 8 Farhan Yusuf | TWWE | 1:03.81 |
| 9 Evan Yeung | TWMG | 1:04.74 |
| 10 Peter Mai | TWWE | 1:09.07 |
| 11 Troy Elleston | TWRU | 1:19.50 |
| --- Devon Jarrett | TWLA | NT |
| --- Jasmeet Singh | TWWH | NT |
| --- Mithvlan Pararajasin | TWWE | NT |

Men 800 Meter Run Junior

| Name | Team | Finals |
|------|------|--------|
|------|------|--------|

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Finals

| | | | |
|-----|-----------------|------|---------|
| 1 | Mohammed Mohamm | TWSI | 2:10.93 |
| 2 | Sam Venis | TWVR | 2:14.63 |
| 3 | Daniel Stark | TWRI | 2:26.21 |
| 4 | Jasmeet Singh | TWWH | 2:27.50 |
| 5 | Farhan Yusuf | TWWE | 2:31.11 |
| 6 | Peter Svirplys | TWRI | 2:32.12 |
| 7 | Mathew Ferguson | TWMG | 2:32.95 |
| 8 | Evan Yeung | TWMG | 2:33.02 |
| 9 | Kahul Sharda | TWWH | 2:33.08 |
| 10 | Keith Dang | TWWE | 2:36.97 |
| --- | Peter Mai | TWWE | NT |
| --- | Akeem Williams | TWWE | NT |
| --- | Saahil Killer | TWWH | NT |
| --- | Jack Edgecombe | TWMG | NT |
| --- | David Tran | TWWE | NT |

Men 1500 Meter Run Junior

| Name | Team | Finals |
|------|------|--------|
|------|------|--------|

Finals

| | | | |
|-----|-------------------|------|---------|
| 1 | Brent Scheibelhut | TWET | 4:24.00 |
| 2 | Mohammed Mohamm | TWSI | 4:24.46 |
| 3 | Daniel Stark | TWRI | 5:00.42 |
| 4 | Jasmeet Singh | TWWH | 5:03.98 |
| 5 | Evan Yeung | TWMG | 5:06.32 |
| 6 | Kahul Sharda | TWWH | 5:20.35 |
| 7 | Farhan Yusuf | TWWE | 5:29.33 |
| 8 | Akeem Williams | TWWE | 5:30.01 |
| 9 | Keith Dang | TWWE | 5:33.40 |
| 10 | Morrison James | TWRU | 5:34.53 |
| 11 | Peter Svirplys | TWRI | 5:39.82 |
| 12 | Mark Babjak | TWLA | 5:40.90 |
| 13 | William Bradbeer | TWET | 5:45.06 |
| 14 | Peter Mai | TWWE | 5:47.04 |
| 15 | Saahil Killer | TWWH | 5:48.67 |
| 16 | David Tran | TWWE | 6:21.65 |
| 17 | Jack Edgecombe | TWMG | 6:44.52 |
| --- | Aadam Aberdeen | TWSH | NT |
| --- | Arzan Ismali | TWSH | NT |

Men 3000 Meter Run Junior

| Name | Team | Finals |
|------|------|--------|
|------|------|--------|

Finals

| | | | |
|-----|--------------------|------|----------|
| 1 | Brent Scheibelhut | TWET | 9:50.56 |
| 2 | Scott-Taylor Reyes | TWMG | 11:31.49 |
| 3 | Todd Ogaki | TWMG | 12:08.65 |
| 4 | Keith Dang | TWWE | 12:13.38 |
| 5 | William Bradbeer | TWET | 12:16.76 |
| 6 | Mark Babjak | TWLA | 12:39.55 |
| --- | David Tran | TWWE | NT |
| --- | Jack Edgecombe | TWMG | NT |
| --- | Morrison James | TWRU | NT |

Men 100 Meter Hurdles Junior

| Name | Team | Finals |
|------|------|--------|
|------|------|--------|

Finals

| | | | |
|-----|----------------------|------|-------|
| 1 | Andre Harriott | TWVR | 18.57 |
| 2 | Stefonne Rose | TWRI | 21.12 |
| --- | Salomon Diaz Rojas | TWES | NT |
| --- | N'Dere Headley-Linds | TWES | NT |

Men 300 Meter Hurdles Junior

| Name | Team | Finals |
|------|------|--------|
|------|------|--------|

Finals

| | | | |
|-----|----------------|------|----|
| --- | Arzan Ismali | TWSH | NT |
| --- | Jimmy Tran | TWVR | NT |
| --- | Aadam Aberdeen | TWSH | NT |

Men 4x100 Meter Relay Junior

| Lane Team | Relay | Finals |
|-----------|-------|--------|
|-----------|-------|--------|

Finals

| | | | |
|-----|------------------------|---|-------|
| 1 | Weston C I - twwe | A | 47.06 |
| 2 | Silverthorn C I - twsi | A | 48.58 |
| 3 | Etobicoke C I - twet | A | 50.22 |
| 4 | West Humber C I - t | A | 52.08 |
| 5 | Runnymede C I - twru | A | 52.85 |
| --- | Thistletown C I - twth | A | NT |
| --- | Martingrove C I - twm | A | NT |
| --- | Vaughan Road C I - t | B | NT |
| --- | Vaughan Road C I - t | A | NT |

Men High Jump Junior

| Name | Team | Finals |
|------|------|--------|
|------|------|--------|

Finals

| | | | |
|-----|---------------------|------|-------|
| 1 | Miroslav Grkovic | TWVR | 1.75m |
| 2 | Peter Del Tatto | TWSI | 1.70m |
| 3 | Paul Blissett | TWVR | 1.55m |
| 4 | Daniel Beard | TWTH | 1.45m |
| 5 | Luca Aquiar Almeida | TWVR | 1.40m |
| --- | Shay Dussard | TWVR | NH |

Men Pole Vault Junior

| Name | Team | Finals |
|------|------|--------|
|------|------|--------|

Finals

| | | | |
|---|---------------------|------|-------|
| 1 | Sam Venis | TWVR | 3.10m |
| 2 | Jacob Wojnas | TWVR | 2.55m |
| 3 | Luca Aquiar Almeida | TWVR | 1.95m |

Men Long Jump Junior

| Name | Team | Finals |
|------|------|--------|
|------|------|--------|

Finals

| | | | |
|-----|-------------------|------|-------|
| 1 | Nathaniel Pinto | TWWE | 5.71m |
| 2 | Andre Harriott | TWVR | 5.16m |
| 3 | Rakim McFarlane | TWVR | 5.14m |
| 4 | Viyaj Bowen | TWSI | 4.81m |
| 5 | Daniel Beard | TWTH | 4.79m |
| 6 | Stefonne Rose | TWRI | 4.54m |
| 7 | Simon souralaysak | TWVR | 4.48m |
| 8 | Todd Ogaki | TWMG | 4.21m |
| 9 | Jonathan Liang | TWMG | 4.12m |
| 10 | Thonh Nghiem | TWSI | 3.93m |
| 11 | Barry Adeyinka | TWWH | 3.61m |
| --- | Hershel Blatt | TWES | ND |
| --- | Alberto Corcha | TWTH | ND |
| --- | Anthony Smith | TWTH | ND |

Toronto West Region Meet - 5/10/2010 to 5/11/2010

Track and Field

Etobicoke Centennial Stadium

Results

| | | | |
|-----|----------------------|------|----|
| --- | N'Dere Headley-Linds | TWES | ND |
| --- | Arzan Ismaili | TWSH | ND |
| --- | Charles Darkwa | TWET | ND |
| --- | Aadam Aberdeen | TWSH | ND |
| --- | Shaquille Munroe | TWET | ND |
| --- | Jaimie Herrod | TWET | ND |

| Lane Name | Team | Prelims |
|-----------|------|---------|
|-----------|------|---------|

Preliminaries

| | | | | |
|-----|-------------------|------|-------|---|
| 1 | Jam He | TWKI | 11.54 | Q |
| 2 | Casey Alexander | TWWE | 11.59 | Q |
| 3 | Mykal Bailey | TWKI | 11.71 | Q |
| 4 | Kyle Weekes | TWWE | 11.84 | Q |
| 5 | Sekou Kaba | TWVG | 11.69 | q |
| 6 | Selwayne Mentore | TWKI | 11.73 | q |
| 7 | Devante Burey | TWWE | 11.96 | q |
| 8 | Alex Gargaro | TWVG | 11.98 | q |
| 9 | Oliver Kladnik | TWET | 12.02 | |
| 10 | Michael Mchlemont | TWKI | 12.19 | |
| 11 | Omar Malden | TWET | 12.20 | |
| 12 | Robert Foustin | TWNA | 12.29 | |
| 13 | Tyrell Cunningham | TWWE | 12.71 | |
| 14 | Phong Dang Tran | TWRU | 12.74 | |
| 15 | Safraz Ishmael | TWRU | 12.75 | |
| 16 | Kadeem Sanson | TWNA | 12.95 | |
| 17 | Luis Hernandez | TWRU | 13.07 | |
| 18 | Jeffrey Greaves | TWLA | 13.10 | |
| 19 | Masoud Johnson | TWYM | 13.29 | |
| 20 | Fjodor Hysi | TWTH | 13.39 | |
| 21 | Ricardo Lovelace | TWSI | 13.51 | |
| 22 | Aaron Williams | TWWH | 13.52 | |
| 23 | Kunal Rathore | TWTH | 13.66 | |
| 24 | Zaher Thoba | TWSI | 13.67 | |
| 25 | Mitchell Correa | TWTH | 15.12 | |
| --- | Pema Phurpatsang | TWVR | NT | |
| --- | Lester Queralta | TWVR | NT | |
| --- | Michael Sylvester | TWVR | NT | |
| --- | Stephen Cruz | TWYM | NT | |
| --- | Jerry Oie | TWET | NT | |
| --- | Robert Glen | TWWE | NT | |
| --- | Matt D'Iorio | TWRI | NT | |

Men Triple Jump Junior

| Name | Team | Finals | |
|------|-------------------|--------|-------|
| 1 | Peter Del Tatto | TWSI | 9.88m |
| 2 | Simon souralaysak | TWVR | 8.98m |
| --- | Shay Dussard | TWVR | ND |
| --- | Andre Harriott | TWVR | ND |
| --- | Jimmy Tran | TWVR | ND |

Men Shot Put Junior

| Name | Team | Finals | |
|------|--------------------|--------|--------|
| 1 | Salomon Diaz Rojas | TWES | 11.81m |
| 2 | Jovan Glenn | TWVR | 11.77m |

Finals ... (Men Shot Put Junior)

| | | | |
|-----|--------------------|------|--------|
| 3 | Thonh Nghiem | TWSI | 10.80m |
| 4 | Troy D'Angelo | TWET | 9.72m |
| 5 | Harjinderpal Singh | TWWH | 8.61m |
| 6 | Akrem Saudik | TWVR | 8.33m |
| --- | Rakim McFarlane | TWVR | ND |
| --- | Aleksander Hondro | TWVR | ND |

Men Discus Throw Junior

| Name | Team | Finals | |
|------|----------------------|--------|--------|
| 1 | Miroslav Grkovic | TWVR | 37.04m |
| 2 | Troy D'Angelo | TWET | 29.88m |
| 3 | Akrem Saudik | TWVR | 25.85m |
| 4 | Steven Berkin-Dervni | TWET | 22.62m |
| 5 | Scott-Taylor Reyes | TWVG | 21.24m |
| --- | Jovan Glenn | TWVR | ND |
| --- | Aleksander Hondro | TWVR | ND |

Men Javelin Throw Junior

| Name | Team | Finals | |
|------|----------------------|--------|--------|
| 1 | Miroslav Grkovic | TWVR | 36.34m |
| 2 | Mathew Ferguson | TWVG | 34.76m |
| 3 | Aleksander Hondro | TWVR | 33.65m |
| 4 | Todd Ogaki | TWVG | 28.70m |
| 5 | Jonathan Liang | TWVG | 27.07m |
| 6 | Troy D'Angelo | TWET | 26.50m |
| 7 | Steven Berkin-Dervni | TWET | 21.00m |
| 8 | Harjinderpal Singh | TWWH | 18.70m |
| --- | Jovan Glenn | TWVR | ND |

Men 100 Meter Dash Senior

Men 100 Meter Dash Senior

| Name | Team | Finals | |
|------|------------------|--------|-------|
| 1 | Casey Alexander | TWWE | 11.29 |
| 2 | Sekou Kaba | TWVG | 11.38 |
| 3 | Jam He | TWKI | 11.51 |
| 4 | Selwayne Mentore | TWKI | 11.67 |
| 5 | Devante Burey | TWWE | 11.68 |
| 6 | Mykal Bailey | TWKI | 11.75 |
| 7 | Kyle Weekes | TWWE | 11.79 |
| 8 | Alex Gargaro | TWVG | 12.08 |

Men 200 Meter Dash Senior

| Lane Name | Team | Finals | |
|-----------|-------------------|--------|-------|
| 1 | Jam He | TWKI | 23.72 |
| 2 | Casey Alexander | TWWE | 23.73 |
| 3 | Brent Bates | TWRI | 24.09 |
| 4 | Sekou Kaba | TWVG | 24.82 |
| 5 | Oliver Kladnik | TWET | 24.84 |
| 6 | Alex Gargaro | TWVG | 24.97 |
| 7 | Kyle Weekes | TWWE | 25.28 |
| 8 | Michael Sylvester | TWVR | 25.52 |
| 9 | Michael Mchlemont | TWKI | 25.79 |
| 10 | Kyle Mills | TWET | 26.11 |
| 11 | Mark Stanusz | TWVG | 26.49 |
| 12 | Talon Lloyd | TWSI | 27.31 |
| 13 | Aaron Williams | TWWH | 27.88 |

Toronto West Region Meet - 5/10/2010 to 5/11/2010

Track and Field

Etobicoke Centennial Stadium

Results

| | | |
|-----------------------|------|----|
| --- Stephen Cruz | TWYM | NT |
| --- Tyrell Cunningham | TWWE | NT |
| --- Devante Burey | TWWE | NT |
| --- Lester Queralta | TWVR | NT |
| --- Shekiel Thompson | TWVR | NT |
| --- Pema Phurpatsang | TWVR | NT |
| --- Ricardo Lovelace | TWSI | NT |
| --- Zaher Thoba | TWSI | NT |
| --- Kajun Lake | TWSI | NT |

| | | |
|------------------|------|---------|
| 7 Jeremy Carmola | TWTH | 5:12.03 |
| 8 Drini Alite | TWRI | 5:15.80 |
| 9 Thomas Garaci | TWET | 5:22.54 |
| 10 Miraj Lad | TWNA | 5:38.59 |

Finals ... (Men 1500 Meter Run Senior)

| | | |
|------------------------|------|---------|
| 11 Raj Patel | TWVG | 5:49.57 |
| 12 Ajeiein Namasivayam | TWVG | 6:08.76 |

Men 400 Meter Dash Senior

| LaneName | Team | Finals |
|---------------------|------|---------|
| Finals | | |
| 1 Ryan Tapley | TWSI | 52.75 |
| 2 Oliver Kladnik | TWET | 54.06 |
| 3 Albert Forde | TWRI | 55.45 |
| 4 Sekou Kaba | TWVG | 56.42 |
| 5 Theo Anderson | TWNA | 57.64 |
| 6 Nourddine Beremad | TWET | 58.97 |
| 7 Du-Vanier Edwards | TWVR | 59.65 |
| 8 Dominic Loro | TWWE | 1:00.14 |
| 9 Kyle Mills | TWET | 1:00.63 |
| 10 Jeffrey Greaves | TWLA | 1:01.64 |
| 11 Greg Martin | TWET | 1:02.06 |
| 12 Jeremy Carmola | TWTH | 1:04.34 |
| 13 Handel Kipp | TWRU | 1:08.87 |
| 14 Dylan Walters | TWRU | 1:09.85 |

Men 800 Meter Run Senior

| Name | Team | Finals |
|-------------------------|------|---------|
| Finals | | |
| 1 Kyle Grieve | TWRI | 1:56.83 |
| 2 Ryan Tapley | TWSI | 2:00.34 |
| 3 Dominic Loro | TWWE | 2:24.68 |
| 4 Nourddine Beremad | TWET | 2:25.64 |
| 5 Handel Kipp | TWRU | 2:37.56 |
| 6 Miraj Lad | TWNA | 2:38.39 |
| 7 Jeffrey Greaves | TWLA | 2:39.39 |
| 8 Dylan Walters | TWRU | 2:46.52 |
| --- Ivan Kizito | TWNA | NT |
| --- Raymond Hua | TWWE | NT |
| --- Ajithan Siuvkumaran | TWWE | NT |
| --- Theo Anderson | TWNA | NT |
| --- Keenya Hutchinson | TWNA | NT |
| --- Donald Saunders | TWVR | NT |
| --- Robbie Donnelly | TWET | NT |
| --- Mohdhar Noor | TWSH | NT |
| --- Shekiel Thompson | TWVR | NT |
| --- James Ankrah | TWSI | NT |
| --- Ali Abdulmajeed | TWRU | NT |
| --- Alex Jones | TWET | NT |

Men 1500 Meter Run Senior

| Name | Team | Finals |
|-----------------------|------|---------|
| Finals | | |
| 1 Kyle Grieve | TWRI | 4:20.66 |
| 2 Ivan Kizito | TWNA | 4:41.68 |
| 3 Russell Saffrey | TWVR | 4:47.74 |
| 4 Adam Dobkin | TWVG | 4:50.04 |
| 5 Christopher Wenkoff | TWES | 4:52.41 |
| 6 Feini Adepiton | TWNA | 4:54.61 |

Men 3000 Meter Run Senior

| Name | Team | Finals |
|-----------------------|------|----------|
| Finals | | |
| 1 Russell Saffrey | TWVR | 10:24.35 |
| 2 Adam Dobkin | TWVG | 10:26.88 |
| 3 Christopher Wenkoff | TWES | 11:12.17 |
| 4 Dan Muirhead | TWVG | 11:34.60 |
| 5 Raj Patel | TWVG | 13:10.92 |
| 6 Ajeiein Namasivayam | TWVG | 13:11.01 |
| --- Ali Abdulmajeed | TWRU | NT |
| --- Mohdhar Noor | TWSH | NT |
| --- Alex Marsden | TWET | NT |

Men 110 Meter Hurdles Senior

| LaneName | Team | Finals |
|---------------------|------|--------|
| Finals | | |
| 1 Brent Bates | TWRI | 15.11 |
| 2 Mykal Bailey | TWKI | 16.55 |
| 3 Thanh Dinh | TWKI | 18.69 |
| 4 Chamath Kurukula | TWVG | 18.89 |
| 5 Greg Martin | TWET | 19.70 |
| 6 Christian Ismenez | TWSH | 21.81 |
| 7 Phong Dang Tran | TWRU | 22.47 |
| --- Dhillan Persaud | TWTH | NT |
| --- Sean Kerr | TWRI | NT |
| --- Sam Jerez | TWSH | NT |
| --- Matt D'orio | TWRI | NT |

Men 400 Meter Hurdles Senior

| LaneName | Team | Finals |
|-----------------------|------|---------|
| Finals | | |
| 1 Brent Bates | TWRI | 1:01.06 |
| 2 Albert Forde | TWRI | 1:02.81 |
| 3 Chamath Kurukula | TWVG | 1:05.99 |
| 4 Dan Muirhead | TWVG | 1:06.91 |
| 5 Greg Martin | TWET | 1:10.28 |
| 6 Mark Staniusz | TWVG | 1:13.48 |
| 7 Nicholas Frederick | TWVR | 1:21.88 |
| 8 Fjodor Hysi | TWTH | 1:23.65 |
| 9 James Ankrah | TWSI | 1:28.87 |
| --- Kajun Lake | TWSI | NT |
| --- Christian Ismenez | TWSH | NT |
| --- Sam Jerez | TWSH | NT |
| --- Donald Saunders | TWVR | NT |

Men 4x100 Meter Relay Senior

| Lane Team | Relay | Finals |
|---------------|-------|--------|
| Finals | | |

Toronto West Region Meet - 5/10/2010 to 5/11/2010

Track and Field

Etobicoke Centennial Stadium

Results

| | | | |
|-----|------------------------|---|-------|
| 1 | Kipling C I - twki | A | 45.97 |
| 2 | Weston C I - twwe | A | 47.49 |
| 3 | Etobicoke C I - twet | A | 48.99 |
| 4 | Vaughan Road C I - t | A | 49.61 |
| 5 | Runnymede C I - twru | A | 50.35 |
| 6 | Thistletown C I - twth | A | 51.67 |
| --- | Silverthorn C I - twsi | A | NT |
| --- | West Humber C I - t | A | NT |
| --- | Vaughan Road C I - t | B | NT |
| --- | Martingrove C I - twm | A | DQ |

Men High Jump Senior

| Name | Team | Finals | |
|---------------|--------------------|--------|-------|
| Finals | | | |
| 1 | Jordell Evans | TWRU | 1.86m |
| 2 | Liam Hodge | TWRU | 1.75m |
| 3 | Du-Vanier Edwards | TWVR | 1.65m |
| 3 | Dharmender Sahota | TWKI | 1.65m |
| --- | Kajun Lake | TWSI | NH |
| --- | Jeremy Carmola | TWTH | NH |
| --- | Thanh Dinh | TWKI | NH |
| --- | Michael Heptbourne | TWWH | NH |
| --- | Pema Phurpatsang | TWVR | NH |

Men Pole Vault Senior

| Name | Team | Finals | |
|---------------|--------------------|--------|-------|
| Finals | | | |
| 1 | Nicholas Frederick | TWVR | 3.10m |
| 2 | Adrian Esser | TWVR | 2.85m |

Men Long Jump Senior

| Name | Team | Finals | |
|---------------|-------------------|--------|-------|
| Finals | | | |
| 1 | Du-Vanier Edwards | TWVR | 5.97m |
| 2 | Kyle Weekes | TWWE | 5.82m |
| 3 | Omar Malden | TWET | 5.75m |
| 4 | Alex Gargaro | TWVG | 5.56m |
| 4 | Phong Dang Tran | TWRU | 5.56m |
| 6 | Michael Sylvester | TWVR | 5.54m |
| 7 | Robert Foustin | TWNA | 5.26m |
| 8 | Kunal Rathore | TWTH | 5.22m |
| 9 | Safraz Ishmael | TWRU | 5.04m |
| 10 | Ryan Valerio | TWYM | 4.90m |
| 11 | Nourddine Beremad | TWET | 4.89m |
| 12 | Chamath Kurukula | TWVG | 4.80m |
| 13 | Trancred Yip | TWVG | 4.77m |
| 14 | John Wells | TWET | 4.75m |
| 15 | Roy Wang | TWVG | 4.66m |
| 16 | Luis Hernandez | TWRU | 4.33m |
| --- | Kadeem Sanson | TWNA | ND |
| --- | Lester Queralta | TWVR | ND |
| --- | Sam Jerez | TWSH | ND |
| --- | Dhillan Persaud | TWTH | ND |
| --- | Waldemar Alquijay | TWTH | ND |
| --- | Matt Quigley | TWET | ND |

Men Triple Jump Senior

| Name | Team | Finals |
|------|------|--------|
|------|------|--------|

Finals

| | | | |
|-----|-------------------|------|--------|
| 1 | Omar Malden | TWET | 12.50m |
| 2 | Dharmender Sahota | TWKI | 11.78m |
| 3 | Ryan Valerio | TWYM | 11.27m |
| 4 | Roy Wang | TWVG | 10.32m |
| 5 | Dhillan Persaud | TWTH | 9.93m |
| --- | Waldemar Alquijay | TWTH | ND |
| --- | Donald Saunders | TWVR | ND |
| --- | Matt Quigley | TWET | ND |

Men Shot Put Senior

| Name | Team | Finals | |
|---------------|--------------------|--------|--------|
| Finals | | | |
| 1 | Jordan Lepage | TWVR | 11.85m |
| 2 | Selwayne Mentore | TWKI | 11.30m |
| 3 | Lemrol Jack-Layne | TWVR | 10.78m |
| 4 | Christopher Holmes | TWVG | 9.92m |
| 5 | Justin Morrison | TWVR | 9.80m |
| 6 | Dharmender Sahota | TWKI | 9.20m |
| 7 | Thomas Garaci | TWET | 8.69m |
| 8 | Peter Wong | TWWH | 8.53m |
| --- | Jordell Evans | TWRU | ND |
| --- | Hasan Uyuklu | TWVR | ND |

Men Discus Throw Senior

| Name | Team | Finals | |
|---------------|--------------------|--------|--------|
| Finals | | | |
| 1 | Liam Hodge | TWRU | 36.75m |
| 2 | Jordell Evans | TWRU | 31.26m |
| 3 | Lemrol Jack-Layne | TWVR | 28.40m |
| 4 | Justin Morrison | TWVR | 28.28m |
| 5 | Handel Kipp | TWRU | 26.32m |
| 6 | Evan Fortin | TWWE | 25.54m |
| 7 | Peter Wong | TWWH | 25.42m |
| 8 | Christopher Holmes | TWVG | 25.32m |
| 9 | Adrian Esser | TWVR | 22.68m |
| 10 | Mark Staniusz | TWVG | 21.00m |
| --- | Zwelithini Gwebu | TWRU | ND |
| --- | Alex Jones | TWET | ND |
| --- | Hasan Uyuklu | TWVR | ND |
| --- | John Wells | TWET | ND |
| --- | Jordan Lepage | TWVR | FOUL |

Men Javelin Throw Senior

| Name | Team | Finals | |
|--|-------------------|--------|--------|
| Finals | | | |
| 1 | Liam Hodge | TWRU | 44.14m |
| 2 | Ian Willmott | TWET | 42.04m |
| 3 | Trancred Yip | TWVG | 36.90m |
| 4 | Jordan Lepage | TWVR | 31.10m |
| 5 | Peter Wong | TWWH | 30.40m |
| 6 | Luke Fregonese | TWET | 29.00m |
| 7 | Lemrol Jack-Layne | TWVR | 28.85m |
| Finals ... (Men Javelin Throw Senior) | | | |

| | | | |
|----|------------------|------|--------|
| 8 | Thanh Dinh | TWKI | 27.46m |
| 9 | Adrian Esser | TWVR | 27.18m |
| 10 | Mitchell Correa | TWTH | 19.50m |
| 11 | Zwelithini Gwebu | TWRU | 18.70m |

Toronto West Region Meet - 5/10/2010 to 5/11/2010**Track and Field****Etobicoke Centennial Stadium****Results**

| | | | |
|-----|--------------------|------|--------|
| 12 | Christopher Holmes | TWMG | 16.74m |
| --- | Waldemar Alquijay | TWTH | ND |
| --- | Christian Ismenez | TWSH | ND |
| --- | Clarence Fallorina | TWKI | ND |
| --- | Nick Kozlowski | TWET | ND |
| --- | Brian Briones | TWVR | ND |
| --- | John Wells | TWET | ND |
| --- | Jerry Oie | TWET | ND |

Men 2000 Meter Steeplechase Open

| Name | Team | Finals |
|------|------|--------|
|------|------|--------|

Finals

| | | | |
|-----|------------------|------|---------|
| 1 | Russell Saffrey | TWVR | 7:11.71 |
| 2 | Adam Dobkin | TWMG | 7:19.97 |
| 3 | Alex Marsden | TWET | 7:40.94 |
| 4 | Dan Muirhead | TWMG | 8:00.04 |
| 5 | Thomas Garaci | TWET | 8:07.36 |
| 6 | Jacob Wojnas | TWVR | 8:19.71 |
| 7 | Greg Martin | TWET | 9:10.06 |
| --- | Scott Buck | TWRU | NT |
| --- | Alex Jones | TWET | NT |
| --- | Luis Hernandez | TWRU | NT |
| --- | Morrison James | TWRU | NT |
| --- | Chris Aspros | TWMG | NT |
| --- | Kyle Mills | TWET | NT |
| --- | William Bradbeer | TWET | NT |

Men 4x400 Meter Relay Open

| Team | Relay | Finals |
|------|-------|--------|
|------|-------|--------|

Finals

| | | | |
|---|-----------------------|---|---------|
| 1 | Richview C I - twri | A | 3:40.92 |
| 2 | Vaughan Road C I - t | A | 3:55.08 |
| 3 | North Albion Collegia | A | 3:56.65 |
| 4 | Martingrove C I - twm | A | 4:05.28 |
| 5 | Runnymede C I - twru | A | 4:44.57 |