

A stack of three books is shown on the left side of the image. The top book is white, the middle one is blue with a red spine, and the bottom one is white. A red apple sits on top of the white book, and a yellow pencil with a pink eraser lies horizontally across the top of the stack. The background is a solid green color.

# Olympic Spirit @ TDSB

K to 6 Student  
Writing Challenge



Toronto District School Board (TDSB) students from Kindergarten to Grade 6 were challenged to capture what the spirit of the Olympics means to them in a piece of creative writing (short prose pieces, chants, raps and poetry).

Here are all the pieces received.  
Enjoy!

# What It Actually Is

It is a journey of pride,  
From coast to coast.  
Bring together our nation  
to show what matters the most.  
Our eyes all glued to nominate the best,  
While congratulating the others to keep up the rest.  
Passion and determination shows the true meaning,  
It takes all you've got to do the winning-way cleaning.  
Everyone else has to leave while you stay,  
You are the only one that stays in your way.  
We all get together to cheer you on,  
Holding hand in hand to show that we are strong!

By: Saba S.

Age: 11      Grade: 6

Mason Road Jr. Public School



# Spirit

## (To the tune of Tik Tok by Ke\$ha)

I wake up in the morning feeling like Patrick Chan  
You could say I'm the Olympics' biggest fan  
Go down to the TV, change the channel to 8  
The Olympics are something I could never hate

I'm talking  
Turn on the TV, V  
Go to channel 3, 3  
See an ad for RBC, C  
Oh yes Canada won, won  
Looks like they're having fun, fun  
Oops I changed it to channel oonnee

Go team, gonna win, a gold medal in curling  
It was great, it was huge, now it's time to watch the luge  
Light the torch above my head so that I can go to bed

Woh oh oh oh oh  
Woh oh oh oh oh

Go team, gonna win, a gold medal in curling  
It was great, it was huge, now it's time to watch the luge  
Light the torch above my head so that I can go to bed

Woh oh oh oh oh  
Woh oh oh oh oh

Ain't got a care in the world but got medals of gold  
2006 was really great but it is getting old  
And now the teams are lining up cause they hear we got spirit  
And since we're on TV you know the world will hear it

I think we're gonna win, win  
That guy just hurt his shin, shin  
Let the games begin, gin  
Vancouver's the place to be, be  
Let's watch the hock-ey  
Gonna lead our team to vviiccttoorryy

Go team, gonna win, a gold medal in curling  
It was great, it was huge, now it's time to watch the luge  
Light the torch above my head so that I can go to bed

Woh oh oh oh oh  
Woh oh oh oh oh

Go team, gonna win, a gold medal in curling  
It was great, it was huge, now it's time to watch the luge  
Light the torch above my head so that I can go to bed

Woh oh oh oh oh  
Woh oh oh oh oh

You make me win, you make me lose, my heart it pounds this is real huge.  
You make me win, you make me lose, my heart it pounds this is real huge.  
You make me win, you make me lose, my heart it pounds this is real huge.  
Put your gloves up, Put your gloves up, Put your gloves up up up up up  
The games don't start till' I walk in

Go team, gonna win, a gold medal in curling  
It was great, it was huge, now it's time to watch the luge  
Light the torch above my head so that I can go to bed

Woh oh oh oh oh  
Woh oh oh oh oh

By: Andrew C. & Marc T.  
Age: 10      Grade: 5  
Finch Public School



# Spirit of The Olympics

As the nations gather together;  
For the Vancouver Olympic games,  
The athletes compete their very best  
to take home gold and fame!  
The flags colour the crowd,  
As they cheer and roar.  
The athletes are getting ready to shine and soar!  
Canadians invite the world to the land of snow.  
We'll encourage the athletes to do well and we'll chant  
"Eh, Oh, Canada Go!"

By: Sugidiiny S.  
Age: 11      Grade: 6  
Mary Shadd Public School



# Go Canada Go!

Go Canada Go!  
You're the best so score that point!  
Show the other team you got it and inspire us!  
Show us that you got it, bring it all the way.  
Play hard and rock this place,  
Because remember you're the best!  
When you play that game,  
Fans are screaming,  
We got that point.  
Once again,  
We win that game!

By: Jennifer N.

Age: 12      Grade: 6

Gledhill Public School



# 2010 Winter Olympic Games

We are proud of our country,  
this year will be nice.  
'Cause this year's Olympics  
are on snow and ice.

The teams are practicing,  
as hard as they can.  
We want to win a gold,  
well that's our plan.

The Olympic flame,  
brightens the night.  
I'm so glad it came,  
it was such a sight.

It's the opening ceremony,  
turn on your TV.  
Let's not miss a second,  
and watch what there is to see.

By: Nicole  
Age:            Grade: 4  
Diefenbaker School



# The Spirit of The Olympics

In this event you need to trust,  
You have to, you need to it is a must.  
Talk to others persevere,  
Do your best don't go severe.

The best part of this event,  
Is being part again and again.  
You have come a long way, don't let it go away.

There's no "I" in team and that is a fact,  
Teamwork is something you can not lack.

Do you know what this event is,  
I'm giving you clues,  
The answer is something you can't miss.

Hold the torch high,  
Watch it shine,  
Have a smile on your face,  
And cheer for a while.

Now, I will tell you what this,  
What this event is,  
It is the Olympics  
Of winter games...2010

By: Ivana J.  
Age: 10      Grade: 4  
Wilmington Elementary School



# Olympic Spirit

The Olympic torch, everlasting spirit,  
A worldwide chant so loud you can hear it,  
Infinite possibilities held in the palm of a hand,  
A race of peace across the land,  
With the torch that burns forever,  
That brings our world together,  
For the fire is not a simple flame,  
As the Olympics are not a simple game.  
They are a competition of joy to win first place,  
But more importantly to see a smile on every face.  
Everyone will laugh and all will unite,  
As our world shares the spot light,  
And all of us beam as we achieve,  
Inspire others and make them believe,  
And everyone makes their country proud,  
Even the people cheering, the crowd,  
Everyone is a good sport a good team,  
So that everyone is recognized, everyone can be seen.  
And everyone holds another hand,  
Everywhere across our land,  
As the Olympic spirits do your best is spread world wide,  
Every place glows with pride,  
But the Olympic spirit is not only about doing your best,  
But joining the world helping the rest,  
Because no matter who you are,  
You can always,  
Be a star.

By: Micaela C.

Age: 10      Grade: 5

Summit Heights Public School



# Olympics Spirit (Sung to the Tune: "Hero" by Mariah Carey)

I believe the spirit of the Olympics  
is when different kinds of people  
all races, shapes and sizes  
come together to do what they love or  
to support someone they cherish.

Even if two countries are at war,  
they too, reunite.  
It's a time of peace and to make new friends.  
I also believe the spirit is to have fun and good sportsmanship.

Also, believe in your team mates and do the best you can do.  
We all have to work together to win.  
Always try to be determined and cooperate.  
Most importantly, everyone can come and share the spirit of the Olympics.

I believe the spirit of the Olympics  
is when different kinds of people  
all races, shapes and sizes  
come together to do what they love or  
to support someone they cherish.

O Olympics O Olympics.  
I believe in the spirit of you.

By: Briana M.

Age:                      Grade:

Humberwood Downs Junior Middle Academy



# Spirit of The Olympics

The spirit of the Olympics means to try your best. It means to work hard and win medals. It means to have fun and enjoy yourself. It is not nice to say, "You lost. You are a sucker. You're a loser!" It is nice to say nice stuff like, "Good try" or "Excellent job".

The point is to work hard and do your best possible. Some of the sports are hockey, skating, skiing, sledding, luge, snowboarding, skeleton, ski jumping and curling. The best part was when Canada beat the U.S.A. in hockey! Also when the Olympic torch was carried!

In the Olympics you need to be brave. In the Olympics you have to have honesty, perseverance, fairness, respect, kindness and caring. The spirit of the Olympics also means to work together and to earn medals as a team, like in hockey or curling.

The spirit of the Olympics also means to have lots of fun and try your hardest work and maybe be first and win a gold medal!

By: Stefan D.

Age:                      Grade: 2

Wellesworth Junior School



# The Olympics

For the athletes that compete in the Olympics, it's all about the honour. Just 3 days after the Winter Olympics started, Alexandre Bilodeau won the first Canadian gold medal on homesoil. I can't even begin to explain how great it must feel to hear your country's national anthem blaring from the loud speakers, out to the world, and your country's flag going up, the highest of them all.

My take on the Olympics is actually quite different from those of the athletes. I'm always excited when the Olympics come because that's when I get to see the best of the best athletes come together to compete. A few days after the Winter Olympics started, my whole family came over to celebrate my aunt's birthday, it was also the same day as the women's alpine skiing. So after we sang Happy Birthday and ate the cake, we huddled around the TV and watched the games, hoping for a gold medal in every round.

Not only do I think the Olympics are a chance for bonding, I think it's a time for excitement, too. For a lot of people, including me, when someone says that the Olympics is back, their hearts leap. It's not because they are excited to see who the prettiest athletes are, but because of the suspense they feel when watching the athletes perform. I remember when the whole house was silent when a Canadian began skiing down the hill, then we burst into cheer when she made it first with flying colours.

Passion. That is what athletes feel when they are going down a hill or skating as fast as they can possibly go... or do they? I'm probably the only person who views the Olympics this way, but sometimes I like to watch this event just to see if athletes are fully committed to their sport. Most of them are committed, after all why would they train for thousands of hours for a performance that will only last a few seconds? In 2007, Jessica Dube and Bryse Davidson, together as a figure skating pair, got into a terrible accident, but just seven days later, they were skating again. Joannie Rachette suffered the ultimate tragedy of losing her mother 3 days before she was set to compete. When her turn came, she skated with all her heart and soul. That is what I call commitment.

Honour, bonding, excitement, passion. That is what makes a good Olympics.

By: Karinna P.

Age: 10      Grade: 5

Mckee Public School



# The Spirit of The Olympics

The spirit of the Olympics, in my opinion, is made out of three things. These are, peace, excitement and attempts to do what some people think are impossible. In these paragraphs below, I will outline why I picked these three things.

First is peace. Now, you may be wondering why on earth did I pick peace? I'll tell you why. A long time ago in Greece the people there decided to have the Olympics to show how strong people were, instead of killing each other. Not having wars was a smart thing to do. This way instead of having wars, they had competitions. This was a peaceful way to resolve differences, instead of killing each other. This is why I think peace is the most important idea of the spirit of the Olympics.

Next is excitement. Now you know the Olympics have a lot of excitement in them. Well, this is because people always like to see excitement in competitions, like the Olympics. Some of the excitement is maybe because your country wins a medal, or maybe if you are a friend or family member of a person competing and you see them do something amazing. Both of these examples are exciting times in the Olympics for some people. But not all people find the Olympics exciting.

The last thing I'm going to write about, before I'm done, is about what some people think is impossible. Many have done things that are amazing during the Olympics. But some people have done things which others called impossible during the Olympics. This I think is super amazing. Like, how fast someone can skate. Every Olympics, athletes set new records. Isn't that super amazing? I think so, even if you may not.

The above are my reasons for picking peace, excitement and to do what some people think is impossible. However some people don't like the Olympics and I respect their opinion too. What I have heard is that a lot of money, millions and millions of dollars was spent on them. Also when people come to see the Olympics as tourists, some people who live there get thrown out of their homes so the houses can be rented for more money. So, even if I like the Olympics, I think they should spend less money on them and spend the money on more important things.

By: Ciara E.

Age: 10      Grade: 5

Rosedale Public School



# What the Olympic Games mean to you?

The Olympic Games mean peace, perseverance, patience and bravery. The Olympics mean peace to me because it was created an alternative to war. It also brings athletes from around the world together as they compete and families and friends together as they watch and cheer for their countries. The Olympics mean perseverance to me because the athletes never give up, they always keep trying because they are so passionate about their sport. The Olympics mean patience to me because the athletes need to wait years until they have trained enough for the Olympics, years of training that could not be worth it, do to a disappointing performance at the Games. The Olympic Games mean bravery to me because with the pressure that the athletes are going through they have to overcome their fear and still perform to the best of their ability.

The Olympic Games is also about team work. During the Olympics you get an opportunity to watch so many teams work together and support each other during their event. The Canadian Men's Freestyle Mogul Team not only spend time together to train and compete they also vacationed together, and when Alexandre Bilodeau won gold his teammates were as proud as they would have been if they had won a gold medal themselves!

This year during the Olympic coverage the media has focused a lot on family. They have featured Olympians and who has supported them to be their best. In my family my Uncle, Darren Lowe, competed in the 1984 Olympics in Sarajevo. He was a hockey player on the Olympic team. He trained and played for years and my grandparents went to all his practices and games, and cheered and supported him. The love and support my uncle had from his family, friends and neighbours, gave him the confidence to be his best, and that's what counts at the Olympic Games!

By: Maya L.

Age: 10      Grade: 5

Rosedale Public School



# Real

It's not all about winning, though I'm glad we won,  
our Canadian athletes, they had so much fun!  
Alexandre Bilodeau, won the gold and now we know,  
he's better than the rest, he's the best of the best!  
Think about all the other athletes, who have been training their whole lives.  
They dedicated themselves, to this one special time.  
So you should,

Chorus:

Believe in yourself, it will get you far!  
Believe in others, no matter what country they are!  
Think about your country, not the fame or the money.  
Think about how you make Canada feel, you make Canada feel real.

Our athletes are outrageous, though they get a little nervous,  
so lets cheer a little louder 'cause our spirit is contagious.  
Hold up your flag, and sing your anthem,  
The Olympic games, You'll never forget them  
But the most important thing to do is:

CHORUS

And if you love the Olympics like I do, You'll cheer for your country and all the others too!  
And when the Olympics are over, we'll all be very sad,  
but just think about the incredible moments that Canada just had  
Just think about how you make Canada feel, you make Canada feel real

By: Daisy M.

Age: 11      Grade: 6

Rosedale Public School



# The Olympics

The winter Olympics started in 1924 and the summer Olympics started in 1896.

The Olympic flame has travelled around the world through Canada and has now reached Vancouver, British Columbia. The flame has been passed from one person to another at each destination or particular spot. It took 106 days for the runners to reach Vancouver. Now the flame has reached Vancouver, the games began.

The Olympics is when many teams come together to verse for gold and to represent their country. The five rings have the colours red, blue, green, yellow, and black. These stand for the colours of the flags of their country. Which teams will win and which will fall?

These are some of the sports competitors are competing in: snow boarding, free style skiing, cross-country skiing and different skating events.

The best part about the Olympics is cheering for your home country. The flame is the spirit that keeps our hopes high for the Olympic Games. We hope you, Canadians win many gold medals for our country but my feelings are everyone has a chance to win. You just have to find it! The next winter Olympics' is in Sochi, Russia and the next summer Olympics is in London England. Go Canada Go!

By: Tanisha  
Age:           Grade: 6  
Ernest Public School

